

A generic QFT has an asymptotic expansion

$$\mathcal{Z}(t) \sim (2\pi t)^{n/2} \frac{e^{-S(\phi_0)/t}}{\sqrt{\det \partial_a \partial_b S|_{\phi_0}}} \left[1 + a_1 t + a_2 t^2 + \dots \right]$$

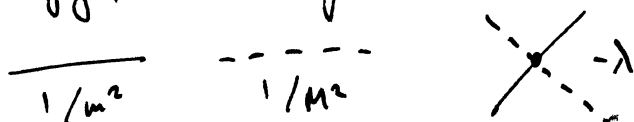
In some special theories, the leading term is the exact answer! Typically this happens for SUSY theories.

An effective theory

Suppose we have two scalar fields $\phi, \chi \in \mathbb{R}$ and consider the action

$$S(\phi, \chi) = \frac{m^2}{2} \phi^2 + \frac{M^2}{2} \chi^2 + \frac{\lambda}{4} \phi^2 \chi^2$$

Correspondingly, we have Feynman rules ($t=1$)



We can use them to compute $\langle f(\phi, \chi) \rangle = \frac{1}{\mathcal{Z}_0} \int_{\mathbb{R}^2} d\phi d\chi e^{-S(\phi, \chi)}$

e.g. $\ln\left(\frac{\mathcal{Z}}{\mathcal{Z}_0}\right) =$

e.g. $\langle \phi^2 \rangle =$

Let's arrive at this result in a different way. Suppose we think of χ as "heavy", so we cannot access it directly using our experimental equipment. In particular, if we're only interested in correl' f 's that depend only on ϕ , i.e. $f(\phi, \chi) = f(\phi)$, then we could try to integrate out χ first. We define the effective action for ϕ , $S_{\text{eff}}(\phi)$, by

$$S_{\text{eff}}(\phi) = -t \ln \left[\int_{\mathbb{R}} d\chi e^{-S(\phi, \chi)/t} \right]$$

Generically, we can only find an asymptotic series for $S_{\text{eff}}(\phi)$ but in this example we have

$$\int_{\mathbb{R}} d\chi e^{-S(\phi, \chi)/t} = e^{-m^2 \phi^2 / 2t} \sqrt{\frac{2\pi t}{M^2 + \lambda \phi^2 / 2}}$$

$$\Rightarrow S_{\text{eff}}(\phi) = \frac{m^2}{2} \phi^2 + \frac{t}{2} \ln \left[1 + \frac{\lambda \phi^2}{2M^2} \right] + \frac{t}{2} \ln \left(\frac{M^2}{2\pi t} \right)$$

$$S_{\text{eff}}(\phi) \sim \left(\frac{m^2}{2} + \frac{\hbar \lambda}{4 M^2} \right) \phi^2 - \frac{\hbar \lambda^2}{16 M^4} \phi^4 + \frac{\hbar \lambda^3}{48 M^6} \phi^6 + \dots + \frac{\hbar}{2} \ln \left(\frac{M^2}{2\pi \hbar} \right)$$

$$=: \frac{m_{\text{eff}}^2}{2} \phi^2 + \frac{\lambda_4}{4!} \phi^4 + \frac{\lambda_6}{6!} \phi^6 + \dots + \frac{\hbar}{2} \ln \left(\frac{M^2}{2\pi \hbar} \right)$$

where $\lambda_{2k} = (-1)^{k+1} \frac{\hbar (2k)!}{2^{k+1} k!} \frac{\lambda^k}{M^{2k}}$

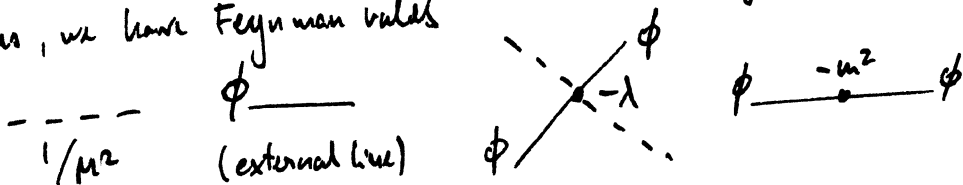
Remarks:

- 1) Integrating out χ has generated an infinite series of new interactions for ϕ in $S_{\text{eff}}(\phi)$.
We have $m^2 \rightarrow m_{\text{eff}}^2 = m^2 + \frac{\hbar \lambda}{2 M^2}$ so the effective mass of ϕ is also shifted.
Notice the new vertices are quantum effects: they vanish as $\hbar \rightarrow 0$. They are also suppressed by powers of $1/M^2$.
- 2) The original action had a $\mathbb{Z}_2 \times \mathbb{Z}_2$ symmetry $(\phi, \chi) \mapsto (\pm \phi, \pm \chi)$.
This symmetry is preserved and we do not generate any vertices $\sim \frac{\lambda_{2k+1}}{(2k+1)!} \phi^{2k+1}$.
- 3) $S_{\text{eff}}(\phi)$ also contains a field independent term $\frac{\hbar}{2} \ln \left(\frac{M^2}{2\pi \hbar} \right)$. This plays no role in correlation fns $\langle f(\phi) \rangle$. However, this is the biggest problem in physics - this term contributes to Λ . (new vertices)

Let's think about where these terms have come from.

We now return to $S(\phi, \chi)$ and treat ϕ as non-dynamical (since just doing χ path integral).

Then, we have Feynman rules



With these ingredients (no ϕ propagator) we can draw the following diagrams:

$$\begin{aligned} -S_{\text{eff}}(\phi) &= \text{diagram 1} + \text{diagram 2} + \text{diagram 3} + \dots \\ &= \frac{-m^2}{2} \phi^2 - \frac{\lambda}{4 M^2} \phi^2 + \frac{\lambda^2}{16 M^4} \phi^4 - \frac{\lambda^3}{48 M^6} \phi^6 + \dots \\ &= \underbrace{\frac{-m_{\text{eff}}^2}{2} \phi^2}_{\text{new mass}} + \underbrace{\frac{\lambda_4}{4!} \phi^4}_{\text{new vertex}} + \underbrace{\frac{\lambda_6}{6!} \phi^6}_{\text{new vertex}} + \dots \end{aligned}$$

We see that the new / shifted couplings in $S_{\text{eff}}(\phi)$ are generated by loops of χ fields.

- Generically, we can't hope to compute $S_{\text{eff}}(\phi)$ analytically, but we can use the Feynman diagrams to construct an asymptotic series for $S(\phi, \hbar)$.

- We should generically imagine starting from a complicated theory, i.e. $S(\phi, \chi)$ is actually "really" $S_{\text{eff}}(\phi, \chi)$ obtained by integrating out even higher order fields.

Let's now compute $\langle \phi^2 \rangle$ using the effective theory:

$$S_{\text{eff}}(\phi) = \frac{m_{\text{eff}}^2}{2} \phi^2 + \frac{\lambda_4}{4!} \phi^4 + \dots$$

$$\langle \phi^2 \rangle = \left. \begin{array}{l} \text{diagram 1} + \text{diagram 2} + \dots \\ \frac{1}{m_{\text{eff}}^2} - \frac{\lambda_4}{2 m_{\text{eff}}^6} + \dots \end{array} \right\} \text{this agrees w/ earlier calculations correct to order } \lambda^2.$$