Persona Type: College student
Name: Jon
Age: 18-21
Location: Stony Brook University
Technical Comfort: Pretty technically savvy

Backstory

- Jon works on campus as well as being involved in clubs
- He has a cumulative GPA with 2.5 in the CEAS department
- He likes to spend time with his friends every now and then

Frustrations

- Jon has developed lots of stress and anxiety
- He does not have enough time to relax/ meditate

Motivations

- Jon is looking for an application to use between her short breaks
- He is available to the application since he's on the Stony Brook campus

Ideal Experience

- Jon can use this application whenever she wants
- He is able to relax before and after classes
- He can appreciate the experience not given elsewhere