WeServeEveryone Clinic

1111 First Street California

111-111-11111   Fax: 111-111-1111

Chart Summary

Monica Smith

Home: 444-444-4444

Female  DOB: 04/04/1950

0000-44444

Ins: Commercial 8927

Patient Information

Name: Monica Smith

Home Phone: 0904342323

Address: 4444 Olin Ave

                San Jose, California

Office Phone:

Patient ID: 0000-44444

Fax:+44-208-12-4434367

Birth Date: 04/04/1950

Status: Active

Gender: Female

Marital Status: Divorced

Contact By: Phone

Race: Black

SSN: 432-48-8315

Language: English

Resp Prov: Carl Savem

MRN: MR-111-1111

Referred by:

Emp. Status: Full-time

Email:monicacarl@ymail.com

Sens Chart: No

Home LOC:WeServeEveryone

External ID: MR-111-1111

Problems

DIABETES MELLITUS (ICD-250.) HYPERTENSION, BENIGN ESSENTIAL (ICD-401.1)

Medications

PRINIVIL TABS 20 MG (LISINOPRIL) 1 po qd Last Refill: #30 x 2 : Carl Savem MD (08/27/2010) HUMULIN INJ 70/30 (INSULIN REG & ISOPHANE (HUMAN)) 20 units ac breakfast Last Refill: #600 u x 0 : Carl Savem MD (08/27/2010)

Directives

Allergies and Adverse Reactions (! = critical)

Services Due

FLU VAX, PNEUMOVAX, MICROALB URN

3/18/2011 - Office Visit: F/u Diabetes Provider: Carl Savem MD Location of Care: WeServeEveryone Clinic

OFFICE VISIT

History of Present Illness  Reason for visit: Routine follow up  Chief Complaint: No complaints

History

Diabetes Management  Hyperglycemic Symptoms  Polyuria: no Polydipsia: no Blurred vision: no

Sympathomimetic Symptoms  Diaphoresis: no Agitation: no Tremor: no Palpitations: no Insomnia: no

Neuroglycopenic Symptoms  Confusion: no Lethargy: no Somnolence: no Amnesia: no Stupor: no Seizures: no

Review of Systems

General: denies fatigue, malaise, fever, weight loss Eyes: denies blurring, diplopia, irritation, discharge Ear/Nose/Throat: denies ear pain or discharge, nasal obstruction or discharge, sore throat Cardiovascular: denies chest pain, palpitations, paroxysmal nocturnal dyspnea, orthopnea, edema Respiratory: denies coughing, wheezing, dyspnea, hemoptysis Gastrointestinal: denies abdominal pain, dysphagia, nausea, vomiting, diarrhea, constipation Genitourinary: denies hematuria, frequency, urgency, dysuria, discharge, impotence, incontinence Musculoskeletal: denies back pain, joint swelling, joint stiffness, joint pain Skin: denies rashes, itching, lumps, sores, lesions, color change Neurologic: denies syncope, seizures, transient paralysis, weakness, paresthesias Psychiatric: denies depression, anxiety, mental disturbance, difficulty sleeping, suicidal ideation, hallucinations, paranoia Endocrine: denies polyuria, polydipsia, polyphagia, weight change, heat or cold intolerance Heme/Lymphatic: denies easy or excessive bruising, history of blood transfusions, anemia, bleeding disorders, adenopathy, chills, sweats Allergic/Immunologic: denies urticaria, hay fever, frequent UTIs; denies HIV high risk behaviors

Vital Signs

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Chart Summary

Ht: 64 in. Wt: 140 lbs.T: 98.0 degF. T site: oral P: 72 Rhythm: regular R: 16 BP: 158/90

Physical Exam

General Appearance: well developed, well nourished, no acute distress Eyes: conjunctiva and lids normal, PERRLA, EOMI, fundi WNL Ears, Nose, Mouth, Throat: TM clear, nares clear, oral exam WNL Respiratory: clear to auscultation and percussion, respiratory effort normal Cardiovascular: regular rate and rhythm, S1-S2, no murmur, rub or gallop, no bruits, peripheral pulses normal and symmetric, no cyanosis, clubbing, edema or varicosities Skin: clear, good turgor, color WNL, no rashes, lesions, or ulcerations

Problems (including changes): Blood pressure is lower. Feet are inspected and there are no callouses, no compromised skin. No vision complaints.

Impression: Sub optimal sugar, control with retinopathy and neuropathy, high glucometer readings. Will work harder on diet. Will increase insulin by 2 units.

Home Glucose Monitoring: AC breakfast 110 to 220 AC breakfast mean 142 AC dinner 100 to 250 AC dinner mean 120

Plan

Medications: HUMULIN INJ 70/30 20 u ac breakfast

PRINIVIL TABS 20 MG 1 qd

Treatment: Will have annual foot exam at next visit.

Orders:

UA Metabolic Panel

Education/Counseling (time): 5 minutes

Coordination of Care (time): 20 minutes

Follow-up/Return Visit: 3 months

Disposition: return to clinic

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03/18/2011 - Lab Report: Metabolic Panel Provider: Carl Savem MD

Tests:

(1) Metabolic Panel(ML-03CHEM)

ALK PHOS

72

35-100

BG  RANDOM

125  mg/dl

70-125

BUN

16  mg/dl

7-25

CALCIUM

9.6  mg/dl

8.2-10.2

CHLORIDE

101  mmol/l

96-109

CO2

27  mmol/l

23-29

CREATININE

0.7  mg/dl

0.6-1.2

PO4

2.9  mg/dl

2.5-4.5

POTASSIUM

4.5  mmol/l

3.5-5.3

SGOT  (AST)

31  U/L

0-40

BILI  TOTAL

0.7  mg/dl

0.0-1.3

URIC  ACID

4.8  mg/dl

3.4-7.0

LDH,  TOTAL

136  IU/L

0-200

SODIUM

135  mmol/l

135-145

(2) HbA1c Test HbA1c level 6.0% (3) Lipid Profile Cholesterol, Total   210 mg/dl Triglycerides           236 mg/dl HDL Cholesterol    36 LDL Cholesterol     107

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Date 03/18/2011

HEIGHT (in)

64

WEIGHT (lb)

140

TEMPERATURE (deg F)

98

TEMP SITE

oral

PULSE RATE (/min)

72

PULSE RHYTHM

RESP RATE (/min)

16

BP SYSTOLIC (mm Hg)

158

BP DIASTOLIC (mm Hg)

90

CHOLESTEROL (mg/dL)

HDL (mg/dL)

LDL (mg/dL)

BG RANDOM (mg/dL)

125

CXR

EKG

PAP SMEAR

BREAST EXAM

MAMMOGRAM

HEMOCCULT

neg

FLU VAX

PNEUMOVAX

TD BOOSTER

0.5 ml g

Foot Exam

Eye Exam

Complete