



# No-plan Pantry

WEBCRAPING

MACHINE LEARNING

WEB DEVELOPMENT

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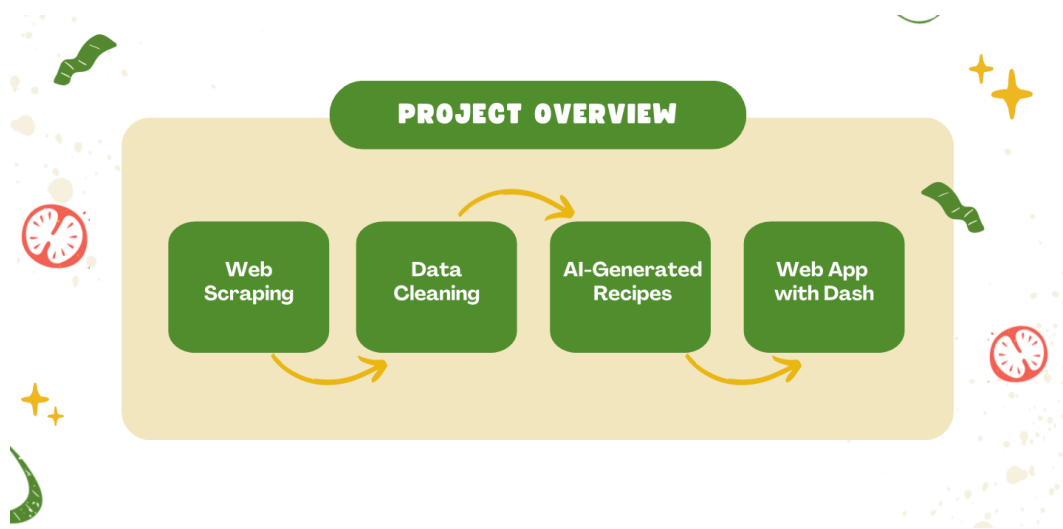
## Project Overview

Our project, “No-Plan Pantry”, aims to minimize food waste and inspire creativity in the kitchen by developing a web-application which generates recipes based on user-inputted ingredients. Using web scraping, recipes are collected from allrecipes.com and cleaned to ensure data quality. Advanced machine learning models, such as GPT-2 and BERT, are further employed to generate AI-based recipes and predict cooking times using textual recipe instructions. The application integrates these features with a user-friendly interface developed using Dash.

Data cleaning plays a critical role in standardizing recipe information, such as unifying time units, extracting key ingredients, and estimating missing cooking times. This step ensures the dataset is well-structured for machine learning models, enabling accurate recipe recommendations and cooking time predictions. The app’s interactivity allows users to select ingredients, set time or calorie preferences, and view both AI-generated and sourced recipes in an organized layout.

Overall, the No-Plan Pantry project combines data science, natural language processing, and intuitive design to create an innovative tool that empowers users to cook creatively while reducing food waste.

Here is the [link](#) to our GitHub repository.



Project Overview

## Web Scraping [allrecipes.com](https://www.allrecipes.com)

To effectively scrape recipe data from [allrecipes.com](https://www.allrecipes.com), we used [scrapy](#), which is known to be efficient at web scraping. [scrapy](#)'s ensures fast performance even when dealing with large volumes of data, thus making it an ideal choice for our needs. For our project, we designed a custom scraper, called [RecipeSpider](#), which is tailored to navigate through the site's structure and extract key pieces of recipe-related information.

Our [RecipeSpider](#) consists of three main methods to process different parts of the site: [parse](#), [parse\\_menu\\_page](#), and [parse\\_detail\\_page](#). These methods are meticulously crafted to extract various attributes of each recipe, which includes the recipe's name and category, its rating, preparation times, number of servings per recipe, list of ingredients, cooking directions, nutritional information, and the direct URL to the recipe. This comprehensive data collection is crucial for our web application.

Here's an in-depth look at the purpose of each method within [RecipeSpider](#):

1. [parse](#): This method initiates the scraping process by fetching and parsing the main page URLs. It extracts the links to individual recipes and sends them to the [parse\\_detail\\_page](#) for further extraction.
2. [parse\\_menu\\_page](#): Utilized for scraping pages that list multiple recipes, this method systematically collects links to all recipes on the menu page and queues them for detailed parsing.
3. [parse\\_detail\\_page](#): The core of our scraping effort, this method delves into each recipe's detail page, extracting all the specified attributes. It's capable of handling dynamically loaded content, ensuring that no part of the

recipe's data is missed.

