Definition (temp)

* Inputs include anything that is applied to, ingested by, or otherwise consumed by a person in a manner where it is not returned to the environment in the same state.
* Examples
  + Water for drinking is an input
  + A blanket used to sleep is not an input
  + Urine is an output

Inputs

* Food
* Water
  + Drinking
  + Cooking
  + Hygiene
* Heat
* Cooling
* Materials

Outputs

* Waste
* Water
* Heat
* Time