



CONNECTIONS

June, 2012



Blocking and Tackling

Even with the continual advent of new and technologically advanced tools in business, the fundamentals remain largely unchanged. This is especially true of our business.

When I was thrust into one of my first large projects for UMC (years ago and green as grass), the salty General Foreman I worked with on the project taught me much of what I know about the business today. To this day, I recall him catching up to me on the jobsite (in a foul mood), pulling me aside and growling "M.I.T., M...I...T!". Sound familiar? Of course, I was thinking, "No, CSU, C...S...U). Never been to the East Coast" (green as grass).

Material, Information and Tools. Very simple, and not easy – and this remains one of the essential core foundations of a successful project.

Of course, the types of material available continue to change and expand, the vehicles for information delivery have greatly advanced and expanded, and the construction industry is finally implementing new technology in tool development. UMC makes great use of these advancements and we will need to continue to embrace new technology to the extent it adds value, effectiveness and efficiency to our operations.

Can we assume that these savvy new tools and technologies somehow "take care of" the basics for us? Unfortunately, those super-tools don't exist. The tools available to us are just that, tools. Certainly, they should allow us to *better* execute the basics, but no tool or technology replaces the basics.

UMC's strategy and true value proposition lies squarely on our ability to effectively and efficiently execute projects. We get work by performing the work that we have – bottom line. This takes hard work, attention to detail, sense of urgency and a clear understanding of the basics. It takes constant and persistent attention to the next steps in the project. It takes a robust and ongoing planning process. It takes constant and consistent communication with the entire project team. It takes a solid understanding of the financial performance of your project from the beginning.

Needless to say, the effective management and execution of a construction project is not easy, but we are darn good at it. When we focus and execute the fundamentals, the opportunities for creativity and innovation open up. We have proven this time and again.

Keep up the good work, and remember the basics!

-Jerry Bush

SAFETY MATTERS

Summer Safety

When summer temperatures soar, you might plan some changes in your usual routine. Babies, young children, the elderly, and those with chronic illnesses are most at risk. To get the most out of summer, safety should be at the top of your list. Here are some tips to help you and your family to enjoy summer safely.

PREVENT HEAT STRESS

- Be sensible about strenuous physical activity. Take frequent rest breaks. (Stay in the shade during the hottest part of the day, 10 AM - 4 PM). Drink plenty of water and offer water to the children frequently. Children can be dehydrated even before they ask for water. Pets need plenty of water too.
- Wear loose-fitting, lightweight clothing. Use sunscreen. Wear a wide brimmed hat and sunglasses to help block the sun.
- Pull the drapes or shades to keep the "cool" air in. If you are using fans to move the air around be sure they are out of reach of children.
- Review the signs and symptoms of heat exhaustion and heat stroke. Your first-aid manual will help in determining what action to take. **Be prepared to call for medical advice or immediate help if necessary.**

WATER SAFETY

- If you are around water remind the children about safe water play rules. *Nothing takes the place of close supervision.*
- An average of 23 people perish in drowning accidents each year in King County, with nearly two-thirds occurring on open water, including rivers, lakes and Puget Sound.
- 90 percent of drowning victims are not wearing life vests, according to the U.S. Coast Guard. A recent study indicated that at least half of those would have survived had they worn a Personal Flotation Device (PFD).
- Rivers are unusually swift and cold this year due to a heavy mountain snowpack. Puget Sound averages about 55 degrees which is life-threateningly cold. The wearing of PFDs is as essential for swimmers and boaters as helmets for cyclists and seat belts for drivers.

ADDED CHEMICALS

- Wear sunscreen with an SPF of 15 or higher whenever you spend time in the sun, and reapply it as needed. Some sun screens fade with sweat or swimming.
- Wear insect repellents, especially when hiking or camping, to prevent Lyme disease (spread by ticks) and West Nile virus (spread by mosquitoes). For best results, apply insect repellent after sunscreen.
- Alcohol - summer festivals, sporting events and other activities often include alcohol. To prevent injury to yourself or others, be a responsible drinker and always make sure you have a designated driver. Many boating accidents are related to alcohol use.

