

Juliette Monsel

Researcher in theoretical physics

Research interests: stochastic thermodynamics, quantum open systems, quantum optics, optomechanics and electronic transport.

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Nationality: French

Education

- 2019 **Ph.D.**, *Université Grenoble Alpes*, France.
Theoretical Physics.
- 2016 **M.Sc.**, *École Normale Supérieure de Lyon*, France.
Major: Physics, Mention: highest honors.
- 2014 **B.Sc.**, *École Normale Supérieure de Lyon*, France.
Major: Physics, Mention: highest honors.

Research experience

- Since Jan. 2024 **Staff Scientist**, *Department of Microtechnology and Nanoscience, Chalmers University of Technology*, Gothenburg, Sweden.
Permanent researcher position in the Applied Quantum Physics Laboratory.
- 2020 – 2023 **Postdoctoral researcher**, *Department of Microtechnology and Nanoscience, Chalmers University of Technology*, Gothenburg, Sweden.
(3 years and 10 months) Advisor: Janine Splettstoesser. Quantum thermodynamics.
 - Studied thermodynamic of electronic transport
 - Analyzed optomechanical cooling in a thermodynamic perspective
- 2019 – 2020 **Postdoctoral researcher**, *Institut Néel*, Grenoble, France.
(4 months) Advisor: Alexia Auffèves. Quantum thermodynamics and optomechanics.
 - Explored the potential of carbon nanotubes for thermodynamic experiments
 - Studied stochastic thermodynamics with Kerr resonators
- 2016 – 2019 **Doctoral researcher**, *Institut Néel*, Grenoble, France.
(3 years and 2 months) Supervisor: Alexia Auffèves. Quantum thermodynamics and optomechanics.
 - Demonstrated the potential of hybrid optomechanical systems and one-dimensional atoms to experimentally explore quantum thermodynamics
 - Proposed methods to define and measure work in the quantum regime

Teaching and supervision experience

Student supervision

- Feb.–Aug. 2025 Co-supervisor of an Erasmus Mundus master's student for a remote project.
- Since Sep. 2025 Assistant supervisor of Didrik Palmqvist, Ph.D. student at Chalmers.
- Since Oct. 2024 Assistant supervisor of Nicolás Torres Dominguez, Ph.D. student at Chalmers.
- Oct. 2020 – Feb. 2025 Assistant supervisor of Ludovico Tesser, Ph.D. student at Chalmers, who defended his thesis on Feb. 28, 2025.
- Mar. – Nov. 2024 Co-supervisor of a master's student from Grenoble INP Phelma (France) at Chalmers for a nine-month project.
- Apr. – Jul. 2022 Co-supervisor of a master's student from École Normale Supérieure de Lyon (France) at Chalmers for a four-month project.

- Oct. 2021 – Jul. 2022 Co-supervisor of a master's student from University of Regensburg (Germany) at Chalmers for a ten-month project.
- 2016 Took part in the supervision of a first-year master student during his two-month internship at the Institut Néel, Grenoble, France.

Teaching

- Jan. – Mar. 2026 **PhD course: Quantum Thermodynamics and Information**, *Chalmers, Gothenburg, Sweden.*
Lecturer in charge of one-third of the course: Markovian quantum master equation, average thermodynamics, stochastic thermodynamics (4 lectures and 2 tutorials, each 2 hour long, over 2 weeks).
- Feb. 2024 **Winter school on ultrafast thermodynamics**, *Chalmers, Gothenburg, Sweden.*
Tutorial session for the lecture “Nanoscale thermodynamics - the role of fluctuations”.
- 2017, 2018 (64 hours/year) **Teaching Assistant**, *Université Grenoble Alpes, France.*
Newtonian mechanics for first year undergraduates.
 - Supervised students during tutorials ($2 \times 1,5$ hours/week, ~ 30 students) and practical work (3 hours/week, ~ 15 students)
 - Graded examinations and practical work reports
 - Wrote exercises for the examinations

Training

- 2024 **Women's Leadership Program**, *Chalmers, Gothenburg, Sweden.*
12.5-hour program from *the GENder INitiative for Excellence (GENIE)*.
- 2024 **Supervising research students**, *Chalmers, Gothenburg, Sweden.*
15-hour course on supervising doctoral students.
- 2016 – 2019 **Research and Higher Education (RES) label**, *Doctoral school of Physics, Grenoble, France.*
Teaching oriented Ph.D. program leading to the production of a portfolio documenting the development of my teaching and research skills (in French): <http://juliette-monsel.byethost15.com>.
- 2017 **How to develop as a teacher**, *Doctoral school of Physics, Grenoble, France.*
Two-day training program on communication and group animation techniques for teaching.
- 2016 **Introduction to the profession of teacher-researcher**, *Doctoral school of Physics, Autrans, France.*
Three-day workshop on topics related to teaching at the university.

