

[Home \(https://www.exceltip.com/\)](https://www.exceltip.com/) [About Us \(https://www.exceltip.com/about\)](https://www.exceltip.com/about)

[Advertise With Us \(https://www.exceltip.com/advertise\)](https://www.exceltip.com/advertise) [Excel Forum \(https://www.excelforum.com/\)](https://www.excelforum.com/)

[Commercial Services \(https://www.excelforum.com/payments.php\)](https://www.excelforum.com/payments.php)

Excel Tip (<https://www.exceltip.com>) > Excel Tips and Tricks (<https://www.exceltip.com/tips>) > How to use trigonometric functions in Excel

Search for excel tips

How to use trigonometric functions in Excel

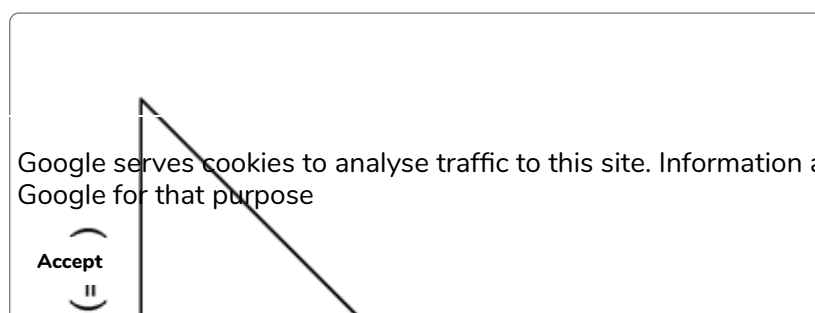
Save  My Page (<http://www.facebook.com/>)

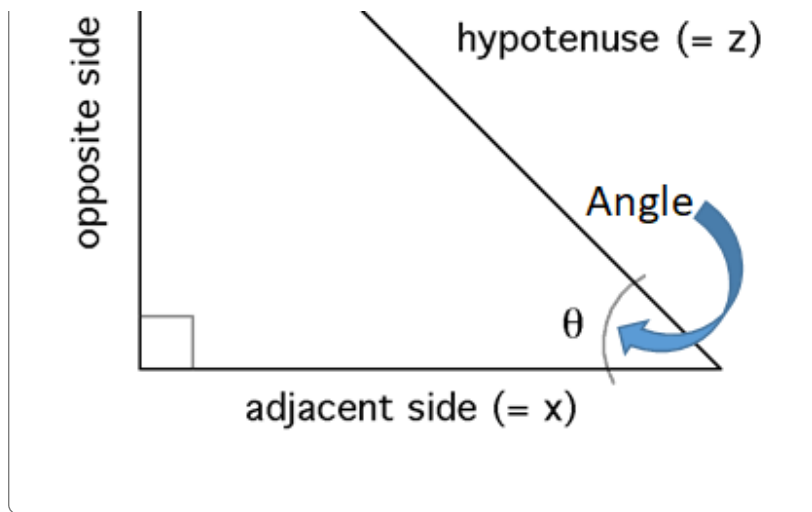
E3								
	A	B	C	D	E	F	G	
1	Side Length of triangle				SIN	COS	TAN	
2	Perpendicular	Base	Hypotenuse					
3	4	3	5		0.72	0.83	4.13	
4								
5		Angle (degrees)	Radians (no unit)		SIN	COS	TAN	
6		0	0		0.00	1.00	0.00	
7		30	0.52		0.50	0.87	0.58	
8		45	0.79		0.71	0.71	1.00	
9		60	1.05		0.87	0.50	1.73	
10		90	1.57		1.00	0.00	∞	
11		180	3.14		0.00	-1.00	0.00	

In this article, we will learn How to use trigonometric functions in Excel.

What is trigonometry?

Trigonometry is a branch of mathematics that studies the relations between the elements (sides and angles) of a triangle. You might now be remembering many trigonometric formulas and equations you learned during your school or college days. Some of them are $\cot x = 1/\tan x$, $\sin x/\cos x = \tan x$, $\sin(900-x) = \cos x$ and so on. Excel offers a number of built-in functions that deal with trigonometry. You can use these trig functions to solve complex trigonometric expressions.





