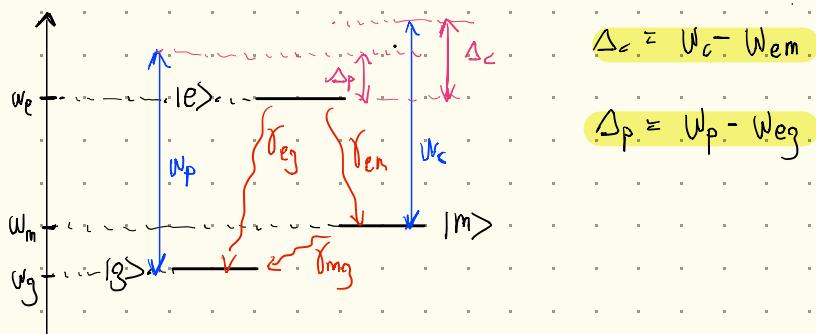


# HARD THEORY



$$\text{The interaction is } \hat{V} = -\vec{J} \cdot \vec{E}(r, t)$$

In the EDA we neglect the spatial dependence of  $\vec{E}$ , so

$$V_{ab} = \langle a | \vec{V} | b \rangle = - \vec{J}_{ab} \cdot \vec{E}(t) \quad \vec{J}_{ab} = \langle a | \vec{J} | b \rangle$$

Notice that  $|g\rangle, |m\rangle$  have the same  $F$  and therefore the same parity, so  $\vec{J}_{gm} = 0$  (as  $\vec{J}$  is odd).

Also

$$\vec{J}_{ab} = \int \langle a | \vec{q} | b \rangle = \left( \int \langle b | \vec{q}^T | a \rangle \right)^* = (\vec{J}_{ba})^*$$

In our case  $\vec{E} = \frac{i}{\epsilon} [\vec{\epsilon}_p \vec{E}_p e^{-i\omega_p t} + \vec{\epsilon}_e \vec{E}_e e^{-i\omega_e t} + cc]$

$$\text{Considering } |\psi\rangle = C_g(t)|g\rangle + C_e(t)|e\rangle + C_m(t)|m\rangle$$

Plugging in  $|\psi\rangle = (H_0 + \vec{V})|\psi\rangle$  into the states get:

$$\text{in } C_g = \hbar \omega_g C_g(t) + V_{ge} C_e + V_{gm} C_m$$

$$\text{in } C_m = \hbar \omega_m C_m(t) + V_{mg} C_g + V_{me} C_e$$

$$\text{in } C_e = \hbar \omega_e C_e(t) + V_{em} C_m + V_{eg} C_g$$

$$\text{with } W_e = W_{eg}, \quad W_m = W_{eg} - W_{em}$$

$\vec{J}_{go}$  in the interaction picture is

$$\vec{J}_g \approx C_g$$

$$C_m \approx e^{-i(W_p - \omega_p)t} C_m$$

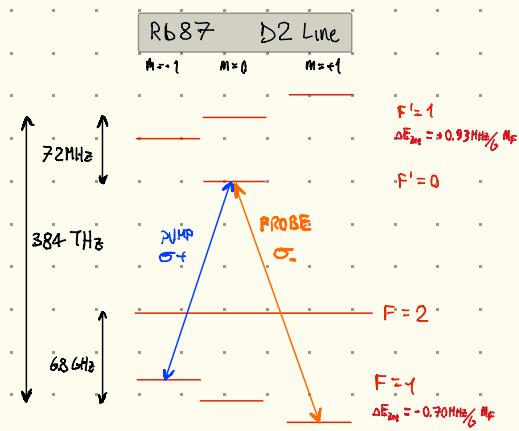
$$C_e \approx e^{-i\omega_p t} C_e$$

## 'False' Three level system

We have population leakage in other levels, this can severely reduce visibility of the [levels] for feature, but it also reduces the linewidth of the feature itself.

Precise values are unclear

Our System Rb87 D2 Line  $F=1 \rightarrow F'=0$



## Cell

We have a cell with Rb87 in natural abundance and 10 Torr of Ne as buffer gas.

Our cell is 7.5 cm long and has  $N=400$  coils wound around it

$$B = \mu_0 \frac{N}{l} I \quad \mu_0 = 1.25664 \cdot 10^{-6} \text{ N/A}^2$$

$$l = 10^{-2} \frac{\text{m}}{\text{A}^2}$$

$$\Rightarrow B[\text{T}] \approx 6,70208 \cdot I[\text{A}]$$

$$\text{So } W_{eg} - W_{em} = 9.38291 \text{ MHz} \cdot I[\text{A}]$$

$$\Rightarrow 4,69146 \text{ MHz} \cdot I[\text{A}] = C_{\text{sec}}$$

NB If you are not sure which beam is  $\sigma_+$  and which  $\sigma_-$  try everything involving also the direction of the current, and hence of  $\vec{B}$ .

