

SEPTEMBER 24 - OCTOBER 7, 2025

CHECK US OUT AT **NEWLEAF.COM** • OPEN DAILY





Grill-Wort Salmon

Firm, flavorful, and packed with anti-inflammatory fats. Absolutely perfect for warm-weather grilling.

WILD-CAUGHT COHO SALMON FILLET

Reg \$20.99 per lb

\$17⁹⁹LB

CEDAR RIVER FARMS & HOUSEMADE

MARINATED TRI-TIP

Made with gluten-free, Non-GMO housemade marinade.

Reg \$15.99-16.99 per lb



\$200 OFF **HOUSEMADE**

SHRIMP SCAMPI

Reg \$15.99 per lb



\$12⁹⁹

ORGANIC FUJI APPLES

USA Grown

Reg \$3.49 per lb



USHROOM

ALIVE

\$261 \$261

ALIVE

ORGANIC BABY BROCCOLI

Reg \$2.99ea



224 EA

EQUAL EXCHANGE

ORGANIC COFFEE

Reg \$13.99-15.99 10-12oz



NUTPODS

DAIRY-FREE CREAMER

Selected Varieties

Reg \$4.29 11.2oz



A FISH

Selected Varieties

GT'S LIVING FOODS

Reg \$4.39 16oz

2,\$7

ICE CREAM FOR BEARS

FRENCH ICE CREAM

Reg \$8.49



499 EA

\$**9**99

MEAT & SEAFOOD

MARY'S

ORGANIC WHOLE FRYER

California-raised organic chicken, certified humane and air-chilled.

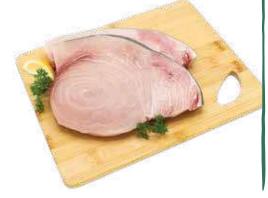
Reg \$4.99 per lb





SWORDFISH Reg \$25.99 per lb

WILD CAUGHT!



\$20⁹⁹

BEELER'S PURE PORK

M NEW **BONELESS PORK SHOULDER ROAST**

From humanely raised Non-GMO pork.

Reg \$6.99 per lb



HOUSEMADE

ALL BEEF & CHICKEN SKEWERS

Made with Non-GMO, gluten-free housemade marinades.

Reg \$12.99-18.99 per lb



FIRST LIGHT FARMS

BEEF & ELK RETAIL PACKS

Grass-fed and finished, with no added hormones or antibiotics.

6-24oz

20%





NO.

\$**5**99

WINE, BEER & SPIRITS

LA VIEILLE FERME **BLANC**

Peach, pear, citrus, and Provencal herbs come together in this bright, balanced, effortlessly sippable white.

Reg \$10.99 750ml



MURPHY GOODE

CALIFORNIA PINOT NOIR

Aromatic and juicy with notes of plum, guava, raspberry, and a savory spice finish.

Reg \$14.99 750ml



NORTH COAST BREWING

OLD RASPUTIN RUSSIAN IMPERIAL STOUT

Chocolate, coffee, and dark caramel lead into a dry finish with subtle cherry and roasted malt notes.

Reg \$12.99 4pk/12oz



WEIHENSTEPHANER

HEFE WEISSBIER

Clove, banana bread, and lemony wheat flavor come through in this classic German-style

wheat beer with crisp tartness.

Reg \$15.99 6pk/11.2oz



Sourced from California's cool coastal vineyards, this Murphy Goode Pinot offers bold black cherry flavor, bright acidity, and smooth vanilla notes from oak aging.



HOUSEMADE COFFEE & JUICE

HOUSEMADE

HOT CITRUS

Apple-ginger cider with cardamom, cinnamon, cloves, and nutmeg.

Reg \$7 16oz

200



HOUSEMADE

ELDERBERRY ORANGE JUICE

Fresh-squeezed orange juice blended with elderberry syrup for a bright, immune-supporting sip.

Reg \$9 16oz

\$**8**00



HOUSEMADE PREPARED FOODS

HOUSEMADE

PUMPKIN QUESADILLA

Organic pumpkin, black beans, and cheese grilled to crispy perfection.

