

WeServeEveryone Clinic

1111 First Street California

111-111-11111 Fax:

111-111-1111

Chart

Summary

Monica Smith

Home: 444-444-4444

Female DOB:

04/04/1950

0000-44444

Ins: Commercial 8927

Patient Information

Name: Monica Smith

Home Phone:

0904342323

Address: 4444 Olin Ave

San Jose, California

Office Phone:

Patient ID: 0000-44444

Fax:

+44-208-12-4434367

Birth Date: 04/04/1950

Status: Active

Gender: Female

Marital Status:

Divorced

Contact By: Phone

Race: Black

Soc Sec No: 432-488-8315

Language: English

Resp Prov: Carl Savem

MRN: MR-111-1111

Referred by:

Emp. Status: Full-time

Email: monicacarl@gmail.com

Sens Chart: No

Home LOC: WeServeEveryone

External ID:
MR-111-1111

Problems

DIABETES MELLITUS (ICD-250.)

HYPERTENSION, BENIGN ESSENTIAL (ICD-401.1)

Medications

PRINIVIL TABS 20 MG (LISINOPRIL) 1 po qd

Last Refill: #30 x 2 : Carl Savem MD (08/27/2010)

HUMULIN INJ 70/30 (INSULIN REG & ISOPHANE (HUMAN)) 20 units ac
breakfast

Last Refill: #600 u x 0 : Carl Savem MD (08/27/2010)

Directives

Allergies and Adverse Reactions (! = critical)

Services Due

FLU VAX, PNEUMOVAX, MICROALB URN

3/18/2011 - Office Visit: F/u Diabetes

Provider: Carl Savem MD

Location of Care: WeServeEveryone Clinic

OFFICE VISIT

History of Present Illness

Reason for visit: Routine follow up

Chief Complaint: No complaints

History

Diabetes Management

Hyperglycemic Symptoms

Polyuria: no

Polydipsia: no

Blurred vision: no

Sympathomimetic Symptoms

Diaphoresis: no

Agitation: no

Tremor: no

Palpitations: no

Insomnia: no

Neuroglycopenic Symptoms

Confusion: no

Lethargy: no

Somnolence: no

Amnesia: no

Stupor: no

Seizures: no

Review of Systems

General: denies fatigue, malaise, fever, weight loss

Eyes: denies blurring, diplopia, irritation, discharge

Ear/Nose/Throat: denies ear pain or discharge, nasal obstruction or discharge, sore throat

Cardiovascular: denies chest pain, palpitations, paroxysmal nocturnal dyspnea, orthopnea, edema
Respiratory: denies coughing, wheezing, dyspnea, hemoptysis

Gastrointestinal: denies abdominal pain, dysphagia, nausea, vomiting, diarrhea, constipation

Genitourinary: denies hematuria, frequency, urgency, dysuria, discharge, impotence, incontinence

Musculoskeletal: denies back pain, joint swelling, joint stiffness, joint pain

Skin: denies rashes, itching, lumps, sores, lesions, color change

Neurologic: denies syncope, seizures, transient paralysis, weakness, paresthesias

Psychiatric: denies depression, anxiety, mental disturbance, difficulty sleeping, suicidal ideation, hallucinations, paranoia

Endocrine: denies polyuria, polydipsia, polyphagia, weight change, heat or cold intolerance

Heme/Lymphatic: denies easy or excessive bruising, history of blood transfusions, anemia, bleeding disorders, adenopathy, chills, sweats

Allergic/Immunologic: denies urticaria, hay fever, frequent UTIs; denies HIV high risk behaviors

Vital Signs

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*March 24,
2011*

1111 First Street California

Page 2

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Summary

Ht: **64 in.** Wt: **140 lbs.** T: **98.0** degF. T site: **oral** P: **72** Rhythm: **regular** R: **16** BP: **158/90**

