

Friday, March 24, 2006



==== UMC NEWSBLAST ====

Safety Corner

Hearing Protection:

Whether noise damages you're hearing depends on three things: how loud it is, how long you are exposed, and how close you are to the source. As a rule of thumb, if you have to raise your voice when talking to someone a couple feet away, the noise is above the trigger level for wearing PPE.

The type of hearing protection you may be required to wear depends on the type of noise hazards. The most common types are earplugs, canal caps, and earmuff cups. Wash your hands before inserting earplugs. Learn how to use the various types of soft and preformed earplugs. In general, you pull the ear up and back before inserting the plug. Wash reusable earplugs every day, and dry them before you store them. Replace them when they are worn or don't seem to fit.

If you have any questions about any of the safety tips, please ask Jim Schick or Brian Van in our safety department.

UMC Core Values

UMC's "STAR Performance" Core Values (**S**afety, **T**eamwork, **A**ccountability, **R**espect, **P**erformance) truly reflect our culture and are instrumental in the achievement of our goals.

→ March's STAR Performer: Pat Damitio

Pat started with UMC in 1992. Terry Baldwin brought him on to work in the Industrial Group. Pat commenced gaining experience working in the paper mills, steel mills and all aspects of UMC industrial work. Pat quickly proved his skills and ultimately became the primary contact for many of the long-time UMC industrial clients. The Industrial Group Clients included Birmingham (now Nucor) Steel, Scott Paper (now Kimberly Clark), and Daishowa (now Nippon). Pat and his group continue to maintain these relationships.

Pat has managed many very complicated projects including the furnace replacement at Birmingham Steel and the Transalta Power Plant project in Centralia. While these projects were larger and more complicated than any recently completed UMC projects, Pat stepped up and managed them to success.

When we lost Terry Baldwin in March 2003, Pat once again stepped up. Without hesitation, he took charge of the Industrial Group, maintained our client base, generated new work and has managed the group successfully and profitably ever since. In addition, Pat is a key member of the UMC management group and consistently offers up his insights in the company operations. In the past few years, I have had the pleasure of working more closely with Pat. His intelligent, no-nonsense approach is well received. He is a great adviser to me and I look forward to many more successful years with Pat.

- Written by Jerry Bush

Quotable Leader

"Disciplining yourself to do what you know is right and important, although difficult, is the highroad to pride, self-esteem, and personal satisfaction."

-Margaret Thatcher

Project Spotlight

Pat Damitio gives us this update on **SeaTac Conveyor Install**.

UMC has recently mobilized for another new project at SeaTac Airport. This time around we will be installing conveyors instead of pipe. Under a contract with G&T Conveyors, UMC will be installing some 6,000 feet of new baggage handling conveyor.

Nancy Brown and Rick Hawkins will lead the management effort, while Tom Abbott and Scott McDaniels will handle the craft supervision. This job is expected to peak at around 30 millwright and ironworkers this summer and be completed next spring.

UMC Health Awareness Corner

St. Patrick's Day Dash

The fit of the fittest dashed their way down the viaduct for the 22nd annual St. Patrick's Day Dash. Many Leprechauns raced for the pot o' gold. Although he wasn't the fastest Bruce encouraged all employees to race. Those who dashed under Seattle's sunny sky's had a good time and enjoyed sharing some Irish brew at the finish. Hopefully next year more UMC Leprechauns will join the fittest of the fit. Way to go: Bill L., Bruce P., Tom B., Ned M., Teri P., James D., and Mark R. and all the UMC leprechauns.

The 2006 road racing and triathlon season is under way, weekly runs will continue throughout the year on Monday, Wednesday, Friday with long runs on Saturday mornings. Contact Bruce Pence or Bill Laughlin for more info. Lets make 2006 your fittest year ever.... Keep runnin'....

Bruce and Bill

Mark your Calendars

April 8, 2006 – Skagit Valley Tulip Run This is a 5 & 2 Mile Spring run on hard-packed gravel trails and roads. It starts at 9:30 AM at the Port of Skagit Airport. If you are interested in participating in this run please contact either Bill Laughlin, Bruce Pence or call (360) 856-6990 for more information.

August 13, 2006 – Guts & Glory 5K Walk/Run The Crohn's & Colitis Foundation of America will be hosting the Annual Guts & Glory 5K Walk/Run at Qwest Field. This will be a fun-filled day for the entire family. More information will be coming in the next few weeks regarding the fund-raising efforts/contest that UMC employee's can be involved in.

August 26, 2006 – Annual UMC Family Picnic Come join the family fun at Cottage Lake Park. More information will be coming in the months ahead.

September 10, 2006 – Annual UMC Golf Tournament The date is set and the Course is picked. Join in on the fun of a little golf and a lot of good stories and getting to know your fellow employees. Harbour Point Golf Course is a fun, challenging course for the beginner and even the advance golfer. We are also considering a spring golf event in the south end. Let us have your input!

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