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| **WeServeEveryone Clinic** |  |
| 1111 First Street California  111-111-11111   Fax: 111-111-1111 | Chart Summary |

**Monica Smith**

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| Home: 444-444-4444  Female  DOB: 04/04/1950 | 0000-44444 | Ins: Commercial 8927 |

**Patient Information**

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| **Name:** Monica Smith | **Home Phone:** 0904342323 |
| **Address:**4444 Olin Ave                  San Jose, California | **Office Phone:** |
| **Patient ID:** 0000-44444 | **Fax:+44-208-12-4434367** |
| **Birth Date**: 04/04/1950 | **Status:**Active |
| **Gender:** Female | **Marital Status:** Divorced |
| **Contact By:** Phone | **Race:** Black |
| **Soc Sec No:** 432-488-8315 | **Language:** English |
| **Resp Prov:** Carl Savem | **MRN:** MR-111-1111 |
| **Referred by:** | **Emp. Status:** Full-time |
| **Email:monicacarl@ymail.com** | **Sens Chart:** No |
| **Home LOC:**WeServeEveryone | **External ID:** MR-111-1111 |

**Problems**

DIABETES MELLITUS (ICD-250.) HYPERTENSION, BENIGN ESSENTIAL (ICD-401.1)

**Medications**

PRINIVIL TABS 20 MG (LISINOPRIL) 1 po qd Last Refill: #30 x 2 : Carl Savem MD (08/27/2010) HUMULIN INJ 70/30 (INSULIN REG & ISOPHANE (HUMAN)) 20 units ac breakfast Last Refill: #600 u x 0 : Carl Savem MD (08/27/2010)

**Directives**

**Allergies and Adverse Reactions (! = critical)**

**Services Due**

FLU VAX, PNEUMOVAX, MICROALB URN

**3/18/2011 - Office Visit: F/u Diabetes Provider: Carl Savem MD Location of Care: WeServeEveryone Clinic**

**OFFICE VISIT**

**History of Present Illness** **Reason for visit:** Routine follow up  **Chief Complaint:** No complaints

**History**

**Diabetes Management** **Hyperglycemic Symptoms** **Polyuria:** no **Polydipsia**: no **Blurred vision:** no

**Sympathomimetic Symptoms** **Diaphoresis:** no **Agitation:** no **Tremor:** no **Palpitations:** no **Insomnia:** no

**Neuroglycopenic Symptoms** **Confusion:** no **Lethargy:** no **Somnolence:** no **Amnesia:** no **Stupor:** no **Seizures:** no

**Review of Systems**

**General:** denies fatigue, malaise, fever, weight loss **Eyes:** denies blurring, diplopia, irritation, discharge **Ear/Nose/Throat:** denies ear pain or discharge, nasal obstruction or discharge, sore throat **Cardiovascular:** denies chest pain, palpitations, paroxysmal nocturnal dyspnea, orthopnea, edema Respiratory: denies coughing, wheezing, dyspnea, hemoptysis **Gastrointestinal:** denies abdominal pain, dysphagia, nausea, vomiting, diarrhea, constipation **Genitourinary:** denies hematuria, frequency, urgency, dysuria, discharge, impotence, incontinence **Musculoskeletal:** denies back pain, joint swelling, joint stiffness, joint pain **Skin:** denies rashes, itching, lumps, sores, lesions, color change **Neurologic**: denies syncope, seizures, transient paralysis, weakness, paresthesias **Psychiatric**: denies depression, anxiety, mental disturbance, difficulty sleeping, suicidal ideation, hallucinations, paranoia **Endocrine: denies polyuria, polydipsia, polyphagia, weight change, heat or cold intolerance Heme/Lymphatic:** denies easy or excessive bruising, history of blood transfusions, anemia, bleeding disorders, adenopathy, chills, sweats **Allergic/Immunologic:** denies urticaria, hay fever, frequent UTIs; denies HIV high risk behaviors