Physical Exam

General Appearance: well developed, well nourished, no acute distress

Eyes: conjunctiva and lids normal, PERRLA, EOMI, fundi WNL

Ears, Nose, Mouth, Throat: TM clear, nares clear, oral exam WNL

Respiratory: clear to auscultation and percussion, respiratory effort normal

Cardiovascular: regular rate and rhythm, S1-S2, no murmur, rub or gallop, no bruits, peripheral pulses normal and symmetric, no cyanosis, clubbing, edema or varicosities

Skin: clear, good turgor, color WNL, no rashes, lesions, or ulcerations

Problems (including changes): Blood pressure is lower. Feet are inspected and there are no callouses, no compromised skin. No vision complaints.

Impression: Sub optimal sugar, control with retinopathy and neuropathy, high glucometer readings. Will work harder on diet. Will increase insulin by 2 units.

Home Glucose Monitoring:

AC breakfast 110 to 220

AC breakfast mean 142

AC dinner 100 to 250

AC dinner mean 120

Plan

Medications:

HUMULIN INJ 70/30 20 u ac breakfast

PRINIVIL TABS 20 MG 1 qd

Treatment: Will have annual foot exam at next visit.

Orders:

UA

Metabolic Panel

Education/Counseling (time): 5 minutes

Coordination of Care (time): 20 minutes

Follow-up/Return Visit: 3 months

Disposition: return to clinic

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March 24,
2011

1111 First Street California

Page 2

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Chart

111-111-1111

Summary

03/18/2011 - Lab Report: Metabolic Panel Provider: Carl Savem MD

Tests:

(1) Metabolic Panel(ML-03CHEM)

| | | |
|------------|------------|----------|
| ALK PHOS | 72 | 35-100 |
| BG RANDOM | 125 mg/dl | 70-125 |
| BUN | 16 mg/dl | 7-25 |
| CALCIUM | 9.6 mg/dl | 8.2-10.2 |
| CHLORIDE | 101 mmol/l | 96-109 |
| CO2 | 27 mmol/l | 23-29 |
| CREATININE | 0.7 mg/dl | 0.6-1.2 |
| PO4 | 2.9 mg/dl | 2.5-4.5 |
| POTASSIUM | 4.5 mmol/l | 3.5-5.3 |
| SGOT (AST) | 31 U/L | 0-40 |

| | | |
|---------------|------------|---------|
| BILI TOTAL | 0.7 mg/dl | 0.0-1.3 |
| URIC ACID | 4.8 mg/dl | 3.4-7.0 |
| LDH, TOTAL | 136 IU/L | 0-200 |
| SODIUM | 135 mmol/l | 135-145 |

(2) HbA1c Test
HbA1c level 6.0%

(3) Lipid Profile

| | |
|--------------------|-----------|
| Cholesterol, Total | 210 mg/dl |
| Triglycerides | 236 mg/dl |
| HDL Cholesterol | 36 |
| LDL Cholesterol | 107 |

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Page 2
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Summary

Female DOB: 04/04/1950
Commercial xxxxx

0000-44444

Ins:

Date 03/18/2011

HEIGHT (in)

64

WEIGHT (lb)

140

| | |
|----------------------|------|
| TEMPERATURE (deg F) | 98 |
| TEMP SITE | oral |
| PULSE RATE (/min) | 72 |
| PULSE RHYTHM | |
| RESP RATE (/min) | 16 |
| BP SYSTOLIC (mm Hg) | 158 |
| BP DIASTOLIC (mm Hg) | 90 |
| CHOLESTEROL (mg/dL) | |
| HDL (mg/dL) | |
| LDL (mg/dL) | |
| BG RANDOM (mg/dL) | 125 |
| CXR | |
| EKG | |
| PAP SMEAR | |
| BREAST EXAM | |
| MAMMOGRAM | |
| HEMOCCULT | neg |
| FLU VAX | |
| PNEUMOVAX | |

TD BOOSTER

0.5 ml g

Foot Exam

|

Eye Exam

Complete