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10 New Hampshire Recreational Saltwater Fishing Regulation

SPECIES	CLOSED SEASON	MINIMUM	DAILY BAG LIMIT	SPECIAL RULES
Alewife/Blueback Herring (River Herring)	Closed every Wednesday		See Squamscott River in Special River Restrictions, page 21.	Fishing prohibited around fishway closure areas (see Special River Restrictions and Coastal Harvest Section, page 21)
American Eel	No closed season (except surrounding fishways)	6 inches	50 fish per day	Fishway Closures apply October 2 – June 14 (see Coastal Harvest Section, page 21)
American Plaice		14 inches		
American Shad			2 fish per day	Recreational angling only
Atlantic Cod	Nov. 1 - March 31	24 inches	10 fish per day	If filleted at sea: 14 inch fillet with skin intact required; Additional federal regulations apply in federal waters
Atlantic Sea Herring				Federal regulations apply in federal waters
Atlantic Salmon (Sea-run)		15 inches	2 fish per day	Recreational angling only; Snagging (foul-hooking) not allowed
Bluefin Tuna				Federally managed — follow federal regulations (call 1-800-USA-TUNA)
Bluefish			10 fish per day	
Dogfish, Spiny				Finning prohibited
Haddock		18 inches		If filleted at sea: 12 inch fillet with skin intact required; Federal regulations apply beyond state waters
Monkfish		17 inches		
Pollock				19 inches, if taken in federal waters
Rainbow Smelt (Saltwater)			10 liquid quarts	Head and tail must remain intact; Fishing license required to take by hook and line inland of the Memorial Bridge on the Piscataqua River; No license required to take by hook and line from the Piscataqua River and its tributaries seaward of the Memorial Bridge, from the Hampton River and its tributaries, and from River Harbor and its tributaries.
Redfish		9 inches		Additional federal regulations apply in federal waters
Salters (Sea-Run Trout)	No closed season (except Berry Brook)		1 fish per day	Recreational angling only; in Berry Brook : Single-hook artificial lures and flies only; Open only August 15 – March 1, inland of, but not including, the Bracket Road bridge to the beginning of the prominent large rock area upstream Note : Prominent large rock area to Sagamore Rd Bridge is closed year round
Sharks — Blue, Porbeagle, Shortfin Mako and Thresher				 Porbeagle — recreational fishing in state waters only All sharks — head, fins and tail must remain attached through landing Additional federal regulations apply in federal waters (call 1-978-281-9315)
Striped Bass		28 inches	2 fish per day (only 1 fish larger than 40 inches)	Head and tail must remain intact while on or leaving state waters or shores; Gaffing is prohibited; No sale allowed, regardless of origin
Sturgeon	Closed year round		Possession is prohibited	
Summer Flounder		15 inches		Recreational angling only; No sale allowed
Winter Flounder	May 15-24	12 inches	8 fish per day	
Yellowtail Flounder		13 inches		