

## Reminders

Motivational reminders

Work Updates

how close you are to rewards

Time spent on tasks

reminder that you should stay on task

due date reminder

## Punishment System

Warnings

Lose points

Cutting off at owner/user discretion

Notifying parent, teacher, etc.

Parents can change time restrictions

## Scope of Control

Time limit

Parents

Teachers

Business Owners

Time frames

## Reward system

Incentives

Friends

competition

Point System

better rewards when you're more consistently on task

reward point bar so user can track how close they are to next reward

## Productivity

To-do list

Calender

Schedule

Task

Break up big projects / assignments

## Apps

instagram

tik tok

twitter

snapchat

tinder

Sports apps

shopping apps

## Customization

Types of apps

Optional for games too, focused for social media

Sharing information

Notifications

option to restrict usage of streaming services

Optional for music