Awards and Grants

- Jul. 2024 Invited to submit an article (J. Phys.: Condens. Matter , 37, 195302) to the **Emerging Leaders 2024** special issue of the *Journal of Physics: Condensed Matter* bringing together the best early-career researchers from all areas of condensed matter physics.
- Nov. 2022 **Travel grant** from Chalmers Foundation to go to Vienna for a research visit and the annual Quantum Thermodynamics Conference in July 2023. Budget: 1,713 €.
- Apr. 2020 **Springer Thesis Award**, including the publication of my *thesis in the Springer Theses* series which brings together a selection of the best PhD theses worldwide in physical sciences, nominated and endorsed by two recognized specialists.

Jun. 2016 **Jean-Pierre Aguilar PhD grant** from the *CFM Foundation for Research* covering my salary for three years and a funding for traveling of 4,500 €. Only five grants were awarded in 2016 and a strong preference is given to candidates proposed by doctoral schools (in Physics, Mathematics and Computer Science), which was not my case.

Publications

Summary 2 preprints, 15 peer-reviewed articles, 1 book.

Preprints

- 2025 J. Monsel, M. Acciai, D. Palmqvist, N. Chiabrando, R. Sánchez, J. Splettstoesser, *Precision of an autonomous demon exploiting nonthermal resources and information*. arXiv: 2510.14578.
S. Sevitz, K. Aggarwal, J. Tabanera-Bravo, J. Monsel, F. Vigneau, F. Fedele, J. Dunlop, J. M. R. Parrondo, G. J. Milburn, J. Anders, N. Ares, F. Cerisola, *Sources of nonlinearity in the response of a driven nano-electromechanical resonator*. arXiv: 2509.12830.

Articles

- 2025 F. Fedele, F. Cerisola, L. Bresque, F. Vigneau, J. Monsel, J. Tabanera-Bravo, K. Aggarwal, J. Dexter, S. Sevitz, J. Dunlop, A. Auffèves, J. M. R. Parrondo, A. Palyi, J. Anders, N. Ares, "Coupling a single spin to the motion of a carbon nanotube," *Nature Communications*, **16**, 11454.
J. Dunlop, F. Cerisola, J. Monsel, S. Sevitz, J. Tabanera-Bravo, J. Dexter, F. Fedele, N. Ares, J. Anders, "Extra cost of erasure due to quantum lifetime broadening," *Physical Review A*, **112**, L010601. Letter.
J. Graf, J. Splettstoesser, J. Monsel, "Role of electron-electron interaction in the Mpemba effect in quantum dots," *J. Phys.: Condens. Matter*, **37**, 195302. Accepted in the "Emerging Leaders 2024" special issue.
J. Monsel, M. Acciai, R. Sánchez, J. Splettstoesser, "Autonomous demon exploiting heat and information at the trajectory level," *Physical Review B*, **111**, 045419.
L. Du, J. Monsel, W. Wieczorek, J. Splettstoesser, "Coherent feedback control for cavity optomechanical systems with a frequency-dependent mirror," *Physical Review A*, **111**, 013506.
2024 J. Monsel, A. Ciers, S. K. Manjeshwar, W. Wieczorek, J. Splettstoesser, "Dissipative and dispersive cavity optomechanics with a frequency-dependent mirror," *Physical Review A*, **109**, 043532.
J. Tabanera-Bravo, F. Vigneau, J. Monsel, K. Aggarwal, L. Bresque, F. Fedele, F. Cerisola, G. A. D. Briggs, J. Anders, A. Auffèves, J. M. R. Parrondo, N. Ares, "Stability of long-sustained oscillations induced by electron tunneling," *Physical Review Research*, **6**, 013291.
2023 J. Monsel, J. Schulenborg, J. Splettstoesser, "Non-geometric pumping effects on the performance of interacting quantum-dot heat engines," *European Physical Journal Special Topics*, **232**, 3267–3272.