Here is what each method looks like:

```
def parse(self, response):
    """
    Parse the overview page and return each category link
    """

    # Extract all category links and their names
    categories = response.css('div.mntl-alphabetical-list__')
    for category in categories:
        link = category.css('::attr(href)').get()
        # Extract category name
        category_name = category.css('::text').get()

        # Pass category_name to the next request using meta
        yield scrapy.Request(
            url=link,
            callback=self.parse_menu_page,
            # Output category name for each recipe
            meta={'category_name': category_name}
        )
```

```
def parse_menu_page(self, response):
    """
    Parse each category page and follow each recipe link.
    """

    # Access category name from response.meta
    category_name = response.meta['category_name']

    # Extract each recipe link on the category page
    three_recommended_recipes = response.css("div[id='mntl-3-recommended-recipes']")
    all_recipes = response.css("div[id='mntl-taxonomysc-articledetails']")
    recipe_links = three_recommended_recipes + all_recipes

    # Follow each recipe link to get recipe details
    for recipe_link in recipe_links:
        yield scrapy.Request(url=recipe_link,
                             callback=self.parse_detail_page,
                             meta={'category_name': category_name})
```

```
def parse_detail_page(self, response):
```

```

"""Extract recipe name, prep time, cook time, total time
    nutrition facts (per serving) from each recipe page
"""

# Access category name from response.meta
category_name = response.meta['category_name']

recipe_name = response.css("h1::text").get()

# Extract recipe rating (will yield None if no ratings)
recipe_rating = response.css("div[id='mm-recipes-review-

# Extract the time information individually and handle r
# (missing values will return None)
prep_time = response.xpath("//div[div[text()='Prep Time
cook_time = response.xpath("//div[div[text()='Cook Time
total_time = response.xpath("//div[div[text()='Total Tir
servings = response.xpath("//div[div[text()='Servings:'

# this gives list of ingredients AND amount of ingredien
# raw_ingredients_list = response.css("ul.mm-recipes-st
ingredients_list = response.css('span[data-ingredient-na
direction_list = response.css('ol[class="comp mntl-sc-bi

# Extract nutrition facts with handling for missing valu
# (missing values will return None)
values = response.css("tbody.mm-recipes-nutrition-facts-

nutrition_data = {}
# Define the labels we are interested in and use XPath
nutrients = {
    'Total Fat': response.xpath("normalize-space(//tr[tc
    'Saturated Fat': response.xpath("normalize-space(//
    'Cholesterol': response.xpath("normalize-space(//tr
    'Sodium': response.xpath("normalize-space(//tr[td/sp
    'Total Carbohydrate': response.xpath("normalize-spa
    'Dietary Fiber': response.xpath("normalize-space(//
    'Total Sugars': response.xpath("normalize-space(//tr
    'Protein': response.xpath("normalize-space(//tr[td/
    'Vitamin C': response.xpath("normalize-space(//tr[tc
    'Calcium': response.xpath("normalize-space(//tr[td/
    'Iron': response.xpath("normalize-space(//tr[td/spa
    'Potassium': response.xpath("normalize-space(//tr[tc
}

# Clean the extracted values (remove extra whitespace)
for nutrient, value in nutrients.items():
    nutrition_data[nutrient] = value.strip() if value el

