



Mission Trip Mobilization PACKET 2: COMMITMENT

UPDATED: June 7, 2013

"All the nations You have made will come and worship before You, O Lord; they will bring glory to Your name." Psalm 86:9

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Thank you for committing to serve with Mission of Hope!

We are glad that you are planning a trip to serve alongside Mission of Hope, as we bring life transformation to every man, woman, and child in Haiti! Giving hope to the people of Haiti is a worthy goal and we are thrilled to have you as part of our MOH family. To help be fully prepared, we encourage you to go through this packet in-depth with all your team members.

Once you arrive at our campus, your week will have been personally customized for your team. We take care of all in-country traveling logistics and have a community that we have been deeply involved with since 1998 ready for your team to meaningfully engage with in various work projects and outreach programs. Your team will be escorted at all times when off-campus by a translator. The last day of your trip will be spent at Wahoo Bay Beach Resort, where you will experience first-hand the potential and beauty of Haiti, while your team debriefs on what God has done in and through you on your trip.

Booking Your Flights

All individuals are responsible for their own airfare. Mission of Hope asks that all flights arrive and depart from the Port au Prince airport on Saturdays and Wednesdays only. This allows us to be good stewards of transportation expenses, as well as ensure your team is met by one of our Haitian staff members. If you are unable to find a flight that meets our request, please call the US office **before booking** and we will assist in the scheduling process.

All group members are strongly encouraged to arrive and to depart on the same flights. Individuals traveling alone will be given other groups' flight information so that they can arrive at the same time.

How to Pay for Your Trip

Payment is due one month before departure and can be made online at www.mohhaiti.org by clicking **Donate Today**, selecting the Mission Trips tab, then Group Trips, then "Pay for Your Mission Trip". Please place your **group name and trip dates** in the NOTES section. Or, you can mail your check or money order to:

Mission of Hope PO Box 60004 Fort Myers, FL 33906 ATTN: Mission Trips

Preparing to Travel to Haiti

For complete information on travel to Haiti, please refer to the Haiti page on the U.S. State Department Travel Site at http://travel.state.gov/travel/

PASSPORT

All North Americans traveling to Haiti are required to have a passport for entry in to the country. You can check with your local post office for a passport application. You can also go to the U.S. Department of State web page: http://travel.state.gov/passport or the Passport Canada web page: www.passportcanada.gc.ca. If you are applying for a new passport, please allow 4 – 8 weeks to receive it. All travelers should bring a photocopy of the first two pages of their passport in their carry-on luggage in the rare event that a passport is lost.

AIRPORT TRANSPORTATION

Your group will be responsible for all airfare to and from Port au Prince. Flights are asked to arrive and depart on either a Saturday or a Wednesday. A Mission of Hope representative will meet you at the airport in Port au Prince to escort you to our campus.

***Be sure to check with the airline for current restrictions, embargos, luggage weight limits, etc. prior to traveling.

TRAVELER'S INSURANCE

Traveler's insurance is required for all groups and individuals traveling to Mission of Hope. Mission of Hope provides traveler's medical insurance at <u>no additional charge</u> to your group. This is not optional, as each traveler needs to be covered under the same policy.

In order to acquire Mission of Hope traveler's insurance, application forms must be returned no later than one month before departure to allow time to process.

MALARIA PILLS

We require that everyone acquire anti-malaria medication. You should consult your doctor for proper dosages.

Each person should bring an antibiotic such as Cipro and an anti-diarrheal medication.

IMMUNIZATION AND GENERAL HEALTH INFORMATION

All groups are encouraged to have the following vaccinations prior to traveling to Haiti:

- o Hepatitis A/B
- Tetanus toxoid (DT or Td) WITHIN 5 YEARS *REQUIRED
- o Typhoid immunization
- Preventative malaria medication *REQUIRED

Team leaders, we strongly suggest that either you or your team members carry some of these basic health supplies for use in the event of common conditions seen while working in Haiti:

- o Gatorade and/or electrolyte replacement tablets
- Ciprofloxin 500 mg tablets (prescription; for diarrhea)
- Azithromycin 250 mg tablets (prescription; for illness)
- o Pepto Bismol
- o Tylenol, Advil
- o Benadryl 25 mg tabs (allergic reaction)
- o Band-Aids & Neosporin
- Hydrocortisone cream / "itch relief" cream
- o ACE compression wraps
- Chemical cold pack(s)

In addition, team members should carry a larger-than-normal supply of any prescription medications, and should bring medications that they "might" have to use at home on an as-needed basis, such as:

- o Inhalers
- Sinus/allergy medications
- Cough/cold medicine
- o TUMS, Zantac, or Pepcid
- Cold-sore medication
- Canker-sore medication

These types of medications are NOT readily available for purchase in Haiti!

