

CONNECTIONS

JUNE 2008



CEO Corner

As we approach mid-2008, I am very pleased at the level of success UMC continues to create. We continue to earn our place on short lists for significant project proposals. We continue to maintain the largest backlog of work in the Company's history. And while the gettin' is good for most contractors in our space, the points of our success is no accident.

We continue to improve our performance on significant projects for key clients. This is what earns our place as the go-to mechanical contractor for many significant owners and general contractors.

The result of all of this is our unprecedented backlog and a solid base to build from going into uncertain economic times.

On another front, MCA just completed another round of negotiations with UA Local 32. While this round of negotiations was difficult, we were able to achieve common ground on many issues. In the spirit of previous negotiations and our long standing relationship with Local 32, we focused on what is best for our industry and both sides made decisions and compromises accordingly.

-Jerry Bush

Safety

Heat stress can be a serious danger on the job and at home. (Optimistically thinking that it will, in fact, get warm sometime this summer!) Many environmental factors affect the risk

of heat stress: temperature, humidity, sun/shade, air movement, amount and type of clothing worn, radiant and conductive heat from tools and work surfaces, and the extent and duration of workload or activity. In addition, many personal factors affect a person's ability to work in hot conditions including age, physical condition, hydration, diet, use of medication, acclimatization, and medical conditions. Each person must understand and manage his/her own limits.

People exposed to heat can suffer from heat rash, heat cramps in the legs or abdomen, heat exhaustion, or heat stroke. Heat stress can be only an uncomfortable nuisance but it can also be life threatening. Precautions should be taken at work, at home, and during recreation. Techniques for mitigating heat stress include:

- Each person must be aware of their sensitivity to heat stress and respond with appropriate measures when necessary.
- Drink sufficient fluids: as much as one quart per hour depending on conditions and activity. Drinks containing electrolytes (like Gatorade) may be particularly useful.
- Wear light clothing and particularly a hat.
- Take preventive breaks if necessary.
- Take breaks and lunch in the shade or other cooler place.
- Be aware of the onset of heat related symptoms, methods used to cool off, and necessary first aid or medical responses.

- Observe friends, family, and co-workers, and provide assistance if they begin to exhibit symptoms of heat stress. Move the person to a cooler place, provide small amounts of cool water to drink, fan the victim to circulate the air while applying water with a cool cloth. Call for emergency medical assistance if person has seizures or loses consciousness.

And now, let's all hope for warmer weather!

STAR Performer-June **JOEL PEREZ**



Joel has been with UMC for just over a year now. And, in this short amount of time he has proven himself to be one of our most valuable assets. Joel's first job was Goat Hill, which was a highly successful project. His leadership and dedication made this happen.

Joel has since moved on to the BEQ project in Everett. Again, his attention to detail, building of a strong team at the site, his ability to make good decisions in tough situations, and

STAR Performer-June (cont'd)

his un-yielding respect for clients and co-workers will also make this project a success. Joel always finds a way to just get it done, even when things are stacked against him.

Excellent job Joel!

-Submitted and written by:
Bryan Eppler

New Hires



Rod Eriksen joined UMC on May 1st as a Project Engineer at the Brightwater jobsite. Before joining the UMC team he had been a Project Coordinator for WPC in Florida & Halliburton, building water, sewer and paper plants, following several years building amusement parks in Florida. He is happily married and enjoys building radio control helicopters and boats.



Troy Lowery started working for UMC on May 12th as a Senior Project Manager. Troy's last position was with Kajima USA as M.E.P coordinator for four years. Prior to this he was operations manager for Stanley Jones Corporation for 16 years. Troy has nearly twenty years of experience in Mechanical contracting.



Mark Peebles started work at UMC on May 19th and will be taking over Terry Schultz's position as Lead CAD Services Coordinator. Mark's previous job was with AWA Electrical Consultants in Lynnwood as a Designer. Prior to this he worked at several area engineering firms, including CDi and Wood/Harbinger. He is a life-long resident of the Puget Sound area, and he and his wife Melinda have lived in Monroe for the past 18 years. Mark enjoys photography, cooking and just about any beach.



Vincent English started working for UMC on May 21st at the NJB jobsite, as a college intern reporting to Audie Wallace. He is currently a student at UNLV (Las Vegas) seeking a Construction Management degree. His most recent summer jobs were working with Banner Roofing, as a roofing technician, and at The Home Depot as a Tool Rental Tech. He spends most of his year competing on the UNLV Swim and Dive team as a Springboard and Platform diver. In his spare time he enjoys restoring old cars and outdoor activities.

Birthdays

June

13 Linda Pelletier
18 Rich Munoz
21 Catherine Waldren
24 Steve Russo
24 Konstantin Aluf

July

5 Brittney Spurlock
5 Bryan King
10 Julie Blanchard
14 Richard Farmer
15 Linda Weisberg
20 Vicky Rozis

Anniversaries



25 years

Ed Toyoji

Calendar of Events



August

9th-Company Picnic (Juanita Park)

September

7th-Golf Tournament (Harbour Point Golf Course)

October

30th-Halloween Party

December

12th-Santa Party

January, 2009

10th-Holiday Party (Red Lion, Bellevue)

AT&T BLACKBERRY & CELL PHONES "FOR SALE"



- Blackberry sale price is \$50



- Pocket PC w/phone sale price is \$50
- Cell phone sale price is \$25

*Limited number of chargers on a first come basis

*These phones have been previously used by UMC employees

NOTE: These phones only work with AT&T service!

All proceeds from the sale of the phones will go directly to UMCCF to distribute to charitable organizations in the Puget Sound area.

Interested?

Please call or see Monica Todd in Accounting

This is a reminder that UMC has secured 12 more parking spaces from Tone Commander in the adjacent parking lot to our building. "Reserved Parking" signs in front of the stalls will designate which are UMC's. Below is a schematic design of the new parking spaces which are labeled 1-12. For your safety, please walk around the parking lot to UMC in order to avoid an accident or injury by cutting through the trees.

The lack of parking is continuing to be an issue for employees, so this is a short-term solution to the problem. With the rising gas prices and as an alternative to running out of parking, another option may be for employees to "carpool" to work. You can let Marj Schmidt know if you are interested in carpooling as she will be keeping a list of those interested to geographically "match" up riders.

