

PHP 5 时区

PHP 支持的时区

下面是 PHP 支持的时区的完整列表，这些对一些 PHP 日期函数很有用。

- 非洲
- 美洲
- 南极洲
- 北冰洋
- 亚洲
- 大西洋
- 大洋洲
- 欧洲
- 印度洋
- 太平洋

非洲

Africa/Abidjan	Africa/Accra	Africa/Addis_Ababa	Africa/Algiers	Africa/Asmara
Africa/Asmera	Africa/Bamako	Africa/Bangui	Africa/Banjul	Africa/Bissau
Africa/Blantyre	Africa/Brazzaville	Africa/Bujumbura	Africa/Cairo	Africa/Casablanca
Africa/Ceuta	Africa/Conakry	Africa/Dakar	Africa/Dar_es_Salaam	Africa/Djibouti
Africa/Douala	Africa/El_Aaiun	Africa/Freetown	Africa/Gaborone	Africa/Harare
Africa/Johannesburg	Africa/Juba	Africa/Kampala	Africa/Khartoum	Africa/Kigali
Africa/Kinshasa	Africa/Lagos	Africa/Libreville	Africa/Lome	Africa/Luanda
Africa/Lubumbashi	Africa/Lusaka	Africa/Malabo	Africa/Maputo	Africa/Maseru
Africa/Mbabane	Africa/Mogadishu	Africa/Monrovia	Africa/Nairobi	Africa/Ndjamena
Africa/Niamey	Africa/Nouakchott	Africa/Ouagadougou	Africa/Porto-Novo	Africa/Sao_Tome

Africa/Timbuktu	Africa/Tripoli	Africa/Tunis	Africa/Windhoek	
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美洲

America/Adak	America/Anchorage	America/Anguilla
America/Antigua	America/Araguaina	America/Argentina/Buenos_Aires
America/Argentina/Catamarca	America/Argentina/ComodRivadavia	America/Argentina/Cordoba
America/Argentina/Jujuy	America/Argentina/La_Rioja	America/Argentina/Mendoza
America/Argentina/Rio_Gallegos	America/Argentina/Salta	America/Argentina/San_Juan
America/Argentina/San_Luis	America/Argentina/Tucuman	America/Argentina/Ushuaia
America/Aruba	America/Asuncion	America/Atikokan
America/Atka	America/Bahia	America/Bahia_Banderas
America/Barbados	America/Belem	America/Belize
America/Blanc-Sablon	America/Boa_Vista	America/Bogota
America/Boise	America/Buenos_Aires	America/Cambridge_Bay
America/Campo_Grande	America/Cancun	America/Caracas
America/Catamarca	America/Cayenne	America/Cayman
America/Chicago	America/Chihuahua	America/Coral_Harbour
America/Cordoba	America/Costa_Rica	America/Creston
America/Cuiaba	America/Curacao	America/Danmarkshavn
America/Dawson	America/Dawson_Creek	America/Denver
America/Detroit	America/Dominica	America/Edmonton
America/Eirunepe	America/El_Salvador	America/Ensenada
America/Fort_Wayne	America/Fortaleza	America/Glace_Bay
America/Godthab	America/Goose_Bay	America/Grand_Turk
America/Grenada	America/Guadeloupe	America/Guatemala

