

Friday, September 10, 2004

=== UMC NEWSBLAST ===

What a great party to celebrate Rick's 30 years. **Thanks Rick.** Also, thanks to all who attended and special thanks to *Lise Van Deusen* and *Robin Cowper* and all who helped put it together.

UMC Core Values

→ UMC's "STAR Performance" Core Values (**S**afety, **T**eamwork, **A**ccountability, **R**espect, **P**erformance) truly reflect our culture and are instrumental in the achievement of our goals.

This week's outstanding example of the "Performance" Core Value:

James Flint, UMC Sheet Metal Foreman, has done an excellent job on several fast-track, design/build tenant improvement projects at the Exchange Building, including A-Quantive and Mobiliss for Turner Construction, as well as outside air direct for Trammel Crow. James has encountered many unique challenges on these projects and has worked closely with the project manager and design team to mitigate risk and successfully perform the work. Great job, James!

UMC Family

Congratulations to *Mary Pakinas* for taking seven 1st place ribbons and two 2nd place ribbons in the baking contest at the Evergreen State Fair. For those of you who have sampled Mary's cookies that she brings in to work periodically, you will understand why she won these awards!

UMC Golf Tournament

There are still a limited number of spaces left! Don't miss out on this fun event on **Sept. 19, 2004** at the Harbor Pointe golf course. UMC families are invited to the post-tournament BBQ at the UMC main office. To sign up, email Lise Van Deusen lvandeusen@umci.com.

UMC Philanthropy

61.8 million Americans have some form of cardiovascular disease. UMC has joined **Lease Crutcher Lewis** in the **American Heart Walk** on October 9, 2004, by making a donation in honor of Terry Baldwin. We invite everyone to participate in this important event by either registering for the Lewis team ("Team Madding") or making a small donation. **Employees who participate or make donations in honor of a friend or family member will have a heart posted on the lunchroom wall.** (Forms will be available in the lunchroom.) Please contact Robin Cowper or Lise Van Deusen for more information.

SAFETY TIP:

With the arrival of the crisp Autumn weather, many people will begin using their fireplaces again. Fireplace Safety Tips: 1. Have your chimney cleaned at least once a year to keep it free of debris, which could cause a fire. 2. Always keep a screen in front of the fireplace. 3. Never burn trash, newspaper, or wrapping paper inside it.

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