

# Gravitational Wave Exercises @ Jena

Jacopo Tissino

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Exercises for the Gravitational Waves course. The exercise sheets can be found on the [webpage](#).

## 1 Quadrupole approximation

The procedure to find the quadrupole approximation for the GW emitted by a Newtonian system is in the form:

1. determine the density  $\rho(\vec{x}, t)$ ;
2. calculate the trace-free inertia tensor  $Q^{ij}(t)$ ;
3. calculate the gravitational wave strain  $h_{ij}$ .

### Two point particles

In order to model the point-like nature of the particles we can write an expression for the density as a sum of two delta-functions, whose positions oscillate on the  $x$  axis with an amplitude  $R$ :

$$\rho(\vec{x}, t) = m\delta(\vec{x} - \vec{x}_1(t)) + m\delta(\vec{x} - \vec{x}_2(t)), \quad (1.1)$$

where the positions of the particles,  $\vec{x}_1(t)$  and  $\vec{x}_2(t)$ , will be the solutions to the differential equation  $\ddot{F}_{12} = -k(\vec{x}_1 - \vec{x}_2)$ . If they start out along the  $x$  axis they will remain along it, so the equation will read  $F_{12} = -k(x_1 - x_2)$ , so  $\ddot{x}_1 = -\omega_0^2(x_1 - x_2)$  and  $\ddot{x}_2 = +\omega_0^2(x_1 - x_2)$ , where  $\omega^2 = k/m$ . This can be rewritten as  $\ddot{\Delta x} = -2\omega_0^2\Delta x$ , with  $\Delta x = x_1 - x_2$ . Therefore, the pulsation of the system is  $\omega = \sqrt{2}\omega_0$  — this could also have been calculated as  $\sqrt{k/m_r}$ , where  $m_r = m^2/(m + m) = m/2$  is the reduced mass.

So, the position vectors will look like

$$\vec{x}_1(t) = R \begin{bmatrix} \cos(\omega t) \\ 0 \\ 0 \end{bmatrix} \quad \text{and} \quad \vec{x}_2(t) = -\vec{x}_1(t) \quad (1.2)$$

up to a phase.

So, the inertia tensor will be given by

$$I^{ij}(t) = \int \rho(\vec{x}, t) x^i x^j d^3x \quad (1.3)$$

$$= m \sum_{k=1,2} x_k^i x_k^j \quad (1.4)$$

$$= -mR^2 \begin{bmatrix} \cos^2(\omega t) & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{bmatrix}. \quad (1.5)$$

Its trace is equal to its only nonzero component,  $I^{xx}$ , therefore its traceless version will look like

$$Q^{ij}(t) = mR^2 \begin{bmatrix} -(2/3)\cos^2\omega t & 0 & 0 \\ 0 & (1/3)\cos^2\omega t & 0 \\ 0 & 0 & (1/3)\cos^2\omega t \end{bmatrix}. \quad (1.6)$$

The second derivative of this tensor will be given by

$$\ddot{Q}^{ij}(t) = \frac{2mR^2}{3}\omega^2 \begin{bmatrix} 2\cos(2\omega t) & 0 & 0 \\ 0 & -\cos(2\omega t) & 0 \\ 0 & 0 & -\cos(2\omega t) \end{bmatrix}. \quad (1.7)$$

Now, in order to compute the gravitational wave strain we need the projection tensor  $\Lambda_{ij,kl}$ . If the propagation direction we are interested in is  $\vec{k}$ , then the tensor

$$P_{ij} = \delta_{ij} - \frac{k_i k_j}{|\vec{k}|^2} = \delta_{ij} - n_i n_j \quad (1.8)$$

will project a vector onto the subspace orthogonal to  $\vec{k}$ ; and the tensor

$$\Lambda_{ij,kl} = P_{ik}P_{jl} - \frac{1}{2}P_{ij}P_{kl} \quad (1.9)$$

$$= \delta_{ik}\delta_{jl} - n_i n_k \delta_{jl} - \delta_{ik} n_j n_l + \frac{1}{2}n_i n_k n_j n_l - \frac{1}{2}\delta_{ij}\delta_{kl} + \frac{1}{2}\delta_{ij}n_k n_l + \frac{1}{2}n_i n_j \delta_{kl}, \quad (1.10)$$

will project a rank-2 tensor onto the corresponding subspace.

