

DATAWATCH

Heterogeneity in Physician Test Ordering Practices: Batched vs. Sequentially Ordering Diagnostic Tests

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An analysis of data from over 41,000 patient visits to the Emergency Department (ED) at the Mayo Clinic, Phoenix, AZ, reveal high variance in physician tendency to batch-order versus sequentially-order diagnostic tests within the same hospital. Among the reasons for a patient's visit to the ED, [insert chief complaint] had the greatest variability in test ordering practices and made up approximately [insert percent] of all ED visits during the study period. Test ordering strategies may play an important role in optimizing ED workflows, improving patient care, and reducing unnecessary costs in healthcare.

KEYWORDS:

Diagnostic Testing; Emergency Department; Operational Efficiency;

1 | INTRODUCTION

Inefficiencies in Emergency Departments (EDs) are often due to a multitude of factors, one of which is the strategy for ordering diagnostic tests. Based on data from over 41,000 ED visits at the Mayo Clinic, Phoenix, AZ, a notable variability emerged in the propensity of physicians to batch or sequence diagnostic tests. This variation existed even among physicians operating under identical guidelines within the same hospital.

Particularly noteworthy were the top ten most common chief complaints presenting to the ED. For these complaints, the variance in test ordering practices was substantial, suggesting a significant role for individual clinical judgment (Exhibit 1). Such insights point to the need for policy interventions targeting test ordering strategies to enhance ED efficiency, improve patient outcomes, and reduce healthcare costs.

2 | STUDY DATA AND METHODS

3 | STUDY RESULTS

4 | DISCUSSION

5 | CONCLUSION

6 | APPENDIX

TABLE 1 Chief Complaints Categorization

Complaint Area	Complaints
Abdominal Complaints	Abdominal Cramping, Abdominal Distention, Dyspepsia, Abdominal Pain, Ascites, Hernia, Abdominal Aortic Aneurysm, Abdominal Injury, Pancreatitis, Umbilical Hernia
Abnormal Test Results	Abnormal Lab, Abnormal Potassium, Abnormal Calcium, ECG Changes, Abnormal ECG, Abnormal Test Result, Blood Infection, Acute Renal Failure, Hypocalcemia, Chronic Renal Failure, Pulmonary Embolism, Abnormal X-ray, Hypoglycemic Unawareness, Elevated Blood Pressure, Abnormal Sodium, Hyperglycemia, Hyponatremia, Platelet Disorders, Anemia, Hypoglycemia, Hypertension, Hypotension, Abnormal Chest Imaging, Abnormal Oximetry, Abnormal Stress Test, Blood Sugar Problem, Hypocalcemia, Hyponatremia
Allergic Reaction	Allergic Reaction, Anaphylaxis
Back or Flank Pain	Back Pain, Back Problem, Flank Pain, Sciatica, Back Injury, Disc Disorder
Breast Complaints	Breast Mass, Breast Pain, Breast Problem, Breast Discharge, Breast Cancer, Breast Discharge, Breast Inflammation
Cardiac Arrhythmias	Atrial Fibrillation, Atrial Flutter, Cardiac Valve Problem, Bradycardia, Irregular Heart Beat, Palpitations, POTS, Ventricular Tachycardia, Rapid Heart Rate, Heart Problem, Cardiac Arrest, Congestive Heart Failure, Circulatory Problem, Transient Ischemic Attack, Ventricular Tachycardia
Chest Pain	Chest Injury, Chest Pain, Chest Wall Pain, Angina, Collarbone Injury, Rib Injury, Heart Pain
Dizziness / Lightheadedness / Syncope	Dizziness, Near Syncope, Syncope, Vertigo, Spells, Hypotension, Paroxysmal Positional Vertigo, Paroxysmal Positional Vertig
Ear Complaints	Cerumen Impaction, Ear Drainage, Ear Fullness, Ear Laceration, Ear Problem, Ear-ache, Hearing Problem, Tinnitus, Ear Injury, Hearing Loss, Nasal Trauma
Epistaxis	Epistaxis, Epistaxis (Nose Bleed), Nose Problem
Exposures, Bites, and Envenomations	Animal Bite, Body Fluid Exposure, Chemical Exposure, Poisoning, Exposure to STD, Insect Bite, Smoke Inhalation, Radiation, Snake Bite, Toxic Inhalation
Extremity Complaints	Ankle Injury, Ankle Pain, Arm Injury, Arm Pain, Cold Extremity, Arm Swelling, Arthritis, Elbow Injury, Elbow Pain, Pseudogout, Extremity Pain, Extremity Weakness, Finger Injury, Hip Injury, Extremity Weakness, Finger Injury, Finger Pain, Dislocation, Foot Infection, Foot Injury, Foot Numbness, Foot Pain, Foot Swelling, Foot Ulcer, Foot Wound Check, Hand Injury, Hand Pain
Eye Complaints	Blurred Vision, Decreased Visual Acuity, Diplopia, Detached Retina, Eye Drainage, Eye Exposure, Eye Pain, Eye Problem, Eye Swelling, Eye Trauma, Foreign Body Eye, Flashes / Light, Loss of Vision, Red Eye, Visual Field Change, Eyelid Problem, Itchy Eye, Eye Exam, Burning Eyes, Eye Twitching, Eyelid/brow Lift Evaluation, Strabismus, Glaucoma, Spots / Floaters
Falls, Motor Vehicle Crashes, Assaults, and Trauma	Assault Victim, Concussion, Facial Injury, Fall, Nasal Trauma, Head Injury, Head Laceration, Motor Vehicle Crash, Puncture Wound, Sexual Assault, Trauma, Domestic Violence, Gun Shot Wound, Work Related Injury, Motorcycle Crash, Injury, Bicycle Accident, Near Drowning, Lip Laceration
Fatigue and Weakness	Difficulty Walking, Fatigue, Gait Problem, Weakness-Generalized, Chronic Fatigue, Weakness- Generalized
Fevers, Sweats or Chills	Chills, Diaphoresis, Fever, Night Sweats, Diaphoretic, Diapohresis, Hoarseness, Laryngitis