```

```

calories = response.css("tr.mm-recipes-nutrition-facts-
total_fat = nutrition_data.get("Total Fat")
saturated_fat = nutrition_data.get("Saturated Fat")
sodium_mg = nutrition_data.get("Sodium")
grams_of_protein = nutrition_data.get("Protein")
grams_of_carbs = nutrition_data.get("Total Carbohydrate")
fiber = nutrition_data.get("Dietary Fiber")
sugar = nutrition_data.get("Total Sugars")
cholesterol_mg = nutrition_data.get("Cholesterol")
vitamin_c_mg = nutrition_data.get("Vitamin C")
calcium_mg = nutrition_data.get("Calcium")
iron_mg = nutrition_data.get("Iron")
potassium_mg = nutrition_data.get("Potassium")

yield {'recipe_name' : recipe_name,
      'category_name' : category_name,
      'rating' : recipe_rating,
      'prep_time' : prep_time,
      'cook_time' : cook_time,
      'total_time' : total_time,
      'num_servings_per_recipe' : servings,
      'ingredients_list' : ingredients_list,
      'direction_list': direction_list,
      'calories_per_serving' : calories,
      'total_fat (g)' : total_fat,
      'saturated_fat (g)' : saturated_fat,
      "sodium (mg)" : sodium_mg,
      'protein (g)' : grams_of_protein,
      'carbs (g)' : grams_of_carbs,
      'fiber (g)' : fiber,
      'sugar (g)' : sugar,
      'cholesterol (mg)' : cholesterol_mg,
      'vitamin_c (mg)' : vitamin_c_mg,
      'calcium (mg)' : calcium_mg,
      'iron (mg)' : iron_mg,
      'potassium (mg)' : potassium_mg,
      'recipe_link' : response.url
    }

```

To speed up the process of scraping [allrecipes.com](https://allrecipes.com), we maxed out the speed by setting `DOWNLOAD_DELAY = 0` and `CONCURRENT_REQUESTS = 32`. To scrape more safely, we set `AUTOTHROTTLE_ENABLED = True` to allow our scraper to slow down in case if it detects server latency. Despite these changes to `settings.py`, it still ended up taking us roughly 2 hours to scrape the recipes. We ended up with ~15.2k recipes.

Here's a screenshot of what the scraped data looks like:

recipe_name	category_name	rating	prep_time	cook_time	additional_time	total_time	num_servings	per_recipe	ingredients_list	direction_list	calories_per_serving	total_fat_g	saturated_fat_g	sodium_mg	protein_g	carbs_g	fiber_g	sugar_g	cholesterol_mg	vitamin_a_mg	calcium_mg	iron_mg	potassium_mg	recipe_link
Margie's Chicken Adobo	Chicken Adobo	4.3	15.0	60.0	0.0	75.0		8	8 cups chicken adobo 1 cup olive oil 1/2 cup soy sauce 1/2 cup vinegar 1/2 cup brown sugar 1/2 cup garlic powder 1/2 cup onion powder 1/2 cup salt 1/2 cup black pepper 1/2 cup red pepper flakes 1/2 cup white pepper 1/2 cup yellow mustard 1/2 cup ketchup 1/2 cup mayonnaise 1/2 cup ranch dressing 1/2 cup sour cream 1/2 cup cream cheese 1/2 cup cheddar cheese 1/2 cup mozzarella cheese 1/2 cup parmesan cheese 1/2 cup romano cheese 1/2 cup ricotta cheese 1/2 cup mascarpone cheese 1/2 cup cream of tartar 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	320.0	18.0	4.0	1100.0	30.0	7.0	1.0	2.0	90.0	0.0	40.0	0.0	347.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Run For The Roses Pie I	Cherry Pie	4.2	30.0	45.0	0.0	80.0		10	10 cups strawberries 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	394.0	22.0	0.0	190.0	0.0	48.0	2.0	24.0	60.0	0.0	24.0	1.0	154.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Cherry Cobbler In The Blue Cocker	Cherry Pie	3.0	10.0	100.0	0.0	110.0		8	8 cups cherry cobbler 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	290.0	0.0	0.0	100.0	0.0	40.0	2.0	30.0	80.0	1.0	60.0	2.0	134.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Delish' Casser Chicken	Chef John	5.0	15.0	10.0	480.0	505.0		8	8 cups chicken 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	430.0	22.0	0.0	831.0	50.0	3.0	0.0	1.0	280.0	0.0	60.0	2.0	181.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Instant Pot Cheesecake	Cheesecakes	4.2	30.0	40.0	180.0	250.0		8	8 cups cream cheese 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	397.0	20.0	10.0	220.0	7.0	27.0	0.0	21.0	120.0	1.0	80.0	1.0	120.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Atomic Cheese Ball	Cheese Balls	4.8	15.0			490.0		30	30 cups cream cheese 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	90.0	0.0	0.0	360.0	0.0	2.0	0.0	1.0	20.0	0.0	27.0	1.0	71.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Eric and Dale's Beefed Beefsteak	Beefsteak	4.3	30.0			400.0		10	10 cups beefsteak 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	91.0	2.0	0.0	524.0	11.0	0.0	1.0	0.0	20.0	0.0	37.0	1.0	470.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Loaded Chicken and Potato Casserole	Casseroles	4.3				45.0		6	6 cups chicken 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	773.0	40.0	20.0	670.0	34.0	51.0	0.0		150.0				1207.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Leekiest Creamy Cakes	Cream Cakes		30.0	10.0	70.0	110.0		10	10 cups cream 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	483.0	10.0	0.0	220.0	4.0	70.0	1.0	60.0	60.0	0.0	71.0	2.0	147.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Muskrat Pickles	Canning and Preserving	3.0	45.0	30.0	1300.0	1275.0		10	10 cups muskrat 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	70.0	0.0	0.0	21.0	1.0	19.0	1.0	15.0	0.0	0.0	0.0	0.0	100.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	
Beef Burgers	Camping Recipes	4.3	0.0	10.0	0.0	10.0		4	4 cups ground beef 1/2 cup sugar 1/2 cup flour 1/2 cup butter 1/2 cup eggs 1/2 cup cream 1/2 cup vanilla 1/2 cup salt 1/2 cup baking powder 1/2 cup baking soda 1/2 cup cornstarch 1/2 cup arrowroot 1/2 cup xanthan gum 1/2 cup guar gum 1/2 cup gluconic acid 1/2 cup citric acid 1/2 cup malic acid 1/2 cup succinic acid 1/2 cup fumaric acid 1/2 cup tartaric acid 1/2 cup ascorbic acid 1/2 cup ascorbyl palmitate 1/2 cup sodium ascorbate 1/2 cup calcium ascorbate 1/2 cup potassium ascorbate 1/2 cup magnesium ascorbate 1/2 cup zinc ascorbate 1/2 cup iron ascorbate 1/2 cup copper ascorbate 1/2 cup manganese ascorbate 1/2 cup selenium ascorbate 1/2 cup chromium ascorbate 1/2 cup cobalt ascorbate 1/2 cup nickel ascorbate 1/2 cup vanadium ascorbate 1/2 cup molybdenum ascorbate 1/2 cup silicon ascorbate 1/2 cup boron ascorbate 1/2 cup strontium ascorbate 1/2 cup barium ascorbate	342.0	10.0	0.0	505.0	20.0	22.0	1.0	0.0	70.0	0.0	74.0	3.0	210.0	<a href="https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/">https://www.allrecipes.com/recipe/24175/margies-chicken-adobo/</a>	