## ACMs

My ACMs, when looking to  $f_c$  with the laser, give me

$$f_p = f_c \pm 2 \cdot \Delta f_p \quad f_c = f_c \pm 2 \cdot \Delta f_c$$

If it's "+", then  $\vec{J}$  have  $S=0$  when

$$\Delta f_p - f_c = W_{eg} - W_{em} \Rightarrow 2 \Delta f_p - 2 \Delta f_c = \Delta W_{mg}$$

$$\Rightarrow \Delta f_p = \Delta f_c + \frac{1}{2} \Delta W_{mg}$$

$$\begin{aligned} \dot{\vec{j}}_g &= -\frac{i}{4} \vec{d}_{ge} \cdot \frac{1}{2} \left( \hat{\vec{E}}_p \vec{E}_p e^{-i w_p t} + c.c. \right) \cdot \left( \vec{e}^{i w_p t} \vec{d}_e \right) \\ \Rightarrow \dot{\vec{j}}_g &= -\frac{i}{4} \vec{d}_{ge} \cdot \frac{1}{2} \hat{\vec{E}}_p^* \vec{E}_p^* \vec{d}_e \\ (i \dot{\vec{j}}_m + (w_p - w_e) \vec{d}_m) \vec{e}^{i(w_p - w_e)t} &= \\ &= (N_{eg} - N_{em}) \vec{d}_m \vec{e}^{-i(w_p - w_e)t} - \frac{i}{4} \vec{d}_{ge} \cdot \frac{1}{2} \left( \hat{\vec{E}}_c \vec{E}_c e^{-i w_c t} + c.c. \right) \cdot \left( \vec{e}^{-i w_c t} \vec{d}_e \right) \\ \Rightarrow i \dot{\vec{j}}_n &= (\Delta_c - \Delta_p) \vec{d}_m - \frac{i}{4} \vec{d}_{ge} \cdot \frac{1}{2} \hat{\vec{E}}_c^* \vec{E}_c^* \vec{d}_e \\ (i \dot{\vec{j}}_e + w_p \vec{d}_e) \vec{e}^{-i w_p t} &= w_{eg} \vec{d}_e \vec{e}^{-i w_p t} \\ &\quad - \frac{i}{4} \vec{d}_{eg} \cdot \frac{1}{2} \left( \hat{\vec{E}}_p \vec{E}_p e^{-i w_p t} + c.c. \right) \vec{d}_g \\ &\quad - \frac{i}{4} \vec{d}_{en} \cdot \frac{1}{2} \left( \hat{\vec{E}}_c \vec{E}_c e^{-i w_c t} + c.c. \right) \vec{d}_m \vec{e}^{-i(w_p - w_c)t} \\ \Rightarrow i \dot{\vec{j}}_e &= -\Delta_p \vec{d}_e - \frac{i}{4} \vec{d}_{eg} \cdot \frac{1}{2} \hat{\vec{E}}_p \vec{E}_p \vec{d}_g - \frac{i}{4} \vec{d}_{en} \cdot \frac{1}{2} \hat{\vec{E}}_c \vec{E}_c \vec{d}_m. \end{aligned}$$

I call  $\frac{\vec{d}_{eg} \cdot \hat{\vec{E}}_p \vec{E}_p}{\hbar} = S_{ep}$   $\frac{\vec{d}_{en} \cdot \hat{\vec{E}}_c \vec{E}_c}{\hbar} = S_{ec}$

So I have

$$\boxed{\begin{aligned} \dot{\vec{j}}_g &= i \frac{S_{ep}}{2} \vec{d}_e \\ \dot{\vec{j}}_n &= i(\Delta_p - \Delta_c) \vec{d}_m + i \frac{S_{ec}}{2} \vec{d}_e \\ \dot{\vec{j}}_e &= +i S_{ep} \vec{d}_e + i \frac{S_{ep}}{2} \vec{d}_g + i \frac{S_{ec}}{2} \vec{d}_m \end{aligned}}$$

! Interaction picture breaks if there is no phase coherence between pump and probe  $e^{-i(w_p t + \phi_p(t))}, e^{-i(w_c t + \phi_c(t))}$

I get  $\begin{pmatrix} \dot{\vec{j}}_g \\ \dot{\vec{j}}_n \\ \dot{\vec{j}}_e \end{pmatrix} = -\frac{i}{4} \tilde{H} \begin{pmatrix} \dot{\vec{j}}_g \\ \dot{\vec{j}}_m \\ \dot{\vec{d}}_e \end{pmatrix} \Rightarrow \tilde{H} = \frac{i}{4} \begin{pmatrix} 0 & 0 & -S_{ep}/2 \\ 0 & (\Delta_p - \Delta_c) - S_{ec}/2 & 0 \\ -S_{ep}/2 & 0 & -\Delta_p \end{pmatrix}$

Going now to density matrix, in the interaction picture

$\dot{\rho}_I = -i [\tilde{H}, \rho_I]$ ,  $\tilde{H}$  being the Hamiltonian just found

$$\dot{\rho}_{gg} = i \left( \frac{S_{ep}}{2} \rho_{ge} - \rho_{ge} \frac{S_{ep}}{2} \right)$$

$$\dot{\rho}_{ee} = i \left( \frac{S_{ep}}{2} \rho_{ge} + \frac{S_{ec}}{2} \rho_{me} + \Delta_p \rho_{ee} - \rho_{ee} \Delta_p - \rho_{ge} \frac{S_{ep}}{2} - \rho_{me} \frac{S_{ec}}{2} \right)$$

$$\dot{\rho}_{mm} = i \left( (\Delta_p - \Delta_c) \rho_{mm} + \frac{S_{ec}}{2} \rho_{me} - \rho_{mm} (\Delta_p - \Delta_c) - \rho_{me} \frac{S_{ec}}{2} \right)$$

$$\dot{\rho}_{gg} = i \left( \frac{S_{ep}}{2} \rho_{gg} + \frac{S_{ec}}{2} \rho_{mg} + \Delta_p \rho_{gg} - \rho_{gg} \Delta_p \right)$$

$$\dot{\rho}_{gm} = i \left( \frac{S_{ep}}{2} \rho_{gm} + \frac{S_{ec}}{2} \rho_{mm} + \Delta_p \rho_{gm} - \rho_{gm} (\Delta_p - \Delta_c) - \rho_{gg} \frac{S_{ec}}{2} \right)$$

$$\dot{\rho}_{gm} = i \left( \frac{S_{ep}}{2} \rho_{gm} - \rho_{gm} (\Delta_p - \Delta_c) - \rho_{ge} \frac{S_{ep}}{2} \right)$$