Then, the gravitational wave emission will look like:

$$h_{ij}(t) = \frac{2}{r} \frac{G}{c^4} \Lambda_{ij,kl} \ddot{Q}_{kl}(t - r/c) \quad (1.11)$$

$$= \frac{2}{r} \frac{G}{c^4} \frac{2mR^2\omega^2}{3} \cos(2\omega(t - r/c)) F_{ij}(\theta, \varphi), \quad (1.12)$$

where  $F_{ij}(\theta, \varphi)$  is a tensor depending on the two angles which define the observation-direction unit vector:

$$\vec{n} = \begin{bmatrix} \sin\theta \cos\varphi \\ \sin\theta \sin\varphi \\ \cos\theta \end{bmatrix}. \quad (1.13)$$

The explicit shape of  $F_{ij}$  depends on the shape of  $\ddot{Q}_{ij}$ , the one for this specific case can be calculated analytically with a computer algebra system — see [here](#).

## A free-falling particle

In this case the motion will be determined by the equation

$$F = -\frac{GMm}{r^2} \implies \ddot{r} = -\frac{GM}{r^2}, \quad (1.14)$$

for which we need to specify two initial conditions.

## Ellipsoid rotating along its axis

The nonzero components of the inertia tensor of an ellipsoid with mass  $m$  and axes  $a, b, c$  are:<sup>1</sup>

$$I_{11} = \frac{m}{5}(b^2 + c^2) \quad (1.15)$$

$$I_{22} = \frac{m}{5}(a^2 + c^2) \quad (1.16)$$

$$I_{33} = \frac{m}{5}(a^2 + b^2). \quad (1.17)$$

## Two particles in circular Newtonian orbit

$$\rho(\vec{x}, t) = m_1 \delta(\vec{x} - \vec{x}_1(t)) + m_2 \delta(\vec{x} - \vec{x}_2(t)), \quad (1.18)$$

where

$$in \vec{x}_1(t) = r \begin{bmatrix} \cos(\omega t + \phi) \\ -\sin(\omega t + \phi) \\ 0 \end{bmatrix} \quad \text{and} \quad \vec{x}_2(t) = -\vec{x}_1(t). \quad (1.19)$$

For simplicity, we will also assume that the radius  $r$  is constant — this cannot be precisely the case, since there will be some amount of power lost because of the GW emission, but it is a reasonable approximation.

So, the trace-free inertia tensor will be given by

$$Q^{ij}(t) = \int \rho(\vec{x}, t) \left( x^i x^j - \frac{1}{3} \delta^{ij} r^2 \right) d^3x \quad (1.20)$$

$$= \sum_{k=1,2} m_k \left( x_k^i x_k^j - \frac{1}{3} \delta^{ij} r^2 \right) \quad (1.21)$$

$$= 2mr^2 \begin{bmatrix} \cos^2 - 1/3 & -\cos \sin \\ -\cos \sin & \sin^2 - 1/3 \end{bmatrix}, \quad (1.22)$$

where we write only the upper-left 2x2 submatrix in  $Q^{ij}$ , since the other entries are constant, and we omit the argument of the sines and cosines (which is always  $\omega t + \phi$ ).

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<sup>1</sup> The computation goes as follows: the (assumed constant) density is  $\rho = m/V = 3m/4\pi abc$ , so

The second derivative of this tensor will be given by

$$\ddot{Q}^{ij}(t) = 4mr^2\omega^2 \begin{bmatrix} \sin^2 - \cos^2 & 2\sin\cos \\ 2\sin\cos & \cos^2 - \sin^2 \end{bmatrix}. \quad (1.23)$$

## 2 Estimate of GW magnitude

We want a way to estimate the GW strain,  $h \sim \delta L/L$ , by simple considerations about the parameters of the system which is generating the waves. In the quadrupole approximation we have  $h \sim (G/c^4 r) \ddot{I}$ , where  $\ddot{I}$  is the typical magnitude of the second derivative of the inertia tensor, while  $r$  is the distance from the system to Earth.

We know that  $I \sim MR^2$ , where  $M$  is the mass of the system while  $R$  is its characteristic radius (for example, a solid sphere has  $I = (2/5)MR^2$  — the 2/5 factor is relevant but we will neglect it in this order-of-magnitude estimate). If  $T$  is the characteristic timescale in which the components of the inertia tensor vary, we can estimate  $\ddot{I}$  as  $\ddot{I} \sim MR^2/T^2 = Mv^2$ , where  $v$  is the typical velocity of the various parts of the system.

