

September 2025

**** On Sparring Weeks we suggest the students come to class at least with their chest gear on to avoid wasting class time.**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
POOMSAE						
1	2	3	4	5	6	7
No Class Labor Day		REGULAR CLASS		REGULAR CLASS	x	X
BREAKING PRACTICE & POOMSAE						
8	9	10	11	12	13	14
REGULAR CLASS		REGULAR CLASS		Board Breaking for all students	X	X
SPARRING Bring Sparring Gear						
15	16	17	18	19	20	21
REGULAR CLASS		REGULAR CLASS		REGULAR CLASS	x	X
SPARRING/ SELF DEFENSE Bring Sparring Gear						
22	23	24	25	26	27	28
REGULAR CLASS		REGULAR CLASS		REGULAR CLASS	X	X
POOMSAE						
29	30	1	2	3	4	5
REGULAR CLASS		REGULAR CLASS		REGULAR CLASS	x	X

Green Belts and up are welcome to participate in the White Belt class to reinforce the knowledge of previous Forms, this will help them to perform better at their next Belt Test, taking in consideration they are going to be asked all of their forms. If you are interested in doing this, please let Master Antonio Know, thank you!

Little Ninjas - 4:30 - 5:00p.m

Green - Black - 5:45 - 6:30/7p.m

White - Yellow - 5:00 - 5:45p.m

Schedule is subject to change depending on students' attendance

****Some events might not show on the regular calendar due to schedule arrangements***