So we would have  $\Delta_f \approx \Delta_f + 4.69 \text{ MHz} \cdot I [A]$

If I call  $F = f_{F=0} - f_{F=1, M_F=0}$  then I have

$$\Delta_p = f_p - (F + C_{2ee} \cdot I) = f_p + 2\Delta f_p - F + C_{2ee} \cdot I$$

$$\Delta_c = f_c - (F - C_{2ee} \cdot I) = f_c + 2\Delta f_c - F + C_{2ee} \cdot I$$

$$\delta = \Delta_p - \Delta_c = 2\Delta f_p - 2\Delta f_c - 2C_{2ee} \cdot I = 2(\Delta f_p - \Delta f_c - C_{2ee} \cdot I)$$

If I call  $f_c - F = \Delta_c$  then  $\Delta_p = \Delta_c + 2\Delta f_p - C_{2ee} \cdot I$

$$\Delta_c = \Delta_c + 2\Delta f_c + C_{2ee} \cdot I$$

$$\delta = 2(\Delta f_p - \Delta f_c - C_{2ee} \cdot I)$$

## Field Intensities

We have  $\frac{|J_2|^2}{\Gamma^2} = \frac{I}{2I_{sat}} \Rightarrow |J_2| = \sqrt{\frac{I}{2I_{sat}}} \Gamma$

For Rb87 D2  $\Gamma \approx 6.0659 \text{ MHz}$   $I_{sat} \approx 1.65 \text{ mW/cm}^2$

For a Gaussian beam  $I = I_0 e^{-2 \frac{r^2}{W_0^2}}$   $I_0 = \frac{2P}{\pi W_0^2}$

So we get  $S_2 \approx \sqrt{\frac{I_0}{2I_{sat}}} \Gamma$

So considering the probe ( $W_0 = 1 \text{ mm}$ )  $S_{2p} \approx 26.6 \sqrt{P[\mu\text{W}]} \text{ MHz}$

For the pump ( $W_0 \approx 2.5 \text{ mm}$ )  $S_{2c} \approx 10.6 \sqrt{P[\mu\text{W}]} \text{ MHz}$

Alternatively  $S_{2p} = 0.842 \sqrt{P[\mu\text{W}]} \text{ MHz}$

$$S_{2c} = 0.337 \sqrt{P[\mu\text{W}]} \text{ MHz}$$

NB] call  $\delta = \Delta_p - \Delta_c$

$$\tilde{p}_{gg} = -i \frac{\omega_p}{2} p_{ge} + i \frac{\omega_p}{2} p_{eg} + \tilde{\Gamma}_{eg} \tilde{p}_{ee}$$

$$\tilde{p}_{mm} = -i \frac{\omega_c}{2} p_{me} + i \frac{\omega_c}{2} p_{em} + \tilde{\Gamma}_{em} \tilde{p}_{ee}$$

$$\tilde{p}_{ee} = -\tilde{p}_{gg} - \tilde{p}_{mm}$$

$$\tilde{p}_{mg} = -i(\Delta_c - \Delta_p) \tilde{p}_{mg} - i \frac{\omega_p}{2} p_{me} + i \frac{\omega_c}{2} p_{eg} - \tilde{\Gamma}_{mg} \tilde{p}_{mg}$$

$$\tilde{p}_{eg} = -i \frac{\omega_p}{2} (\tilde{p}_{ee} - \tilde{p}_{gg}) + i \Delta_p \tilde{p}_{eg} + i \frac{\omega_c}{2} \tilde{p}_{mg} - \tilde{\Gamma}_{eg} \tilde{p}_{eg}$$

$$\tilde{p}_{cm} = -i \frac{\omega_c}{2} (\tilde{p}_{ee} - \tilde{p}_{mm}) + i \Delta_c \tilde{p}_{cm} + i \frac{\omega_p}{2} \tilde{p}_{gm} - \tilde{\Gamma}_{cm} \tilde{p}_{cm}$$

where  $\tilde{\Gamma}_{mg}$ ,  $\tilde{\Gamma}_{eg}$ ,  $\tilde{\Gamma}_{cm}$  are the decoherence rates