The main thing you need to consider while solving trigonometric expressions is that Excel performs the calculations considering angle value in radians and not in degrees. You might know that $\sin 90 = 1$. So, if you enter the formula `SIN (90)` in Excel, the result will be .893997 and not 1 because Excel considers 90 as 90 radians and not 90 degrees. If you want to find the sine of 90 degrees, then you should first convert degrees into radians and then use the SIN formula available in Excel. Don't worry, we are going to look at how to use trigonometric functions in Excel in minutes.

Excel provides functions for sine (sin), cosine (cos), tangent (tan), hyperbolic sine (sinh), hyperbolic cosine (cosh) and hyperbolic tangent (tanh). Excel does not provide functions for secant (sec), cosecant (cosec), cotangent (cot) and for their hyperbolic counterparts. However, you can calculate these functions using the core functions (sine and cosine). Excel also offers functions to convert angle from radians to degrees and vice versa.

Trigonometric functions

- SIN (Sine function)
- COS (cosine function)
- TAN (tan function)

Inverse Trigonometric functions

- ASIN (Inverse Sine function)
- ACOS (Inverse Cosine function)
- ATAN (Inverse Tan function)

Hyperbolic trigonometric functions

- SINH (Hyperbolic Sine function)
- COSH (Hyperbolic Cosine function)
- TANH (Hyperbolic Tan function)

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for this purpose.

I Accept JS function in Excel

When solving trigonometric expressions like sine, cosine and tangent, it is very important to realize that Excel uses radians, not degrees to perform these calculations! If the angle is in degrees you must first convert it to radians.

There are two easy ways to do this.

Recall that $\pi = 180^\circ$. Therefore, if the angle is in degrees, multiply it by $\pi/180^\circ$ to convert it to radians. With Excel, this conversion can be written $\text{PI}()/180$. For example, to convert 45° to radians, the Excel expression would be $45*\text{PI}()/180$ which equals 0.7854 radians. Excel has a built-in function known as $\text{RADIANS}(\text{angle})$ where angle is the angle in degrees you wish to convert to radians. For example, the Excel expression used to convert 270° to radians would be $\text{RADIANS}(270)$ which equals 4.712389 radians

The RADIANS function takes value of angle in degrees and returns the angle in radians.

Syntax:

=RADIANS (angle)

angle : angle in degrees

If using this formula $\text{=SIN}(x/y)$ then we need not need to convert the value to radians. But if we are directly input the values

SIN function :

All of these might be confusing to understand. Let's understand how to use the function using an example. Here we have the length of the sides of the triangle.

	A	B	C
1	Base(=x)	Height(=y)	Hypotenuse(=z)
2	3	4	5

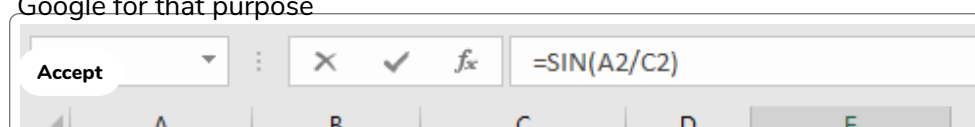
These are the lengths of the Triangle having base, height and hypotenuse.

So we need to find the Sine of the Angle.

Use the formula:

$\text{=SIN}(A2/C2)$

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose



	Base(=x)	Height(=y)	Hypotenuse(=z)		Sin of the Angle
1					
2	3	4	5		=SIN(A2/C2)
3					SIN(number)
4					
5					
6					

Press Enter

E2					=SIN(A2/C2)
	A	B	C	D	E
1	Base(=x)	Height(=y)	Hypotenuse(=z)		Sin of the Angle
2	3	4	5		0.565
3					
4					
5					
6					
7					
8					

As you can see the Sine of the angle of the triangle.

The above method was for having sides of the triangle. If you have the angle in degrees and you need to find the Sine of that angle.

Use the formula:

=SIN(RADIANS(30))

OR

=SIN(30 * PI()/180)

It will get you the Sine of the 30 degrees angle.

SUM					=SIN(RADIANS(30))
	A	B	C	D	
1	=SIN(RADIANS(30))				
2					
3					

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose

Accept

Press Enter

A1					
✕ ✓ <i>f_x</i> =SIN(RADIANS(30))					
	A	B	C	D	
1	0.5				
2					
3					

Using **PI()/180** method

SUM					
✕ ✓ <i>f_x</i> =SIN(30 * PI()/180)					
	A	B	C	D	
1	0.5				
2	=SIN(30 * PI()/180)				
3	SIN(number)				

Press Enter

A2					
✕ ✓ <i>f_x</i> =SIN(30 * PI()/180)					
	A	B	C	D	
1	0.5				
2	0.5				
3					
4					
5					

As you can see the Sine of the angle using the SINE function.

