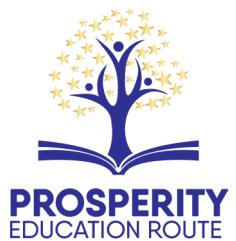


12 PATTERNS FOR A HAPPY LIFE



THE PROSPEROUS
LIVING SERIES



12 PATTERNS FOR A HAPPY LIFE

The Prosperous Living Series emphasizes the three pillars of relationship fulfillment, parenting skills, and leadership traits. Through this course you will discover foundational principles for generational success and happiness. You will learn how to raise healthy, well-rounded, and high-achieving children. By implementing the strategies taught in the Prosperous Living Series you and your child can find joy and success in this increasingly competitive world.

GOAL

Facilitate your personal, professional, spiritual and family growth over the course of a year through absorbing time-tested principles, practicing proven behaviors and developing enabling life patterns

BENEFITS

- True fulfillment and prosperity
- New skills for parenting, personal health, and work
- Well-rounded, high achieving children
- Improve relationships and generational family bonds
- Communicate effectively in any situation
- Happiness you deserve
- Personalized plan of action
- Practical application, professional feedback

OUTLINE

- Month 1: Develop Prosperous Patterns!
- Month 2: Love Learning: Achieve a Lifetime of Educational Success!
- Month 3: Be Passionately Committed!
- Month 4: Communication is the Key to Prosperity!
- Month 5: Win at Marriage!
- Month 6: Build a Strong Family!
- Month 7: Parenting Prosperous, Well-Adjusted Children!
- Month 8: Become a Triumphant Leader!
- Month 9: Be a Superior Speaker!
- Month 10: Master Stress!
- Month 11: Be the Charming One!
- Month 12: Continual Improvement and Renewal



CURRICULUM CREATORS

**James**

- Professor of Political Science
- Ph.D from Stanford University
- JD from Brigham Young University (BYU)
- Taught Courses at Stanford University, VSU, USU, SJSU, and BYU
- Widely Published
- He and his wife Kathleen are the parents of eight children

**David**

- Adjunct Business Professor at UVU
- Corporate Trainer in Organizational Anthropology
- Ph.D (abd) Global Sociocultural Studies
- MA's Asian Studies & Southeast Asian Cultural Anthropology
- Speaks Thai and Mandarin
- He and his wife Jessica are the parents of six children

**Jonathan**

- Licensed Marriage and Family Therapist
- Director of Training and Development of People Smarts
- Coaches Depression & Stress & Anger Management
- Youth Substance Coordinator Valley Mental Health
- Widely Published
- Popular Professional Speaker and Trainer
- Four children, married 27 years

**Michael**

- MA Psychology and Family Counseling
- Lt. Colonel US Air Force
- Taught Leadership to Students at M.I.T. and Harvard
- High School JROTC Instructor

Terri

- 40-year International Educator; Private School Principal
- Together: Seven Children, 27 Grandchildren, One Great-grandchild





Dr. V. James Strickler, JD PhD was born in the small town of Sweet Home, Oregon (population 6,000), where he was raised by his single mother along with two siblings. After serving for two years as a missionary for the Church of Jesus Christ of Latter-day Saints, he enrolled at Brigham Young University (BYU) in Provo, Utah. He is the first generation in his family to attend college.

At BYU, he earned a Bachelor of Arts degree in Political Science & History Teaching. He then attended the J. Reuben Clark Law School at BYU, where he earned a Juris Doctorate. He next earned a Doctor of Philosophy Degree, in American Politics, from Stanford University in Palo Alto, California. Dr. Strickler now has over 20 years of experience teaching at colleges and universities, including at Valdosta State University, Utah State University, San Jose State University, Brigham Young University, and Stanford University. He has published numerous scholarly works in such places as the Harvard International Journal of Press/Politics and the Georgia Law Review, and with Cambridge University Press.

At the time that Dr. Strickler entered his graduate studies at Stanford, he also married his wife, Kathleen. While he was in graduate school, she gave birth to the first four of their eight children. Those eight children now range in age from 18 years old to 6 years old. Because Kathleen suffers from several health problems, Dr. Strickler has often been both the income earner for his family and the primary care

giver for his children. Nonetheless, his children have excelled in both academics and extracurricular activities. Dr. Strickler's two oldest children each graduated from high school in just three years at the age of 16 and earned full academic scholarships to Brigham Young University. Both were also named as the "Star Student" of their graduating classes for having achieved the highest scores on the Scholastic Aptitude Test (SAT) of any student in their region of the State of Georgia. Both were also recognized as National Merit Scholars and by the State of Georgia as Georgia Scholars. Dr. Strickler's third child will graduate from high school at nearly a year younger than the first two, and with even higher test scores. Dr. Strickler's younger children are also the top students in their classes. His children play piano and participate in such activities as math competitions, robotics competitions, choir competitions, Scouting, theater arts, and various sports. Dr. Strickler's three oldest children have all been members of Georgia's All-State Chorus each year since middle school. The family currently resides in Valdosta, Georgia.