2-photon  $\rightarrow$  1-photon

If  $\omega_p \ll \omega_c$ , keeping only linear terms in  $\omega_p$ , we get

$$\tilde{p}_{gg} = 1, \quad \tilde{p}_{ee} = \tilde{p}_{mm} = \tilde{p}_{mg} = 0$$

$$\Rightarrow 0 = i \frac{\omega_p}{2} + i \frac{\omega_c}{2} \tilde{p}_{mg} - (\tilde{\Gamma}_{eg} - i \Delta_p) \tilde{p}_{eg}$$

$$0 = -(\tilde{\Gamma}_{mg} - i \delta) \tilde{p}_{mg} + i \frac{\omega_c}{2} \tilde{p}_{eg}$$

$$\Rightarrow \begin{pmatrix} \tilde{\Gamma}_{eg} & -i \frac{\omega_c}{2} \\ -i \frac{\omega_c}{2} & \tilde{\Gamma}_{mg} \end{pmatrix} \begin{pmatrix} \tilde{p}_{eg} \\ \tilde{p}_{mg} \end{pmatrix} = \begin{pmatrix} i \frac{\omega_p}{2} \\ 0 \end{pmatrix}$$

$$A^{-1} = \frac{1}{\tilde{\Gamma}_{eg} \tilde{\Gamma}_{mg} + \frac{1}{4} \omega_c^2} \begin{pmatrix} \tilde{\Gamma}_{mg} & i \frac{\omega_c}{2} \\ i \frac{\omega_c}{2} & \tilde{\Gamma}_{eg} \end{pmatrix}$$

$$\Rightarrow \begin{pmatrix} \tilde{p}_{eg} \\ \tilde{p}_{mg} \end{pmatrix} = \frac{1}{\tilde{\Gamma}_{eg} \tilde{\Gamma}_{mg} + \frac{1}{4} \omega_c^2} \begin{pmatrix} \tilde{\Gamma}_{mg} & i \frac{\omega_c}{2} \\ i \frac{\omega_c}{2} & \tilde{\Gamma}_{eg} \end{pmatrix} \begin{pmatrix} i \frac{\omega_p}{2} \\ 0 \end{pmatrix}$$

$$\Rightarrow \tilde{p}_{eg} = \frac{i}{2} \frac{\omega_p \tilde{\Gamma}_{mg}}{\tilde{\Gamma}_{eg} \tilde{\Gamma}_{mg} + \frac{1}{4} \omega_c^2}$$

Inverse of 2x2 Matrix

If  $A = \begin{pmatrix} a & b \\ c & d \end{pmatrix}$  then

$$A^{-1} = \frac{1}{ad - bc} \begin{pmatrix} d & -b \\ -c & a \end{pmatrix}$$

Note:  $A^{-1}$  exists only when  $ad - bc \neq 0$

## Decoherence

1-photon

Doppler

$$f(z) \propto \exp\left(-\frac{m v_z^2}{2 k_B T}\right) \Rightarrow w_0 = w_0 - k_B T \Rightarrow \exp\left(-\frac{(w_0 - k_B T)^2}{2 \frac{k_B T}{m} z^2}\right)$$

$$\Rightarrow \Delta f_{Dop} \approx \frac{\sqrt{\frac{k_B T}{m}}}{\lambda} \approx 220 \text{ MHz} \quad \sqrt{\frac{k_B T}{m}} \approx 170 \text{ m/s} \quad \lambda \approx 780 \text{ nm}$$

1-Dop

$$\Delta f_{Dop} \approx 2\pi \frac{D}{\lambda^2}, \quad D = \frac{760}{P_{\text{RF}}[\text{kHz}]} \lambda$$

$$\text{for } D_0 \approx 4 \cdot 10^{-5} \text{ m}^2/\text{s} \quad P_{\text{RF}} = 10 \text{ Torr}, \quad \lambda = 780 \text{ nm}$$

$$\Rightarrow \Delta f_{Dop} \approx 3 \cdot 6 \cdot 10^4 \text{ MHz}$$

## Probe Transit Time

I consider the transit length as  $w_p/2$

For Doppler

$$P(V_1) = \frac{m V_1}{k_B T} \exp\left(-\frac{m V_1^2}{2 k_B T}\right)$$

$$\Rightarrow \bar{V}_1 = \frac{m}{k_B T} \int_0^{+\infty} dv v^2 \exp\left(-\frac{m v^2}{2 k_B T}\right) = \left[ y = \sqrt{\frac{m}{2 k_B T}} v \right] = \frac{m}{k_B T} \left( \frac{2 k_B T}{m} \right)^{1/2} \int_0^{+\infty} dy y^2 e^{-y^2}$$

$$Using \int_0^{+\infty} dy y^2 e^{-y^2} = \left[ -\frac{1}{2} e^{-y^2} \cdot y \right]_0^{+\infty} - \int_0^{+\infty} \left( -\frac{1}{2} e^{-y^2} \right) \cdot 1 = \frac{\sqrt{\pi}}{4}$$

$$\Rightarrow \bar{V}_1 = \sqrt{\frac{\pi}{2} \frac{k_B T}{m}} \Rightarrow \Delta f_{Dop} \approx \frac{\bar{V}_1}{w_p/2} \approx 4.3 \cdot 10^4 \text{ MHz}$$

For diffusion, the 2D probability distribution evolves as

$$p(r,t) \propto \exp\left(-\frac{r^2}{2(2\Delta t)}\right) \Rightarrow 2D T_{\text{diff}} \approx \left(\frac{w_p}{2}\right)^2$$

$$\Rightarrow \frac{1}{T_{\text{diff}}} \approx \frac{D}{\left(\frac{w_p}{2}\right)^2}$$

so I get a  $\frac{1}{2}$  in front of the characteristic length compared to the 1D case

$$\Rightarrow \Delta f_{Dop} \approx 2\pi \frac{D}{\left(\frac{1}{2} \frac{w_p}{2}\right)^2} \approx 1.7 \cdot 10^4 \text{ MHz}$$