COS function

Here we have the length of the sides of the triangle.

	A	B	C
1	Base(=x)	Height(=y)	Hypotenuse(=z)
2	3	4	5

These are the lengths of the Triangle having base, height and hypotenuse.

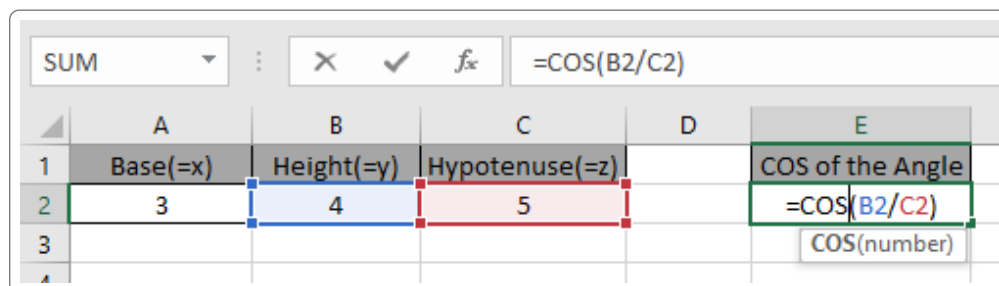
So we need to find the COS of the Angle.

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose.

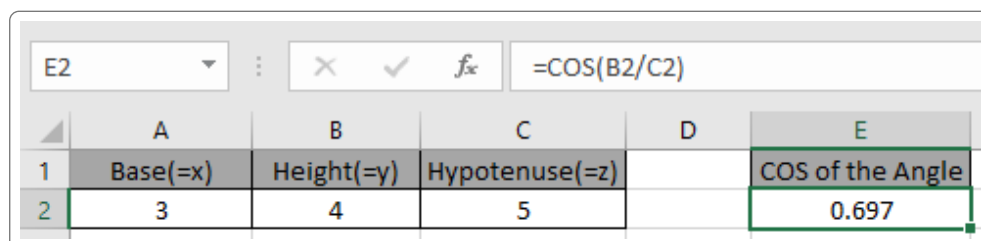
Use the formula.

Accept

=COS(B2/C2)



Press Enter



As you can see the COS of the angle of the triangle.

The above method was for having sides of the triangle. If you have the angle in degrees and you need to find the COS of that angle.

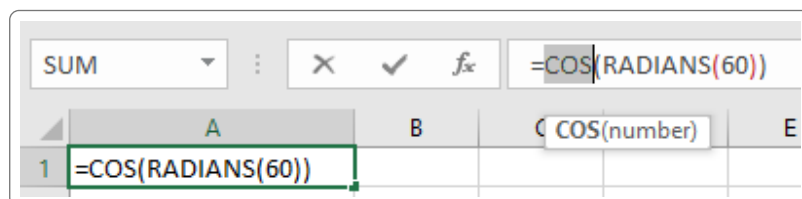
Use the formula:

=COS(RADIANS(30))

OR

=COS(30 * PI()/180)

It will get you the COS of the 30 degrees angle.



Press Enter

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose



	A	B	C	D
1	0.5			

Using **PI()/180** method

SUM		✕ ✓ <i>f_x</i>		=COS(60 * PI()/180)	
	A	B	C	D	E
1	0.5				
2	=COS(60 * PI()/180)				
3	COS(number)				

Press Enter

A2		✕ ✓ <i>f_x</i>		=COS(60 * PI()/180)	
	A	B	C	D	
1	0.5				
2	0.5				

As you can see the Cos of the angle using the COS function.

TAN function

Here

	A	B	C
1	Base(=x)	Height(=y)	Hypotenuse(=z)
2	3	4	5

These are the length of sides of a Triangle having base, height and hypotenuse.

So we need to find the Tangent value of the Angle.

Use the formula:

=TAN(A2/B2)

A2/B2 : Adjacent side of the angle is divided by the opposite side of the angle. This will return a number as an argument to the function.

Google serves cookies to analyse site usage and to improve our marketing efforts. Information about your use of our site is shared with Google for that purpose.