FOOD SAFETY

- Picnics and other outdoor events that include preparing and eating food must be managed carefully.
- Meats must be cooked to the proper temperature to assure safety. **Serve** the first-cooked meats first. Make sure the food is used before the temperature drops under 140 degrees.
- Keep them refrigerated (at 40° F) or stored in coolers with lots of ice until ready to eat. **Refrigerate** any leftovers immediately!
- Grilling mishaps cause more than 8,300 fires and send 3,000 people to the emergency room each year. Never grill indoors or near garages or porches, even if it's raining. Never leave the grill unattended. Have a spray bottle or fire extinguisher close to the grill to put out the fire, should one occur.

It's summertime and the living is easy as long as you make safety a top priority for you and your family.

NEW UMC TEAM MEMBERS

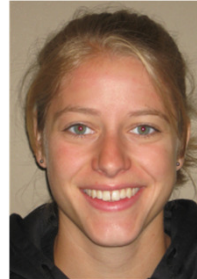


Todd Bovey started working for UMC on May 17 as the Engineering Manager. Prior to joining UMC, he spent 10 years with CDi engineers, where he was an Associate and Senior Project Manager (he was the engineer of record and mechanical project manager for the Good Samaritan Hospital and Swedish Issaquah Hospital projects).

Todd has 31 years of experience in the design and construction industry, mainly as a consulting engineer. Before joining CDi, Todd was the mechanical department manager for the local office of a large multi-discipline design firm. When he isn't working, he spends his time with his wife Lee and their two lab-mix dogs. Todd is enthusiastic about scuba diving and would like to spend a lot of time underwater in remote locations.



Nathan Janders started working for UMC on May 14 as a college intern. He is currently a senior in Mechanical Engineering at Washington State University. Last summer Nathan was an intern at Crane Electronics in Redmond working on a thermal management program and prior to that he worked at Fairwood Golf and Country Club as a service member. Nathan loves the outdoors and sports and recreational activities. When being outside is hindered by weather he loves to woodwork and build scale models.



Kimberly Westcott started working for UMC on June 4 as a college intern. She is currently a senior in Mechanical Engineering at Washington State University. Last summer, Kimberly was an intern at Boeing, working on and testing primary flight control systems for the 787. She loves all kinds of outdoor recreational activities and sports such as camping, disc golf, crew, and cycling.

On the Move...

Matt Kopicky has been promoted to Project Manager!



Matt graduated with a B.S. degree from the University of Washington's Construction Management program in 2005 and worked as a Project Manager for four years with Camwest Developments. Since joining UMC three years ago, Matt has excelled as a Project Engineer and has always pursued his many job responsibilities with enthusiasm and persistence. Matt has worked on Brightwater, Spokane WWTP, Alcoa, TransAlta, and many smaller Industrial Projects.

Congratulations to Matt on his promotion to Project Manager.

LOOK WHAT'S HAPPENING

2012 EVENTS CALENDAR

AUGUST

Picnic

Saturday, 8/4

10am-2pm

Cottage Lake Park

Woodinville



SEPTEMBER

Golf Tournament

Sunday, 9/9

7:30am shotgun start

Harbour Pointe Golf Course

Mukilteo

MCAWW Conference

Thursday, 9/27

WA State Convention Center

Seattle

OCTOBER

Trick or Treat

Tuesday, 10/30

3pm-5pm

UMC

DECEMBER

Santa Party

Thursday, 12/13

5pm-7pm

UMC

JANUARY

Holiday Party

Saturday, 1/12/13

6pm-Midnight

Lynnwood Convention Center

YEARS OF SERVICE

20 Years:

David Malone (July)

10 Years:

Maria Boyer (June)

Rich Happel (June)

5 Years:

Greg Lincoln (June)

Les Bouck (July)

Ryan Santeford (July)

Chris Plaut (July)

Mike Rodriguez (July)

"HAPPY BIRTHDAY"

June

11 Jon Baker

18 Rich Munoz

24 Steve Russo

25 Konstantin Aluf

30 ENZA

July

1 Mike Holden

5 Brittney Spurlock

5 Jake Gustafson

8 Ralph Schaeffer

10 Julie Blanchard

12 Greg Lincoln

14 Richard Farmer

14 Dean Harriman

15 Linda Weisberg

18 Terry Parmley

20 Vicky Rozis

31 Matt Mifflin