## Collisions

I have  $\Delta f_{coll} \approx P[\text{Ion}] \cdot 10 \text{ MHz} \approx 100 \text{ Hz}$

## TOTAL

$$\tilde{\gamma}_{13} \approx \underbrace{\Gamma_{\text{coll}}}_{311 \text{ Hz}} + \underbrace{\Gamma_{\text{coll}}}_{10 \text{ MHz}} + \underbrace{\Gamma_{\text{diss}}}_{220 \text{ MHz}} + \underbrace{\Gamma_{\text{diss}}}_{0.01 \text{ MHz}} \approx 323 \text{ MHz}$$

## 2-photon

First I need to compute the effective wavelength

$$\lambda_{2p} = \frac{2\pi}{|\vec{k}_p - \vec{k}_c|}, \quad k = \frac{2\pi}{\lambda} = \frac{2\pi}{c} = \frac{2\pi}{c}$$

$$|\vec{k}_p - \vec{k}_c| = \sqrt{k_p^2 + k_c^2 - 2 k_p k_c \cos \theta} \approx \sqrt{k_p^2 + k_c^2 - 2 k_p k_c + k_p k_c \theta^2}$$

$$= \frac{2\pi}{c} \sqrt{(f_p - f_c)^2 - 2 f_p f_c \theta^2}$$

# PHENOMENON THEORY

We are interested now in understanding how the medium interacts with light, in particular the probe. We need to find the induced dipole moment:

$$\langle \vec{d} \rangle_p = \text{Tr}(\vec{d} p) = \vec{d}_{ge} \rho_{eg} + \vec{d}_{me} \rho_{em} + \vec{d}_{eg} \rho_{ge} + \vec{d}_{em} \rho_{me}$$

$$= \vec{d}_{ge} \rho_{eg} + \vec{d}_{me} \rho_{em} + cc$$

But this is  $p$  not in the interaction picture, so calling it  $p'$

$$\rho_{eg} = c e C_g = e^{i w_p t} \alpha_e \vec{d}_g = e^{i w_p t} \rho_{eg}$$

$$\rho_{em} = e^{i w_t t} \alpha_e e^{i (w_p - w_t)t} \vec{d}_m = e^{i w_t t} \rho_{em}$$

So we get  $\vec{d} \rightarrow$  probe-induced dipole moment

$$\langle \vec{d} \rangle = \rho_{eg} e^{-i w_p t} \vec{d}_{ge} + \rho_{em} e^{-i w_t t} \vec{d}_{me} + cc$$

The probe-induced dipole moment, in term of polarizability, can also be written

$$\langle \vec{d} \rangle_{\text{probe}} = \alpha_p \left( \frac{1}{2} \hat{\epsilon}_p \vec{E}_p e^{-i w_p t} + cc \right)$$

$$\hat{\epsilon}_p^* \cdot \alpha_p \frac{1}{2} \hat{\epsilon}_p \vec{E}_p e^{-i w_p t} = \rho_{eg} \vec{d}_{ge} e^{-i w_p t} \cdot \hat{\epsilon}_p^*$$

$$\Rightarrow \alpha_p = \frac{2 \rho_{eg} \vec{d}_{ge} \cdot \hat{\epsilon}_p^*}{\hat{\epsilon}_p}$$

We now want to find the susceptibility  $\chi$

$$\vec{E} = \epsilon_0 \chi \vec{E}_{\text{ext}} \quad \vec{P}_{\text{st}} = \alpha_p \vec{E}_{\text{ext}}$$

For a charge distribution in spherical volume of radius  $R$  and dipole moment  $\vec{p}$ , the average field inside the sphere is

$$\vec{E}_{\text{st}} = -\frac{1}{4\pi\epsilon_0 R^3} \vec{P}_{\text{st}}$$

$$\text{So } \vec{E}_{\text{tot}} = \vec{E}_{\text{ext}} + \vec{E}_{\text{st}} = \vec{E}_{\text{ext}} - \frac{1}{4\pi\epsilon_0 R^3} \alpha_p \vec{E}_{\text{ext}} = \left(1 - \frac{\alpha_p}{4\pi\epsilon_0 R^3}\right) \vec{E}_{\text{ext}}$$

If one atom occupies volume  $\frac{4}{3}\pi R^3$  and we have a volume density  $n$  then

$$n = \frac{1}{V_{\text{tot}}} = \frac{3}{4\pi R^3} \Rightarrow \vec{E}_{\text{tot}} = \left(1 - \frac{\alpha_p n}{3\epsilon_0}\right) \vec{E}_{\text{ext}}$$

$$\text{We now have } \epsilon_0 \chi \vec{E}_{\text{tot}} = n \alpha_p \vec{E}_{\text{ext}} \Rightarrow \epsilon_0 \chi \left(1 - \frac{\alpha_p n}{3\epsilon_0}\right) = n \alpha_p$$

$$\Rightarrow \chi = \frac{3 n \alpha_p}{3\epsilon_0 - \alpha_p} \Rightarrow \chi = \frac{n \alpha_p}{1 - \frac{n \alpha_p}{3\epsilon_0}}$$

Notice that  $3\epsilon_0 \chi - \alpha_p \chi = 3n\alpha_p \Rightarrow \alpha_p (3n + \chi) = 3\epsilon_0 \chi \Rightarrow \alpha_p = \frac{\epsilon_0 \chi}{1 + \frac{\chi}{3n}}$