Accept		✕ ✓ <i>f_x</i>		=TAN(A2/B2)	
LN					

Press Enter

As you can see the tangent of the angle of the triangle.

The above method was for having sides of the triangle. If you have an angle in degrees and you need to find the tangent of that angle.

Use the formula:

=TAN(RADIANS(30))

OR

=TAN(30 * PI()/180)

It will get you the Tan of the 30 degrees angle.

Using PI()/180 method

8 of 18

		0.57735		

As you can see the tangent of the angle using TAN function.

ASIN function

Here we have the length of the sides of the triangle.

E1					✕ ✓ f_x			ARCSIN of the Angle	
	A	B	C	D	E				
1	Base(=x)	Height(=y)	Hypotenuse(=z)		ARCSIN of the Angle				
2	3	4	5						

Here we have the lengths of sides of the right - angle Triangle having sides as base, height and hypotenuse.

So we need to find the inverse Sine of the ratio of the sides.

Use the formula:

$$=ASIN(A2/C2)$$

A2/C2 : it returns the ratio of the sides where value of the sides is given in as cell reference

LN

⋮

✕ ✓ *f_x*

=ASIN(B2/C2)

	A	B	C	D	E
1	Base(=x)	Height(=y)	Hypotenuse(=z)		ARCSIN of the Angle
2	3	4	5		=ASIN(B2/C2)
3					ASIN(number)

Given the ratio of the sides as input to the ASIN function in excel and Press Enter.

E2

=

✕

✓

f_x

=ASIN(B2/C2)

Google serves cookies to analyse traffic to this site. Information about your use of our site is stored by Google for that purpose

	A	B	C	D	E
1	Base(=x)	Height(=y)	Hypotenuse(=z)		ARCSIN of the Angle
Accept	3	4	5		0.927
3					

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose

Accept

As you can see, the ASIN function returns a value in radians.

The above method returns the value in radians. So to convert the value from radians to degrees use the DEGREES function or multiply the result with 180/PI().

Use the formula:

$\text{= DEGREES (ASIN (E2) }$

OR

$\text{= SIN (E2) * 180 / PI()}$

=E2*180/PI()			
C	D	E	F
Hypotenuse(=z)		ARCSIN of the Angle	ARCSIN of the Angle
5		0.927	53.130102354156
			53.130102354156

The above snapshot gets the result as 53.13 degrees.

=DEGREES(E2)			
C	D	E	F
Hypotenuse(=z)		ARCSIN of the Angle	ARCSIN of the Angle
5		0.927	53.130102354156
			53.130102354156

The above snapshot uses the DEGREES function which takes the input in radians and returns the value in degrees.

As you can see, we can get the inverse of the Sine function using the ASIN function.

ACOS function

Here we have the length of the sides of the triangle.

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose

F1				
Accept				
A	B	C	D	E

1	Base(=x)	Height(=y)	Hypotenuse(=z)		ARCCOS function
2	3	4	5		
3					

Here we have the lengths of sides of the right - angle Triangle having sides as base, height and hypotenuse.

So we need to find the inverse Cosine of the ratio of the sides.

Use the formula:

`=ASIN(A2/C2)`

A2/C2 : it returns the ratio of the sides where value of the sides is given in as cell reference.

LN					
					<code>=ACOS(A2/C2)</code>
	A	B	C	D	E
1	Base(=x)	Height(=y)	Hypotenuse(=z)		ARCCOS function
2	3	4	5		<code>=ACOS(A2/C2)</code>
3					ACOS(number)

Given the ratio of the sides as input to the ACOS function in excel and Press Enter.

E2					
					<code>=ACOS(A2/C2)</code>
	A	B	C	D	E
1	Base(=x)	Height(=y)	Hypotenuse(=z)		ARCCOS function
2	3	4	5		0.927
3					

As you can see, the ACOS function returns a value in radians.

The above method returns the value in radians. So to convert the value from radians to degrees use the DEGREES function or multiply the result with 180/PI().

