

Mission of Hope Food List

Team Size	Items to Bring
1-2 people	"Per person" items only
3-5 people	Bring half of "Per 10 People" items and bring all "Per person" items
5 people or more	Bring all stated below

Required Items: To be brought in to Haiti with team

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| <ul style="list-style-type: none"> • Peanut Butter (28 oz.) • Jelly (14-16 oz.) • Breakfast Cereal • Pringles • Little Debbie's Snacks • Salad Dressing • Boxed Cake Mix • Cake Frosting • Baking Chips • Granola Bars • Red Spaghetti Sauce • Tortillas • Red Enchilada Sauce • Gatorade or water enhancement powder • Powdered Coffee Creamer • Powdered Milk • Hand Soap (8 oz.) • Hand Sanitizer (12 oz.) • Industrial or tall garbage bags • Plastic Wrap • Work gloves | <ul style="list-style-type: none"> 1 jar per person 1 jar per person 1 box for every 4 people 1 can for every 2 people 1 box for every 2 people 1 bottle for every 2 people 1 box for every 2 people 1 tub for every 2 people 1 bag for every 5 people 1 box for every 2 people 1 jar for every 2 people 1 bag for every 4 people 1 can for every 2 people 2 per 10 people 1 bottle for every 4 people 1 box for every 2 people 1 bottle per person 2 per 10 people 1 box per team 1 boxes for every 4 people 1 pair per person |
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** Zip Lock bags (1 gal, 20 count, sandwich), and any paint supplies are always needed at MOH. If you have extra luggage space and feel led to bring some, the Mission would be greatly appreciate it!