raw dataset

# Data Cleaning with BERT

After gathering all available recipes from AllRecipes.com, we proceed with data cleaning and feature engineering to create a clearer and more comprehensive dataset for subsequent web application development. Upon inspecting the data frame, several key objectives must be addressed: 1. Standardize input types and formats. 2. Remove incomplete recipes that lack ingredient and direction lists. 3. Extract the main ingredients for each recipe from the provided ingredient lists. 4. Standardize all time-related columns to minutes and compute any missing sub-time values based on the available data. 5. Predict the total time for recipes lacking time-related information.

Upon closer inspection of the dataset, the ingredient list is a lengthy string containing complex information. To extract the main ingredients as a list, we need to apply natural language processing (NLP) techniques. To understand the structure of the ingredient composition, we summarize the word combination occurrences by creating a dataset that captures the frequency of each ingredient-related term. This approach allows us to identify the most common ingredients across the dataset and better understand the patterns in the ingredient lists.

```
# Understand the structure of ingredients list
# Stop words to ignore
stop_words = {'and', 'or', 'with', 'in', 'on', 'to', 'of', 'for', 'as', 'the', 'a', 'an'}

# Function to count all word occurrences
def count_word_occurrences(ingredient_strings):
    all_words = []
    for ingredient_string in ingredient_strings:
        if isinstance(ingredient_string, str):
            ingredient_string = re.sub(r'[\W\s]', '', ingredient_string)
            words = ingredient_string.split()
            filtered_words = [word for word in words if word not in stop_words]
            all_words.extend(filtered_words)
```

```

# Count frequencies
return Counter(all_words)

# Count word occurrences for all recipes
ingredients_counts = count_word_occurrences(recipes['ingredients'])

# Convert to a DataFrame
ingredients_counts = (
    pd.DataFrame(ingredients_counts.items(), columns=['Word', 'Count'])
    .sort_values(by='Count', ascending=False)
    .reset_index(drop=True)
)