Foreign Body	Food Bolus, Foreign Body, Foreign Body in Ear, Foreign Body in Skin, Foreign Body in Vagina, Swallowed Foreign Body, Foreign Body in Nose, Foreign Body, FB eye, Foreign Body in Rectum
Gastrointestinal Issues	Anal Fissure, Black or Bloody Stool, Constipation, GERD, Anal Fistula, Diarrhea, Dysphagia, Fecal Impaction, Fistula Follow Up, GI Bleeding, GI Problem, Hemorrhoids, Morning Sickness, Nausea, Ostomy Care, Rectal Bleeding, Rectal Pain, Vomiting, Vomiting Blood, Vomiting During Pregnancy, GI Bleeding, Fecal Incontinence, Bloating, Hematochezia, Urine Leakage, Heartburn, Rectal Discharge, Urolithiasis, Ulcerative Colitis, Irritable Bowel Syndrome, Rectal Prolapse, Fistula Evaluation, Rectal Problems, Perianal Abscess, Fistula Evaluation, Stoma Dysfunction
Genital Complaints	Groin Burn, Groin Pain, Groin Swelling, Inguinal Hernia, Menstrual Problem, Pelvic Pain, Penis Pain, Priapism, Testicle Pain, Menorrhagia, Vaginal Bleed, Vaginal Bleeding, Vaginal Itching, Bartholin's Cyst, Genital Warts, Groin Injury, Vaginal Bleeding-Pregnant, Vag Bleed Pregnant, Female Genital Issue, Penis Injury, Vaginal Discharge, Vaginal Pain, Erectile Dysfunction, Vaginal Prolapse, Urethral Stricture, Penile Discharge, Menorrhagia, Gynecologic Exam, Menstrual Problem, Vaginitis/Bacterial Vaginosis, Ovarian Cyst, Vaginitis / Bacterial Vaginosis
Medical Device or Treatment Issue	Cast Problem, Device Check, Dressing Change, Feeding Tube, AICD Problem, Insulin Pump Visit, Gastrostomy Tube Change, Medication Reaction, Shunt, Appliance Removal, Tube Problem, Urinary Catheter Change, Vascular Access Problem, Enteral Nutrition Evaluation, Device Malfunction, Pacemaker Problem, Removal / Exchange Catheter, Drain Removal, Outpatient Infusion, Treatment, Heart Assist Device, Stoma Dysfunction, Tracheostomy Tube Change, Ureteral Stent Exchange
Medication Request	Immunizations, Infusion / Injection Administration, IV Medication, Infusion/ Injection Administ, Med Refill, Medication Visit, Pain Management, Blood Product Administration, Labs Only, Tetanus (Td & Tdap), Wound Care
Neurological Issue	Altered Mental Status, Cognitive Concerns, Facial Droop, Pre Syncope, Focal Weakness, Headache, Memory Loss, Migraine, Dementia, Dysphasia, Neuro Problem, Numbness, Paralysis, Seizures, Slurred Speech, Spasms, Stroke Like Symptoms, Tingling, Tremors, Trigeminal Neuralgia, Unable to Speak, Seizure Disorder, Insomnia, Parkinson's Disease, Loss of Consciousness, Neuropathy, Ataxia, Unable to speak, Peripheral Neuropathy, Stroke, Cerebrovascular Accident, Speech Problem, Acute Neurological Problem, Flashes, Light, Unresponsive, Multiple Sclerosis, Parkinson's Disease, Febrile Seizure, Paresthesia, Peripheral Neuropathy, Hydrocephalus, Spasticity, Neuroendocrine Tumor