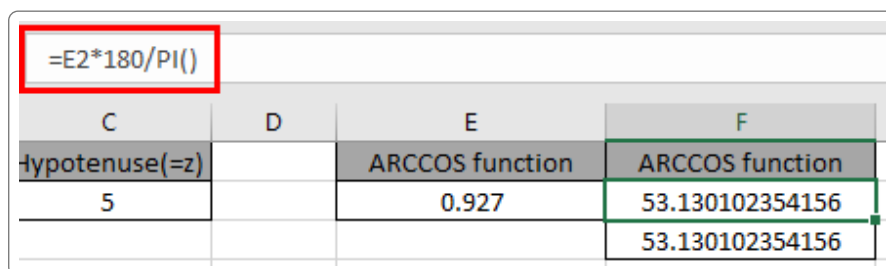
Use the formula:

`= DEGREES (ACOS (E2)`

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose



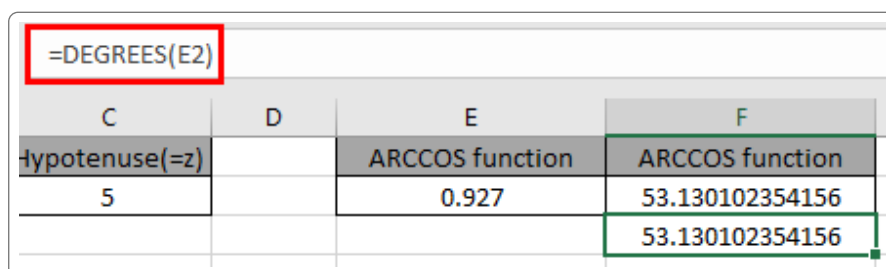
$$= \text{COS} (E2) * 180 / \text{PI}()$$



The formula bar shows the formula `=E2*180/PI()` entered in cell F2. The worksheet snapshot shows columns C, D, E, and F. Column C is labeled 'Hypotenuse(=z)' with a value of 5. Column E is labeled 'ARCCOS function' with a value of 0.927. Column F is labeled 'ARCCOS function' and contains the result 53.130102354156.

C	D	E	F
Hypotenuse(=z)		ARCCOS function	ARCCOS function
5		0.927	53.130102354156
			53.130102354156

The above snapshot gets the result as 53.13 degrees.



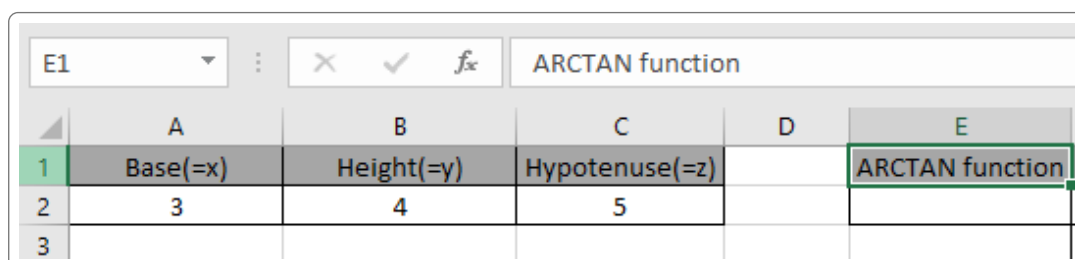
The formula bar shows the formula `=DEGREES(E2)` entered in cell F2. The worksheet snapshot is identical to the previous one, showing columns C, D, E, and F. Column C is labeled 'Hypotenuse(=z)' with a value of 5. Column E is labeled 'ARCCOS function' with a value of 0.927. Column F is labeled 'ARCCOS function' and contains the result 53.130102354156.

C	D	E	F
Hypotenuse(=z)		ARCCOS function	ARCCOS function
5		0.927	53.130102354156
			53.130102354156

The above snapshot uses the DEGREES function which takes the input in radians and returns the value in degrees.

ATAN function

Here we have the length of the sides of the triangle.



The formula bar shows the formula `ARCTAN function` entered in cell E1. The worksheet snapshot shows columns A, B, C, D, and E. Column A is labeled 'Base(=x)' with a value of 3. Column B is labeled 'Height(=y)' with a value of 4. Column C is labeled 'Hypotenuse(=z)' with a value of 5. Column E is labeled 'ARCTAN function'.

	A	B	C	D	E
1	Base(=x)	Height(=y)	Hypotenuse(=z)		ARCTAN function
2	3	4	5		
3					

Here we have the lengths of sides of the right - angle Triangle having sides as base, height and hypotenuse.

So we need to find the inverse tangent of the ratio of the sides.

