



## MENU

328 Lenox Avenue  
Harlem, New York 10027

Tel: (212) 996-0660 • Fax: (212) 427-6389 • [www.sylviasrestaurant.com](http://www.sylviasrestaurant.com)



## BREAKFAST TRADITIONS

<b>TWO EGGS ANY STYLE</b>	\$ 3.95
Served w/ Grits or Home Fries	
<b>COUNTRY STYLE SLAB BACON and TWO EGGS</b>	\$ 6.95
<b>REGULAR BACON and TWO EGGS</b>	\$ 6.50
<b>SAUSAGES and TWO EGGS</b>	\$ 6.50
Beef Sausage, Pork Sausage or Turkey Links	
<b>CORNBEEF HASH and TWO EGGS</b>	\$ 6.95
<b>HAM and TWO EGGS</b>	\$ 6.95
<b>SALMON CAKES and TWO EGGS</b>	\$ 7.50
<b>SOUTHERN FRIED CHICKEN and GRITS</b>	\$ 8.95
All White Meat	\$ 9.95
<b>SOUTHERN FRIED CHICKEN and EGGS</b>	\$ 9.95
All White Meat	\$10.95
<b>GRANDMA JULIA'S CORNMEAL FRIED WHITING</b>	\$ 7.95
w/ Grits or Home Fries	
w/ Two Eggs	\$ 8.95
<b>CORN MEAL FRIED CATFISH</b>	\$ 8.95
w/ Grits or Home Fries	
w/ Two Eggs	\$ 9.95
<b>SAUTEED CHICKEN LIVERS</b>	\$ 7.50
Served w/ Grits or Home Fries	

## OMELETTES

<b>CHEESE OMELETTE</b>	\$ 4.95
<b>WESTERN OMELETTE</b>	\$ 6.95

w/ Onions, Peppers and Ham

\*\*\*All above served with Grits or Home Fries and Homemade Biscuits \*\*\*

## FROM THE GRIDDLE

<b>HOTCAKES or WAFFLE</b>	\$ 6.00
w/ Regular Bacon	\$ 7.95
w/ Slab Bacon	\$ 7.95
w/ Pork Sausage, Beef Sausage or Turkey Sausage	\$7.95
w/ Fried Chicken (dark meat)	\$11.95
w/ Fried Chicken (white meat)	\$12.95

## APPETIZERS

<b>Coconut Shrimp</b> w/ Sweet and Sour Dipping Sauce	\$ 8.95	<b>Soulful Chicken Fingers</b> w/ Honey Mustard Sauce	\$ 7.95
<b>Sylvia's Sassy Wings</b>	\$ 7.50	<b>Salmon Bites</b>	\$ 6.95
<b>Catfish Fingers</b>	\$ 8.50	<b>Chicken Livers</b> w/ Sylvia's Brown Gravy	\$ 6.95



## LUNCH SPECIALS

Served Monday - Friday 11:00am to 3:00pm

<b>BAKED HAM</b>	<b>CHICKEN LIVERS</b>
<b>SALMON CROQUETTE</b>	<b>HERB BAKED LEG</b>
<b>FRIED or SMOTHERED CHICKEN LEG</b>	
\$8.95	

Include 2 Side Orders  
(Take out available only in lunch containers)

## SALADS & MORE

<b>MIXED GREENS SALAD</b>	\$ 4.95
Topped w/ Grilled Chicken Breast	\$11.95
Topped w/ Grilled Salmon	\$13.95
Topped w/ Grilled Shrimp	\$13.95
<b>VEGGIE PLATTER</b> (Choose 4 Sides)	\$13.95



## DAILY SPECIALS (Include 2 Side Orders)

### MONDAY

<b>STEWED CHICKEN and DUMPLINGS</b>	\$13.95
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### TUESDAY and WEDNESDAY

<b>MEAT LOAF</b> w/ Sylvia's Secret Sauce	\$11.95
<b>OXTAIL</b> A Taste Of The South	\$15.95

### THURSDAY

<b>STEWED TURKEY WINGS</b> Bedded on Homemade Cornbread Dressing	\$10.95
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### FRIDAY - SUNDAY

<b>TIME HONORED SOUTHERN STYLE CHITTERLING</b>	\$16.95
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## CHILDREN'S MENU (Include 2 Side Orders)

