

WeServeEveryone Clinic

1111 First Street California
111-111-11111 Fax: 111-111-1111
Chart Summary
Monica Smith
Home: 444-444-4444
Female DOB: 04/04/1950
0000-44444
Ins: Commercial 8927

Patient Information

Name: Monica Smith
Home Phone: 0904342323
Address: 4444 Olin Ave
San Jose, California
Office Phone:
Patient ID: 0000-44444
Fax: +44-208-12-4434367
Birth Date: 04/04/1950
Status: Active
Gender: Female
Marital Status: Divorced
Contact By: Phone
Race: Black
SSN: 432-48-8315
Language: English
Resp Prov: Carl Savem
MRN: MR-111-1111
Referred by:
Emp. Status: Full-time
Email: monicacarl@ymail.com
Sens Chart: No
Home LOC: WeServeEveryone
External ID: MR-111-1111

Problems

DIABETES MELLITUS (ICD-250.) HYPERTENSION, BENIGN ESSENTIAL (ICD-401.1)

Medications

PRINIVIL TABS 20 MG (LISINOPRIL) 1 po qd Last Refill: #30 x 2 : Carl Savem MD
(08/27/2010) HUMULIN INJ 70/30 (INSULIN REG & ISOPHANE (HUMAN)) 20 units ac
breakfast Last Refill: #600 u x 0 : Carl Savem MD (08/27/2010)

Directives

Allergies and Adverse Reactions (! = critical)

Services Due

FLU VAX, PNEUMOVAX, MICROALB URN

3/18/2011 - Office Visit: F/u Diabetes Provider: Carl Savem MD Location of Care:
WeServeEveryone Clinic

OFFICE VISIT

History of Present Illness Reason for visit: Routine follow up Chief Complaint: No complaints

History

Diabetes Management Hyperglycemic Symptoms Polyuria: no Polydipsia: no Blurred vision: no

Sympathomimetic Symptoms Diaphoresis: no Agitation: no Tremor: no Palpitations: no Insomnia: no

Neuroglycopenic Symptoms Confusion: no Lethargy: no Somnolence: no Amnesia: no Stupor: no Seizures: no

Review of Systems

General: denies fatigue, malaise, fever, weight loss Eyes: denies blurring, diplopia, irritation, discharge Ear/Nose/Throat: denies ear pain or discharge, nasal obstruction or discharge, sore throat Cardiovascular: denies chest pain, palpitations, paroxysmal nocturnal dyspnea, orthopnea, edema Respiratory: denies coughing, wheezing, dyspnea, hemoptysis Gastrointestinal: denies abdominal pain, dysphagia, nausea, vomiting, diarrhea, constipation Genitourinary: denies hematuria, frequency, urgency, dysuria, discharge, impotence, incontinence Musculoskeletal: denies back pain, joint swelling, joint stiffness, joint pain Skin: denies rashes, itching, lumps, sores, lesions, color change Neurologic: denies syncope, seizures, transient paralysis, weakness, paresthesias Psychiatric: denies depression, anxiety, mental disturbance, difficulty sleeping, suicidal ideation, hallucinations, paranoia Endocrine: denies polyuria, polydipsia, polyphagia, weight change, heat or cold intolerance Heme/Lymphatic: denies easy or excessive bruising, history of blood transfusions, anemia, bleeding disorders, adenopathy, chills, sweats Allergic/Immunologic: denies urticaria, hay fever, frequent UTIs; denies HIV high risk behaviors

Vital Signs

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Ht: 64 in. Wt: 140 lbs. T: 98.0 degF. T site: oral P: 72 Rhythm: regular R: 16 BP: 158/90

Physical Exam

General Appearance: well developed, well nourished, no acute distress Eyes: conjunctiva and lids normal, PERRLA, EOMI, fundi WNL Ears, Nose, Mouth, Throat: TM clear, nares clear, oral exam WNL Respiratory: clear to auscultation and percussion, respiratory effort normal Cardiovascular: regular rate and rhythm, S1-S2, no murmur, rub or gallop, no bruits, peripheral pulses normal and symmetric, no cyanosis, clubbing, edema or varicosities Skin: clear, good turgor, color WNL, no rashes, lesions, or ulcerations

Problems (including changes): Blood pressure is lower. Feet are inspected and there are no callouses, no compromised skin. No vision complaints.

Impression: Sub optimal sugar, control with retinopathy and neuropathy, high glucometer readings. Will work harder on diet. Will increase insulin by 2 units.

Home Glucose Monitoring: AC breakfast 110 to 220 AC breakfast mean 142 AC dinner 100 to 250 AC dinner mean 120

Plan

Medications: HUMULIN INJ 70/30 20 u ac breakfast

PRINIVIL TABS 20 MG 1 qd

Treatment: Will have annual foot exam at next visit.

Orders:

UA Metabolic Panel

Education/Counseling (time): 5 minutes

Coordination of Care (time): 20 minutes

Follow-up/Return Visit: 3 months

Disposition: return to clinic

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03/18/2011 - Lab Report: Metabolic Panel Provider: Carl Savem MD

Tests:

(1) Metabolic Panel(ML-03CHEM)

ALK PHOS

72

35-100

BG RANDOM

125 mg/dl

70-125

BUN

16 mg/dl

7-25

CALCIUM

9.6 mg/dl

8.2-10.2

CHLORIDE

101 mmol/l

96-109

CO2

27 mmol/l

23-29

CREATININE

0.7 mg/dl

0.6-1.2

PO4

2.9 mg/dl

2.5-4.5

POTASSIUM

4.5 mmol/l

3.5-5.3

SGOT (AST)

31 U/L
0-40
BILI TOTAL
0.7 mg/dl
0.0-1.3
URIC ACID
4.8 mg/dl
3.4-7.0
LDH, TOTAL
136 IU/L
0-200
SODIUM
135 mmol/l
135-145

(2) HbA1c Test HbA1c level 6.0% (3) Lipid Profile Cholesterol, Total 210
mg/dl Triglycerides 236 mg/dl HDL Cholesterol 36 LDL Cholesterol 107

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Female DOB: 04/04/1950

0000-44444

Ins: Commercial xxxxx

Date 03/18/2011

HEIGHT (in)

64

WEIGHT (lb)

140

TEMPERATURE (deg F)

98

TEMP SITE

oral

PULSE RATE (/min)

72

PULSE RHYTHM

RESP RATE (/min)

16

BP SYSTOLIC (mm Hg)

158

BP DIASTOLIC (mm Hg)

90

CHOLESTEROL (mg/dL)

HDL (mg/dL)

LDL (mg/dL)

BG RANDOM (mg/dL)

125

CXR

EKG

PAP SMEAR

BREAST EXAM

MAMMOGRAM

HEMOCCULT

neg

FLU VAX

PNEUMOVAX

TD BOOSTER

0.5 ml g

Foot Exam

Eye Exam

Complete