

# Header

## Weeks w/o training

Weeks with no training: 13 out of 53.

## Image

Here is an image Summary of my stretching length (minutes). Percentiles [25%, 50%, 75%]: [0.0, 3.0, 5.0] Last six days of training:

	<b>Date</b>	<b>Daycategory</b>	<b>Training_time</b>
<b>0</b>	2018-03-26	Back	70.0
<b>1</b>	2018-03-23	Leg	100.0
<b>2</b>	2018-03-22	Chest	49.0
<b>3</b>	2018-03-20	Other	45.0
<b>4</b>	2018-03-19	Other	5.0
<b>5</b>	2018-03-19	Back	42.0