Other	Dehydration, Fisula Evaluation, Follow-Up, Illness, Letter for School/Work, Aneurysm, Lung Eval, Error, Mass, Oral Swelling, Other, Advice Only, Deformity, Electric Shock, Personal Problem, Shaking, Swelling, Swollen Glands, Adenopathy, Adrenal Problem, Thrombophilia, Weight Gain, Weight Loss, Hiccups, , Chemo Related Symptoms, Hot Flashes, Follow-up, Non Healing Wound, (Other), Mouth Injury, Xerostomia, Prostate Check, Suture / Staple Removal, Wellness, Voice Changes, Vital Sign Check, Coagulation Disorder, Cold Exposure, Consult, Dental Problem, Tetanus (Td & Tdap), Infusion/ Injection Administ, Tracheostomy Tube Change, Medical Information, Neutropenic Fever, Infection, Leukemia, Heat Exposure, Poor Appetite, Gingivitis, Pre-op Exam, gingivitis, Loss of appetite, Failure To Thrive, Referral, Lymphoma, Hot Flashes, Neutropenia, Radiation, Ingestion, TB Test, Fussy, Lupus, Toxic Inhalation, Lung Screening, Leakage/Loss of Fluid, Liver Eval, Hepatic Cancer, Lung Mass, Venous Thromboembolic Disease, Insulin Pump Visit, Preventive Visit, Avulsion, Peripheral Edema, Hypoglycemic Unawareness, Immobility, Giant Cell Arteritis, Polydipsia, Platelet Disorders, Post-procedure, Lung Follow-up, Poisoning, Injections, POTS, Insulin Reaction, Liver Transplant, Labs Only
Other Pain	Dental Pain, Facial Pain, Generalized Body Aches, Myalgia, Dental Injury, Jaw Pain, Muscle Pain, Neck Pain, Pain, Sickle Cell Pain Crisis, Paresthesia, Torticollis, Chronic Pain, Cancer Pain, Incisional Pain, Bone Pain, Tailbone Pain, Gout, Muscle pain/Weakness, Pseudogout
Post-Op Issue	Post-Op, Post-Procedure, Post-Op Problem, Post-op, Post-Op Issue, Wound Dehiscence, Post-op Problems, Post-op Problem
Psychiatric Complaints	Anxiety, Auditory Hallucinations, Depression, Panic Attack, Homicidal, PTSD (Post-Traumatic Stress, Delusional, Fussy, Paranoia, Suicide Attempt, Hallucinations, Manic Behavior, Eating Disorder, Suicidal, Agitation, Psychiatric Evaluation, Aggressive Behavior, Mental Health Problem, Inappropriate Words
Shortness of Breath	Airway Obstruction, Aspiration, Pain With Breathing, Near Drowning, Respiratory Distress, Shortness of Breath, Wheezing, Increased Work Of Breathing, Difficulty Breathing, Choking, Oxygen Dependence, Hyperventilating, Orthopnea
Skin Complaints	Abrasion, Abscess, Bleeding/Bruising, Blister, Angioedema, Lip Laceration, Burn, Cellulitis, Cyst, Drainage from Incision, Disturb of Skin Sens, Edema, Extremity Laceration, Facial Burn, Cyanosis, Impetigo, Facial Laceration, Facial Swelling, Finger Laceration, Leg Rash, Herpes Zoster, Hives, Itching, Jaundice, Diabetic Ulcer, Diabetic Wound, Laceration, Mouth Lesions, Non-Healing Wound, Rash, Recurrent Skin Infections, Skin Problem, Sore, Scabies, Suture \Staple Removal, Wound Check, Wound Infection, Lesion, Skin Check, Minor Skin Infection, Skin Ulcer, Skin Discoloration, Sunburn, Head Lice, Scabies, Fungal Infection, Leg Rash, Impetigo
Substance Abuse Issues	Alcohol Intoxication, Alcohol Problem, Withdrawal, Drug Overdose, Drug / Alcohol Dependency, Addiction Problem, Addiction Assessment, Delirium Tremens (DTS)
Upper Respiratory Symptoms	Congestion, Cough, Coughing Up Blood, Flu Symptoms, Enlarged Tonsils, Peritonsillar Abscess, Nasal Congestion, Sinus Symptoms, Sinusitis, Sore Throat, Hoarseness, Throat Problem, Upper Respiratory Infection, Influenza, Laryngitis, Respiratory Arrest, Pneumonia, Pleural Effusion, Asthma, Croup, URI, Peritonsillar Abscess
Pregnancy Related	Pregnancy Problem, Miscarriage, Contractions, Ectopic Pregnancy, Laboring, Possible Pregnancy, Pregnancy Related
Renal	Av Fistula, Kidney Transplant, Elevated Serum Creatinine, End-Stage Liver Disease, Hemodialysis Access, Nephritis, Ureteral Stent Exchange

Urinary Complaints	Bladder Problem, Blood in Urine, Cystitis, Difficulty Urinating, Dysuria, Gross Hematuria, Painful Urination, Urinary Frequency, Urinary Symptom, Urinary Incontinence, Urinary Problem, Urinary Retention, Slowing Urinary Stream, Urinary Tract Infection, Urinary Urgency, Voiding Dysfunction, Hesitancy Urinary
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