Our Medical team will be available to assist you with team healthcare needs. For common/minor illness and injury, it is often better and faster for them to advise you on how to use medications and supplies that you have brought with you.

For complete information on immunizations and health while traveling to Haiti, please refer to the Haiti page on the Centers for Disease Control travel site at http://www.cdc.gov/travel.

PHYSICAL CONDITION & MEDICATIONS

If you are over the age of 50 or have any health conditions (heart disease, diabetes, asthma, lung problems, severe allergies, mental illness, etc), please have a thorough medical evaluation before traveling to Haiti and communicate those conditions/needs before arriving. Also, if you have a newly

diagnosed condition or become ill before the trip, you should delay or reschedule your trip. Medical identification (tags, bracelet, card, etc.) must be carried by anyone with chronic illness such as diabetes or heart conditions.

Trips to Haiti are usually moderately physically and mentally stressful and sometimes, greatly so, with high temperatures, intense sun, mosquitos, hilly terrain, and lots of walking. Persons with mental illness or physical disabilities are required to disclose such information to the Mission before being approved to travel. Be sure to carry all prescriptions/required medications in your carry-on luggage. If you have a history of asthma or sinus/allergy problems, bring your medication, even if you haven't used it in a long time or don't need it at home. For severe food or substance allergies, plan to carry TWO Epi-pens.

COMMUNICATIONS AVAILABLE

MOH staff carries working cell phones, to be used in emergencies only. These are not to be used for any other communication by team members. Some American cell phone companies work on our campus. Reception may be spotty, as the MOH campus is located in the foothills. We recommend contacting your provider about costs to use your service in Haiti.

Internet is available at the MOH guesthouse for purchase at \$5/hr. Those purchasing will need cash or a credit card, as well as a personal computer.

Approximately one month from departure you will receive our Departure Packet, with guidelines for dress code, packing suggestions, and detailed instructions regarding navigating through the Port au Prince Airport.

Planning for Everyday in Haiti

BUNKING/ELECTRICITY/FANS

Group members will stay in the MOH Guest Houses. Your group members will be separated by gender into separate rooms, each with up to seven twin bunk beds. You may want to bring earplugs, if you are a light sleeper! There is no air conditioning, however your room will feature five ceiling fans. Standard, US three-pronged electrical outlets are available in all rooms. Each room has a standard bathroom with running water. Mission of Hope will provide a pair of clean sheets for you, as well as a pillow. All rooms are locked and team members are given keys.

WATER

Please do not drink or brush your teeth with our tap water. Purified water will be provided for you at the Mission. We encourage you to drink as much purified water as possible. Make sure you are drinking continuously, even when you do not feel thirsty.

SHOWERS

Please shower with as little water as possible, as water is very precious in Haiti. It is strongly encouraged to turn the shower on to rinse, off to lather, and on to rinse again. The same is suggested for the washing of hands: on, off, on.

FOOD

Your group will be asked to bring food items from a list given to you by the stateside Mission Trips Coordinator before departure. It is with these items that we will prepare most of the meals for you and other visiting groups' meals throughout the week. This is an effort to reduce overall trip costs, as it is more cost effective to purchase these items in North America.

Each week, teams will enjoy a variety of meals including both Haitian and American foods. If you are eating in public places (not on the MOH campus), avoid eating salads, raw vegetables of any sort or fresh fruit. Only eat food that has been thoroughly cooked.

