

CONNECTIONS

Dec. 2010



As hard as it is to believe that 2010 is coming to an end, we have much to be proud of as a company. We worked almost 800,000 man-hours with a safety incident rate of less than 1.5. We continue to provide exceptional project delivery on many challenging projects.

Our strategic initiatives made great progress and you will see continued updates next year.

It is solely due to your thoughtful hard work that continues to result in success for your company.

I wish each of you a safe and happy holiday and I look forward to more success in 2011.

- Jerry Bush

CONGRATULATIONS!! STAR Performer - 3rd Qtr.



Travis Mattocks is UMC's 3rd Quarter STAR Performer. In late July 2010,

Travis stepped into the role of Project Superintendent for the Wheeler Data Center & Office Building Project. At this time the project was in the midst of more than two dozen major equipment deliveries and crane picks. Travis stepped into this role setting the example of UMC's CORE values, his dedication to safety and teamwork are exemplary. He has a desire to do his best every day in everything he does to ensure the team is performing to the best of their abilities. Travis is consistently looking for better ways to get things done and it is a pleasure to watch him engage his team and work through challenges that arise.

Congratulations Travis!!

Written & Submitted by:
Richard Farmer



Safety

Safety Performance - Our safety performance has been outstanding this year! We currently have an OSHA recordable rate of 0.85, almost 90% less than our five year average at the end of November. We have had only three recordable injuries in a year when we have worked the most annual hours in UMC history and worked on the Swedish Issaquah fast-track project. That is a record to be proud of - keep up the good work!

Holiday Safety Hot List - The following is a list of safety considerations for holiday activities. Please be sure to take note of them as you and your family enjoy the season. Safety is a 24/7 commitment.

1. **Fall Protection/Ladders:**
Use care when getting onto your roof to put up decorations. Be sure the ladder is extended 3 feet past the landing and secured. (Have someone hold the ladder.) Be very careful when using ladders to put up lights and decorate the tree. **Never:** use a step ladder as an extension ladder, stand on the top two steps of a step ladder, lean out too far from the ladder to set that one last ornament. Be careful of wet feet on a ladder.
2. **Electric Shock:** Inspect the cords on your lights - if they are nicked or worn, replace them. Be especially careful with outdoor lighting. Do not put too many light strings on one circuit.
3. **Fire:** Be sure to keep your indoor tree well watered. Have your chimney cleaned so that Santa can have clear access. Use extreme care when using candles. Check to see that your lights are not too hot. Do not leave home with your indoor Christmas lights on. Consider switching to LED lights which remain cool and use less energy.
4. **Personal health and injury:** Help yourself avoid colds and flu by washing your hands often, getting a flu shot,

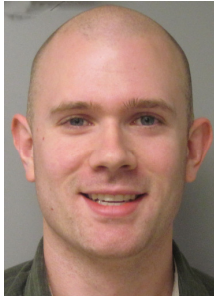
avoiding others when they are sick, covering coughs and sneezes, eating nutritious meals, and getting enough rest. Use care when lifting heavy objects- ask for help if it is too heavy. Don't try to do too much - fatigue is a major cause of colds, flu, and injuries.

5. Consider the **stability of your tree**: secure it to the wall if you have small children and/or rowdy relatives.
6. Remember that **winter driving** can be difficult. Leave enough time so that you are not rushed. Carry chains if you are going over the mountains. Equip your car with a first aid kit and a blanket. Use care when driving in the rain. Keep an eye out for drivers who have forgotten to designate a driver.
7. **Stress** and the holidays seem to go together. Here are some ideas for managing stress. Don't take on too much. Eat healthy meals. Get enough exercise and enough sleep. Make time for yourself - breathe deeply, take a walk, close the door and take a nap, just say no! Maintain a grateful attitude. Help someone less fortunate than yourself. If you control stress, stress cannot control you!

Have a safe and happy holiday!

WELCOME TO UMC

New Hires



Kyle Richard started working for UMC on 11/15/10 as a Project Engineer, reporting to Rick Hawkins on the Hanford jobsite. For the past year Kyle has attended Oregon State University while also working for Northwest Engineering Service as an Estimator and Test & Balance Technician. Prior to this he had summer internships with Kinetics Systems and Skanska. Kyle is currently finishing his Masters in Business and Engineering in Construction Management at OSU. When not in school or at work, Kyle enjoys skiing.



2010 Calendar of Events

JANUARY, 2011

Holiday Party
Saturday, 1/15
6:00pm-Midnight
Lynnwood Convention Center



Birthdays

December

- 3 Josh McGaffey
- 4 Steve Stamm
- 5 Paul Idzik
- 6 Ezequiel Valasquez
- 8 Rick Coulter
- 11 Jerry Bush
- 17 Liz Spell
- 24 Ian Footer

January

- 2 Pat Damitio
- 5 Steve Bueler
- 7 Wayne Hakola
- 7 Jay Murphy
- 11 Brett Endres
- 11 Kirk Baisch
- 14 Khai Xiong
- 16 Jon Ericson
- 25 Don Kelly
- 29 Scott Locke
- 30 Rick Hawkins
- 30 Bill Rasmussen



Anniversaries

10 Years:

Rick Pelletier (Dec)

5 Years:

Konstantin Aluf (Dec)
Paul Idzik (Dec)
Rich Munoz (Jan)
Julie Blanchard (Jan)
Jerry Nelson (Jan)