

Virtual Private Networks

What are they?



Disclaimer

- All material presented is not representative of my employer or any other party
- All thoughts, ideas, and opinions are my own unless otherwise stated



Overview

- Bio
- What is a VPN
- How to choose a commercial VPN
- How to deploy your own VPN
- Summary
- Questions

Who am I?

- Jacen Kohler
- Education:
 - UNT alumni, BS in Computer Engineering
 - SrDesign Capstone: NASA IPv6 DHCP in Space
- Career:
 - Goldman Sachs: Summer Intern & FTE Cyber Security Analyst
 - Big4 Consulting: Sr Cyber Security Consultant
 - Critical Mfg: Vulnerability Management Program Lead
- Community:
 - BSides DFW
 - Dallas Hackers Association
 - SouthWest CCDC Red Team Lead

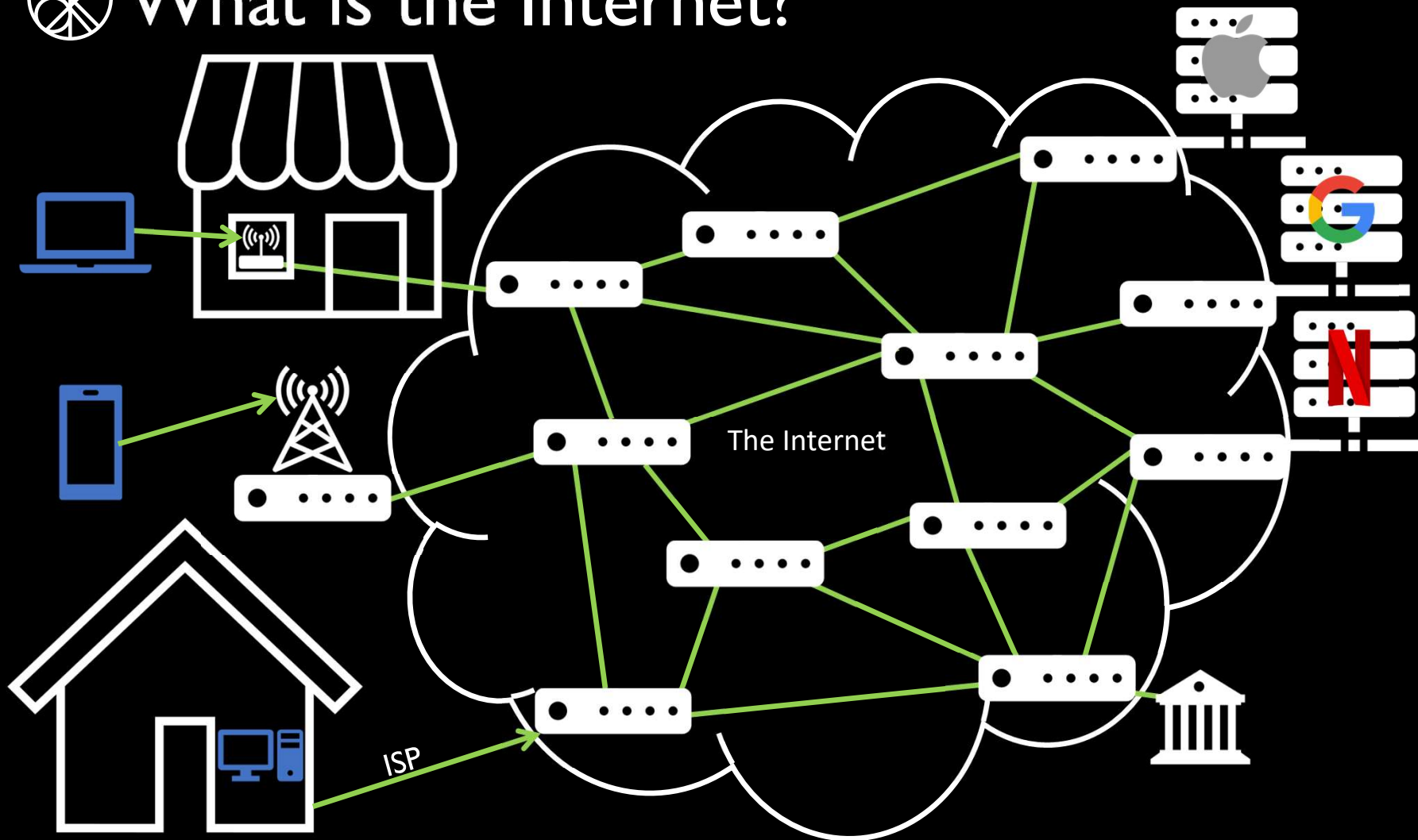
What is a VPN

- Virtual Private Network
 - “virtual point-to-point connection through the use of tunneling protocols over existing networks” – Wikipedia
 - “Allows you to access the public internet via a secure and private network connection.” – Microsoft
 - A way to access devices and networks from another network or location
 - How does a VPN work?

How Does the Internet Work?

- What is the internet?
- Open Systems Interconnection model (OSI model)
- Postal example

⊗ What is the Internet?



How Does the Internet Work?

- Open Systems Interconnection model (OSI model)
 1. Physical: start and end nodes are known/detectable for a given step
 2. Data Link: start and end nodes are known/detectable for a given step
 3. Network: source and destination IP addresses are known for entire trip
 4. Transport: source and destination ports are known for entire trip
