

Def A covariant derivative of a v. field Y is a $(1,1)$ tensor ∇Y s.t.

$$(\nabla Y)(X) = \nabla_X Y \in T_p M$$

Write $(\nabla Y)^a_b = \nabla_b Y^a = Y^a_{;b}$

$$(\nabla_X Y)^a = X^b \nabla_b Y^a = X^b Y^a_{;b}$$

Pick a basis $\{e_\mu\}$ of $T_p M$ and consider ~~$\nabla_{e_\nu} e_\mu$~~ $\nabla_{e_\rho} e_\nu = \Gamma^\mu_{\rho\nu} e_\mu$

Notation $\nabla_{e_\rho} e_\nu = \nabla_\rho e_\nu$

Calculate $\nabla_X Y = \nabla_X (Y^\mu e_\mu) = X(Y^\mu) e_\mu + Y^\mu \nabla_X(e_\mu)$

$$= X^\nu e_\nu(Y^\mu) e_\mu + Y^\mu X^\nu \underbrace{\nabla_\nu(e_\mu)}_{\Gamma^\rho_{\mu\nu} e_\rho}$$

$$= X^\nu (e_\nu(Y^\mu) + Y^\rho \Gamma^\mu_{\rho\nu}) e_\mu$$

$$\Rightarrow (\nabla_X Y)^\mu = X^\nu (e_\nu(Y^\mu) + Y^\rho \Gamma^\mu_{\rho\nu})$$

In coord basis: $Y^\mu_{; \nu} = \partial_\nu Y^\mu + \Gamma^\mu_{\rho\nu} Y^\rho$

∇ for general tensors given by Leibniz rule;

$$T(r,s) \rightarrow \nabla T(r,s+1)$$

e.g. for 1-form η : $(\nabla_X \eta)(Y) = \nabla_X(\eta(Y)) - \eta(\nabla_X Y)$

$$= X(\eta_\mu Y^\mu) - \eta_\mu (\nabla_X Y)^\mu \quad \text{Exercise: } \eta_{\mu;\nu} = e_\nu(\eta_\mu) - \Gamma^\rho_{\mu\nu} \eta_\rho$$

Extend to general bases (w/ $e_\nu = \partial_\nu$)

$$T^{\mu_1 \dots \mu_r}_{\nu_1 \dots \nu_s; \delta} = \partial_\delta T^{\mu_1 \dots \mu_r}_{\nu_1 \dots \nu_s} + \sum_{j=1}^s \Gamma^{\mu_j}_{\delta \rho} T^{\mu_1 \dots \mu_{j-1} \rho \mu_{j+1} \dots \mu_r}_{\nu_1 \dots \nu_s} - \sum_{j=1}^r \Gamma^\rho_{\nu_j \delta} T^{\mu_1 \dots \mu_r}_{\nu_1 \dots \nu_{j-1} \rho \nu_{j+1} \dots \nu_s}$$

Notation: $f_{;\mu} = \partial_\mu f$ $f_{;[\mu\nu]} = 0$

$$X^a_{;b} = \nabla_b X^a \quad f_{;[\mu\nu]} = -\Gamma^\rho_{[\mu\nu]} f_{;\rho}$$

Def ∇ is torsion free if $\nabla_{[a,b]} f = 0 \quad \forall f: M \rightarrow \mathbb{R}$ equiv. if

$$\Gamma^\rho_{[\mu\nu]} = 0 \text{ in any coord basis.}$$

Lemma X, Y v. fields; ∇ torsion-free $\Rightarrow \nabla_X Y - \nabla_Y X = [X, Y]$

Proof Tensor eq.; prove it in a coord basis

$$X^\nu Y^\mu_{;\nu} - Y^\nu X^\mu_{;\nu} = [X, Y]^\mu + 2 \Gamma^\mu_{\rho\nu} X^\nu Y^\rho = [X, Y]^\mu.$$

Thm (Fundamental thm of Riemannian Geometry): Given a (pseudo) Riemannian mfd (M, g)

\exists unique torsion-free connection ∇ s.t. $\nabla g = 0$ (called the Levi-Civita connection).

Proof X, Y, Z v. fields

$$X(g(Y, Z)) = \nabla_X(g(Y, Z)) = g(\nabla_X Y, Z) + g(Y, \nabla_X Z)$$

def of X (func), $\nabla_X g = 0$ and Leibniz rule.

~~$Y(g(Z, X))$~~

$$Y(g(Z, X)) = g(\nabla_Y Z, X) + g(Z, \nabla_Y X) \quad Z(\dots) = \dots$$

$$(1) + (2) - (3): \quad X(\dots) + Y(\dots) - Z(\dots) = g(\nabla_X Y + \nabla_Y X, Z) - g(\nabla_Z X - \nabla_X Z, Y) \\ + g(\nabla_Y Z - \nabla_Z Y, X) = 2g(\nabla_X Y, Z) - g([X, Y], Z) - g([Z, X], Y) + g([Y, Z], X)$$

Thus uniquely determines $\nabla_X Y$ (as g invertible)

by Lemma above

$$g(\nabla_X Y, Z) = \frac{1}{2} (\text{LHS} + g(\dots) + g(\dots) - g(\dots)) \quad \square$$

In coord basis $e_\mu = \frac{\partial}{\partial x^\mu}$, $[e_\mu, e_\nu] = 0$

$$g(\nabla_\rho e_\nu, e_\sigma) = \frac{1}{2} (e_\rho(g_{\nu\sigma}) + e_\nu(g_{\sigma\rho}) - e_\sigma(g_{\rho\nu}))$$

$$\text{LHS} = g(\Gamma^\tau_{\nu\rho} e_\tau, e_\sigma) = \Gamma^\tau_{\nu\rho} g(e_\tau, e_\sigma) = \Gamma^\tau_{\nu\rho} g_{\tau\sigma}$$

$$\text{Contract with } g^{\mu\sigma}: \quad g_{\tau\sigma} g^{\mu\sigma} = \delta_\tau^\mu$$

$$\Rightarrow \Gamma^\mu_{\nu\rho} = \frac{1}{2} g^{\mu\sigma} (g_{\sigma\nu, \rho} + g_{\sigma\rho, \nu} - g_{\nu\rho, \sigma})$$

Same Christoffel symbols as geodesic eqns.

$$d^2_{\tau^2} X^\mu + \Gamma^\mu_{\rho\nu} \dot{X}^\nu \dot{X}^\rho = 0$$

$$d^2_{\tau^2} X^\mu = d_\tau X^\mu(X(\tau)) = d_\tau X^\nu \frac{\partial X^\mu}{\partial x^\nu} = X^\nu X^\mu_{,\nu}$$

$$\text{so } X^\nu (X^\mu_{,\nu} + \Gamma^\mu_{\nu\rho} X^\rho) = 0 \quad \Rightarrow \quad \nabla_X X = 0$$