Fitbrary ERD

Users

id:
screenName: String
firstName: String
lastName: String
email: String
workouts: []

Workouts

id:
workoutName: String
createdBy: String
goal: String
description: String
components: []
comments: []

Components

id:
movement: String
repetitions: String
prescribed: String

Comments

id:
writtenBy: String
body: String