```

Building on the findings above and incorporating the ingredient information provided on AllRecipes.com, we define a list of keywords to search for within each ingredient list. For certain plural forms, such as “berry” versus “berries,” we include the shared root of both terms to ensure that all relevant information is accurately captured. Then, we use an NLP function to apply the extraction process across the dataset, efficiently identifying and extracting the main ingredients from each recipe.

```

keywords = ['chicken', 'onion', 'tomatoes', 'bread', 'bean', 'beef', 'pork', 'red pepper', 'sweet pepper', 'lemon', 'beef', 'pork', 'rice', 'basil', 'cilantro', 'egg', 'milk', 'spinach', 'orange', 'lime', 'sausage', 'bacon', 'pineapple', 'strawberry', 'coconut', 'pecan', 'apple', 'potato', 'jalapeno', 'lettuce', 'tortilla', 'pea', 'amaranth', 'avocado', 'banana', 'barley', 'brisket', 'wheat', 'fish', 'flax seed', 'goat', 'turkey', 'lamb', 'man', 'peach', 'pear', 'plum', 'pomegranate', 'salmon', 'lobster', 'sardine', 'catfish', 'tuna', 'eel', 'cucumber', 'eggplant', 'kale', 'lemongrass', 'leek', 'cauliflower', 'cabbage', 'asparagus', 'broccoli', 'okra', 'sweet potato', 'brussels sprouts', 'leek', 'green beans', 'beet', 'bok choy', 'spinach', 'pumpkin', 'parsnip', 'grape', 'grapefruit', 'turnip', 'honeydew', 'rhubarb', 'blackberry', 'cantaloupe', 'cherry', 'kiwi', 'zucchini', 'corn', 'cheese', 'chocolate', 'flour']

# Function to extract keywords from ingredients_list
def extract_keywords(ingredient_list, keywords):
    """
    Extracts specified keywords from a given ingredient list
    Args:
        ingredient_list (str): A string representing the list of ingredients
        keywords (list): A list of keywords to search for within
    """

```

```

Returns:
    main_ingredients: A sorted list of unique keywords found
    """
    # Check if ingredient_list is a string; if not, treat it as
    if not isinstance(ingredient_list, str):
        return ''

    # Normalize text and check for keywords
    ingredient_list = ingredient_list.lower()
    main_ingredients = [keyword for keyword in keywords if keyword
                        in ingredient_list]

    return sorted(set(main_ingredients))

```

Another challenge in this phase is predicting the total cooking time for recipes that lack any time information in the original dataset. With 731 such recipes, comprising approximately 1/15 of the cleaned dataset, the limited data availability requires careful handling to maximize the utility for subsequent web application development. Predicting the total cooking time for these recipes is essential.

Upon examining the composition of these recipes, they tend to feature vague and experience-based instructions with repetitive or inconsistent time references, making direct numerical extraction infeasible. To address this, we will implement a model capable of analyzing, interpreting the steps, and estimating an integer value representing the cooking time based on the instructions provided.

After extensive research, the most suitable model for this case is BERT—Bidirectional Encoder Representations from Transformers. BERT is particularly effective for understanding the context of words in a sentence due to its bidirectional training approach, making it well-suited for interpreting the nuanced and vague instructions often found in recipe steps.

The BERT model is imported, and the Functional API is used to add additional layers, enabling further customization and optimization for improved model performance in this specific task.

```

# Define a custom model to wrap BERT
@register_keras_serializable()
class BERTWrapper(tf.keras.Model):
    def __init__(self, bert_model, **kwargs):
        super(BERTWrapper, self).__init__(**kwargs)
        self.bert_model = bert_model
        self.pooling_layer = GlobalAveragePooling1D()
        self.dropout = Dropout(0.3)
        self.dense1 = Dense(128, activation=None, kernel_regularizer=

