Name: Alec Day Total Points: 100

What did I do to prepare for class this week? 5

This week I studied the material in the prep module about synergy

What topics were studied this week, and what are their definitions? 5

This week's topic was synergy. It describes what groups need in order to function in a certain manner

Where did you put your assignments in GitHub? 5

I put my assignments for this week in the Reflections repository.

Why is this week's topic important? 5

This week’s topic is essential because, without synergy, we wouldn’t be able to have a developing society. Nothing would ever get done, we would all be doing bad stuff to each other

What is the most significant takeaway you have gained from your study this week? 10

The most significant takeaway was understanding how I lead, and what I can do to lead better.

How would you explain this week's topics to a person, not in this class? 10

I would explain to them that in order to live a successful and happy life, one needs to understand synergy. By doing so, you will be able to be more effective in your groups.

Write a SMART goal for next week. 10

I want to learn more about 3 different synergy principles.

What would you do differently next week? 10

I want to study the topic before class better to be more prepared for the class period.

Why is this week's topic important for teamwork? 20

This is important to teamwork because if we are not aware of how we communicate, we wouldn’t be able to work effectively in our groups. The team wouldn’t be able to function, because we would all be conflicting with each other.

How would you relate this week’s topic to the gospel if this was a religion class? 20

I would relate roles and ethics to the commandments. They are in place to keep us from harm's way, but also to live a good life. It is also God’s synergy to us.