

# Heart Disease Patient Report

## Patient Information

Name: John Doe

Age: 55

Gender: Male

Patient ID: HD123456

Date of Visit: 2024-11-13

## Medical History

Previous Conditions: Hypertension, Type 2 Diabetes

Family History: Father had heart disease

Lifestyle: Smoker, limited physical activity

## Vital Signs

Blood Pressure: 150/90 mmHg

Heart Rate: 85 bpm

BMI: 29.5 (Overweight)

Cholesterol Levels: 220 mg/dL (High)

## Symptoms

Chest pain, shortness of breath, fatigue, occasional dizziness

## Diagnosis

Initial findings indicate moderate to high risk of heart disease. Further evaluation is recommended.

## Risk Factors

Primary risk factors include hypertension, high cholesterol, smoking, and lack of physical activity.

## Suggested Follow-Up Actions

- Lifestyle changes: Smoking cessation, regular exercise, healthy diet.
- Medications: Blood pressure and cholesterol-lowering medications.
- Further tests: ECG, Stress Test, Blood Tests.