What discourse communities do you belong to?

- **Running:** I run with some running clubs at UCF. I also use online forums to learn from other runners. I am particularly into barefoot running.
- **Diet:** I follow the carnivore way of eating, and I browse online forums, videos, and research if I have questions.

What kinds of writing do you do regularly?

- Assignment Notes: Most of my notes are for personal use only. I try to keep them short and categorized.
- **Code Comments:** I am working on data science projects with a team, and I need to communicate with them clearly and straightforwardly.

What kinds of reading do you do regularly?

- **Articles:** I often read online articles to quickly learn about various topics.
- **Books:** I occasionally read books in my free time, but I prefer to engage in more productive activities.

What kinds of technology do you use regularly?

- **Computer:** I use my computer for many different things, including work, communication, and leisure.
- **Phone:** I use my phone mostly for texting and leisure activities, but it also allows me to check emails easily.

Do any of the above help you accomplish any goals? If so, what are those goals?

- **Work:** My computer allows me to do a lot of classwork. I am also in a data science program, and I do most of my work using my computer.
- Hobbies: I have some personal hobbies, such as game development.

What other literate activities (activities that require some kind of specific "literacy" or knowledge to participate in them) do you regularly participate in?

- Data Science Program: I am working with a team to do some data science work. This
 requires plenty of literacy. The most difficult part about the project is staying organized.
 Communicating with my team members helps with this.
- **Grocery Store Cashier:** I speak with many different people during my time at work. This requires literacy. There are lots of small problems that can occur, and I need to work them out with the customer.

What is important to you about any of the above?

- Working With a Team: I have some struggles with staying organized when working with a team. I end up wanting to do most of the work, since I trust my organization. I would like to learn about methods of staying organized. This could be a topic to write about, since I have personal experience.
- Wellbeing of Society: I am concerned about the health and well-being of our society, particularly when it comes to diet. I would love to see positive changes, but I need to learn more about the psychological factors at play. I often wonder why so many people make bad health decisions despite knowing the effects. I also wonder why some people have a strong drive to treat their bodies well, while others don't. I could research these questions and write about this topic.