Use the formula:

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose

Accept

`ATAN(A2/C2)` : it returns the ratio of the sides where value of the sides is given in as cell

LN X ✓ f_x =ATAN(B2/A2)

	A	B	C	D	E
1	Base(=x)	Height(=y)	Hypotenuse(=z)		ARCTAN function
2	3	4	5		=ATAN(B2/A2)
3					

ATAN(number)

	A	B	C	D	E
1	Base(=x)	Height(=y)	Hypotenuse(=z)		ARCTAN function
2	3	4	5		0.927

The above method returns the value in radians. So to convert the value from radians to degrees use the DEGREES function or multiply the result with 180/PI().

= DEGREES (ATAN (E2))

$$= \text{TAN} (E2) * 180 / \text{PI}()$$

=E2*180/PI()			
C	D	E	F
Hypotenuse(=z)		ARCTAN function	ARCTAN function
5		0.927	53.130102354156
			53.130102354156

Accept

C	D	E	F
Hypotenuse(=z)		ARCTAN function	ARCTAN function
5		0.927	53.130102354156
			53.130102354156

The above snapshot uses the DEGREES function which takes the input in radians and returns the value in degrees.

Here are all the observational notes using the TAN formula in Excel

Note :

1. The TAN function returns an arbitrary value when an argument 90 degrees or ($\pi/2 = 1.5708...$) is given but the actual value is infinity.
2. ASIN function returns in the range of -1.57.. (-90 degrees) to +1.57.. (90 degrees).
3. ASIN function takes the input argument which should be between -1 to +1 or else the function returns the #NUM! Error.
4. The function returns #VALUE! Error if the argument to the function is non - numeric.

Hope this article about How to use trigonometric functions in Excel is explanatory. Find more articles on calculating values and related Excel formulas here. If you liked our blogs, share it with your friends on Facebook (<https://www.facebook.com/excelforum1>). And also you can follow us on Twitter (<https://twitter.com/exceltipsnforum>) and Facebook (<https://www.facebook.com/excelforum1>). We would love to hear from you, do let us know how we can improve, complement or innovate our work and make it better for you. Write to us at info@exceltip.com.

Related Articles :

How to use the SIN function in Excel (<https://www.exceltip.com/mathematical-functions/excel-sin-function.html>) : Sine value of an angle of a triangle using the SIN function in Excel.

How to use the COS function in Excel (<https://www.exceltip.com/mathematical-functions/excel-cos-function.html>) : Cosine value of an angle of a triangle using the SIN function in Excel.

How to use the TAN function in Excel (<https://www.exceltip.com/mathematical-functions/excel-tan-function.html>) : Tan value of an angle of a triangle using the SIN function in Excel.

How to use the SINH function in Excel (<https://www.exceltip.com/mathematical-functions/excel-sinh-function.html>) : Sine hyperbolic value of an angle of a triangle using the SIN function in Excel.

Accept

How to use the COSH function in Excel (<https://www.exceltip.com/mathematical-functions/excel-cosh-function.html>) : Cosine hyperbolic value of an angle of a triangle using the SIN function in Excel.

[functions/how-to-use-the-cosh-function-in-excel.html](#)) : Cosine hyperbolic value of an angle of a triangle using the SIN function in Excel.

How to use the TANH function in Excel (<https://www.exceltip.com/mathematical-functions/how-to-use-the-tanh-function-in-excel.html>) : Tan hyperbolic value of an angle of a triangle using the SIN function in Excel.

Popular Articles :

50 Excel Shortcuts to Increase Your Productivity (<https://www.exceltip.com/keyboard-formula-shortcuts/50-excel-shortcuts-to-increase-your-productivity.html>) : Get faster at your tasks in Excel. These shortcuts will help you increase your work efficiency in Excel.

How to use the VLOOKUP Function in Excel (<https://www.exceltip.com/formulas-and-functions/introduction-of-vlookup-function.html>) : This is one of the most used and popular functions of excel that is used to lookup value from different ranges and sheets.

How to use the IF Function in Excel (<https://www.exceltip.com/tips/if-condition-in-excel.html>) : The IF statement in Excel checks the condition and returns a specific value if the condition is TRUE or returns another specific value if FALSE.

How to use the SUMIF Function in Excel (<https://www.exceltip.com/excel-formula-and-function/excel-sumif-function.html>) : This is another dashboard essential function. This helps you sum up values on specific conditions.

How to use the COUNTIF Function in Excel (<https://www.exceltip.com/tips/countif-in-microsoft-excel.html>) : Count values with conditions using this amazing function. You don't need to filter your data to count specific values. Countif function is essential to prepare your dashboard.