With this estimate, we have:

$$h \sim \frac{G}{c^4 r} M v^2 = \frac{GM}{c^2 r} \frac{v^2}{c^2} \sim \frac{R_s}{r} \frac{v^2}{c^2}. \quad (2.1)$$

Let us compute this for a few simple examples:

1. a car crash, with  $M \sim 10^3$  kg,  $v \sim 100$  km/h,  $r \sim 10$  m;
2. a supernova explosion, with  $M \sim M_\odot$ ,  $v \sim 0.2c$ ,  $r \sim 2$  kpc;
3. a binary black hole system, with  $M \sim 50M_\odot$ ,  $v \sim 0.1c$ ,  $r \sim 400$  Mpc.

We shall use the units system<sup>2</sup> provided by the python library `astropy` in order to aid us in this computation: we start out with the imports

```
1 import astropy.units as u
2 from astropy.constants import G as Gc, c as cc, M_sun as Msun, kpc as kpc_u, Mpc as Mpc_u
```

Now we may define a function yielding the desired estimate:

```
3 @u.quantity_input(M='mass', D='length', v='speed')
4 def estimate_h(M, D, v) -> u.dimensionless_unscaled:
5     h = Gc * M / D / cc**2 * (v / cc)**2
6     # the units system takes care of all the unit conversion for us
7     # since we specified that we want the result to be a pure number
8     return(h)
9
10 print(f'Car crash: {estimate_h(1e3*u.kg, 10*u.m, 100*u.km/u.hr):.0e}')
11 print(f'Supernova: {estimate_h(1*Msun, 2*kpc_u, .2 * cc):.0e}')
12 print(f'Binary BH: {estimate_h(50*Msun, 400*Mpc_u, .1 * cc):.0e}')
```

which yields as output

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<sup>2</sup><https://docs.astropy.org/en/stable/units/index.html>

```

1 Car crash: 6e-40
2 Supernova: 1e-18
3 Binary BH: 6e-23

```

The `u.quantity_input` decorator is not strictly necessary, but this way the function will raise a very clear `UnitsError` if we try to give it something with the wrong dimensionality as an input.

### 3 GW gauge

#### Detector frame Newtonian waves

Let us select one end of our interferometer, and impose the condition  $g_{\mu\nu} = \eta_{\mu\nu}$  at that point, as well as  $g_{\mu\nu,\rho} = 0$ .

If we Taylor expand the metric (along the spatial directions only) from that point, the deviations from flatness will kick in with the second order term:

$$g_{\mu\nu}(x) = \eta_{\mu\nu}(x_0) + \partial_i \partial_j g_{\mu\nu} \Big|_{x_0} (x - x_0)^i (x - x_0)^j + \mathcal{O}\left((x - x_0)^3\right). \quad (3.1)$$

#### Fictional waves

We want to show that the perturbation

$$h_{\mu\nu} = -2\partial_{(\mu} \zeta_{\nu)} \quad (3.2)$$

$$\zeta_\mu = c_\mu \exp(-ik_\alpha x^\alpha) \quad (3.3)$$

is “fictional”, that is, it is indistinguishable flat spacetime.

One way to do so is to explicitly show the transformation that maps this to flat space-time: the perturbation transforms under diffeomorphisms as

$$h_{\mu\nu}(x) \rightarrow h'_{\mu\nu}(x') = h_{\mu\nu}(x) + 2\partial_{(\mu} \chi_{\nu)}(x) \quad (3.4)$$

for a generic vector  $\chi_\nu$ , therefore if we set  $\chi_\nu = \zeta_\nu$  we directly have  $h'_{\mu\nu}(x') = 0$  identically.

Alternatively, we can compute the Riemann tensor: to linear order

$$\Gamma_{\mu\alpha\beta} = \frac{1}{2} \left( h_{\mu(\alpha,\beta)} - h_{\alpha\beta,\mu} \right) \quad (3.5)$$

$$R_{\mu\nu\rho\sigma} = -2\Gamma_{\mu\nu[\rho,\sigma]}, \quad (3.6)$$

so we get

$$h_{\mu\nu} = 2ic_{(\mu} k_{\nu)} e^{-ik \cdot x} \quad (3.7)$$

$$h_{\mu\nu,\alpha} = -2c_{(\mu} k_{\nu)} k_\alpha e^{-ik \cdot x} \quad (3.8)$$

$$h_{\mu\nu,\alpha\beta} = +2ic_{(\mu} k_{\nu)} k_\alpha k_\beta e^{-ik \cdot x} \quad (3.9)$$

$$\Gamma_{\mu\alpha\beta} = \frac{1}{2} \left( h_{\mu\alpha,\beta} + h_{\mu\beta,\alpha} - h_{\alpha\beta,\mu} \right) \quad (3.10)$$

