

Can climate patterns predict dengue outbreaks? A causal-based analysis on the role of climate change in *Aedes*-borne disease transmission

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ABSTRACT

Background: Vector-borne diseases transmitted by *Aedes* mosquitoes such as dengue, Zika, and chikungunya, pose significant public health challenges worldwide in the wake of human-driven climate change. However, while their transmission is known to be susceptible to some climate variables like temperature or the amount of rainfall, the overall role of climate patterns on the emergence of these diseases is not so well understood.

Methods: Using data from a number of sources, we explore and analyse the response of *Aedes*-borne disease transmission to climate patterns, in order to understand its influence on disease outbreaks. Our analysis is composed of three different studies: 1) a timescale decomposition of disease transmissibility values, thereby guiding officials to understand the behaviour of outbreaks for budget and resource allocation; 2) a correlation analysis between transmissibility values and different climate patterns, such as El Niño Southern Oscillation, in order to understand the effects of natural climate patterns onto *Aedes*-borne outbreaks; and 3) a causality analysis to solidify findings obtained through correlation, identifying the most relevant predictors and their applicability in a climate-and-health service framework for forecasting the transmissibility of *Aedes*-borne diseases.

Results:

Conclusions:

Keywords: Public Health, Vector-borne Diseases, Epidemiology, Climate Change, Climate Services, Environmental Sciences

1 Multilingual abstracts

Please consult the [Additional files](#) section for abstract translations into the other five official languages of the United Nations (Arabic, Chinese, French, Russian and Spanish).

2 Background

2.1 The emergence of vector-borne diseases in the context of climate change

Disease stability and transmissibility under changing climate conditions has long been a topic of interest and research in the fields of epidemiology and virology. Many viral, bacterial, and parasitic diseases have been shown to be susceptible to changes in environmental conditions across different regions and timescales^{1,2}. This is particularly true for previously pandemic diseases that have become endemic once proper disease control mechanisms are implemented by public health officials³. Prevalent respiratory viruses such as H1N1 influenza or the novel SARS-CoV-2 virus

have been shown to reduce their dependency on human spread once losing their pandemic status, adopting defined climate-dependent seasonality patterns and becoming more prominent in temperate climates during the winter season^{4,5}.

For vector-borne diseases (VBDs), the relationship between climate and pathogen transmissibility is even more intertwined. Carriers such as arthropods, snails and slugs thrive under specific climate-dependent thresholds and conditions, and in the context of anthropogenic climate change, the effects of global warming and changing precipitation patterns have been shown to affect the distribution and behaviour of these vectors^{6,7}.

Mosquitoes of the *Aedes* genus, such as *Aedes albopictus* and *Aedes aegypti*, are of particular interest and importance in medium and low income countries⁸. As the main carriers of diseases like dengue (DENV), chikungunya (CHIKV), and Zika (ZIKV), they pose a significant public health threat,

traditionally in tropical and subtropical regions⁹. In the Americas, for instance, DENV impacts account for over 2 million disability adjusted life years worldwide¹⁰, and a low estimated annual cost of about US\$2.1 billion¹¹.

However, the effects of climate change are causing *Aedes*-related diseases not only to emerge in new, previously unaffected regions, but also to increase their spread in areas where they were previously endemic¹². Along with compounded changes in urbanization¹³ and population growth¹⁴, climate change is believed to be a major driver of increased DENV incidence in temperate climates¹⁵, with the recent establishment of epidemic activity in parts of North America¹⁶ or Southeast Asia¹⁷, and detection of local transmission in southern European countries along the Mediterranean Basin¹⁸. Equatorial tropical and subtropical zones like the Sub-Saharan Africa, Southeast Asia, and northern South America have also been subject to higher incidence over the past 40 years¹⁹. While the current yearly incidence of DENV amounts to an average of 400 million cases per year²⁰, it is believed that the effects of climate change may put an additional 2.5 billion people at risk of DENV if *Aedes* vectors were present in every region where the climate is suitable for their development¹⁹.

2.2 Known drivers on *Aedes*-borne disease transmission dynamics and their impact

The current scientific literature highlights a profound influence of the environmental conditions over *Aedes* mosquito proliferation, with temperature and precipitation being the two primary climate drivers of *Aedes*-borne disease transmission due to their impact on both vector and pathogen biology alike.