- S. K. Manjeshwar, A. Ciers, J. Monsel, H. Pfeifer, C. Peralle, S. M. Wang, P. Tassin, W. Wieczorek, "Integrated microcavity optomechanics with a suspended photonic crystal mirror above a distributed Bragg reflector," *Optics Express*, **31**, 30212–30226. First theory author, article featured in Spotlight on Optics.
- L. Tesser, M. Acciai, C. Spånslått, J. Monsel, J. Splettstoesser, "Charge, spin, and heat shot noises in the absence of average currents: Conditions on bounds at zero and finite frequencies," *Physical Review B*, **107**, 075409.
- 2022 F. Vigneau, J. Monsel, J. Tabanera, K. Aggarwal, L. Bresque, F. Fedele, F. Cerisola, G. A. D. Briggs, J. Anders, J. M. R. Parrondo, A. Auffèves, N. Ares, "Ultrastrong coupling between electron tunneling and mechanical motion," *Physical Review Research*, **4**, 043168. First theory author.
- J. Monsel, J. Schulenborg, T. Baquet, J. Splettstoesser, "Geometric energy transport and refrigeration with driven quantum dots," *Physical Review B*, **106**, 035405. Editors' suggestion.
- 2021 J. Monsel, N. Dashti, S. K. Manjeshwar, J. Eriksson, H. Ernbrink, E. Olsson, E. Torneus, W. Wieczorek, J. Splettstoesser, "Optomechanical cooling with coherent and squeezed light: The thermodynamic cost of opening the heat valve," *Physical Review A*, **103**, 063519.
- 2020 J. Monsel, M. Fellous-Asiani, B. Huard, A. Auffèves, "The Energetic Cost of Work Extraction," *Physical Review Letters*, **124**, 130601.
- 2018 J. Monsel, C. Elouard, A. Auffèves, "An autonomous quantum machine to measure the thermodynamic arrow of time," *npj Quantum Information*, **4**, 59.

Books

- 2020 J. Monsel, *Quantum Thermodynamics and Optomechanics* (Springer Theses, Recognizing Outstanding Ph.D. Research). Springer International Publishing.

Conferences and seminars

Summary 10 invited talks, 17 contributed talks, 13 seminars and 18 poster presentations.

Invited talks

- 2026 "Autonomous demon exploiting heat and information: Stochastic trajectories and current fluctuations," *APS Global Physics Summit*, Denver, USA, Mar. 15 – 20.
 "Autonomous demon exploiting heat and information: Stochastic trajectories and current fluctuations," *15th Nordic Workshop on Statistical Physics*, NORDITA, Stockholm, Sweden, Feb. 25 – 27.
- 2025 "Autonomous demon exploiting heat and information: stochastic trajectories and current fluctuations," *Quantum Thermodynamics Conference (QTD2025)*, Singapore, Jul. 7 – 11.
 "Cavity optomechanics with a frequency-dependent mirror," *Quantum Science Generation workshop (QSG)*, Trento, Italy, May 5 – 9.
- 2024 "Energy transport and refrigeration with driven quantum dots," *General Conference of the Condensed Matter Division (CMD31)*, Braga, Portugal, Sep. 2 – 6.