David Dayton, MA, PhD (abd) has more than 25 years of experience working in Thailand and Greater China. He started his own companies in Taiwan, China and Thailand as well as worked for consulting firms, gas and telecom companies, media groups, schools, NGO's and factories. In China, Thailand and the US he has managed QA, logistics, and human resources for both his own companies and for others. He is a founder of Silk Road International, PER, Grasshopper Tours, The China Sourcing Information Center and was the original editor and content provider of the China Sourcing Magazine.

David is also a sought after speaker and consultant, on topics centering on Thai and Chinese corporate cultures and practices and well as family and educational success. For the last decade he has consulted with banks, airlines, factories, SMEs, MNCs, families and schools, with the goal of helping them work to better their relationships, operations, cross-cultural understandings and futures. He and has been the keynote speaker in events in Chinese and English in China, Hong Kong, Thailand, UAE and the United States and has given hundreds of professional and academic presentations. He has been published in academic and professional journals and been interviewed by CNN, CBS, BBC, 60 Minutes, EuroBiz and others.

In a past life, David was a drummer in a rock band, an on-air personality for two radio stations, a national collegiate speech and debate champion, and a missionary. He currently teaches Business Development in China at Utah Valley University, speaks Thai and Mandarin and has completed two MAs focusing on Thai Urban and Corporate Cultures. He is also a PhD Candidate (ABD) in FIU's Global

Sociocultural Studies program. His work emphasizes Business Anthropology with his dissertation focus on Chinese corporate cultures in Southeast Asia.

David is most proud to be the father of 6 wonderful children and the husband to his beautiful wife, Jessica. He is the fifth of eleven siblings and the son of Dr. Lynn T. Dayton and Senator Margaret Dayton. His hobbies include travel, ethnography, Buddhism, eating, and triathlons.



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Jonathan Sherman, LMFT is a Relationship Strategist (Licensed Marriage & Family Therapist) and sought-out Speaker specializing in “Creating GREATness in Relationships.” He is the President of MarriageEnvy, International.

His three main areas of focus are 1. Transforming Marriages, 2. Training Parents, and 3. Mastering Self. He assists people through skill development, life coaching, overcoming depression and anxiety, stress and anger management, and addiction recovery.

He speaks and teaches extensively on a wide range of relationship topics in the community and professional sectors. He works closely with civic and community leaders in crafting solutions to strengthen marriages and families in the community. He founded The Relationship Mastery Series workshops designed to strengthen families and enrich our community. He was awarded the Outstanding Education Award by The Utah Behavioral Healthcare Network for “recognition of outstanding efforts in presenting the public with accurate, meaningful and current information about mental illness.” Further, he has been nominated for the WEGO Health Activist Award.

Jonathan was the Director of Training and Development for PeopleSmarts—a leadership development firm specializing in the field of emotional intelligence (EQ). He was the Youth Substance Abuse Coordinator for Valley Mental Health, and

an instructor for the State of Utah’s Shared Parenting Course for Divorcing Parents for 11 years. His background includes residential addiction treatment, domestic violence treatment, at-risk youth services, and home-based family therapy services.

He works with school districts and educators in creating effective solutions to difficult behavioral and emotional problems with their students. He developed the Be the Answer: Solutions to Bullying prevention and intervention program. He conducts teacher training and school assemblies.

Jonathan graduated in Family Sciences at Brigham Young University and received his master’s in Marriage and Family Therapy at Northern Illinois University. He is married to a lovely and skilled husband trainer who has truly earned her keep. They live in eternal bliss (okay, fairly peaceably) with their four children in the Rocky Mountains of Utah.

Jonathan has been passionately educating individuals, couples, families and groups about building strong families and creating great relationships since 1993.





Lieutenant Colonel Michael Liechty, MA has had a lifetime of education and experience in the study of human behavior. His formal education includes a Bachelor's Degree in Psychology and a Master's Degree of Education in Counseling.