We have  $\alpha_p \approx f_c \approx 4 \cdot 10^{14} \text{ Hz}$ ,  $\Delta f \approx 10^7 \text{ Hz}$

So considering a 1mm misalignment in 10m  $\Rightarrow \theta \approx 10^{-4}$   
I still get

$$\Delta f^2 \approx 10^{14} \quad \Delta f_{\text{probe}}^2 \approx 10^{21}$$

I then approximate

$$\lambda_{\text{zp}} \approx \frac{c}{\sqrt{2 \rho_p \theta}} \cdot \frac{1}{\theta} = 5.5 \cdot 10^{-7} \frac{1}{\theta}, \text{ for } \theta \gtrsim 10^{-6}$$

## Motion

So I get  $\Delta f_{\text{zp}} \approx \frac{\sqrt{2} c}{\lambda_{\text{zp}}} \approx 3.1 \cdot 10^2 \text{ MHz}$

$$\Delta f_{\text{Duke}} \approx 2\pi \frac{\Delta}{\lambda_{\text{zp}}^2} \approx 6.3 \cdot 10^4 \text{ Hz}$$

## Collision

I have spin decoherence  $\gamma_{12} \approx 3 \text{ kHz}$

## TOTAL

Consider 5mm misalignment in 1m  $\Rightarrow \theta \approx 5 \cdot 10^{-3}$

$$\Rightarrow \Delta f_{\text{zp}} \approx 1.5 \text{ MHz} \quad \Delta f_{\text{Duke}} \approx 1.6 \text{ Hz}$$

$$\gamma_{12} \approx \underbrace{\gamma_{12}^{\text{coll}}}_{\approx 3 \text{ kHz}} + \underbrace{\gamma_{\text{magn}}}_{\approx 1.5 \text{ kHz}} + \underbrace{\gamma_{\text{intra}}}_{\approx 0.77 \text{ kHz}} \approx 1.7 \text{ kHz}$$

We now want to get the absorption  $\alpha$

$$e^{i(kx - \omega t)} = e^{i(n(x - \frac{w}{k}t))} = e^{i(n(x - vt))}$$

In free space  $\frac{w}{k} = c$ ,  $n = \frac{c}{v} \Rightarrow v = c/n \Rightarrow k = n \frac{2\pi}{\lambda_0}$

But  $n$  is complex in general, so  $e^{i(n(x - vt))} = e^{i(n'kx - \omega t)} e^{-n''kx}$   
 $\Rightarrow I = |\vec{E}|^2 = e^{-2n'' \frac{2\pi}{\lambda_0} x} = e^{-\alpha x}$

Moreover  $n = \sqrt{\epsilon_r \mu_r} = \sqrt{1 + \chi} = 1 + \frac{1}{2}(\chi' + i\chi'') \Rightarrow n'' = \frac{\chi''}{2}$

$$\Rightarrow \alpha = \frac{2\pi}{\lambda_0} \chi''$$

$$\Sigma_{eg} = \frac{\sigma_p \tilde{\Gamma}_{mg}}{\tilde{\Gamma}_{eg} \tilde{\Gamma}_{mg} + |D_c|^2/4} \quad \Sigma_p = \frac{d_{eg} \cdot \hat{E}_p E_p}{\hbar} \quad \Sigma_c = \frac{d_{eg} \cdot \hat{E}_c E_c}{\hbar}$$

$$\alpha_p = \frac{2 \Sigma_{eg} d_{eg} \cdot \hat{E}_p^*}{E_p} = \frac{2 \left( i \frac{\Sigma_p \tilde{\Gamma}_{mg}}{\tilde{\Gamma}_{eg} \tilde{\Gamma}_{mg} + |D_c|^2/4} \right) d_{eg} \cdot \hat{E}_p^*}{E_p}$$

$$= i \frac{|D_p|^2 \tilde{\Gamma}_{mg}}{|\tilde{E}_p|^2 (\tilde{\Gamma}_{eg} \tilde{\Gamma}_{mg} + |D_c|^2/4)} = \frac{i}{\hbar} \frac{|\tilde{\Gamma}_{mg}|^2}{|\tilde{\Gamma}_{mg} \tilde{\Gamma}_{eg} + |D_c|^2/4} \frac{d_{eg} \cdot \hat{E}_p^*}{|\tilde{E}_p|^2}$$

$$= \frac{|D_p|^2 |\tilde{\Gamma}_{mg}|^2}{\hbar^2}$$

$$\chi = \frac{n \frac{d_{eg}}{\epsilon_0}}{1 - \frac{n}{3} \frac{d_{eg}}{\epsilon_0}} \sim \frac{n}{\epsilon_0} \alpha_p = \frac{n |\tilde{\Gamma}_{mg}|^2}{\hbar \epsilon_0} \frac{i \tilde{\Gamma}_{mg}}{\tilde{\Gamma}_{mg} \tilde{\Gamma}_{eg} + |D_c|^2/4}$$

$$\tilde{\Gamma}_{mg} = \gamma_{mg} - i\delta \quad \tilde{\Gamma}_{eg} = \gamma_{eg} - i\Delta_p$$

$$\Rightarrow \chi = \frac{n |\tilde{\Gamma}_{mg}|^2}{\hbar \epsilon_0} \frac{i (\gamma_{mg} - i\delta)}{(\gamma_{mg} - i\delta)(\gamma_{eg} - i\Delta_p) + |D_c|^2/4}$$