Many vector physiological processes (e.g., biting frequency, reproduction rates) as well as pathogen characteristics (e.g., extrinsic incubation duration) are conditioned by temperature, increasing until certain temperature thresholds are reached²¹. In a similar manner, rainfall promotes the availability of mosquito breeding sites up until a critical point, in which excessive rainfall may flood or wash out the mosquito larvae away²². In conjunction, the combined effects of temperature and rainfall play a crucial role in the length of the *Aedes*-borne transmission season of DENV, CHIKV and ZIKV in temperate areas and affected hotspots, with higher incidence particularly in urban areas of the Western Pacific and the Eastern Mediterranean regions²³.

Aside from these climate variables, humidity is also another probable factor in the proliferation of *Aedes* mosquito breeding sites, though proper characterization and relationships with disease transmission remains an object of study. Current evidence suggests that elevated humidity levels could play a role in reducing incubation periods and blood-feeding cycle duration in *Aedes* mosquitoes²⁴.

2.3 Climate patterns as an aggregate of unknown transmissibility drivers

While the aforementioned macro climatic factors have been widely used in *Aedes*-borne disease research and modelling^{25–28}, it is widely acknowledged that these are not enough to fully explain the climate component of *Aedes*-borne disease transmissibility, and that more explanatory variables can aid in building more refined and actionable DENV monitoring and prediction systems^{29–32}. For instance, temperature and rainfall may also affect other possible small-scale climate modulators like soil moisture or vegetation growth, which in turn may affect the availability of breeding sites for *Aedes* mosquitoes. Additionally, analysis of high resolution satellite imagery has suggested that land cover change, through deforestation, as well as stagnant water bodies, may also play a role in the proliferation of *Aedes* breeding sites³³.

From a pragmatic perspective, understanding the contribution of each of these additional climate variables, each operating in different spatial and temporal scales, can be a challenging undertaking. Many of these variables lack comprehensive long-term observational records, particularly in tropical and southern regions where *Aedes* diseases are most prevalent^{34,35}. Moreover, computational constraints may arise when attempting to model multiple interacting variables simultaneously, and the sheer number of potential variables makes it difficult to determine which combinations are most relevant for disease prediction without extensive computational resources. Moreover, the effects of these variables may not be immediately apparent, as variables like soil moisture, for instance, do depend on many sub-processes³⁶.

It is for this reason why climate patterns, in this context, may serve a better role in understanding the underlying climate processes behind *Aedes*-borne disease transmission. Climate patterns are large-scale recurring ocean or atmospheric phenomena that can influence weather and climate conditions over different timescales (subseasonal, seasonal, inter-annual, decadal, etc.). They are often characterized by their periodicity, identified through their defined climate variability indices, and their effects ripple through the climate system, affecting temperature, precipitation, and other climate variables across different regions through teleconnections³⁷.

As such, climate patterns may serve as aggregators of both large and small climate phenomena by linking various climatic oscillations to regional weather events and other environmental processes³⁸. The analysis of known seasonal patterns such as the El Niño Southern Oscillation (ENSO) could provide a framework for understanding complex interactions that influence precipitation, temperature, and ultimately, the role of these compound climate variables processes on *Aedes*-disease transmission. Moreover, since they encapsulate broader climatic trends that affect local conditions, climate patterns seem preferable over everyday climate variables

in the development of future climate-and-health *Aedes* prediction systems^{39,40}.

2.4 The applicability of climate services in vector-borne disease prevention

Given the worldwide impacts of DENV, ZIKV and CHIKV and their expected potential to spread to unprepared regions, the need for effective *Aedes*-borne disease control is more pressing than ever. To this end, many climate-and-health initiatives have been developed in recent years, with the aim of providing actionable information to public health officials and decision-makers, such as the Tropical Disease Research initiative from the World Health Organization's (WHO)^{41,42}, as well as its Global Strategic Preparedness, Readiness and Response Plan, with \$55 million in funding from different stakeholders and public officials. Other examples include the mapping of environmental suitability for DENV, ZIKV and CHIKV^{43,44}, or the development of integrated surveillance systems for *Aedes* arboviruses⁴⁵.

The development of early warning systems (EWS) for *Aedes* vectors are also another area of focus in which climate information may translate to more actionable health information⁴⁶. While disease EWS can be based on clinical and epidemiological data alone, the integration of climate information at different timescales (subseasonal, seasonal, inter-annual, decadal) can improve the accuracy and skill of these systems while simultaneously extend the window over which changes in transmissibility can be detected^{47,48}.