HANDOUTS TO LOCALS

Mission of Hope kindly asks you <u>not to hand out any items to local Haitians</u> while you are interacting inside or outside of the Mission of Hope campus. This includes but is not limited to money, candy, toys, or water. We, as an organization working for lasting change in Haiti, are trying to discourage local Haitians from seeing/expecting handouts from North Americans visiting in-country. Mission of Hope is striving to encourage a culture of Haitians helping Haitians. If you have any items that you would want donated to the community, please give these items to the Mission Trips Coordinator, who will then give the items to our Church Outreach Staff to distribute to those in need.

GIFT SHOP

Mission of Hope has a gift shop on campus with many items to choose from. We carry the 3 Cords ministry handbags and accessories. Other items include shirts, hats, Haitian art, baskets and journals. There is also fresh, local coffee made in Haiti. The price range is \$1 - \$100. Cash is always accepted, but credit cards are now accepted in the MOH Gift Shop only. There is also a Haitian vendor set up on campus, called Madame Cheap Cheap's. Here you will find all sorts of local Haitian art and souvenirs (cash only).

SOFT DRINKS

Soda will be for sale at our Guest House for \$1. Please do not throw the bottles out, as they are sterilized and recycled. Receipts are not issued, since it is an "honor system".

MONEY & VALUABLES

The amount of money you take will depend on your desire to buy souvenirs. We recommend bringing cash in small bills. The store on our MOH campus now takes credit cards; however you will need cash for other souvenir opportunities. While at Wahoo Bay Beach on your last day, there are beach vendors (cash only).

**On Sunday evenings, your team will be served food from a trusted, local restaurant: Gwo Papa Poul. This gives our Haitian kitchen staff a night off with their families. It is also a delicious, authentic treat for you! Cost is \$5 per person, which includes soft drink and tip. Occasionally GPP will have ice cream available for \$3. If you require a receipt, please inform the Haiti-Side Mission Trips Director before ordering and paying. There may also be young men selling jewelry and souvenirs, so if you would be interested in purchasing any bring extra cash.

LOSSES

Mission of Hope and/or its employees, agents, or volunteers are not responsible for any team member's lost money, stolen money, damaged luggage, lost luggage, or loss of any other personal property. Team leaders do everything possible to prevent these unfortunate incidents; however, they sometimes occur despite their efforts.

OTHER POLICIES

<u>MOH is a smoke free environment.</u> However, if you must smoke, please inform the stateside Mission Trips Coordinator prior to leaving for Haiti.

Alcohol and drugs are prohibited by all MOH guests.

All firearms are prohibited.

Brushing Up On Creole

You may want to brush up on your Creole before coming. Take a look at the phrases below!

HAITIAN ENGLISH

MesiPadkwa	Thank YouYou're Welcome
AloM'ale orevwa	HelloGood-bye
Eskize'm	Excuse me
BonjouBonswa	Good morningGood evening
Bonjou madanmBonjou Mesye	Good morning madamGood morning, sir
Bonswa manmanBonswa Papa	Good evening mommyGood evening daddy
Ki jan ou ye?	How are you?
Byen mesi, e ou menm	Fine thank you, and you?
Tre byen, mesi	Very Well, thank you
Pa two byen	Not too well
Ki jan tout moun yo ye?	How is everybody?
Tout moun yo tre byen	Everybody is fine
E ki jan fanmi ou yo ye?	and how is your family?
Fanmi' yo byen, mesi'	My family is doing well, thank you
M kontan we ou	I am glad to see you
M'ale, n'a we pita	Goodbye, I will see you later
Konbyen?	How much does this cost?
Ki laj ou gen?	How old are you?
Ko' man ou rele?	What is your name?
Shita	Sit
Kampe	Stand
Vini	Come
Souri	Smile
M pa Konnen	I don't know

How Do I Prepare a Team for Our Week?

BOOKS/BIBLE STUDY

It's good to plan a book study or Bible study for your team throughout the week. Your schedule allows for reflection time each night. Feel free to bring worship instruments to campus! If you have talented worshipers who enjoy making music, the others on campus may appreciate it as well.

How Can I Raise Support?

TELL YOUR CHURCH

Consider going to your elders, ministers, or mission committee and tell them what you are doing. Often they will offer to contribute towards your trip. Many people who go to Haiti get financial help from their church.