$$= \frac{n |\tilde{\Gamma}_{mg}|^2}{\hbar \epsilon_0} \frac{(\delta + i\gamma_{mg})(\gamma_{mg} \gamma_{eg} - \delta \Delta_p + |D_c|^2/4 + i(\delta \gamma_{eg} + \Delta_p \gamma_{mg}))}{(\gamma_{mg} \gamma_{eg} - \delta \Delta_p + |D_c|^2/4)^2 + (\delta \gamma_{eg} + \Delta_p \gamma_{mg})^2}$$

$$\Rightarrow \alpha = \frac{\kappa_p n |\tilde{\Gamma}_{mg}|^2}{\hbar \epsilon_0} \frac{\gamma_{mg} (\gamma_{mg} \gamma_{eg} - \delta \Delta_p + |D_c|^2/4) + \delta (\delta \gamma_{eg} + \Delta_p \gamma_{mg})}{(\gamma_{mg} \gamma_{eg} - \delta \Delta_p + |D_c|^2/4)^2 + (\delta \gamma_{eg} + \Delta_p \gamma_{mg})^2}$$

Notice, if there is no coupling beam  $\tilde{\Gamma}_{mg} = 0$ ,  $\Sigma_c = 0$ ,  $\delta = \Delta_p$

$$\alpha_{z_{hv}} = \frac{\kappa_p n |\tilde{\Gamma}_{mg}|^2}{\hbar \epsilon_0} \frac{\Delta_p^2 \gamma_{eg}}{\Delta_p^4 + \Delta_p^2 \gamma_{eg}^2} = \frac{\kappa_p n |\tilde{\Gamma}_{mg}|^2}{\hbar \epsilon_0} \frac{\gamma_{eg}}{\Delta_p^2 + \gamma_{eg}^2}$$

In the absence of RIT, the resonant absorption is

$$\alpha_{z_{hv}} (\Delta_p = 0) = \alpha_0 = \frac{\kappa_p n |\tilde{\Gamma}_{mg}|^2}{\hbar \epsilon_0 \gamma_{eg}}$$

## Resonant Absorption

$$\lambda_p = 780 \text{ nm} \quad \kappa_p \approx 4,2275 \text{ e2}, \quad \lambda_0 = 5,9 \cdot 10^{-9} \text{ m}$$

$$\hbar \approx 1,0546 \cdot 10^{-34} \text{ m}^2 \text{ kg s}^{-1} \quad \epsilon_0 = \frac{e^2}{2 \pi \hbar c} \quad \omega = \frac{1}{\beta \tau} \\ C = 3 \cdot 10^8 \text{ m/s} \quad \hbar = 2 \pi \cdot \frac{1}{f}$$

$$\text{I. rewrite } \alpha = \alpha_0 \frac{\gamma_{mg} \left( \gamma_{mg} + \frac{|J_{2c}|^2}{4\delta_{eg}} - \frac{\Delta p}{\delta_{eg}} \right) + \delta^2 \left( 1 + \frac{\Delta p \gamma_{mg}}{\delta_{eg} \delta} \right)}{\left( \gamma_{mg} + \frac{|J_{2c}|^2}{4\delta_{eg}} - \frac{\Delta p}{\delta_{eg}} \right)^2 + \delta^2 \left( 1 + \frac{\Delta p \gamma_{mg}}{\delta_{eg} \delta} \right)^2}$$

If  $|J_{2c}|, \delta_{eg} \gg \delta, \Delta p, \gamma_{mg}$  then

$$\frac{\Delta p \gamma_{mg} \delta}{\delta_{eg}} \ll 1$$

$$\frac{\Delta p \gamma_{mg}}{\delta_{eg}} \ll 1$$

and I get

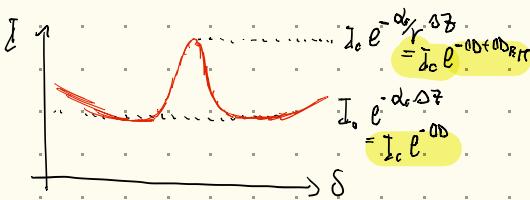
$$\alpha \approx \alpha_0 \frac{\gamma_{mg} \gamma_{EIT} + \delta^2}{\gamma_{EIT}^2 + \delta^2} \quad \gamma_{EIT} \approx \gamma_{mg} + \frac{|J_{2c}|^2}{4\delta_{eg}}$$

and if  $|J_{2c}|=0$

$$\alpha \approx \alpha_0$$

$$\text{II. } \delta=0 \quad \alpha \approx \alpha_0 \frac{\gamma_{mg}}{\gamma_{EIT}} \approx \alpha_0 \frac{1}{1 + \frac{|J_{2c}|^2}{4\delta_{eg} \gamma_{mg}}} = \alpha_0 / \gamma_{EIT}$$

Remember that we measure  $I_{out} = I_{in} e^{-\alpha \delta}$



$$\text{We look at } R = \frac{I_{out}}{I_{in}} = e^{-\alpha(\delta) - \alpha_0 \Delta \delta}$$

$$\text{III. } \delta=0 \quad R = e^{-\alpha_0 \Delta \delta} \left( \frac{\gamma_{mg}}{\gamma_{EIT}} - 1 \right) = e^{\alpha_0 \Delta \delta}$$

$$\text{The width of } R = R_{max} C^{-1} \Rightarrow -(\alpha(\delta) - \alpha_0) \Delta \delta = \alpha_0 \Delta \delta - \alpha_0 \Delta \delta \frac{\gamma_{mg}}{\gamma_{EIT}} - 1$$

$$\Rightarrow -\alpha_0 \frac{\gamma_{mg} \gamma_{EIT} + \delta^2}{\gamma_{EIT}^2 + \delta^2} \Delta \delta = -\alpha_0 \Delta \delta \frac{\gamma_{mg}}{\gamma_{EIT}} - 1$$