- "Energy transport and refrigeration with driven quantum dots," *Condensed Matter and Quantum Materials (CMQM 2024)*, University of St. Andrews, Scotland, UK, Jul. 2 – 5.
- 2023 "Role of nonequilibrium fluctuations and feedback in a quantum dot thermal machine," *5th Nottingham Workshop on Quantum Non-Equilibrium Dynamics*, Nottingham, UK, Nov. 13 – 15.
- 2022 "Geometric energy transport and refrigeration with driven quantum dots," *Workshop on Geometric Resources for Quantum Engineering II*, University of Seville, Spain, Nov. 24 – 25.
"Stochastic entropy production in electron transport through quantum dots," *Quantum Energetics Workshop*, Institut Néel, Grenoble, France, Jun. 7.
- 2019 "An autonomous quantum machine to measure the thermodynamic arrow of time," *Workshop on Quantum Networks and Non-equilibrium Systems*, Obergurgl, Austria, Jan. 16 – 19.
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- ### Contributed talks
- 2024 "Dissipative and dispersive cavity optomechanics with a suspended frequency-dependent mirror," *New Avenues in Quantum Materials 2024*, Chalmers University of Technology, Gothenburg, Sweden, Aug. 29 – 31.
"Role of nonequilibrium fluctuations and feedback in a quantum dot thermal machine," *DPG Spring Meeting of the Condensed Matter Section (SKM)*, Berlin, Germany, Mar. 18 – 22.
- 2023 "Role of nonequilibrium fluctuations and feedback in a quantum dot thermal machine," *Quantum Energy Initiative Workshop (QEI2023)*, Singapore, Nov. 20 – 24.
"Dissipative cavity optomechanics with a suspended frequency-dependent mirror," *DPG Spring Meeting of the Atomic, Molecular, Quantum Optics and Photonics Section (SAMOP)*, Hannover, Germany, Mar. 5 – 10.
"Ultrastrong coupling between electron tunneling and mechanical motion," *Information as Fuel FQxI workshop*, Obergurgl, Austria, Feb. 3 – 8.
- 2021 "Optomechanical cooling with coherent and squeezed light: the thermodynamic cost of opening the heat valve," *Quantum Thermodynamics Conference (QTD2021)*, Online (Genève, Switzerland), Oct. 4 – 8.
"Optomechanical cooling with coherent and squeezed light: the thermodynamic cost of opening the heat valve," *Condensed matter days (JMC)*, Online (Rennes, France), Aug. 24 – 27.
"Optomechanical cooling with coherent and squeezed light: the thermodynamic cost of opening the heat valve," *Thermodynamics and Information in the Quantum Regime*, Online, Jul. 7 – 9.
"Optomechanical cooling with coherent and squeezed light: The thermodynamic cost of opening the heat valve," *Joint European Thermodynamics Conference*, Online (Prague, Czech Republic), Jun. 14 – 18.
- 2020 "The energetic cost of work extraction," *Quantum Thermodynamics Conference (QTD2020)*, Online (Barcelona, Spain), Oct. 13 – 17.

- 2019 “An autonomous optomechanical energy converter,” *Annual Meeting of the GDR MecaQ (French research network on Quantum Optomechanics, Nanomechanics)*, Palaiseau, France, Oct. 3 – 4.
- “An autonomous quantum machine to measure the thermodynamic arrow of time,” *Quantum Thermodynamics Conference (QTD2019)*, Espoo, Finland, Jun. 23 – 28.
- “Measuring the arrow of time in a hybrid optomechanical system,” *II Workshop on Quantum Information and Thermodynamics*, Natal, Brazil, Mar. 11 – 22.
- 2018 “Energy conversion in a hybrid optomechanical system: Laser-like behavior and cooling,” *Condensed matter days (JMC)*, Grenoble, France, Aug. 27 – 31.
- 2017 “Fluctuation theorems in a hybrid optomechanical system,” *Annual colloquium of the GDR IQFA (French research network on Quantum Engineering, from Fundamental Aspects to Applications)*, Nice, France, Nov. 29 – Dec. 1.
- “Measuring the arrow of time in a hybrid optomechanical system,” *VI Quantum Information Workshop*, Paraty, Brazil, Aug. 21 – 25.
- “Thermodynamics and hybrid optomechanical system,” *Congress of the French Physical Society (SFP)*, Orsay, France, Jul. 3 – 7.

