

INTERNATIONAL PREVALENCE STUDY [IPS] ON PHYSICAL ACTIVITY

Think about the different facilities in and around your neighborhood by this we mean the area ALL around your home that you could walk to in **10-15 minutes**.

1. What is the main type of housing in your neighborhood?

- 1 ☐ Detached single-family housing
- 2 ☐ Townhouses, row houses, apartments, or condos of 2-3 stories
- 3 ☐ Mix of single-family residences and townhouses, row houses, apartments or condos
- 4 ☐ Apartments or condos of 4-12 stories
- 5 ☐ Apartments or condos of more than 12 stories
- 77 ☐ Don't know/Not sure

The next items are statements about your neighborhood related to walking and bicycling.

2. Many shops, stores, markets or other places to buy things I need are within easy walking distance of my home. Would you say that you...

- 1 ☐ Strongly disagree
- 2 ☐ Somewhat disagree
- 3 ☐ Somewhat agree
- 4 ☐ Strongly agree
- 77 ☐ Don't know/Not sure

3. It is within a 10-15 minutes walk to a transit stop (such as bus, train, trolley, or tram) from my home. Would you say that you...

- 1 ☐ Strongly disagree
- 2 ☐ Somewhat disagree
- 3 ☐ Somewhat agree
- 4 ☐ Strongly agree
- 77 ☐ Don't know/Not sure

4. There are sidewalks on most of the streets in my neighborhood. Would you say that you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
88 ☐ Does not apply to my neighborhood
77 ☐ Don't know/Not sure

5. There are facilities to bicycle in or near my neighborhood, such as special lanes, separate paths or trails, shared use paths for cycles and pedestrians. Would you say that you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
88 ☐ Does not apply to my neighborhood
77 ☐ Don't know/Not sure

6. My neighborhood has several **free** or **low cost** recreation facilities, such as parks, walking trails, bike paths, recreation centers, playgrounds, public swimming pools, etc. Would you say that you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
77 ☐ Don't know/Not sure

7. The crime rate in my neighborhood makes it unsafe to go on walks at night. Would you say that you...

1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
77 ☐ Don't know/Not sure

8. There is so much traffic on the streets that it makes it difficult or unpleasant to walk in my neighborhood. Would you say that you...

1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
88 ☐ There are no streets or roads in my neighborhood
77 ☐ Don't know/Not sure

9. I see many people being physically active in my neighborhood doing things like walking, jogging, cycling, or playing sports and active games. Would you say that you...

1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
77 ☐ Don't know/Not sure

10. There are many interesting things to look at while walking in my neighborhood. Would you say you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
77 ☐ Don't know/Not sure

11. How many motor vehicles in working order (e.g., cars, trucks, motorcycles) are there at your household?

_____ Motor Vehicles

- 77 ☐ Don't know/Not sure

12. There are many four-way intersections in my neighborhood. Would you say that you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
88 ☐ There are no streets or roads in my neighborhood
77 ☐ Don't know/Not sure

13. The sidewalks in my neighborhood are well maintained (paved, with few cracks) and not obstructed. Would you say that you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
77 ☐ Don't know/Not sure

14. Places for bicycling (such as bike paths) in and around my neighborhood are well maintained and not obstructed. Would you say that you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
77 ☐ Don't know/Not sure

15. There is so much traffic on the streets that it makes it difficult or unpleasant to ride a bicycle in my neighborhood. Would you say that you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
77 ☐ Don't know/Not sure

16. The crime rate in my neighborhood makes it unsafe to go on walks during the day. Would you say that you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
77 ☐ Don't know/Not sure

17. There are many places to go within easy walking distance of my home. Would you say that you...

- 1 ☐ Strongly disagree
2 ☐ Somewhat disagree
3 ☐ Somewhat agree
4 ☐ Strongly agree
77 ☐ Don't know/Not sure

This is the end of the questionnaire, thank you for participating.