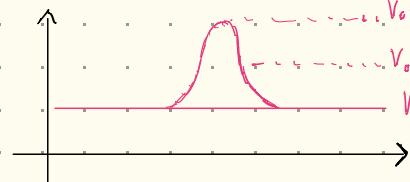
$$\Rightarrow \gamma_{mg} \gamma_{EIT} + \delta^2 = \frac{\gamma_{mg}}{\gamma_{EIT}} \left( (\gamma_{EIT}^2 + \delta^2) + \frac{1}{\alpha_0 \Delta \delta} \left( \gamma_{EIT}^2 + \delta^2 \right) \right)$$

$$\Rightarrow \delta^2 \left( 1 - \frac{\gamma_{mg}}{\gamma_{EIT}} - \frac{1}{\alpha_0 \Delta \delta} \right) = \frac{\gamma_{mg}^2}{\alpha_0 \Delta \delta} \Rightarrow \delta^2 = \frac{\gamma_{mg}^2}{\alpha_0 \Delta \delta - \gamma_{mg}}$$

$$\Rightarrow \delta_{1/2} = \frac{\gamma_{mg}}{\sqrt{\alpha_0 \gamma_{EIT} - 1}}$$

The peak value vs background value is

$$\frac{I_0 e^{-\alpha_0 + \alpha_{EIT}}}{I_0 e^{-\alpha_0}} = \left| e^{\alpha_{EIT}} \right| \quad \text{IV. } \delta_{1/2} \propto e^{\alpha_{EIT}} - 1$$



$$\alpha_0 = \frac{n}{\delta_{eg}} \frac{\frac{2\pi}{7.8 \cdot 10^{-3}} \cdot (4.2275 \cdot e^{-5.9 \cdot 10^{-3}})^2}{\cancel{e^2} \cancel{\frac{2\pi^2}{37}} \cancel{\frac{1}{2\pi^2}}} = \frac{n}{\delta_{eg}} \frac{\frac{2\pi}{7.8 \cdot 10^{-3}} (4.2275 \cdot 5.9 \cdot 10^{-3})^2}{37} = \frac{n}{\delta_{eg}} \frac{811^2 (4.2275 \cdot 5.9)^2 \cdot 3 \cdot 10^{-7}}{37}$$

$$\approx \frac{n [m^{-3}]}{\delta_{eg} [\text{MHz}]} 1.075 \cdot 10^{-18} \text{ m}^{-1}$$

$$\text{with } L_{cell} \approx 7.5 \text{ cm}, \delta_{eg} \approx 326 \text{ MHz}$$

$$\text{OD} = \alpha_0 \Delta \delta \approx 2.5 \cdot 10^{17} \cdot n [m^{-3}]$$

$$\text{V. } T = 65^\circ C \quad n \approx 3 \cdot 10^{17} \Rightarrow \text{OD} \approx 7.5$$

$$\text{VI. } T = 20^\circ C \quad n \approx 5.7 \cdot 10^{15} \Rightarrow \text{OD} \approx 0.14$$

$$\text{Also } \gamma_{EIT} = \gamma_{mg} + \frac{|J_{2c}|^2}{\delta_{eg}} \approx 1.7 + \frac{|J_{2c}|^2}{326}$$

$$\frac{\gamma_{mg}}{\gamma_{EIT}} = \frac{1}{1 + \frac{|J_{2c}|^2}{\gamma_{mg} \delta_{eg}}} = \frac{10}{3.14 \cdot 2.5} = \frac{10}{7.85} = 1.28$$

$$\text{If I want } \frac{|J_{2c}|^2}{\gamma_{mg} \delta_{eg}} = 1 \Rightarrow P_c \approx 5 \text{ mW} \quad (I_{0,c} \approx 50 \text{ mW/cm} \sim 15-20 \text{ kHz})$$

$$\text{With } \frac{|J_{2c}|^2}{\gamma_{mg} \delta_{eg}} = 1 \Rightarrow \text{OD}_{EIT} = \text{OD} \left( 1 - \frac{1}{2} \right) = \frac{1}{2} \text{ OD}$$

$$\text{But if } \delta_{0,c} \approx 20 I_{0,c} \Rightarrow \text{OD} \rightarrow \text{OD}/4$$

$$\text{But already for } P_p = 20 \text{ mW} \Rightarrow \text{OD}_p \approx 3.8 \text{ MHz} \quad !$$

$$\text{VII. } 65^\circ C \text{ with } P_c = 5 \text{ mW}, P_p = 50 \text{ mW} \quad \text{OD}_c = 24 \text{ MHz} \quad \text{OD}_p = 6 \text{ MHz}$$

$$\hookrightarrow \text{OD} \approx \frac{7.5}{5.75} \approx 1.3 \quad \text{OD}_{EIT} = \text{OD} \left( 1 - \frac{1}{2} \right) \approx 0.65 \text{ MHz}$$

$$B \approx \frac{\gamma_{mg}}{\sqrt{0.65}} \approx \frac{3.47}{\sqrt{0.65}} \approx 4.3 \text{ MHz} \quad !$$