 5. Session: used for creating a single communication “conversation”
 6. Presentation: protocol conversion and data compression
 7. Application: contains content, often encrypted via HTTPS

Layer		Protocol data unit (PDU)	Function ^[27]
Host layers	7 Application	Data	High-level protocols such as for resource sharing or remote file access, e.g. HTTP.
	6 Presentation		Translation of data between a networking service and an application; including character encoding, data compression and encryption/decryption
	5 Session		Managing communication sessions, i.e., continuous exchange of information in the form of multiple back-and-forth transmissions between two nodes
	4 Transport	Segment, Datagram	Reliable transmission of data segments between points on a network, including segmentation, acknowledgement and multiplexing
Media layers	3 Network	Packet	Structuring and managing a multi-node network, including addressing, routing and traffic control
	2 Data link	Frame	Transmission of data frames between two nodes connected by a physical layer
	1 Physical	Bit, Symbol	Transmission and reception of raw bit streams over a physical medium

Postal Mail Example

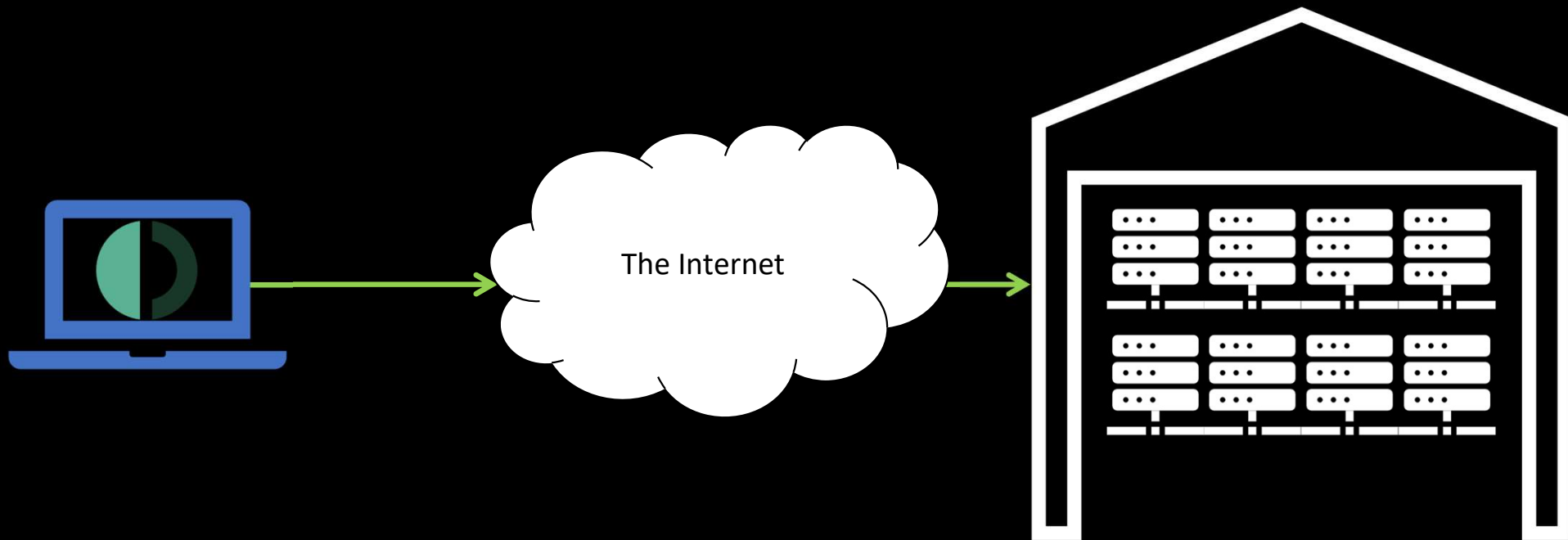
- Open Systems Interconnection model (OSI model)
 1. Physical: Road between two USPS facilities
 2. Data Link: Address of two USPS facilities
 3. Network: Addresses for source and destination of mail
 4. Transport: Unit number for source and destination of mail
 5. Session: Similar to the stamp in that it is single use for this piece of mail
 6. Presentation: The envelope itself, can be nested in other envelopes
 7. Application: Actual contents of envelope or parcel