Reg \$13.99 per lb



\$12⁹⁹

HOUSEMADE

PUMPKIN & CRANBERRY GREEN SALAD

Spinach, pumpkin, cranberries. Brussels sprouts. and seeds with lemon garlic dressing and shaved parmesan.

Reg \$14.99ea



HOUSEMADE

SALMON CAKES

Wild-caught salmon, herbs. and panko. Crispy, savory, and ready to bake or pan-frv.

Reg \$5.99ea



HOUSEMADE

KUNG PAO

Spicy tofu with peanuts and chiles, this vegan favorite goes well with Coastal Kale salad.

Reg \$12.99 per lb



\$1199

CHEESE & BAKERY

EFFIE'S HOMEMADE

Reg \$7.49 7.2oz





CYPRESS GROVE

MIDNIGHT MOON

Reg \$9.49 3.75oz



HOUSEMADE

MINI PUMPKIN MUFFINS

Soft pumpkin muffins spiced just right. Perfect for breakfast or a cozy afternoon snack.

Reg \$6.25 12ct



HOUSEMADE

PUMPKIN SCONES

Light, flaky scones with cinnamon and nutmeg for classic fall comfort in every hite

Reg \$12.99 4ct



CRANBERRY PUMPKIN LOAF

Warmly spiced pumpkin loaf with tart cranberries. A sweet, seasonal

IN OUR STORES



our New Neighborhood New Leaf

We're excited to open our doors at 650 River Street on September 27!

You'll find everything you love, from organic local produce to a fresh juice and coffee bar, plus new ready-to-enjoy stations like a buildyour-own poke bar and California BBQ.

LOOK WHAT'S LOCAL!

Wildwonder

South San Francisco, CA

This sparkling drink blends live probiotics, prebiotic fiber, and superfoods like turmeric and rose. Each can is a blend of traditional herbal knowledge and California-grown fruit for gentle gut support.

LOOK WHAT'S NEW!

ANTONINA'S

GLUTEN-FREE

Rich, moist cakes made in a Certified Gluten-Free bakery. Choose from Cookies & Cream and Red Velvet.

4ct

FOR YOU AND YOUR HOME

AYEYA

AUTHENTIC AFRICAN BASKETS

Handwoven by Ayeya artisans, each basket is one-of-a-kind and beautifully functional.



GOODLIGHT

PARAFIN-FREE

Made with palm wax and essential oils in a ceramic vessel that radiates warmth.



BIG DIPPER WAX WORKS

BEESWAX CANDLES

Crafted with pure beeswax and clean ingredients by skilled candle artisans.



BEEKEEPER'S NATURALS

COLD, FLU & IMMUNE PRODUCTS

Clean, natural remedies that are designed to support energy and immunity by using effective hive-powered ingredients like bee propolis, pollen, and honey.