As an officer in the United States Air Force he served as Professor of Aerospace Studies at MIT where he taught Leadership to Harvard and MIT students.

Additionally, he was the Chief of Social Actions at Travis Air Force Base in California where he was responsible for resolving complaints of sexual harassment and discrimination.

Colonel Liechty has been a Field Training Officer at summer camps preparing college student officer candidates for the rigors of officership in the United States Air Force. For over ten years Colonel Liechty has taught leadership, character building and citizenship to hundreds of high school and college students on the east coast, the Midwest and the Mountain West of America.

Recently Colonel Liechty and his wife conducted a camp focused on developing resilience and grit to young men in preparation for charity service, professional work, and marriage.

While living in Norway, Colonel Liechty and his wife started a young adult program to assist and prepare young people for success in their relationships, education, work, marriage, and life.

Prior to his military career, Colonel Liechty ran his own construction business where he taught young men the skill and value of manual labor.

He has contributed decades of service to his church – in particular to the youth programs and religious instruction. Additionally, Colonel Liechty has given years of volunteer service as a coach of sports programs in the community and the high school.

Colonel Liechty and his wife Terri have been married for 42 years and have raised seven highly successful children who have all been to college and are valuable contributors to society, their communities, country and the world – but most importantly, they are leaders of their own families raising their own future highly successful children.



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Terri O'Brien Liechty is a 40-year educator, and currently the Principal at Ivy Hall Academy in Provo, Utah. Her teaching has taken her to all 50 states in America, and also various locations in Europe, where she has taught in public, private and international schools.

She and her childhood sweetheart/husband have raised 7 highly successful and happy children, all of whom have married, and who have provided them with 26 wonderful grandchildren. Her focus has always been happiness and excellence in the family and in education.

A leader in her many communities, Terri embraces her international friends who often seek her educational counsel.

Principal Liechty has owned several businesses that she and her children have successfully operated. Her favorite time of day? Reading or teaching music to students or grandchildren!



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Bethany Cole Saldaña, MS is an experienced youth leader and dedicated to bringing about positive changes in those she teaches. For over seven years Bethany has lead youth to create positive changes in their lives through various methods: classroom instruction, one-on-one goal setting, motivation, and creating tailored plans of action. She specializes in working with girls ages 14-16.

She was instrumental in helping students gain admission into top universities such as Cornell University and Brigham Young University. Not only has she impacted the young women she serves but their parents as well.

She served as the Education Manager and Facilitator for a chapter of the world's largest woman's organization for five years where she taught topics such as; parent-child bonding, content communication, self-reliance, financial independence, home education, and cultivating love. She cares deeply for the families she works with and will go the distance to help them meet their goals.

Bethany has done service in countries in Latin America, including The Dominican Republic, Guatemala, Argentina, Peru, and Mexico. One of Bethany's strongest qualities is her ability to make others feel loved and accepted. Bethany is a skilled facilitator. In her career as a Customer

Service Trainer, she learned the art of engaging her students through various techniques such as, humor, story telling, expressiveness.

As a trained Opera Singer and Stage Performer, she learned to gage the interest of her audience and can easily switch up the delivery style to ensure engagement and student retention. Parents and children alike enjoy the meaningful classes taught by Bethany.

She has obtained a Bachelor's of Science in Family Studies from Brigham Young University and a Master's of Science in Organization Development and Knowledge Management from George Mason University.

Bethany resides in Provo, Utah with her husband and three boys. She loves being a mom and is passionate about helping children and parents strengthen their relationships.



PATTERN 1: DEVELOPING PROSPEROUS PATTERNS

Develop foundational skills for positive change. Based on concepts from the world's best literature and real-world experience, this course gives you more than just a book to read; *Prosperous Patterns* specifies behaviors and helps you develop the everyday steps necessary to implement and maintain change in your family, profession, and personal life. This course builds the foundation for the subsequent 11 Patterns. *Developing Prosperous Patterns* is the basis for generational success and a happy life.

PRINCIPLE Learn foundational patterns that support life-changing behaviors, lasting happiness, and true success.