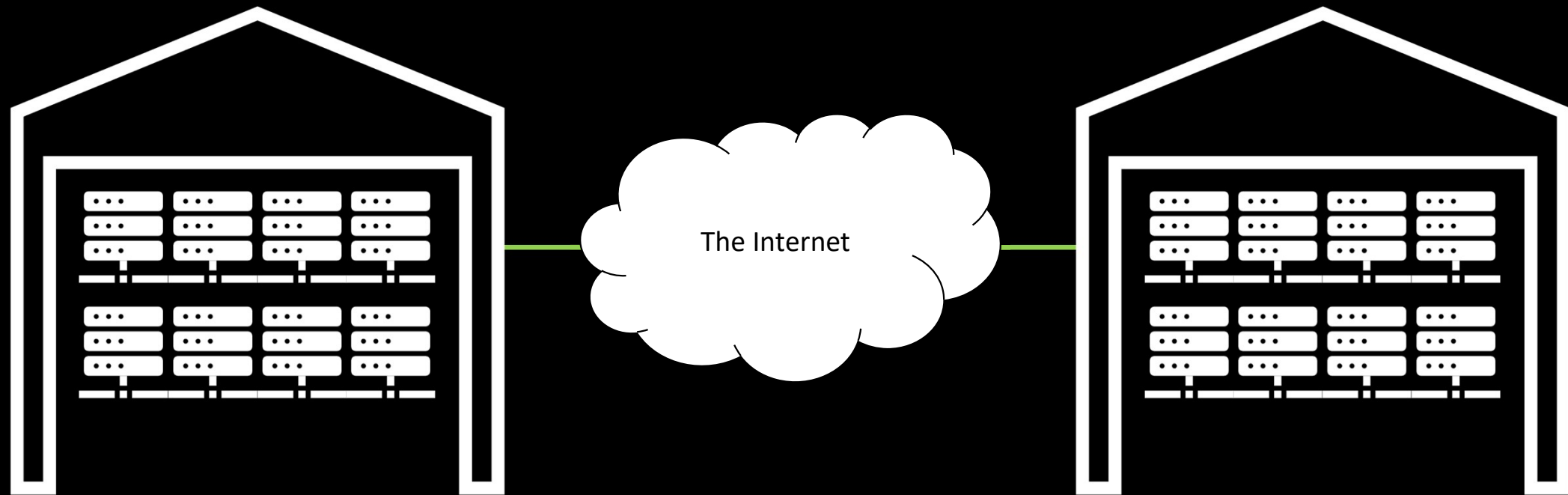
Types of VPNs

- Remote Access
- Site to Site
- Extranet
- TOR

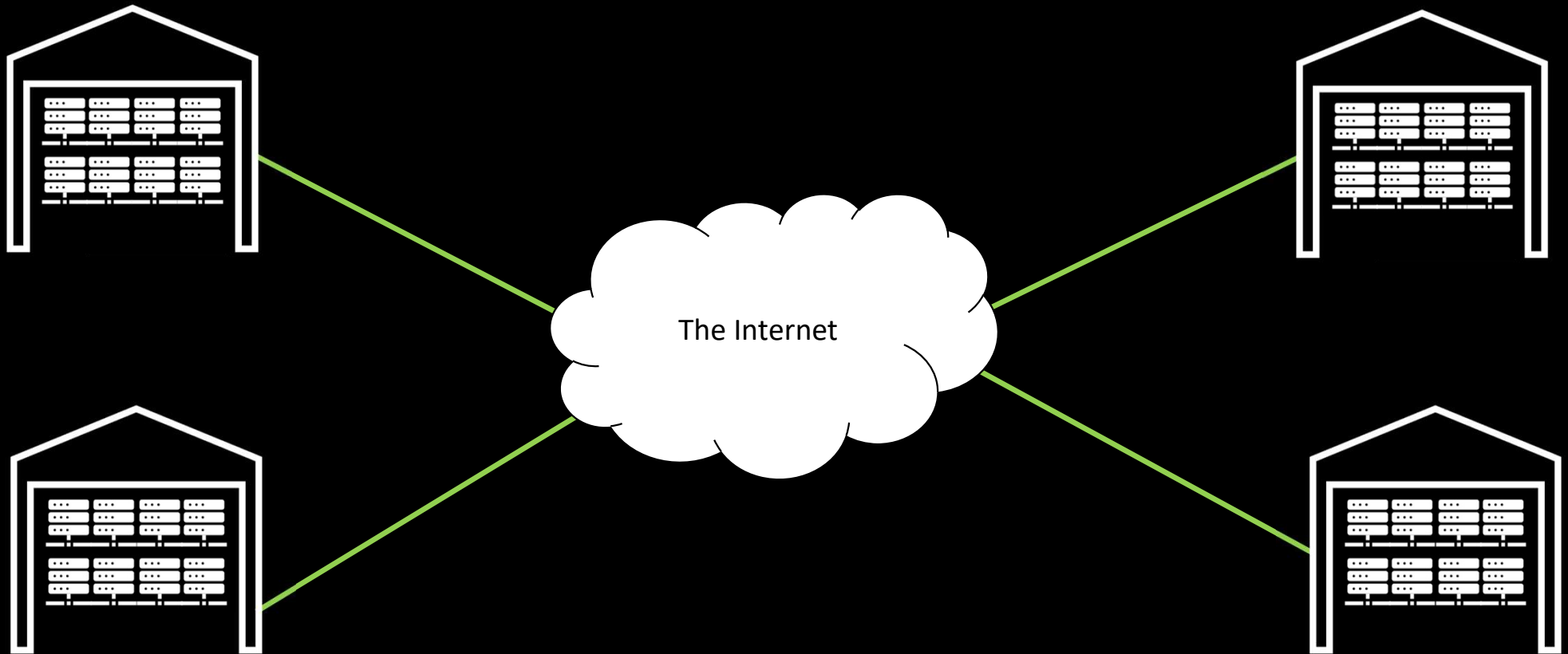
Remote Access

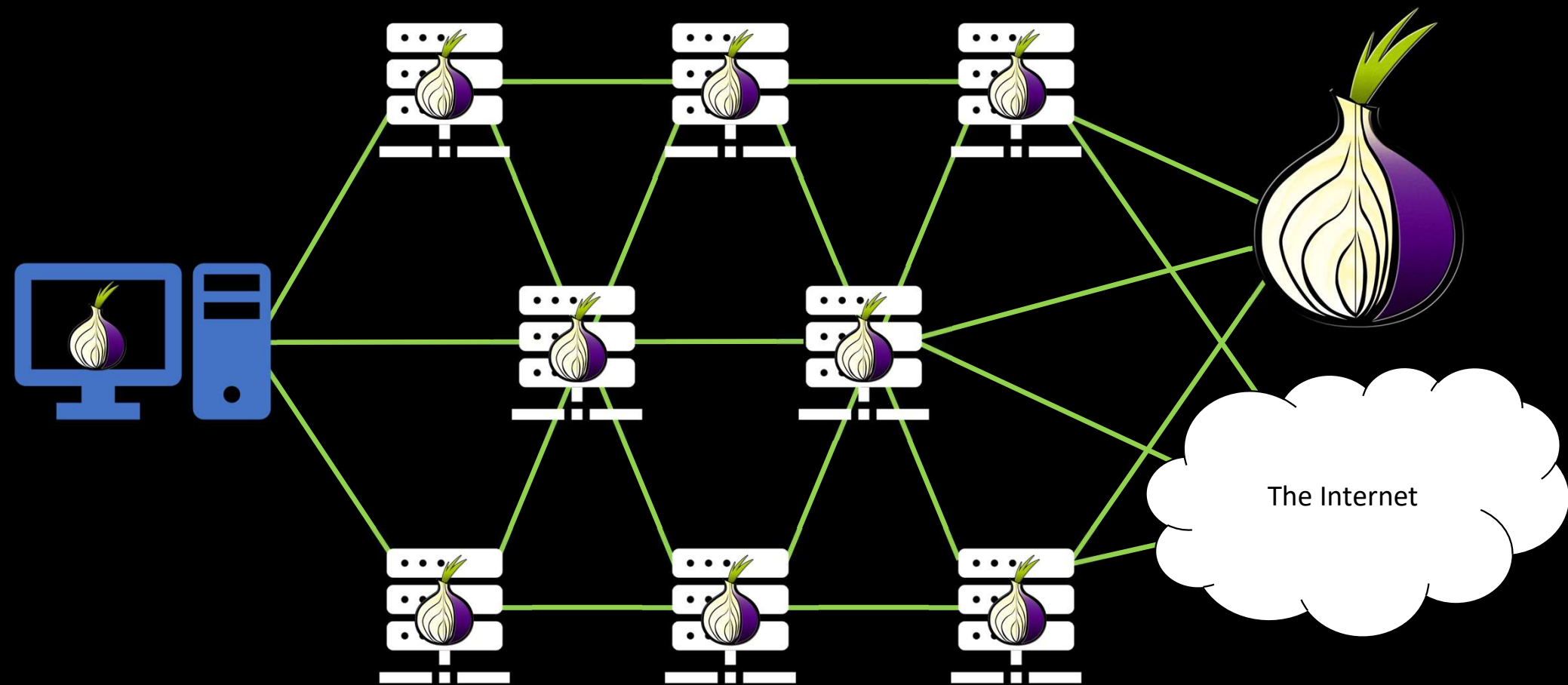


Remote Access



Extranet





What a VPN is not?

- What a VPN MIGHT be
 - Encrypted
 - Hides destination from those who can intercept traffic
- What a VPN is not?
 - SSL/TLS
 - Encrypted (potentially)



Threat Modeling

- Questions to ask yourself:
 - Why are you interested in a VPN?
 - Hide you location
 - Protect your identity
 - What are you attempting to protect yourself from?
 - Advertisers and marketers
 - Internet Service Providers (ISP) snooping
 - Who are you wanting to prevent from seeing your traffic destination?
 - ISP
 - Destination website/services
 - What other ways can these entities collect information about you?
 - Overly broad app permissions on phones
 - User submitted information



What to look for in a commercial VPN

- What jurisdiction (geography) are they located in?
 - Five Eyes: US, UK, Canada, New Zealand, Australia
 - Nine Eyes: Five Eyes, Denmark, France, the Netherlands, and Norway.
 - Fourteen Eyes: Nine Eyes, Germany, Belgium, Italy, Sweden, and Spain.
- Have they been audited?
- Do they log your traffic?
- What is their payment method?