WELLNESS

MRM NUTRITION SUPPLEMENTS

SUPERFOODS

SPIRULINA

A HEN

MELORA MANUKA HONEY **LOZENGES**





40%

NEW LEAF BLOOM SUPPLEMENTS



NOW FOODS SELECT SUPPLEMENTS & ESSENTIAL OILS



THE DREAM CREAM

MON GMG

FOUR SIGMATIC ORGANIC PROTEIN POWDERS

50%



KOKORA REGENERATIVE ORGANIC CERTIFIED **SUPPLEMENTS**



30% FF

HEMP

PRODUCTS



HEMP=

HEARTS

THE ORGANIC SKIN CO **FACIAL CARE**



30%

30%

GARDEN OF LIFE SELECT **IMMUNE PRODUCTS**



BIO-K+ **PROBIOTIC DRINKS**





30%

LIQUID I.V. **HYDRATION MULTIPLIERS**



MEGAFOOD FOOD-BASED VITAMINS & **SUPPLEMENTS**



30% **CHARLOTTE'S WEB**

25%

MUSHROOM GUMMIES & TOPICAL CBD



FLORA HERBAL SUPPLEMENTS



SELECT BODY & HAIR CARE



DR. BRONNER'S **PURE-CASTILE** LIQUID SOAPS & REFILLS

32oz



25%

25%

NATURE'S WAY SELECT SUPPLEMENTS



NORDIC NATURALS OMEGA-3 SUPPLEMENTS

local



TRUE GRACE NUTRIENT-DENSE SUPPLEMENTS



Mary Mary

OREGON'S WILD HARVEST SELECT ORGANIC & BIODYNAMIC **SUPPLEMENTS**



25%



GROCERY

C20 COCONUT WATER Reg \$2.99-3.19

17.5oz



GURU
ORGANIC
ENERGY
DRINK
Reg \$3.29 120z

local S 5

for •



CLEAN CAUSE ORGANIC SPARKLING YERBA MATE Reg \$3.29-3.49 15.5-16oz

2,\$5



NON-ALCOHOLIC APERITIFS

Reg \$21.99 4pk/8oz

99

NORTH COAST
ORGANIC
APPLE JUICE
Reg \$6.99 320z



MAN MAN

THE GOOD CRISP COMPANY SNACKS

Selected Varieties
Reg \$4.99 5.6oz



No.

A SEE

CHIPS
Reg \$6.99 14.750z

\$399 EA



SKINNYPOP
MICROWAVE
POPCORN
Reg \$5.99 3ct

299



NO.

4 EA





QUINN SNACKS PRETZELS

Selected Varieties

Reg \$6.49 5-7oz

99

FΑ



UNIQUE SNACKS
ORGANIC
SPROUTED
SPLITS
Reg \$5.99 80z

\$399 EA



ARCHER
MEAT STICK
Reg \$2.69 .85-10z



\$549 EA

ARCHER FAMILY SIZE

BEEF JERKY Reg \$16.99 7oz

\$1299 EA



HIPPEAS SNACKS Reg \$4.99-5.29

2,\$6



BIENA CHICKPEA SNACKS Reg \$5.99 50z

2,\$9



SUN TROPICS COCOROLLS Reg \$4.29 4oz





EPIC PORK RINDS Reg \$4.99 2.50z



No.