Invited seminars

- 2025 “Energetic cost of work extraction and information erasure,” *Quantum Energy Initiative Seminar*, invited by Federico Centrone, Online, Feb. 17.
- 2024 “Energy transport and refrigeration with driven quantum dots,” *Condensed Matter Physics Seminar*, invited by Matthias Geilhufe, Chalmers University of Technology, Gothenburg, Sweden, Apr. 30.
- “Optomechanical cooling with coherent and squeezed light and frequency-dependent mirrors: The thermodynamic cost of opening the heat valve,” *Seminar*, invited by Janet Anders, University of Potsdam, Germany, Mar. 26.
- 2023 “Optomechanical cooling with coherent and squeezed light and frequency-dependent mirrors: The thermodynamic cost of opening the heat valve,” *Seminar*, invited by Mario Ciampini and Nikolai Kiesel, University of Vienna, Austria, Jul. 13.
- “Optomechanical cooling with coherent and squeezed light and frequency-dependent mirrors: The thermodynamic cost of opening the heat valve,” *Seminar*, invited by Martin Bowen, Institute of Physics and Chemistry of Materials of Strasbourg, CNRS – Unistra, France, Apr. 12.
- “Energy transport and refrigeration with driven quantum dots,” *Seminar*, invited by Ville Maisi, Center for Nanoscience, Lund University, Sweden, Mar. 31.
- “Optomechanical cooling with coherent and squeezed light,” *Seminar*, invited by Romain Albert, in Gerhard Kirchmair’s group, Institute for Quantum Optics and Quantum Information, Innsbruck, Austria, Feb. 8.
- 2022 “Geometric energy transport and refrigeration with driven quantum dots,” *Seminar*, invited by Natalia Ares, Department of Engineering, University of Oxford, UK, Apr. 8.

- 2021 “Quantum thermodynamics,” *SmallTalks [about Nanoscience]*, Chalmers University of Technology, Gothenburg, Sweden, Dec. 6.
- “Optomechanical cooling with coherent and squeezed light,” *United Kingdom Optomechanics Research Network (UniKORN) Seminar Series*, Online, Nov. 3.
- “Optomechanical cooling with coherent and squeezed light: The thermodynamic cost of opening the heat valve,” *NanoThermodynamics seminar*, invited by Peter Samuelsson, Online (Lund University), Mar. 19.
- 2019 “Thermodynamics of hybrid optomechanical systems,” *Seminar*, invited by Janine Splettstoesser, Department of Microtechnology and Nanoscience, Chalmers University of Technology, Gothenburg, Sweden, Sep. 11.
- 2018 “Fluctuation theorems in a hybrid optomechanical system,” *Seminar*, invited by Natalia Ares, Department of Materials, University of Oxford, UK, Mar. 7.

Contributed posters

- 2025 “Dissipative and dispersive cavity optomechanics with a frequency-dependent mirror,” *Chalmers School: Light-matter interactions in micro- and nanoscale systems*, Chalmers University of Technology, Gothenburg, Sweden, Nov. 10 – 14.
- “Autonomous demon exploiting heat and information at the trajectory level,” *Yearly workshop of the Area of Advance Nano*, Brastad, Sweden, Aug. 25 – 27.
- “Autonomous demon exploiting heat and information at the trajectory level,” *Quantum Energy Initiative Workshop (QEI)*, Grenoble, France, Jan. 6 – 10.
- 2024 “Dissipative and dispersive cavity optomechanics with a frequency-dependent mirror,” *Light on Life symposium*, Chalmers University of Technology, Gothenburg, Sweden, Dec. 2 – 3.
- “Mpemba effect in a single-level quantum dot,” *Chalmers School: Quantum thermodynamics meets quantum transport*, Chalmers University of Technology, Gothenburg, Sweden, Nov. 11 – 15.
- “Dissipative and dispersive cavity optomechanics with a frequency-dependent mirror,” *Yearly workshop of the Area of Advance Nano*, Marstrand, Sweden, Aug. 26 – 28.
- 2023 “Role of nonequilibrium fluctuations and feedback in a quantum dot thermal machine,” *Yearly workshop of the Area of Advance Nano*, Tanum Strand, Sweden, Aug. 21 – 23.
- “Role of nonequilibrium fluctuations and feedback in a quantum dot thermal machine,” *Quantum Thermodynamics Conference (QTD2023)*, Vienna, Austria, Jul. 17 – 21.
- 2022 “Geometric energy transport and refrigeration with driven quantum dots,” *A nano focus on quantum materials*, Chalmers University of Technology, Gothenburg, Sweden, Nov. 28 – 29.
- “Geometric energy transport and refrigeration with driven quantum dots,” *Yearly workshop of the Area of Advance Nano*, Varberg, Sweden, Aug. 22 – 24.
- “Geometric energy transport and refrigeration with driven quantum dots,” *Frontier of Quantum and Mesoscopic Thermodynamics*, Prague, Czech Republic, Aug. 1 – 6.