Here, we aim to characterise the behaviour and climatology of the climate-driven component of *Aedes*-borne transmissibility, in order to understand its evolution overtime in the context of climate change, but also to understand how the different climate timescales may influence the possibility of outbreaks in different regions and seasons. Additionally, we aim to understand the role of climate patterns in the predictability of *Aedes*-borne disease outbreaks, in order to establish their relevance for operational vector-borne disease control, and to highlight which climate patterns may be used as predictors under a possible causal-based outbreak prediction system.

3 Methods

We utilize a select number of datasets and methodologies to undertake three distinct analyses, in order to characterise the behaviour of the climate component of *Aedes*-borne disease transmissibility, and to understand the role of climate patterns in their potential predictability.

By using global climate products that transform climate variables into the climate-driven component of *Aedes*-borne transmissibility, we can explore its underlying mechanisms over affected and emerging areas at multiple timescales (seasonal, inter-annual, decadal, and long-term

trends). We later employ a series of correlation and causality analyses in order to understand the role of climate patterns on *Aedes*-disease emergence across regions and seasons. By highlighting which climate patterns are dominant over the different areas and seasons, we can assess their impact on the transmissibility of *Aedes*-borne diseases, therefore determining whether they may qualify as predictors for future DENV, ZIKV or CHIKV outbreaks.

3.1 R_0 as a bridge between climate and health

In recent years, at least three main mechanisms have been discussed to explain the seasonality of VBDs⁴⁹: the effects of the vector's behaviour (e.g. absence or presence in the area), human behaviour (e.g. whether an infected host can transmit the disease by travelling), and the climate (whether the conditions are favourable for the vector to transmit the disease). These three mechanisms are usually encapsulated in the basic reproduction number, or R_0 , which is a commonly used epidemiological metric that quantifies the transmissibility of vector-borne diseases, and is defined as the average number of secondary cases generated by a single infected individual in a susceptible population⁵⁰.

However, while R_0 entangles vector, human, and climate behaviour, by only integrating the climate component of the disease transmission for the computation of R_0 , then the resulting R_0 metric is more so interpreted as the role of environmental conditions in the spread of the disease. Thus, this definition of R_0 , which we can understand as the diseases' environmental suitability, can be understood as a first approximation of the role of the climate in the dynamics of vector-borne diseases. This tweaked definition of R_0 is one of the operational outbreak indices used by WHO, along with several other decision-making institutes and health practitioners in disease control and prevention^{51,52}.

In this context, our analysis is then composed of three different studies under this definition of R_0 :

3.2 The *Aedes* Disease Environmental Suitability 2's monitoring system

The *Aedes* Disease Environmental Suitability 2's (AeDES2) monitoring system⁴⁴ was used throughout this study in order to obtain the R_0 values for the analysis. Improving over its predecessor⁴³, AeDES2 is a climate-and-health service that provides real-time monitoring of the environmental suitability for *Aedes*-borne diseases. The system uses a climate variables like temperature and precipitation, and through its integration with ento-epidemiological models, as well as with calibration with recorded DENV cases, R_0 values are computed for different regions and seasons. The monitoring system is designed to be used by public health officials and researchers to assess the risk of disease outbreaks and to inform prevention and control strategies.

3.3 Analysis 1: Multi-timescale climate decomposition of R_0

With the intent of isolating the signal of man-made climate change from the natural variability R_0 data, a timescale decomposition methodology was used to obtain the total variance across different timescales. This approach allows us to separate the complex R_0 signal into several temporal components, each providing insight into the underlying climatology of *Aedes*-borne disease transmission. This decomposition is particularly useful for health-officials in historically affected DENV hotspots, where understanding how different climate processes condition disease transmissibility at various temporal scales is essential for the development of effective public health strategies, optimization of resource allocation, or implementation of targeted intervention strategies through the use of early warning systems for disease outbreak prevention^{53,54}.

3.3.1 Data

The timescale decomposition analysis was undertaken using R_0 outputs from the AeDES2's monitoring system. The 1951-2024 monthly-mean period of AeDES2's R_0 values was selected for the analysis, for a total of 888 months or 295 full seasons. Considering that vector borne diseases are extending to previously unaffected areas due to the effects of man-made climate change, AeDES2's coverage has been increased since its inception to contain global outputs, allowing for a comprehensive analysis of the relationship between climate variability indices and R_0 both in current *Aedes* hotspots and emerging regions.