CHICKEN SKIN CRISPS

Reg \$7.99 2.5oz

2,\$9



DARRELL LEA
SOFT AUSTRALIAN
LICORICE

Reg \$3.99 7oz



EQUAL EXCHANGE ORGANIC CHOCOLATE BAR

Selected Varieties **Reg \$5.99 2.8oz**

\$399 EA



2,\$7





FANCYPANTS CRISPY COOKIES Reg \$6.29 5oz



EPIC
MEAT BAR
Reg \$3.79 1.3-1.5oz



2,55

BALANCED TIGER
ORGANIC
PROTEIN
BAR
Reg \$3.29 1.550z



2 \$4

GROCERY

MAVUNO HARVEST ORGANIC DRIED FRUIT

Selected Varieties

Reg \$4.69 2-4oz

2,\$6



JOOLIES ORGANIC **MEDJOOL DATES** Reg \$7.99 9-12oz

\$549 EA



USDA

WESTMINSTER **BAKERS CO. CRACKERS**



FAMILIA NO ADDED SUGAR SWISS MUESLI

Reg \$12.99 29oz



A HEN

MELORA MANUKA HONEY

Selected Varieties



CROFTER'S ORGANIC PREMIUM FRUIT SPREAD

Reg \$7.99 16.5oz



PEET'S COFFEE COFFEE Reg \$17.99 10-10.5oz

local EA



EQUAL EXCHANGE ORGANIC COCOA

Reg \$10.99 8-12oz



ORGANIC INDIA TULSI TEA Reg \$6.69 18ct



MAN MAN

TEECCINO ROASTED HERBAL TEA Reg \$6.99-7.99

5月99

EA



AIYA MATCHA TO GO

Reg \$17.99 10ct



LILY'S SWEETS BAKING CHIPS Reg \$11.49 9oz



SIMPLE MILLS BAKING MIXES

Selected Varieties

Reg \$10.29 8.4-12.907

\$599 **E**Α

CHICKAPEA

Selected Varieties

Reg \$5.99-6.29



CALIFORNIA OLIVE RANCH

EXTRA VIRGIN **OLIVE OIL**

Selected Varieties Reg \$39.99 33.8oz



AVOHASS EXTRA VIRGIN AVOCADO OIL

Selected Varieties Reg \$17.99 16.9oz



CARBONE PASTA SAUCE Reg \$11.99 24oz



PROTEIN PASTA

CHICKAPEA

NEAR EAST RICE, COUSCOUS OR QUINOA

Selected Varieties Reg \$4.29-4.59



FOUR SISTERS ORGANIC LONG GRAIN RICE

Reg \$7.19 2lb

\$599



HEYDAY CANNING BEANS

Selected Varieties

Reg \$4.99 15oz



EΑ

SAFE CATCH WILD ALBACORE TUNA

local



GENOVA

TUNA

Reg \$5.29 5oz

AMY'S **SOUP. CHOWDER** OR BISQUE

Reg \$5.49 14-14.5oz

local



4 Sisters

444

White course

BARE BONES BROTH CO. BONE BROTH

Selected Varieties

Reg \$8.99 16oz



GROCERY

LA COLOMBE COFFEE **ROASTERS LATTES &** COLD BREWS

Selected Varieties Reg \$3.99 9oz



GT'S LIVING FOODS AGUA DE KEFIR Reg \$3,49 12oz



GOOD KARMA FLAXMILK Reg \$7.49 1/2gal



USDA

ALDEN'S ORGANIC ICE CREAM Selected Varieties



USDA

2,56

CHOBANI GREEK YOGURT

Selected Varieties Reg \$2.19 5.3oz



CHOBANI OATMILK

Selected Varieties

Reg \$6.99 52oz



CLOVER SONOMA ORGANIC PLAIN **GREEK YOGURT** Reg \$9.99 32oz

local EA



NATURE'S PATH ORGANIC FROZEN WAFFLES

Reg \$4.99 6ct



FOOD FOR LIFE SPROUTED **ENGLISH MUFFINS**

Selected Varieties Reg \$7.29-8.49 16oz



CANYON BAKEHOUSE GLUTEN-FREE BREAD

Selected Varieties Reg \$8.99 10.5-18oz

SE99 EA

EL BURRITO

ORGANIC

CHORIZO

Reg \$5.99 12oz



A HUND

CLOVER SONOMA ORGANIC HALF & HALF Reg \$7.29 1qt

local **49** EA

MILTON'S



USDA

SILK CREAMER

Selected Varieties Reg \$6.19-6.49 1qt



M MAN

CAPPELLO'S GRAIN-FREE PIZZA

Selected Varieties

Reg \$11.99 11-12oz



CAULIPOWER CAULIFLOWER **CRUST PIZZA** Reg \$10.99 11.1-11.3oz



CAULIFLOWER **CRUST PIZZA** Reg \$12.99 11oz



AGAINST THE GRAIN GOURMET GLUTEN-FREE

PIZZA Reg \$15.99 22.4-24oz





\$ 99 EA **GRAIN TRUST**

Reg \$5.99 20-30oz



USDA **MEATLESS SOY**

GARDEIN PLANT-BASED PROTEINS

Selected Varieties Reg \$6.99 8-13.7oz







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Weeknight Salmon Made Simple

Salmon's on sale and we've got the recipes to match. Like citrus-roasted, foil-wrapped, or perfectly panseared. These easy recipes make dinner feel fresh, fast, and full of flavor without the extra cleanup.







Easy Pickup or Fast Delivery

Your weekly shop just got easier. Use our app to order ahead for pickup or delivery and automatically save 5%—no code, no catch.







SHOP OUR stores

With stores from Half Moon Bay to Aptos, we're committed to nourishing our Central Coast community.



Recipes!

Search our favorite recipes for vegan, vegetarian, gluten-free, paleo, and seasonal dishes!

PLAN WHAT TO COOK

Visit Our WELLNESS BLOG!

Find tips on staying healthy throughout the year to knowing how to make the sustainable choice with your seafood, visit our blog!

EXPLORE NOW

ORDER AHEAD





DOWNLOAD THE NEW LEAF APP AND SAVE 5% ON YOUR ORDER—NO CODE NEEDED.