$$= \frac{1}{2}(-2) \left( c_{(\mu} k_{\alpha)} k_{\beta} + c_{(\mu} k_{\beta)} k_{\alpha} - c_{(\alpha} k_{\beta)} k_{\mu} \right) e^{-ik \cdot x} \quad (3.11)$$

$$R_{\mu\nu\rho\sigma} = 2i \left( c_{(\mu} k_{\nu)} k_{[\rho} k_{\sigma]} + c_{(\mu} k_{\rho)} k_{[\nu} k_{\sigma]} - c_{(\nu} k_{\rho)} k_{[\mu} k_{\sigma]} \right) e^{-ik \cdot x}, \quad (3.12)$$

so all the terms in the Riemann tensor contain a term in the form  $k_{[\mu} k_{\nu]} = 0$ , since it is the antisymmetrization of two equal vectors.

## 4 NS surface tidal forces

We want to estimate the tidal forces on a 1.6 m tall person standing on the surface of a nonrotating neutron star with  $M = 1.4M_{\odot}$  and  $R = 12$  km.<sup>3</sup>

We shall do so by comparing three different methods: Newtonian mechanics, weak-field GR and then full GR (still with the spherical, stationary NR assumption). The weak-field GR formulation will make the various approximations of the Newtonian approach more explicit.

### Newtonian mechanics

Here, the gravitational acceleration  $a(r)$  looks like

$$a(r) = -\frac{GM}{r^2}, \quad (4.1)$$

so the differential acceleration between the head and feet of our test person will be

$$\Delta a = -\frac{GM}{(r+h)^2} + \frac{GM}{r^2} \approx 2GM \frac{h}{r^3} + \mathcal{O}\left((h/r)^2\right), \quad (4.2)$$

where the scale of the term we are neglecting is  $(h/r)^2 \sim (10^{-4})^2 = 10^{-8}$  — definitely acceptable for this rough calculation.

With this expression we get  $\Delta a \approx 3.4 \times 10^8 \text{ m/s}^2$  (both in the exact case and with the approximation).

### Weak-field GR

In general, the expression for the geodesic deviation  $d^\mu$  corresponding to an observer described by a space-like vector  $\xi^\mu$  moving along a geodesic with four-velocity  $u^\mu$  is [Car19, eq. 3.208]

$$d^\mu = R^\mu{}_{\nu\rho\sigma} u^\nu u^\rho \xi^\sigma. \quad (4.3)$$

Our stationary observer on the surface is not moving along a geodesic, but as a working hypothesis we can assume that the acceleration due to being stationary in Schwarzschild

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<sup>3</sup> A first sanity check: the corresponding Schwarzschild radius is around 4 km, so the compactness ratio  $Rc^2/GM$  is almost 6, well above the causal constraint of  $\sim 2.83$  [LP07, eq. 5, fig. 2].

coordinates is shared by head and feet — it is the zeroth-order contribution, so to speak. The geodesic deviation  $d^\mu$  goes directly to the first order.

In the weak-field approximation, we directly consider the component  $d^r$  to estimate  $|\Delta a|$ , since we assume (wrongly!) that the metric is not far off from the Minkowski one. The space-like displacement vector describing the person is  $\xi^\mu = h\hat{e}^r$ , while their four-velocity in this weak-field context is  $u^\mu = \hat{e}^t$ .

Therefore, the formula simplifies to

$$|\Delta a| \approx |d^r| = |hR^r_{ttr}|, \quad (4.4)$$

and we can approximate this component of the Riemann tensor as such:

$$-R^r_{ttr} = +R^r_{trt} = \partial_r \Gamma^r_{tt} - \underbrace{\partial_t \Gamma^r_{rt}}_{\text{zero by stationarity}} - \underbrace{\Gamma^r_{r\mu} \Gamma^\mu_{tt} - \Gamma^r_{t\mu} \Gamma^\mu_{rt}}_{\text{second order}} \quad (4.5)$$

$$\approx \partial_r \Gamma^r_{tt} = \frac{1}{2} \partial_r g^{r\mu} \left( \underbrace{2\partial_t g_{(\mu t)}}_{\text{zero in weak-field}} - \partial_\mu g_{00} \right) \quad (4.6)$$

$$\approx -\frac{1}{2} \partial_r \partial_r g_{00} \approx \partial_r \partial_r \Phi \quad (4.7)$$

$$\approx \partial_r \partial_r \left( -\frac{GM}{r} \right) = \partial_r \frac{GM}{r^2} = -\frac{2GM}{r^3}, \quad (4.8)$$

so our result is exactly the same as the Newtonian one:  $\Delta a = 2GMh/r^3 = 3.4 \text{ m/s}^2$ .