BEHAVIOR

- Gain hands-on experience creating healthy new patterns in all aspects of your life
- Learn the skills necessary to build and maintain satisfying relationships
- Personal confidence will soar
- Be an effective communicator and resolve conflicts with grace
- Hone your prioritization and goal-fulfillment skills

PRACTICE

1. Develop a "Prosperous Life Plan"
2. Review of Success Literature
3. Practical Steps for Real Behavior Change
4. How to Create Your Own Healthy Patterns
5. Creating an Environment to Support Change



PATTERN 2: LOVE OF LEARNING

Just because we've graduated doesn't mean we can stop learning: Education is a life-long pursuit. Not just in school but throughout our lives we are expected to learn and adapt to new situations--new jobs, new technology, new languages, new cultural settings. Chinese Businesses and employees are increasingly being challenged to upgrade and diversify to meet an international standard; individuals are expected to constantly adapt to new languages and cultures. Stress and failure in these evolving situations are often due to inadequate cultural preparation. This course is specifically tailored to the needs of Chinese students and professionals and will help you adapt to and thrive in a diverse global environment by inspiring you to integrate continuous learning into your daily life. Love of Learning will give you the preparation and tools needed for international success at any level.

PRINCIPLE Gain a desire for and learn the skills needed to create a pattern of lifetime of learning and sharing with others.

BEHAVIOR

- Tools for international corporate competence and success
- Guidelines for managing social and cultural expectations
- Confidence to discuss, debate, and present in intellectually challenging forums
- Learn the social queues and behaviors to promote yourself in international settings

PRACTICE

1. The Expectations Others Have of You
2. Managing Your Own Expectations
3. Knowing Your Audience
4. Performing on an International Stage
5. Absorb Hints, Innuendos, Body Language, and Other Cultural Communications
6. Friends, Relationships, and Competition in Foreign Settings



PATTERN 3: BEING PASSIONATELY COMMITTED

Setbacks are usually viewed as a barrier to our success, when, in fact, the process of overcoming our barriers better prepares us to seize our life's aspiration. This course has been called "the most important training West Point graduates receive." We personalize this world-class course for you and help you to adapt its principles into your life. We teach you how to assess your own talents and how to continue to work smart in the things that really matter most in life.

PRINCIPLE Learn how to personalize and embrace the values and behaviors that enhance personal joy and fulfillment in work, family, and personal life.

BEHAVIOR

- Create happiness at home
- Build success in your profession
- Increase opportunities for status and prosperity
- Bless the lives of others

PRACTICE

1. Assess Your Interest and Purpose
2. Is It a Job, a Career, or a Calling?
3. Expectations and Hope
4. Why Setbacks Can be a Foundation for Success
5. Embracing a Growth Mindset
6. In Praise of All Effort and Learning
7. Quitters Won't Make It
8. Being Supportive and Demanding of Yourself and Others
9. Something Hard and Interesting
10. Practice Continuous Improvement
11. Building Your Character: This Unique Trait is Best When Matched with Gratitude, Goodness, Self-Control, Emotional Intelligence, Kindness.
12. Living a Life with No Limits!



PATTERN 4: COMMUNICATION IS THE KEY TO PROSPERITY

Communication is one of the most important and influential aspects of relating well to others, yet we get very little training in these vital skills. Often people are only taught surface communication skills that don't seem to actually work, nor do they get to the core of the issue. This training bypasses the typical clichéd communication skills by focusing on the core skill that is rarely taught: deep listening.

- PRINCIPLE** Learn smart communication skills that increase emotional intelligence (EQ) and interpersonal success in the home, school, and the workplace for the mutual benefit of you and those you influence.
- BEHAVIOR**
- Improve effective and assertive communication
 - Improved cooperation
 - Greater success at conflict resolution
 - Increase respect, connection, and loyalty
- PRACTICE**
1. The Two Levels of Communication
 2. Body Language: What You Need to Know about Non-Verbal Communication and How to Craft Your Body Language Choices as Carefully as You Do Your Word Choices
 3. The Power of Joining: Treating Personality Differences as Unique Cultures to be Honored
 4. Intention Trumps Technique
 5. The Science of Crappy Communication: How to Use Your and the Other Person's Neurobiology to Get Past the Roadblocks of Communication
 6. Turning Off the Amygdala: How to Take the Other Person to Emotional Safety
 7. The Master Key to Communication: Deep Listening
 8. Difficult Issues: How to Have a "Crucial Conversation"



PATTERN 5: WINNING AT MARRIAGE

While everyone wants a happy marriage, sadly most couples experience the opposite. Fortunately, though, we have learned what prosperous and happily married couples do and their patterns and skills can be learned. In this training you will learn how to develop a solid plan for your marriage. The “OUR WAY” Marriage Plan is comparable to a building’s blueprint, a sports team’s playbook, a movie’s script, or a business’s policy and procedure manual.