WRITE SUPPORT LETTERS

Even if your friends and family are not believers in Christ, many support humanitarian efforts and may support you financially. It is also a great idea to include the MOH web address somewhere in your letter, so supporters can better inform themselves about what you will be doing.

GET YOUR COMMUNITY INVOLVED

Make it a project with your youth group, friends, family, or neighbors. Hold a garage sale, car wash, bake sale, or auction.

USE HOLIDAYS

Instead of asking for birthday or Christmas gifts, ask family and friends to help you go on a mission trip. You will find that the sacrifice of giving up a present will pale in comparison to the joy of serving Christ in Haiti.

Be sure to send thank-you notes to your supporters after returning home from your trip.

How Can I Support Mission of Hope on My Trip?

The state-side Mission Trips Coordinator will send you a Needs List actively updated by the staff on the ground, one month before departure.

HELP THE CLINIC

Help support our clinic by bringing in antibiotic creams, eye drops, cough medicine, vitamins, antacids, and HP 60 printer cartridges. A separate list of prescription medications needed in the clinic will be provided for medical teams by our stateside Mission Trips Coordinator.

HELP THE ORPHANAGE

We are always in need of children's clothes, shoes, sandals, backpacks, bars of soap, toothpaste, Selsun Blue shampoo, twin sheets, and vinyl mattress covers.

TELL YOUR CHURCH, FAMILY AND FRIENDS

Tell them about the work God is doing through the mission, and how they can help. We rely on people like you to spread the good news about what God is doing through MOH. When you go home, use your talents to write letters, give presentations, share photos, or develop a website about your trip.

Meeting Your Sponsored Child

Mission of Hope, Haiti is blessed to host the School of Hope with almost 3,000 students attending, as well as the Village of Hope Orphanage with over 65 children being cared for full-time. If you are a sponsor of one of these precious children and would like to schedule a meeting with your child, please include your child's name and sponsorship number on your MOH Mission Trip Application. Our Mission Trip Coordinator will contact our team on the ground, who will arrange your meeting during your time serving in Haiti. Visits with students at our main campus in Titanyen and our north campus in Bercy will take up a half day of your trip schedule and visits with students at our mountain campus in Lascohabas require a full day. Student Sponsors, please be aware that the school year in Haiti begins in October and continues through June. We will not be able to facilitate summer visits, since the children are not in school.

STUDENT AND CHILD SPONSORSHIP

The students at the School of Hope and children at the Village of Hope Orphanage depend upon the financial support and prayers of Child Sponsors. If you are interested in sponsoring and meeting one of these future leaders of Haiti, please email sponsorship@mohhaiti.org or call (239) 791-8125. For information about the School or Village of Hope, please visit our website at www.mohhaiti.org.

Sample Support Letter

Dear Friends,
I hope things are going well with you. I have some exciting news that I wanted to share!
A group from my church will be going on a mission trip to the country of Haiti. I have thought about this, prayed, and talked it over with many close friends. I really feel like this is an opportunity that I cannot pass up.
We are making the trip with Mission of Hope, an organization that has worked for over 15 years in Haiti giving orphans a home, spreading the gospel and providing food, medicine, and education for underprivileged Haitians. The dates of the trip are The total cost of the trip is \$
I am writing to you to ask for two things: prayer and financial support. Anything you are able to give would be helpful! I know that if it is the Lord's will that I make this trip, then He will provide.
 While in Haiti, I will have the opportunity to: Work in an orphanage that houses over 60 children Build homes for those displaced by the earthquake Spend time ministering to children living in a number of orphanages Share Jesus with a country that has very little
If you are able to help, please send in your check, payable to, by (DATE)
To learn more about Mission of Hope and its ministry, please visit www.mohhaiti.org . My desire is to allow God to use me to impact others for Him and to allow Him to change me at the same time. Please continue to pray for me as the details come together.
Sincerely,
[Your Name]

For More Information

Two months out, the Mission Trips Coordinator will reach out to team leaders for required documentation.

Feel free to ask any questions you may have regarding a trip to Mission of Hope, Haiti.

US Office	(239) 791-8125
Email	<u>missiontrips@mohhaiti.org</u>
Website	www.mohhaiti.org