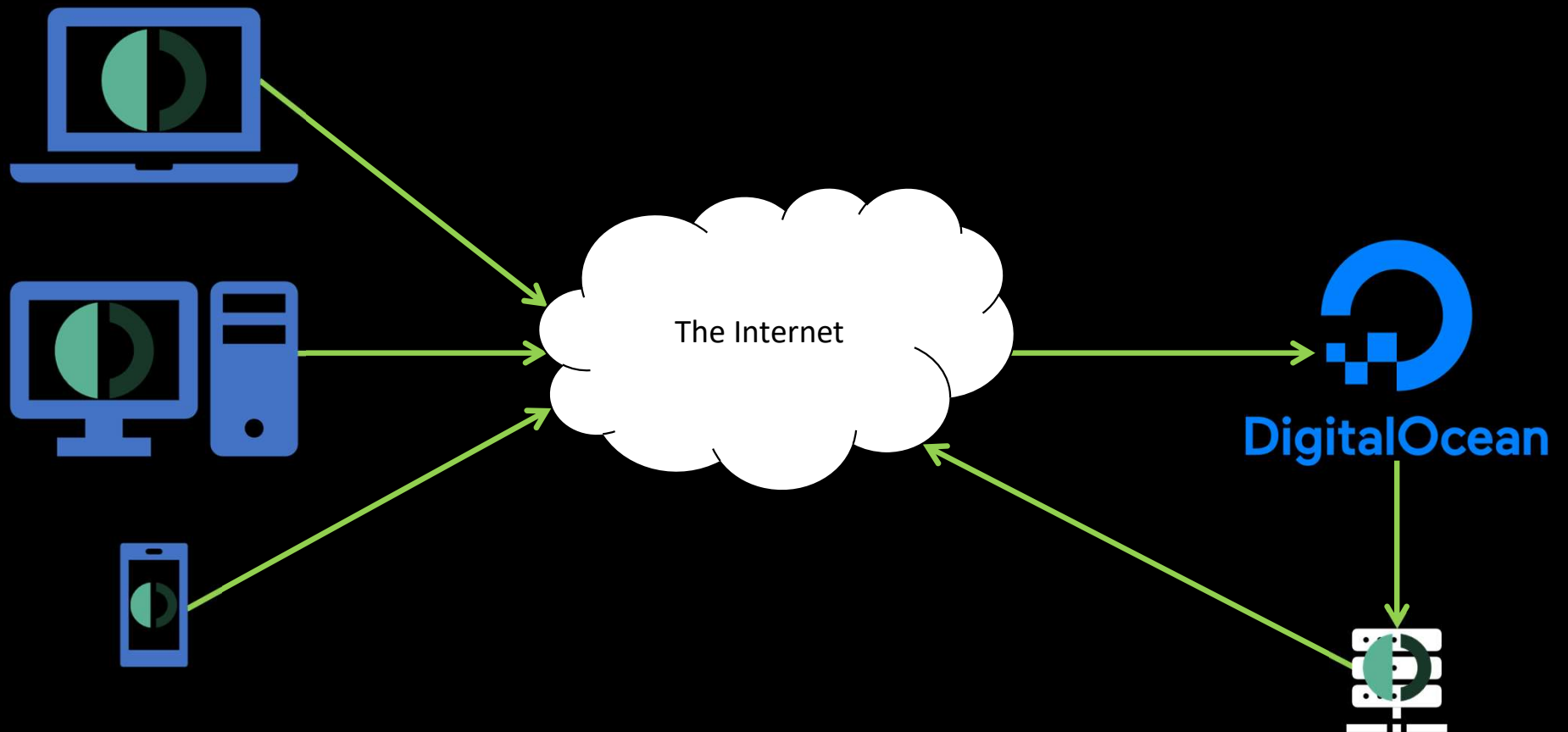
How to deploy your own VPN

- Deploy Outline to a Digital Ocean Droplet
- Deploy OpenVPN to a home router

How to deploy Outline to a Droplet

- What is Outline?
 - Simple VPN using shadowsocks
 - Part of Google's incubator Jigsaw
 - Uses technology to address geopolitical issues
 - Independently audited most recently in 2022-Dec
 - Open source
- What is Digital Ocean?
 - Cloud service provider
 - Historically friendly to hosting VPNs
- What does this method achieve?
 - Makes your traffic appear to originate from the cloud service provider
 - Does not make you invisible

