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**All of us getting ready to go
on spring break and not do
school for a week**



Welcome Back to The Monthly Turnstile

Welcome back to the March Edition of the Monthly Turnstile! Spring is just around the corner which means warmer weather and not having to wear big winter coats anymore are just on the horizon. In this edition, we have a lot of announcements and registration forms, as well as getting you ready for Active Badger Day! Continue to let us know of any opportunities or events that you want to share with the rest of the student staff by filling out the Content Request form. Enjoy!

Active Badger Day

Each spring, we inspire Active Badgers everywhere to get up, get outside, and get moving. Inspired by National Recreational Sports and Fitness Day, Active Badger Day is a full day of opportunities to play hard, get fit, and live well. This year, we will be hosting Active Badger day on **Thursday, March 7!** Check out the button below for our entire schedule for the day so you don't miss out!

Active Badger Day Schedule

Rec Well on the Beat

Welcome back to Rec Well on the Beat! For this edition, we got people out 'n about and asked them about what they are looking forward to as spring approaches! Stay on your toes as this could be you on your next shift!

Rec Well on the Beat!

Staff Training and Development Lead Position

Do you want to write and edit The Monthly Turnstile? Do you want to be able to have decision-making ability about all future trainings that Rec Well student employees will have to take? Then make sure to fill out the application for the Staff Training and Development Student Lead Position! All information about the position and how to apply can be found through the button below.



Staff Training & Development Student Lead Job Description

University of Wisconsin-Madison Recreation and Wellbeing

Job Summary:

The Staff Training & Development team is seeking a creative, motivated, and current Rec Well employee to serve in this leadership position. Our work is geared towards creating learning and development opportunities for all Rec Well employees that enhance their overall growth as a professional. The Staff Training & Development Student Lead will assist in the creation and implementation of staff training and development projects and initiatives that serve Rec Well student and professional employees. This position will report directly to the Assistant Director of Staff Training & Development. This position requires 5-10 hours per week that fall within normal business hours; Monday – Friday, 8am – 5pm.

Primary Responsibilities:

- Assist in the building, organizing, and implementation of Rec Well divisional trainings.
- Assist in the guidance of the Rec Well student development philosophy.
- Maintain and update the Rec Well Student Employee Canvas Resources & Trainings.
- Assist in the tracking of divisional training compliance for student employees.
- Gather information for, write, and edit the student employee newsletter (The Monthly Turnstile) each month to ensure division wide news is shared with employees.
- Maintain CliftonStrengths tracking and organization for students and professional staff.
- Review and provide analysis for learning & development outcomes and assessment data.
- Collaborate with the Assistant Director of Staff Training & Development and the Student Recreation Leadership Council (SRLC) on projects and initiatives hosted by SRLC.
- Complete other duties as assigned.

General Expectations:

- Develop professional relationships with students, coworkers, and members.
- Demonstrate a desire to learn and apply knowledge within the division.
- Exhibit professionalism in dress, attitude, and work ethic.
- Contribute to the fulfillment of Rec Well's mission, vision, and values.
- Attend trainings, staff meetings, and other relevant engagements as requested.
- Enforce Rec Well policies and procedures to promote member safety and satisfaction.
- Respond to emergency situations and adhere to established protocols.

General Qualifications:

- Demonstrates effective communication, leadership, and organizational skills.
- Innovative and forward-thinking growth mindset.
- Ability to think creatively and critically to identify and solve problems.

**Required Qualifications:**

- Current Rec Well employee.
 - *May continue working with your original department/position*
- Ability to work up to 10 hours per week; preferred working hours within normal business hours; Monday – Friday, 8am – 5pm.

Required Qualifications (continued):

- **Number of positions available: 2**
 - ***Seeking 1 individual available to work some or all of Summer 2023.***
- Position will continue employment into fall semester and beyond.
- Tentative start date: June 3, 2024.
 - *Start date can be flexible.*

Compensation:

- Starting \$17.50/hour

How to Apply:

1. Submit a **resume** and a **1-2 paragraph explanation of why you are interested in this position** to the Staff Training & Development Team at training@recwell.wisc.edu
2. Deadline to submit applications is **March 31, 2024.**



SRLC Food Drive

From March 4 - March 15, SRLC will be hosting its annual food drive. They are partnering with The River Food Pantry to host this interdepartmental competition food drive. The department that contributes the most donated items to the drive will win the SRLC Service Award Trophy! To make your donations count, click on the button below and fill out that form. Donation barrels will be located at the Nick, Bakke and Nielsen, and the winning department will be announced at the Bakke Lock-In!



March 4 – March 15

A division-wide **competition between departments** to donate the most items and win the SRLC Service Drive trophy!

Most needed items:

- Canned fruits
- Canned vegetables
- Canned tomatoes
- Cereal (hot or cold)
- Pasta
- Pasta sauce
- Peanut butter
- Rice
- Hygiene items
- Paper products

Student employees, track your donations here



Bakke Lock-in

The time is almost upon us. **Happening on Friday, March 15**, all Rec Well employees are invited to the Bakke Lock-In! Want to pull an all-nighter with the work homies?? Then get you and your squad to come to the Bakke Lock-In! The event will involve any and everything that the Bakke has to offer. A night of fun for all will be in store, so click on the flyer below to sign up!