3.3.2 Methodology

As R_0 doesn't follow a clearly defined probability distribution function, the temporal analysis filters a given R_0 time-series of any given grid-point by employing the non-parametric locally estimated scatterplot smoothing technique (LOESS)⁵⁵. Sensitivity tests have been conducted in order to obtain the best LOESS smoothing parameter for the analysis, using three verification metrics for the goodness of fit of the model: the highest R squared value⁵⁶ (R^2), the lowest Akaike Information Criterion (AIC) value⁵⁷, or the lowest Generalized Correlated Cross-Validation (GCV) value⁵⁸. Whenever these metrics yield conflicting results, the GCV value is prioritized as the primary selection criterion. Unlike R^2 , which can artificially inflate with increased model complexity, or AIC, which relies on asymptotic assumptions that may not hold for finite samples, GCV provides a more robust assessment of model generalizability by directly penalizing overfitting through its leave-one-out validation procedure⁵⁹.

Once the ideal LOESS smoothing parameter is found for the R_0 data, the R_0 time-series for each grid-point is separated into four components: a long-term trend signal (understood to be the trend caused by anthropogenic climate change), an inter-annual signal (year to year), a decadal signal (10-30 years), and lastly, a remainder signal which contains

other signals of the data (i.e., inter-annual and inter-decadal variability, among others). Variance maps for each of these four components capture the overall direction of the data over time, as well as the climatological variability of R_0 in any given grid-point.

Variance maps, as well as any results from following analyses, are shown for both global outputs and the Panama region. The Panama region is selected as a case study for the analysis, as it is known to be a present hotspot for *Aedes*-borne diseases, with a long history of DENV outbreaks and a complex interplay of climatic factors that influence disease transmission⁶⁰.

After the variance maps are obtained, R_0 values are then detrended for the following correlation and causality analyses. While detrending through the assumption that R_0 changes linearly over time could be a valid approach, it fails to capture the temperature dependency of the data. In order to account for this intrinsic relationship of R_0 with temperature, a similar timescale decomposition analysis is performed on the detrended R_0 data, but using temperature data from the AeDES2's monitoring system datasets as the independent variable (monthly-mean temperature data consisting of the GHCN-CAMS project⁶¹, the CPC Unified Global Temperature dataset⁶², and the ERA5 and the ERA5Land reanalysis datasets⁶³). In this way, the obtained trend serves as a functional relationship between temperature and R_0 : a temperature-based description of the R_0 signal, attributed to the warming of the planet⁶⁴.

3.4 Analysis 2: Correlation studies between R_0 and climate variability indices

After analyzing the R_0 signal and its variability through timescale decomposition, we assess the impact of several climate variability indices on global R_0 values over the chosen 1951-2024 monthly-mean period.

3.4.1 Data

Correlation studies are performed over both global and Panama regions, using the temperature-based detrended R_0 data as in the previous analysis over the different seasons. A total of 9 temperature-based climate variability indices have been used for the correlation analysis, which have been computed using the detrended temperature data utilized in the previous analysis. Their periodicity, as well as their main pattern type, are listed and summarized in Table 1.

3.4.2 Methodology

The correlation analysis was performed using the Spearman correlation coefficient, which quantifies the linear relationship between two variables. For computation of statistical significance in correlation, the non-parametric Monte Carlo method was used⁶⁵, with a p-value threshold of 0.05.

Index Name	Abbreviation	Periodicity	Pattern Type
Atlantic 3 Index	ATL3	Several months to a few years	Oceanic
Indian Ocean Basin	IOB	Several months to a few years	Oceanic
Indian Ocean Dipole	IOD	Between 2-7 years	Oceanic
El Niño 3.4 Index	Niño 3.4	Between 2-7 years	Oceanic
North Pacific Meridional Mode	NPMM	Several months to a few years	Atmospheric
South Atlantic Subtropical Dipole	SASD	Several months to a few years	Oceanic
Southern Indian Ocean Dipole	SIOD	Several months to a few years	Oceanic
South Pacific Meridional Mode	SPMM	Several months to a few years	Atmospheric
Tropical North Atlantic	TNA	Several months to a few years	Oceanic

Table 1. Summary of the climate variability indices used in the analysis used for the correlation and causality studies.