America/Guayaquil	America/Guyana	America/Halifax
America/Havana	America/Hermosillo	America/Indiana/Indianapolis
America/Indiana/Knox	America/Indiana/Marengo	America/Indiana/Petersburg
America/Indiana/Tell_City	America/Indiana/Vevay	America/Indiana/Vincennes
America/Indiana/Winamac	America/Indianapolis	America/Inuvik
America/Iqaluit	America/Jamaica	America/Jujuy
America/Juneau	America/Kentucky/Louisville	America/Kentucky/Monticello
America/Knox_IN	America/Kralendijk	America/La_Paz
America/Lima	America/Los_Angeles	America/Louisville
America/Lower_Princes	America/Maceio	America/Managua
America/Manaus	America/Marigot	America/Martinique
America/Matamoros	America/Mazatlan	America/Mendoza
America/Menominee	America/Merida	America/Metlakatla
America/Mexico_City	America/Miquelon	America/Moncton
America/Monterrey	America/Montevideo	America/Montreal
America/Montserrat	America/Nassau	America/New_York
America/Nipigon	America/Nome	America/Noronha
America/North_Dakota/Beulah	America/North_Dakota/Center	America/North_Dakota/New_Salem
America/Ojinaga	America/Panama	America/Pangnirtung
America/Paramaribo	America/Phoenix	America/Port-au-Prince
America/Port_of_Spain	America/Porto_Acre	America/Porto_Velho
America/Puerto_Rico	America/Rainy_River	America/Rankin_Inlet
America/Recife	America/Regina	America/Resolute
America/Rio_Branco	America/Rosario	America/Santa_Isabel

America/Santarem	America/Santiago	America/Santo_Domingo
America/Sao_Paulo	America/Scoresbysund	America/Shiprock
America/Sitka	America/St_Barthelemy	America/St_Johns
America/St_Kitts	America/St_Lucia	America/St_Thomas
America/St_Vincent	America/Swift_Current	America/Tegucigalpa
America/Thule	America/Thunder_Bay	America/Tijuana
America/Toronto	America/Tortola	America/Vancouver
America/Virgin	America/Whitehorse	America/Winnipeg
America/Yakutat	America/Yellowknife	

南极洲

Antarctica/Casey	Antarctica/Davis	Antarctica/DumontDUrville	Antarctica/Macquarie	Antarctica/Mawson
Antarctica/McMurdo	Antarctica/Palmer	Antarctica/Rothera	Antarctica/South_Pole	Antarctica/Syowa
Antarctica/Vostok				

北冰洋

Arctic/Longyearbyen

亚洲

Asia/Aden	Asia/Almaty	Asia/Amman	Asia/Anadyr	Asia/Aqtan
Asia/Aqtobe	Asia/Ashgabat	Asia/Ashkhabad	Asia/Baghdad	Asia/Bahrain
Asia/Baku	Asia/Bangkok	Asia/Beirut	Asia/Bishkek	Asia/Brunei
Asia/Calcutta	Asia/Choibalsan	Asia/Chongqing	Asia/Chungking	Asia/Colombo
Asia/Dacca	Asia/Damascus	Asia/Dhaka	Asia/Dili	Asia/Dubai
Asia/Dushanbe	Asia/Gaza	Asia/Harbin	Asia/Hebron	Asia/Ho_Chi_Minh
Asia/Hong_Kong	Asia/Hovd	Asia/Irkutsk	Asia/Istanbul	Asia/Jakarta

Asia/Jayapura	Asia/Jerusalem	Asia/Kabul	Asia/Kamchatka	Asia/Karachi
Asia/Kashgar	Asia/Kathmandu	Asia/Katmandu	Asia/Khandyga	Asia/Kolkata
Asia/Krasnoyarsk	Asia/Kuala_Lumpur	Asia/Kuching	Asia/Kuwait	Asia/Macao
Asia/Macau	Asia/Magadan	Asia/Makassar	Asia/Manila	Asia/Muscat
Asia/Nicosia	Asia/Novokuznetsk	Asia/Novosibirsk	Asia/Omsk	Asia/Oral
Asia/Phnom_Penh	Asia/Pontianak	Asia/Pyongyang	Asia/Qatar	Asia/Qyzylorda
Asia/Rangoon	Asia/Riyadh	Asia/Saigon	Asia/Sakhalin	Asia/Samarkand
Asia/Seoul	Asia/Shanghai	Asia/Singapore	Asia/Taipei	Asia/Tashkent
Asia/Tbilisi	Asia/Tehran	Asia/Tel_Aviv	Asia/Thimbu	Asia/Thimphu
Asia/Tokyo	Asia/Ujung_Pandang	Asia/Ulaanbaatar	Asia/Ulan_Bator	Asia/Urumqi
Asia/Ust-Nera	Asia/Vientiane	Asia/Vladivostok	Asia/Yakutsk	Asia/Yekaterinburg
Asia/Yerevan				