- PRINCIPLE** By exploring the 12 components of the “Our Way” Marriage Plan you and your spouse will learn effective ways of transforming your marriage into the kind of great relationship that everyone wants, but so few have.
- BEHAVIOR**
- Increased marital satisfaction and happiness in life
 - Reduced stress and conflict
 - Increased closeness, cooperation, and unity as a couple
 - Greater intimacy
 - Build marital strengths
 - Improved communication and enjoyable relating
- PRACTICE**
1. Purpose, Vision, and Mission
 2. Rules and Roles
 3. Communication, Conflict Resolution, and Safety
 4. Love Languages and Operator’s Manuals
 5. Time Together and Time Apart
 6. Sex and Intimacy
 7. Money and Finances
 8. Parenting and Discipline
 9. Extended Family and Friends
 10. Religion and Spirituality
 11. Maintenance, Enhancement, and Romance
 12. Mentoring and Mastery



PATTERN 6: BUILDING A STRONG FAMILY

The strong family we all dream about doesn't have to be just a dream. In this course, you will learn the six foundational behaviors of strong and resilient marriages, parents, and families and how to build on the strengths your family already possesses. Begin to transform your family with this fun, upbeat, informative, and research-based course.

PRINCIPLE Create behaviors that lead to happy, peaceful, loving, understanding, and prosperous families.

BEHAVIOR

- Learn how to easily recall these traits when needed the most
- Learn how to teach these traits and skills to your family
- Learn how to practically apply them in your home
- Learn that these skills transfer back and forth between family-life and work-life

PRACTICE Learn the “ACCCTionS” that strong families consistently do:

1. A: Appreciation and Affection: Create connections that last a lifetime.
2. C: Commitment: Identity and being there.
3. C: Creative Coping and Problem Solving
4. C: Communication: It's so more than just talking.
5. T: Time Together: Love is spelled “T-I-M-E”
6. S: Spiritual Wellness: Motivation beyond our egos.



PATTERN 7: PARENTING PROSPEROUS, WELL-ADJUSTED CHILDREN

Parents struggle knowing how to find the balance with building a close relationship with their children, disciplining them effectively, and teaching them the skills that will help them succeed in life. There is a lot of conflicting and confusing advice on how to raise your children. Fortunately, there are methods based in the best research- and evidence-based models that work well in real family life. The "Love and Logic" parenting method is a favorite of therapists, family life educators, teachers, principles, and most importantly parents. It is practical, easy to learn and really effective!

PRINCIPLE Learn how to parent your children to improve discipline, reduce conflict, increase cooperation, and enjoy more peace and connection as a family.

BEHAVIOR

- Spending less time and energy disciplining your kids and more time enjoying them.
- Avoiding getting hooked into power struggles with your kids.
- Applying consequences in a way that makes your kid's poor choices the bad guy, not you.
- Getting your kids ready for the day (and for real life) without constant reminders, warnings, and lectures.
- Setting limits just once and follow through with meaningful consequences.
- Increased respect and love in your family at the same time.

PRACTICE

1. Intro to the "Parenting with Love & Logic" Method
2. Effective Discipline Strategies
3. Getting Your Child out of the Misbehavior Cycle
4. Three Parenting Styles
5. Training the Parent to Train the Child, aka "Animal Training for Humans"
6. Enforceable Statements
7. "Snap 123"
8. Relationship Building as a Crucial Aspect of Effective Discipline
9. Dealing with Special Situations: Lying, Angry Child, Bullying
10. House Rules That Rule! Setting and Enforcing Them Peacefully and Effectively



PATTERN 8: BECOMING A TRIUMPHANT LEADER

A Harvard Business Review study reported that 58% of employees would trust strangers over their own boss. This is partly because the majority of managers have not had adequate training on how to be a "Triumphant Leader." Through this course you will discover the secrets of today's successful leaders, the positive affirmations of the masters, and assess and enhance your own unique traits that will lead to YOUR success as a global leader in whatever profession you choose.

PRINCIPLE Learn how to lead and empower families, teams, and others in various settings via established techniques and using your own unique characteristics.