- "Geometric energy transport and refrigeration with driven quantum dots," *Quantum Thermodynamics Conference (QTD2022)*, Online (Belfast, UK), Jun. 27 – Jul. 1.
- 2021 "Geometric energy transport in time-dependently driven quantum dots," *QuESTech Final Conference*, Marstrand, Sweden, Nov. 9 – 10.
- "Geometric energy transport in time-dependently driven quantum dots," *Excellence Initiative Nano Poster Day*, Chalmers University of Technology, Gothenburg, Sweden, Oct. 26.
- 2020 "Optomechanical cooling efficiency: The cost of turning a valve," *Quantum Technology International Conference*, Online (Barcelona, Spain), Nov. 2 – 4.
- "The energetic cost of work extraction," *Workshop on Prospects of Ultrastrong light-matter interactions*, Gothenburg, Sweden, Sep. 13 – 17.
- 2017 "Measuring the arrow of time in a hybrid optomechanical system," *VI Quantum Information School*, Paraty, Brazil, Aug. 14 – 18.
- "Measuring the arrow of time in a hybrid optomechanical system," *Quantum Thermodynamics Conference (QTD2017)*, Oxford, United Kingdom, Mar. 13 – 17.

Academic Citizenship

- Reviewer Nat. Rev. Clean Technol., Phys. Rev. Lett., Sci. Rep., Phys. Rev. A, J. Stat. Mech. Theory Exp., Phys. Rev. E, J. Phys. A Math., New J. Phys., Commun. Phys.
- Committee Part of the scientific committee to select speakers for QTD 2026 (the main conference in the field of quantum thermodynamics).
- Mentor Since Sep. 2024, as part of the *WiSE-WWACQT Mentorship Program* aiming at providing support for female PhD students and postdocs.
- GENIE representative As the representative of the MC2 department in the *Gender Initiative for Excellence*, I work to improve the diversity and inclusiveness in the working environment. I meet and exchange ideas with the representatives from the other departments and work with the equality group at the department level. I have been dedicating 5% of my time to this role since Oct. 2024.

Scientific outreach

- Apr. 2023 Contribution to an *outreach video* explaining the working process of scientists for the project "Nanomechanics in the solid-state for quantum information thermodynamics" (NanoQIT), funded by the Foundational Question Institute (FQxi) and led by Natalia Ares from Oxford University. I am a main theory contributor in this project.
- Feb. 2023 Video recording of my poster presentation on energy transport and refrigeration with quantum dots in a pedagogical way for the *FQxi YouTube channel*.
- Dec. 2021 I was selected to present a seminar on quantum thermodynamics at the "SmallTalks [about Nanoscience]" series of the Nano Area of Advance at Chalmers. *The first half of the seminar* targeted to a broader audience including interested high school students.

2016 – 2019 I led children workshops in the annual Fête de la Science at Institut Néel, *Physique en Fête*, on symmetry, temperature and colours and presented my research group's activities to high school students and to the general public.

Volunteer experience

- 2020 – current **Cykelköket**, Gothenburg, Sweden, www.cykelkoket.org.
The “Bike kitchen” is a nonprofit Do-It-Yourself bicycle workshop.
 - Help people and teach them how to repair their bicycles
 - Take part in the administration of the workshop as a board member since Sep. 2020
- 2017 – 2020 **uN p'Tit véLo dAnS La Tête**, Grenoble, France, www.ptitvelo.net.
Nonprofit self-repair workshop aiming at teaching bicycle mechanics and promoting bicycle riding.
 - Learned bicycle mechanics by dismantling and repairing bicycles for the association
 - Explained to members of the association how to repair their bicycles
 - Took part in meetings and helped organize events as a member of the board from Sep. 2018 to Feb. 2020

Skills

Languages

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|---------|----------------|---------|-------------------------|
| English | fluent | Italian | good comprehension (B2) |
| French | native speaker | Swedish | currently learning (B2) |

Computer

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|-------------|-------------------------|----|-----------------------|
| Programming | Python, Git, C++, Julia | OS | Linux, Windows, MacOS |
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