大西洋

Atlantic/Azores	Atlantic/Bermuda	Atlantic/Canary	Atlantic/Cape_Verde	Atlantic/Faeroe
Atlantic/Faroe	Atlantic/Jan_Mayen	Atlantic/Madeira	Atlantic/Reykjavik	Atlantic/South_Georgia
Atlantic/St_Helena	Atlantic/Stanley			

大洋洲

Australia/ACT	Australia/Adelaide	Australia/Brisbane	Australia/Broken_Hill	Australia/Canberra
Australia/Currie	Australia/Darwin	Australia/Eucla	Australia/Hobart	Australia/LHI
Australia/Lindeman	Australia/Lord_Howe	Australia/Melbourne	Australia/North	Australia/NSW
Australia/Perth	Australia/Queensland	Australia/South	Australia/Sydney	Australia/Tasmania
Australia/Victoria	Australia/West	Australia/Yancowinna		

欧洲

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Europe/Amsterdam	Europe/Andorra	Europe/Athens	Europe/Belfast	Europe/Belgrade
Europe/Berlin	Europe/Bratislava	Europe/Brussels	Europe/Bucharest	Europe/Budapest
Europe/Busingen	Europe/Chisinau	Europe/Copenhagen	Europe/Dublin	Europe/Gibraltar
Europe/Guernsey	Europe/Helsinki	Europe/Isle_of_Man	Europe/Istanbul	Europe/Jersey
Europe/Kaliningrad	Europe/Kiev	Europe/Lisbon	Europe/Ljubljana	Europe/London
Europe/Luxembourg	Europe/Madrid	Europe/Malta	Europe/Mariehamn	Europe/Minsk
Europe/Monaco	Europe/Moscow	Europe/Nicosia	Europe/Oslo	Europe/Paris
Europe/Podgorica	Europe/Prague	Europe/Riga	Europe/Rome	Europe/Samara
Europe/San_Marino	Europe/Sarajevo	Europe/Simferopol	Europe/Skopje	Europe/Sofia
Europe/Stockholm	Europe/Tallinn	Europe/Tirane	Europe/Tiraspol	Europe/Uzhgorod
Europe/Vaduz	Europe/Vatican	Europe/Vienna	Europe/Vilnius	Europe/Volgograd
Europe/Warsaw	Europe/Zagreb	Europe/Zaporozhye	Europe/Zurich	

印度洋

Indian/Antananarivo	Indian/Chagos	Indian/Christmas	Indian/Cocos	Indian/Comoro
Indian/Kerguelen	Indian/Mahe	Indian/Maldives	Indian/Mauritius	Indian/Mayotte
Indian/Reunion				

太平洋

Pacific/Apia	Pacific/Auckland	Pacific/Chatham	Pacific/Chuuk	Pacific/Easter
Pacific/Efate	Pacific/Enderbury	Pacific/Fakaofu	Pacific/Fiji	Pacific/Funafuti
Pacific/Galapagos	Pacific/Gambier	Pacific/Guadalcanal	Pacific/Guam	Pacific/Honolulu
Pacific/Johnston	Pacific/Kiritimati	Pacific/Kosrae	Pacific/Kwajalein	Pacific/Majuro
Pacific/Marquesas	Pacific/Midway	Pacific/Nauru	Pacific/Niue	Pacific/Norfolk
Pacific/Noumea	Pacific/Pago_Pago	Pacific/Palau	Pacific/Pitcairn	Pacific/Pohnpei
Pacific/Ponape	Pacific/Port_Moresby	Pacific/Rarotonga	Pacific/Saipan	Pacific/Samoa

Pacific/Tahiti	Pacific/Tarawa	Pacific/Tongatapu	Pacific/Truk	Pacific/Wake
Pacific/Wallis	Pacific/Yap			

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PHP array() 函数 →

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