BEHAVIOR

- Increase your ability to achieve group success
- Understand what it takes to inspire people to follow you
- Empower others in their dreams
- Grow in confidence, happiness, and visibility
- Learn how to welcome and share new business opportunities
- Learn how to balance responsibility, flexibility, trust, and stress

PRACTICE

1. Creating Vision
2. Rallying Your People
3. Training Your Followers
4. Defining What Is Wanted and Needed
5. Empowering Your Team
6. Support from All Sources
7. Holding Your People Accountable
8. Rewarding Your Followers
9. Accepting Responsibility
10. Being Flexible and Open Minded
11. Trust and Loyalty
12. A Leader Is Where He Is Supposed to Be When He's Supposed to Be There
13. Be There



PATTERN 9: BEING A SUPERIOR PUBLIC SPEAKER

Engage audiences, impress your boss, and give a first impression that is guaranteed to impress! Focusing on professional presentations and spontaneous analysis and debate, this is the course for anyone that will be participating in classes, meetings, seminars, sales events, trainings, networking, or other venues that require quick thinking, smart organization, and quality presentation.

PRINCIPLE Create the confidence and presentation skills necessary to expertly present and discuss in any educational and professional setting.

BEHAVIOR

- Understand what it takes to present confidently
- Learn how to practice and prepare
- Practice the secrets of spontaneous organization
- How to give and receive feedback
- Controlling emotions and dealing with contention

PRACTICE

1. Preparation, Confidence
2. Interview Skills
3. Presentation Skills
4. Spontaneous Speaking
5. Discussions, Debates, and Contention
6. Dress for Success
7. Feedback, Critique, and Practicing



PATTERN 10: MASTERING STRESS

Learn how the Top 5 Stress-Busting Strategies can help you transform your stress into success! Rooted in the best research- and evidence-based approaches, combined with real-life, time-tested practical experience with thousands of clients, you will gain methods and mindsets that really work to help you balance your life and reach your goals.

PRINCIPLE Learn how to effectively use stress and strong emotions in your life to your benefit, rather than being overcome by them.

BEHAVIOR

- Understand the neuroscience and physiology of stress as the foundation for approaching stress management.
- Learn powerful, in-the-moment techniques for reducing stress and improving resilience in the “heat of the battle.”
- Reduce the impact of stress and anxiety and improve overall well-being.
- Learn how to identify, understand the core messages, and use the generally unknown positive aspects of anxiety, depression, and anger.

PRACTICE

1. The Mechanics of Stress: Understanding the Neuroscience and Physiology of Strong Emotions
2. Driving Your Emotions: Using Your Body's Dashboard
3. Mindfulness Training and Practices
4. Leveraging Self-Talk: Going Beyond Positive Affirmations into Understanding The Truth vs. The Lie About Yourself
5. Understanding and Leveraging Failure
6. Forming a Team



PATTERN 11: BEING POLISHED

What behaviors are expected in the international scene and which behaviors need to be avoided to save you from embarrassment? This course will have you refined in no time and will give you the skills necessary to thrive in competitive, high-class international environments. These behaviors will vault you into daily success, help you to get the jobs you want, manage the relationships you desire, and help you perform at the highest international standard!

- PRINCIPLE** Help educated professionals raise their own personal persona and public presentation to an international standard.
- BEHAVIOR**
- Increase your ability to achieve and exemplify prosperity and wealth
 - Become a model and a leader
 - Owning confidence and having friends
 - Ability to integrate and succeed in other countries and venues
- PRACTICE**
1. Why and How to Be the Best YOU
 2. How to Make an Impression That Will Last!
 3. Why Grooming Matters
 4. The Art of Greetings
 5. Why Table Manners (and How They Differ in America)
 6. What to Say So That People Will Want to See You Again!
 7. Power Words: Focusing on Your Strengths
 8. The Art of the Interview
 9. The Ten-Day Experiment
 10. Managing Time So You Can Get What You Want
 11. How to Make the Other Person Really Like You
 12. Why Detective Work Matters



PATTERN 12: CONTINUAL IMPROVEMENT & RENEWAL

There are many voices competing for your attention in this world: the media, parents, employers, children, etc. The list is endless. Each is trying to convince you what is best for your life. In this course, you will learn how to attain your life's aspirations, find peace, and share your success with others. This course is a culmination of the preceding 11 patterns.

PRINCIPLE Teach the time-honored values that encourage generational success and happiness.

BEHAVIOR

- Make a detailed plan to obtain your goals
- Identify next steps
- Share your successes and inspire others
- Teach others what you have learned to perpetuate your learning
- Master the concepts so you can go forth and do

PRACTICE

1. Refine Your “Prosperous Life Plan”
2. Share Your Passion, Fulfill Your Mission
3. Continuing the Prosperous Life