**Vital Signs**

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Ht: **64 in.** Wt: **140 lbs.**T: **98.0** degF. T site: **oral** P: **72** Rhythm: **regular** R: **16** BP: **158/90**

**Physical Exam**

**General Appearance:** well developed, well nourished, no acute distress **Eyes:** conjunctiva and lids normal, PERRLA, EOMI, fundi WNL **Ears, Nose, Mouth, Throat:** TM clear, nares clear, oral exam WNL **Respiratory:** clear to auscultation and percussion, respiratory effort normal **Cardiovascular:** regular rate and rhythm, S1-S2, no murmur, rub or gallop, no bruits, peripheral pulses normal and symmetric, no cyanosis, clubbing, edema or varicosities **Skin:** clear, good turgor, color WNL, no rashes, lesions, or ulcerations

**Problems (including changes):** Blood pressure is lower. Feet are inspected and there are no callouses, no compromised skin. No vision complaints.

**Impression:** Sub optimal sugar, control with retinopathy and neuropathy, high glucometer readings. Will work harder on diet. Will increase insulin by 2 units.

**Home Glucose Monitoring:** AC breakfast 110 to 220 AC breakfast mean 142 AC dinner 100 to 250 AC dinner mean 120

**Plan**

**Medications:** HUMULIN INJ 70/30 20 u ac breakfast

PRINIVIL TABS 20 MG 1 qd

**Treatment:** Will have annual foot exam at next visit.

**Orders:**

UA Metabolic Panel

**Education/Counseling (time):** 5 minutes

**Coordination of Care (time):** 20 minutes

**Follow-up/Return Visit:** 3 months

**Disposition:** return to clinic

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**03/18/2011 - Lab Report: Metabolic Panel Provider: Carl Savem MD**

**Tests:**

(1) Metabolic Panel(ML-03CHEM)

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| ALK PHOS | 72 | 35-100 |
| BG  RANDOM | 125  mg/dl | 70-125 |
| BUN | 16  mg/dl | 7-25 |
| CALCIUM | 9.6  mg/dl | 8.2-10.2 |
| CHLORIDE | 101  mmol/l | 96-109 |
| CO2 | 27  mmol/l | 23-29 |
| CREATININE | 0.7  mg/dl | 0.6-1.2 |
| PO4 | 2.9  mg/dl | 2.5-4.5 |
| POTASSIUM | 4.5  mmol/l | 3.5-5.3 |
| SGOT  (AST) | 31  U/L | 0-40 |
| BILI  TOTAL | 0.7  mg/dl | 0.0-1.3 |
| URIC  ACID | 4.8  mg/dl | 3.4-7.0 |
| LDH,  TOTAL | 136  IU/L | 0-200 |
| SODIUM | 135  mmol/l | 135-145 |

(2) HbA1c Test HbA1c level 6.0% (3) Lipid Profile Cholesterol, Total   210 mg/dl Triglycerides           236 mg/dl HDL Cholesterol    36 LDL Cholesterol     107

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Female  DOB: 04/04/1950                      0000-44444                          Ins: Commercial xxxxx

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|  | **Date 03/18/2011** |
| HEIGHT (in) | 64 |
| WEIGHT (lb) | 140 |
| TEMPERATURE (deg F) | 98 |
| TEMP SITE | oral |
| PULSE RATE (/min) | 72 |
| PULSE RHYTHM |  |
| RESP RATE (/min) | 16 |
| BP SYSTOLIC (mm Hg) | 158 |
| BP DIASTOLIC (mm Hg) | 90 |
| CHOLESTEROL (mg/dL) |  |
| HDL (mg/dL) |  |
| LDL (mg/dL) |  |
| BG RANDOM (mg/dL) | 125 |
| CXR |  |
| EKG |  |
| PAP SMEAR |  |
| BREAST EXAM |  |
| MAMMOGRAM |  |
| HEMOCCULT | neg |
| FLU VAX |  |
| PNEUMOVAX |  |
| TD BOOSTER | 0.5 ml g |
| Foot Exam |  |
| Eye Exam | Complete |