3.5 Analysis 3: Causality studies between R_0 and climate variability indices. Outlining of predictors for disease outbreaks

Causal-based patterns can be identified after this analysis, which allow for a more robust foundation for the understanding of the underlying mechanisms between climate variability and R_0 patterns. These causality studies are performed over both global and Panama regions and over the different seasons. Along with results obtained through correlation, this causality analysis can be used to outline the most relevant predictors for disease outbreaks. These predictors, in turn, can be used for the refining and building of AeDES2's prediction system for improving the accuracy and skill of the ensemble forecasts compared to its predecessor.

3.5.1 Data

The datasets that were used for the causality analysis are the same detrended datasets as those employed in Section 3.4.1.

3.5.2 Methodology

Causality analyses between R_0 and climate variability indices were performed by using Liang-Kleeman's proposed methodology for computing information flow between two entities of a dynamical system, quantifying the amount of information that one time series (the climate variability indices) can provide about another time series (R_0 patterns)⁶⁶. Once the transfer entropy is computed, it is then normalized in order to account for the different scales of the two time series⁶⁷. Statistical significance is computed using Fisher's information matrix, with a p-value threshold of 0.05.

4 Results

The most relevant results from each of the three analyses are summarized over the following sections of the manuscript, highlighting the most relevant findings and their implications. The complete results from the analyses described above, including the correlation and causality study maps for each individual climate pattern over the different seasons, can all be found in the supplementary material provided along with this manuscript (see [Additional files](#)).

4.1 Analysis 1: Multi-timescale climate decomposition of R_0

4.2 Analysis 2: Correlation studies between R_0 and climate variability indices

4.3 Analysis 3: Causality studies between R_0 and climate variability indices. Outlining of predictors for disease outbreaks

5 Discussion

5.1 The added value of climate patterns in seasonal forecasting of *Aedes*-borne diseases

5.2 Analysis 1: Multi-timescale climate decomposition of R_0

5.3 Analyses 2 and 3: Correlation and causality studies between R_0 and climate variability indices

5.4 Notable limitations and constraints

6 Conclusions

1. Historical and climatological analyses of R_0 values for *Aedes*-borne diseases provide insight in understanding the role of climate in disease emergence, and can be used to improve the accuracy of seasonal forecasts through the identification of climate predictors. However, while global climate models are suitable for a broad, general-purpose understanding, high-resolution data is preferred when more nuanced analysis are performed in endemic regions, in order to provide more accurate and actionable information for public health officials.

2.

7 Additional files

8 Abbreviations

- AeDES2: *Aedes* Disease Environmental Suitability 2
- AIC: Akaike Information Criterion
- ATL3: Atlantic 3 Index
- CHIKV: Chikungunya
- DENV: Dengue

- ENSO: El Niño Southern Oscillation
- GCV: Generalized cross-validation
- IOB: Indian Ocean Basin
- IOD: Indian Ocean Dipole
- LOESS: Locally estimated scatterplot smoothing
- NPMM: North Pacific Meridional Mode
- R^2 : Coefficient of determination
- SASD: South Atlantic Subtropical Dipole
- SIOD: Southern Indian Ocean Dipole
- SPMM: South Pacific Meridional Mode
- TNA: Tropical North Atlantic
- VBDs: Vector-borne diseases
- WHO: World Health Organization
- ZIKV: Zika

9 Acknowledgements

10 Funding

11 Availability of data and materials

Code for the generation of R_0 values employed for this study, computed using AeDES2's monitoring system, is available under request, and its values can be visualized in an operational, in-development Shiny App (link) for any region and grid-point. Additionally, the necessary datasets, functions and scripts to generate the maps and plots for this manuscript and supplementary material are available under the following GitHub repository: https://github.com/jacorvillo/monitoring_system_analysis

12 Authors' contributions

Á.M., V.T. and D.C. conceived the methodology to be undertaken in this manuscript. Data sources, code and figures were obtained and developed from the ground up by J.C, who also analysed the results. All authors have reviewed the manuscript.

13 Ethics approval and consent to participate

Not applicable.

14 Consent for publication

Not applicable.

15 Competing interests

The authors declare no competing interests.

16 Author details

17 References

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