[Previous](#) →

[Next](#) →

Leave a Reply

Your email address will not be published. Required fields are marked *

Name *

Email *

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose

Accept

Comment

POST COMMENT

Related Excel Tips

How To Highlight Row And Column Of Selected C... (<https://www.exceltip.com/tips/how-to-highlight-row-and-column-of-selected-cell-using-vba-in-microsoft-excel-2010.html>)

Continue ➤ (<https://www.exceltip.com/tips/how-to-highlight-row-and-column-of-selected-cell-using-vba-in-microsoft-excel-2010.html>)

No Comments ➤ (<https://www.exceltip.com/tips/how-to-highlight-row-and-column-of-selected-cell-using-vba-in-microsoft-excel-2010.html>)

Random Number Generation in Microsoft Excel... (<https://www.exceltip.com/tips/random-number-generation.html>)

Continue ➤ (<https://www.exceltip.com/tips/random-number-generation.html>)

No Comments ➤ (<https://www.exceltip.com/tips/random-number-generation.html>)

Find if a character is in a range and cell in... (<https://www.exceltip.com/tips/find-if-a-character-is-in-a-range-and-cell-in-microsoft-excel-2010.html>)

Continue ➤ (<https://www.exceltip.com/tips/find-if-a-character-is-in-a-range-and-cell-in-microsoft-excel-2010.html>)

No Comments ➤ (<https://www.exceltip.com/tips/find-if-a-character-is-in-a-range-and-cell-in-microsoft-excel-2010.html>)

How to create Area graph in Excel... (<https://www.exceltip.com/tips/information-on-area-chart-excel.html>)

Continue ➤ (<https://www.exceltip.com/tips/information-on-area-chart-excel.html>)

No Comments ➤ (<https://www.exceltip.com/tips/information-on-area-chart-excel.html>)

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose

How to add a Reference Line in charts in Micr... (<https://www.exceltip.com/tips/how-to-add-a-reference-line-in-charts.html>)

Accept

Continue ► (<https://www.exceltip.com/tips/how-to-add-a-reference-line-in-charts.html>)

1 Comment ► (<https://www.exceltip.com/tips/how-to-add-a-reference-line-in-charts.html>)

Categories

Basic Excel (<https://www.exceltip.com/basic-excel>)

Elearning (<https://www.exceltip.com/elearning>)

Excel 365 Functions (<https://www.exceltip.com/excel-365-functions>)

Excel Business Templates and Dashboards (<https://www.exceltip.com/excel-business-templates-and-dashboards>)

Excel Dashboards (<https://www.exceltip.com/excel-dashboards>)

Excel Data (<https://www.exceltip.com/excel-datas>)

Excel Date and Time (<https://www.exceltip.com/excel-date-and-time>)

Excel Errors (<https://www.exceltip.com/excel-errors>)

Excel Functions (<https://www.exceltip.com/excel-functions-test>)

Excel Functions List (<https://www.exceltip.com/excel-functions>)

Excel General (<https://www.exceltip.com/excel-generals>)

Excel Macros and VBA (<https://www.exceltip.com/excel-macros-and-vba>)

Excel Spanish (<https://www.exceltip.com/es>)

Excel Text, Editing and Format (<https://www.exceltip.com/excel-text-editing-and-format>)

Excel Tips and Tricks (<https://www.exceltip.com/tips>)

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose [Terms and Conditions of use](#)

Accept applications/code on this site are distributed as is and without warranties or liability. In no

event shall the owner of the copyrights, or the authors of the applications/code be liable for any loss of profit, any problems or any damage resulting from the use or evaluation of the applications/code.



()

Home (<https://www.exceltip.com/>)

About (<https://www.exceltip.com/about>)

Advertise With Us (<https://www.exceltip.com/advertise>)

Excel Tips and Tricks (<https://www.exceltip.com/tips>)

Excel Editing (<https://www.exceltip.com/excel-text-editing-and-format/excel-editing>)

Excel Format (<https://www.exceltip.com/excel-text-editing-and-format/excel-format>)



(<https://www.facebook.com/excelforum1/>)



(<https://twitter.com/exceltipsnforum>)

Newsletter

Get latest updates from exceltip in your mail.

Google serves cookies to analyse traffic to this site. Information about your use of our site is shared with Google for that purpose

Accept