

# Fabrikam Kitchens & Experiences

## Meal Preferences and Allergy Disclosures

Form OMB 7735-ZQX

This document is provided at your convenience for you to share your meal preferences with our guest experience team. Please read the document carefully and provide the necessary information we need to know so that we can provide you with the best experience possible during your reservation(s). Thank you for taking the time to complete this document. We look forward to serving you soon.

Guest Full Name	Emma Yamato
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### Meal Preferences

<input type="checkbox"/>	<b>Vegetarian</b>	abstains from eating meat (including poultry, seafood, and sometimes insects), but they typically include plant-based foods like fruits, vegetables, grains, legumes, nuts, and seeds in their diet
<input checked="" type="checkbox"/>	<b>Vegan</b>	excludes all animal products from their diet and lifestyle. This includes not only meat but also dairy, eggs, honey, and any other products derived from animals
<input type="checkbox"/>	<b>Pescatarian</b>	similar to vegetarians but include fish and other seafood in their diet. They avoid meat from land animals but consume animal products from the sea
<input checked="" type="checkbox"/>	<b>Paleo</b>	focuses on consuming foods that were available to humans during the Paleolithic era. This includes meats, fish, fruits, vegetables, nuts, and seeds, while excluding grains, legumes, dairy, refined sugar, and processed foods
<input type="checkbox"/>	<b>Low Carb/Keto</b>	focuses on low-carbohydrate, high-fat diet designed to induce a state of ketosis, where the body burns fat for fuel instead of carbohydrates. It typically involves consuming moderate protein, high-fat foods, and very few carbohydrates
<input checked="" type="checkbox"/>	<b>Gluten-Free</b>	avoid foods containing gluten, a protein found in wheat, barley, rye, and their derivatives. This diet is essential for individuals with celiac disease or gluten sensitivity
<input type="checkbox"/>	<b>Lactose-Free</b>	lactose intolerant avoids dairy products containing lactose, a type of sugar found in milk and dairy
<input type="checkbox"/>	<b>Kosher</b>	based on Jewish religious principles and dictate which foods are permissible (kosher) and which are not. Permissible foods include certain meats (prepared according to kosher guidelines), fruits, vegetables, grains, and dairy products. Forbidden foods include pork, shellfish, and the mixing of meat and dairy products
<input type="checkbox"/>	<b>Halal</b>	based on Islamic law and include foods that are permissible (halal) and those that are forbidden (haram). Permissible foods include halal meats, fruits, vegetables, grains, and dairy products, while forbidden foods include pork and its derivatives, alcohol, and animals improperly slaughtered

### Food Allergens

<input checked="" type="checkbox"/> Peanuts	<input checked="" type="checkbox"/> Milk	<input checked="" type="checkbox"/> Soy
<input checked="" type="checkbox"/> Seafood	<input checked="" type="checkbox"/> Gluten	<input checked="" type="checkbox"/> Eggs

### Temperature Preferences

These are your temperature preferences for meal items such as drinks, appetizers, meals, desserts and snacks. Please indicate the meal item as well as the temperature ranges in Fahrenheit.

Meal Item	Quantity	Minimum Temperature (°F)	Max Temperature (°F)
Orange Juice	1	35	40
Water	2	35	40
Coffee	2	100	120
Ice Cream	3	25	30

Guest Signature	Signature Date (MM/DD/YYYY)
E Yamato	03/25/2023