Bakk-In

Calling all Rec Well student employees!

Join us on March 15 from 10pm- 1:30am for a chance to take advantage of our new facility, hang out with co-workers, and get to know people other departments.

Doors close at 11:30pm.

- Open skate 10 - 11:30pm
- Open Climbing 11pm- 12:30am
- Batting Cages
- Cornhole Tournament
- Just Dance
- Midnight Staff v Student Basketball Game
- Board Games & Crafts
- & more!

Register now!



Multicultural Student Center Gala

The Multicultural Student Center will be hosting their 35 Anniversary Gala at Memorial Union on April 4. RSVP is required, and it is free and open to UW-Madison students, staff, faculty, alumni, and community members. See the flyer below for how to RSVP!



YOU'RE INVITED TO THE

Multicultural Student Center 35th Anniversary Gala

5:30 - 8:30 PM

THURSDAY, APRIL 4TH 2024

GREAT HALL, MEMORIAL UNION

RSVP required. This event is free and open to UW-Madison students, staff, faculty, alumni, and community members.

Visit tinyurl.com/MS35gala for more info.



We Root For Every Body

You have probably seen the marketing & communications team putting up window and mirror clings around all the facilities: this is a part of our current campaign called "We Root for Every Body." The purpose is to have our

programs, facilities, and services seen as a welcoming and accepting space, while also promoting the idea that wellness is a journey and not a destination, also reinforcing body acceptance. Feel free to take pictures with our messaging in the mirrors and share them with the marketing team, either on Instagram ([@uwrecwell](https://www.instagram.com/uwrecwell)) or through an email to amara.wiggan@wisc.edu. If anybody has any questions or concerns, feel free to reach out or let your supervisors know.



Events and Daily Schedules

March 4 - 15 - SRLC Food Drive

March 7 - Active Badger Day

March 15 - Bakke Lock-In

March 15 - University-wide Diversity Forum

March 23 - 31 - Spring Break

April 4 - Multicultural Student Center Anniversary Gala

Daily Schedules

https://recwell.ems.wisc.edu/VirtualEMS_UW/

MENA Heritage Month

The Middle Eastern North African (MENA) Heritage Month Planning Committee is excited to kick off **MENA Heritage Month!** This year's theme, **MENA in the Modern World**, amplifies contemporary voices and highlights the transformations within MENA societies, offering a fresh perspective that transcends static narratives. Join us this month to celebrate, learn about, and uplift MENA history.

MENA Heritage Month

University of Wisconsin–Madison

Student Employee Resource Page

Continue to check out the Student Employee Resource Page! This new module in the Rec Well Learning Canvas is your one stop shop for all campus-wide resources. We have consolidated any and all resources, whether they are concerned with professional development or student life, into this single page. Go check it out by clicking on the button below!

Student Resource Page

New Hire All-Staff Training

For all new hires, do not forget to complete all sections of the All-Staff Training and Onboarding Training so that you can get paid for it!

Rec Well Manager Information

All information is now found on the Rec Well Manager page on the Rec Well website. The button below will take you directly to this page, which contains all information as well as the link to the application.

Rec Well Manager Page

Professional Development Skill of the Month

With it being in the middle of mid term season or just in between mid terms for you, this is a busy time of the school year. The work can seem overwhelming at times, and the best that you can do it just getting everything done. It could seem like there is too much on your plate for you to get everything done. **Time Management** is of utmost importance at this time of the school year, which is why it is the March Skill of the Month. If you can take a couple minutes out of your day to watch this video, please do so and learn on how to better improve your time management.

Watch Time Managment video here!

University-Wide Diversity Forum

Whether you are a current UW-Madison Student Employee or not, we all play a part in creating an inclusive Badger community for all. Join your peers in this thought-provoking forum which will provide an opportunity to exchange ideas while engaging in a variety of topics on diversity, identity and inclusion. The forum consists of a panel discussion and 2 workshop sessions on **Friday March 15**. Students can attend all or any portion provided as part of the Diversity Forum. All sessions will take place in person at the Gordon Dining and Event Center and will be an hour in length. Click on the flyer below for more details!

STUDENT EMPLOYEE DIVERSITY FORUM

Friday, March 15 11 am - 3 pm

 **GORDON DINING
& EVENT CENTER**

Lunch included!

**REGISTER &
MORE INFO»**



Join your peers in this **thought-provoking** forum which will provide an opportunity to **exchange ideas** while engaging in a variety of topics on **diversity, identity and inclusion!**

Mental Health Resources

School and college life are hard. The link below has all the mental health resources that this university has to help each and every student if they are struggling and going through battles that no one else knows.

UHS Mental Health Resources

SRLC Reimbursement Form

Access it here!

Content Request



Presented By



**RECREATION
& WELLBEING**
UNIVERSITY OF WISCONSIN-MADISON

We move Badgers to play hard, get fit, and live well. Rec Well is part of [Student Affairs](#) at UW-Madison.

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