**FRIED WHITING**  
**CHICKEN FINGERS**

**BAKED HAM**

**FRIED or SMOTHERED CHICKEN LEG**

*(10 Years and under)*

*Not Available for Take Out*





## DAILY ENTREES (Include 2 Side Orders)

**SYLVIA'S WORLDS FAMOUS talked about BAR-B-QUE RIBS** \$16.95  
w/ Sylvia's Original Sassy Sauce (available in supermarkets)

**GRILLED HERBAL CHICKEN BREAST** \$13.95

**OVEN BAKED HALF CHICKEN** \$16.95

Seasoned to Perfection w/ Fresh Herbs (not available for lunch Mon. - Fri.)

**SYLVIA'S DOWN HOME FRIED or SMOTHERED CHICKEN** \$13.95

All White Meat \$14.95

**TASTY CAROLINA STYLE FRIED OR GRILLED CATFISH** \$15.95

**CATCH OF THE DAY** \$12.95

**GOLDEN FRIED SHRIMP OR GRILLED SHRIMP** \$18.95

**GRILLED ATLANTIC BAR-B-QUE SALMON** \$19.95

**SALMON CROQUETTES** \$12.95

**CHICKEN LIVERS** \$10.95

Sauteed w/ Onions & Peppers, Topped w/ Gravy

**BAKED HAM** \$12.95

**BAR-B-QUE RIBS & FRIED CHICKEN COMBO** \$18.95

**ALL WHITE MEAT** \$19.95

Pork Chop \$17.95

**GOLDEN FRIED, GRILLED OR SMOTHERED PORK CHOPS** \$17.95

One Grilled Pork Chop \$12.95

**SHORT RIBS of BEEF** \$21.50

Prepared in Sylvia's Secret Brown Gravy (gravy sold in supermarkets)

**GRILLED BBQ SHORT RIBS of BEEF** \$22.50

**GRILLED US PRIME STEAK** \$24.50

\*\*\*All above served with two side orders and homemade cornbread \*\*\*

**NEW SYLVIA'S SASSY ANGUS BURGER w/ Sweet Potato Fries** \$11.95

**CALIFORNIA STYLE WAFFLE and SMOTHERED CHICKEN** \$11.95

All White Meat \$12.95

**HARLEM STYLE WAFFLE and FRIED CHICKEN** \$11.95

All White Meat \$12.95

## SIDE ORDERS \$4.50

Collard Greens

(Traditional or Vegetarian)

Buttered Corn (Mon. - Thurs.)

Garlic Mashed Potatoes

Potato Salad

Okra & Tomato Gumbo (Fri. - Sat.)

Steamed Rice

String Beans

Blacked Eyed Peas (Wed. - Sun.)

Baked Macaroni & Cheese

Lima Beans (Mon. - Tues.)

Cowpeas & Rice (Fri. - Sat.)

Candied Yams

Pickled Beets

## DESSERTS

<b>NEW STRAWBERRY BREAD PUDDING W/BOURBON SAUCE</b>	\$ 5.50
<b>RED VELVET CAKE</b>	\$ 5.50
<b>DOUBLE CHOCOLATE CAKE</b>	\$ 5.50
<b>PEACH COBBLER</b>	\$ 5.00
(Try Sylvia's Peach Cobbler Mix Sold in Stores)	
<b>SOUTHERN STYLE BANANA PUDDING</b>	\$ 5.00
<b>SWEET POTATO PIE</b>	\$ 5.00
<b>CHOCOLATE CAKE</b>	\$ 5.00
<b>COCONUT CAKE</b>	\$ 5.00
<b>ICE CREAM</b>	\$ 5.00
<b>A LA MODE</b>	\$ 2.00



## What's Cooking Next Door @ Sylvia's Also Lounge



### Spectacle Meeting Place, Great Food, Drinks & Music

318 Lenox Ave (corner of 126<sup>th</sup> Street)



#### After Work Poetry & Comedy WEDNESDAYS

Bringing to Harlem the funniest Comedians & Poets from around the Country

#### Fusion FRIDAYS

Guest DJ Spinning R&B, Reggae & Latin Live Band Every 1<sup>st</sup> Friday @ 8:30PM

#### After Work Poetry & Comedy THURSDAYS

Enjoy a variety of flavored martinis & take center stage where everyone is a star!!!!