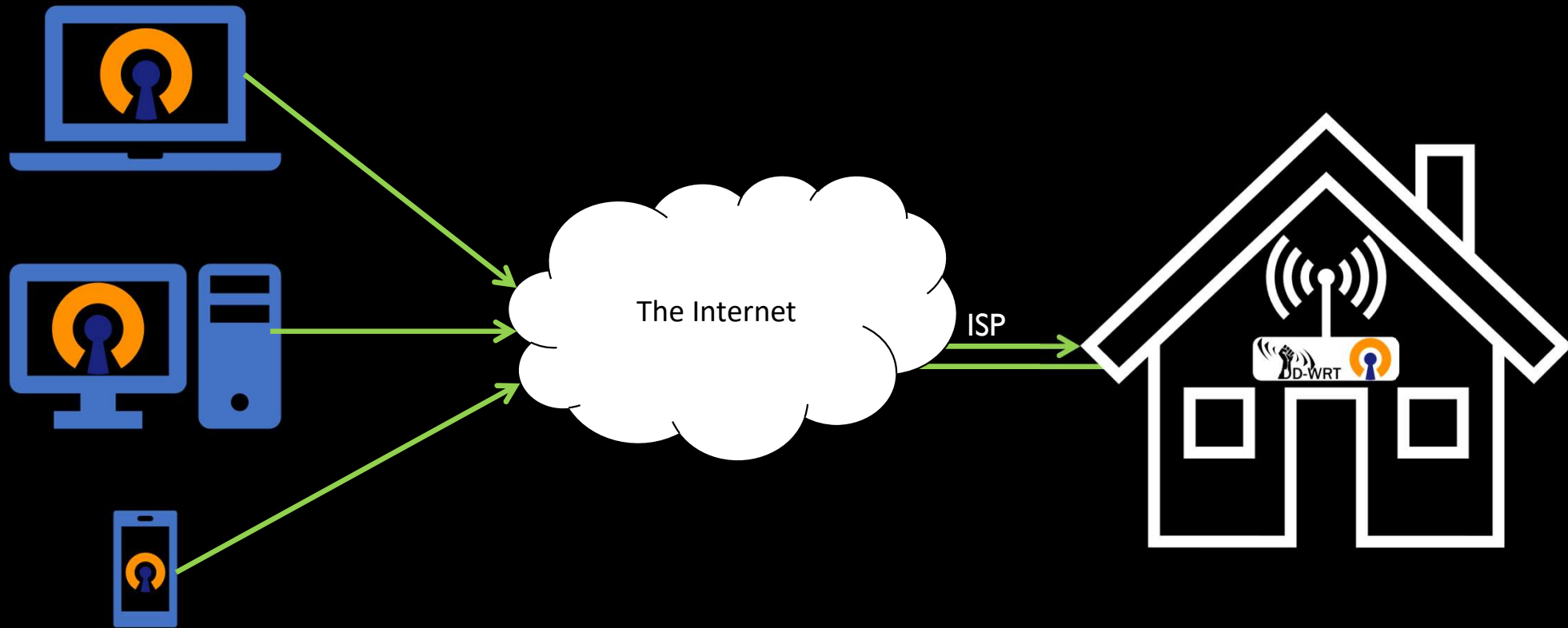
What We are Building



How to deploy OpenVPN to a Router

- What is OpenVPN?
 - Open Source VPN software using OpenSSL
- Does it need to be a router?
 - Could be a server
 - Still requires router configuration
- What does this method achieve?
 - Allows you to access devices in your home network
 - Printers
 - File servers
 - Smart Home devices

⊗ What We are Building





Summary

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Questions

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