## Full GR

Now that we have established the weak-field calculation, let us approach it accounting for the strong-field regime.

The geodesic deviation equation is still valid, but we must adapt the expressions for  $\xi^\mu$  and  $u^\mu$ : we want their moduli to be  $h$  and  $-1$  respectively, and their directions to be  $\hat{e}^r$  and  $\hat{e}^t$ . In order for this to be true we need to rescale them, so that their nonzero components will read  $\xi^r = h/\sqrt{g_{rr}}$  and  $u^t = 1/\sqrt{g_{tt}}$ .

Also, we cannot only compute  $d^r$ : we must consider the full vector  $d^\mu$  and compute its modulus  $\sqrt{d^\mu d_\mu}$ . Notice the lowered index: the component  $d^r$  appears in the modulus of the acceleration as  $d^r \sqrt{g_{rr}}$ , and  $\sqrt{g_{rr}} \approx 1.23$  is noticeably different from 1 in this situation.

This way, we have all the components to plug into a computer algebra system like Cadabra:<sup>4</sup> the acceleration comes out to have  $d^r$  as its only nonvanishing component,

$$d^r = \frac{1}{r} \frac{h}{r} \frac{2GM}{r} \left( 1 - \frac{2GM}{rc^2} \right)^{-1/2}, \quad (4.9)$$

whose modulus is then

$$|d| = d^r \sqrt{g_{rr}} = \frac{2GMh}{r^3}, \quad (4.10)$$

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<sup>4</sup> See the code [here](#)!

which, incidentally, is proportional to the square root of the Kretschmann scalar  $K = R^{\mu\nu\rho\sigma} R_{\mu\nu\rho\sigma} \propto G^2 M^2 c^{-4} r^{-6}$ .

This is the same result we found in the weak field regime! The factors from the metric cancelled out.

## Full GR, revised

There is a problem in the computation we did before: we applied the formula for geodesic deviation despite the fact that our observer is not moving along a geodesic.

An alternative way to calculate the tidal deformation would be to simply compute the acceleration at the feet and head and subtract them. Let us see how this approach goes.

Both the head and feet are stationary in Schwarzschild coordinates; their four-velocities are therefore time-directed, and normalized like before as  $u^\mu = \hat{e}^t / \sqrt{g_{tt}}$ .

The four-acceleration of an observer is the derivative of the four-velocity along itself (with respect to proper time):

$$a^\mu = \frac{du^\mu}{d\tau} = u^\nu \nabla_\nu u^\mu, \quad (4.11)$$

whose only nonvanishing component is

$$a^r = \Gamma_{tt}^r (u^t)^2 = \frac{GM}{r^2}, \quad (4.12)$$

but, like before, we need to account for the metric component if we want to compute its modulus:

$$|a| = a^r \sqrt{g_{rr}} = \frac{GM}{r^2} \frac{1}{\sqrt{1 - 2GM/r}}. \quad (4.13)$$

Now, all that is left is to compute the difference between this quantity at  $r$  and  $r + h$ :

$$\Delta a = \frac{GM}{(r+h)^2} \frac{1}{\sqrt{1 - \frac{2GM}{c^2(r+h)}}} - \frac{GM}{r^2} \frac{1}{\sqrt{1 - \frac{2GM}{c^2 r}}}, \quad (4.14)$$

which could be approximated to linear order like before, but we can directly compute the difference: it comes out to be  $\Delta a \approx 4.8 \times 10^8 \text{ m/s}^2$ .

This shows that, accounting for relativistic effects, an observer staying still on the surface of the star experiences  $\sim 40\%$  more tidal acceleration.

## References

- [Car19] Sean M. Carroll. *Spacetime and Geometry: An Introduction to General Relativity*. New York: Cambridge University Press, 2019. 1 p. ISBN: 978-1-108-77038-5 (cit. on p. 6).
- [LP07] James M. Lattimer and Maddapa Prakash. "Neutron Star Observations: Prognosis for Equation of State Constraints". In: *Physics Reports* 442.1-6 (Apr. 2007), pp. 109–165. ISSN: 03701573. DOI: [10.1016/j.physrep.2007.02.003](https://doi.org/10.1016/j.physrep.2007.02.003). arXiv: [astro-ph/0612440](https://arxiv.org/abs/astro-ph/0612440). URL: <http://arxiv.org/abs/astro-ph/0612440> (visited on 2021-04-23) (cit. on p. 6).