#### Ultimate Uptown SATURDAY Nights

Guest DJ Spinning the Best Old & New School Music

**HOURS: WED-FRI, DOORS OPEN AT 5:00 • HAPPY HOUR 5:00 – 7:00 • SATURDAY DOORS OPEN AT 10PM**

Sylvia's Catering & Banquet Division Making Your Special Events Soulfully Delicious For Over 30 Years!



Herbert & Sylvia Woods Scholarship Endowment Fund awards Scholarships to students from Harlem & surrounding communities every year.



Stay updated on our Facebook Pages:  
SylviasAlsoLounge and Sylvia's Restaurant



Twitter: LoungePrincess



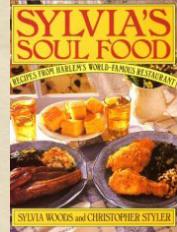
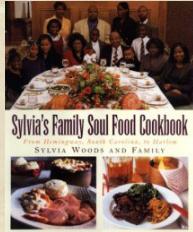
Sylvia Woods, the “Queen of Soulfood,” is the founder and owner of the world famous Sylvia’s Restaurant, located in the historical village of Harlem, since 1962. Sylvia was born and raised on her mother’s farm in Hemingway, South Carolina. At a very young age Sylvia dreamed of marrying her childhood sweet-heart Herbert, whom she met when they were eleven and twelve, while picking beans after school, and of one day trading in the cotton fields for the bright lights of New York City. Young and tenacious, she was the youngest person in the state to receive her beautician license. Her entrepreneur’s spirit was ignited, and she opened first business, a salon in the front room of her mother’s farmhouse.

In 1944, Sylvia married Herbert and started her journey towards a brighter future. Harlem called, and Sylvia answered, as she became a waitress at Johnson’s luncheonette. In 1962, Sylvia’s employer recognized her entrepreneurial spirit and offered to sell the luncheonette to her. Julia Pressley, Sylvia’s mother, whom was a farmer and mid-wife, mortgaged her farm to loan her the money for the purchase. The than small luncheonette has now flourished into a family owned enterprise consisting of: Sylvia’s Restaurant in Harlem, Sylvia’s Also Venue, Sylvia’s Catering Corp., a nation-wide line of Sylvia’s Food Products, two deliciously amazing cookbooks, and ATOC, Inc., a real estate firm.

Sylvia’s unwavering vision, hard work, and determination was shared by her late husband Herbert Woods, and was instilled in their four children, Van, Bedelia, Kenneth, and Crizette, who together with their children manage this family enterprise. To-date there are three generations of the Woods family working tirelessly, to ensure that their family’s business continues to make strides over the next forty-five years.

In keeping with the strong family values and support system that empowered Sylvia, in 2001, The Woods family created the Sylvia and Herbert Woods Scholarship Endowment Foundation. The SHWF disburses 4-year partial scholarships to children of and around the Harlem community. Sylvia’s philosophy has always been “each one teach, teach one and remember to love and be kind, and the response you receive in return will be priceless.”

Sylvia Woods has been lavished with numerous awards and accolades from her peers, community leaders, politicians, and the business world at large. In recognition of forty years in business, on August 1, 2001 Sylvia rang the opening bell at the New York Stock Exchange and in recognition for her 80th birthday Governor Pataki made Sylvia’s birthday a New York holiday. Sylvia Woods is also the proud recipient of several legacy awards included the Merit Award from Mayor Bloomberg of New York City, numerous declarations and citations from political figures ranging from President William Jefferson Clinton to Congressman Charles Rangel. Sylvia has been featured on several dozen-television shows across the world, including Good Morning America, The Today Show, The BBC Network, Japan T.V., and The Food Net-Work. Print media has also been a fan of Sylvia garnering her with write-ups in such publications as: The New York Times, The Wall Street Journal, Elle Magazine, Ebony Magazine, Better Homes and Gardens, Newsweek, and many more.



**AVAILABLE FOR SALE: SYLVIA'S COOK BOOKS • SYLVIA'S FOOD PRODUCTS • APRONS • GIFT CERTIFICATES & OTHER MEMORABILIA**