```



```

self.batch_norm1 = BatchNormalization()
self.relu1 = LeakyReLU(alpha=0.1)
self.dense2 = Dense(64, activation=None, kernel_regularizer=keras.regularizers.l2(0.01))
self.batch_norm2 = BatchNormalization()
self.relu2 = LeakyReLU(alpha=0.1)
self.output_layer = Dense(1)

def call(self, inputs, **kwargs):
    # Extracting the last hidden state from the BERT output
    output = self.bert_model(input_ids=inputs['input_ids'],
                              last_hidden_state = output.last_hidden_state)
    pooled_output = self.pooling_layer(last_hidden_state)
    x = self.dropout(pooled_output)
    x = self.dense1(x)
    x = self.batch_norm1(x)
    x = self.relu1(x)
    x = self.dense2(x)
    x = self.batch_norm2(x)
    x = self.relu2(x)
    output = self.output_layer(x)

    return output

```

After fine-tuning the dataset and adjusting the hyperparameters, the training results demonstrate an overall improvement in both loss and mean absolute error (MAE) over the course of the training process. The initial loss and MAE values are high, which is expected given the complexity and variability of the dataset. As training progresses, there is a noticeable decline in both metrics, particularly during the first two epochs, indicating that the model effectively learns key patterns from the data. However, the improvement slows in later epochs, with both training and validation metrics stabilizing, and in some cases, showing slight fluctuations, which may suggest diminishing returns in model optimization.

```

Epoch 1/5
/opt/anaconda3/envs/PIC168-24F/lib/python3.11/site-packages/keras/src/models/functional.py:225: UserWarning: The structure
warnings.warn(
377/377 ━━━━━━━━━━━ 9408s 25s/step - loss: 28655.1855 - mae: 96.7193 - val_loss: 28941.3262 - val_mae: 89.3396
Epoch 2/5
377/377 ━━━━━━━━━━━ 4521s 12s/step - loss: 24508.9062 - mae: 77.5883 - val_loss: 22917.3320 - val_mae: 75.4289
Epoch 3/5
377/377 ━━━━━━━━━━━ 2433s 6s/step - loss: 20395.6152 - mae: 70.8169 - val_loss: 21434.8516 - val_mae: 83.7324
Epoch 4/5
377/377 ━━━━━━━━━━━ 2947s 8s/step - loss: 19400.6680 - mae: 78.3778 - val_loss: 21346.5117 - val_mae: 85.0148
Epoch 5/5
377/377 ━━━━━━━━━━━ 3025s 8s/step - loss: 19168.4863 - mae: 80.9751 - val_loss: 21359.2520 - val_mae: 86.1276

```

## Training Progress

The model predicted the following unique outputs:

```
array([66, 75, 76, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88,
       89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103,
       104, 105, 106, 107, 108, 111, 113, 114, 116, 117, 118, 119, 120,
```

121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 136, 140, 146, 147])).

Upon randomly reviewing the corresponding original instructions, the predicted outputs appear reasonable and aligned with expectations. The diversity of predictions suggests the model is effectively capturing the nuances in the input data, providing a broad yet consistent range of outputs.

## AI-Generated Recipes with GPT-2

- at least 2 paragraphs of description
- at least one code snippet
- at least one figure (e.g. screenshot of website, plotly, matplotlib, etc)

To further enhance our culinary application, we decided to leverage the power of natural language processing by training a GPT-2 model from Hugging Face. The goal was to create an intelligent system capable of generating complete recipes based on user-specified ingredients and time constraints.

After cleaning our dataset of recipes, we proceeded with the task of fine-tuning GPT-2. This stage involved training the model to understand and produce recipe text that is not only coherent and contextually appropriate but also tailored to fit the culinary preferences and constraints input by the user.

To start, we structured the recipe data to align with the requirements of the GPT-2 model by incorporating special tokens to signify the start and end of a recipe. This was crucial for the model to recognize individual recipe boundaries during generation. The data was formatted as follows in our recipes DataFrame:

```
recipes['formatted_text'] = recipes.apply(lambda row: f"[RECIPE_START] Ingredients: {row['main_ingredients']} Total Time: {row['total_time']} minutes Directions: {row['direction_list']} [RECIPE_END]", axis=1)
```

Then, using the GPT-2 tokenizer, we converted the formatted text into a sequence of tokens, which the model uses as input. This tokenization process is crucial as it translates the raw text into a numerical format that the model can understand:

```
tokenizer = GPT2Tokenizer.from_pretrained('gpt2')
tokenizer.pad_token = tokenizer.eos_token
tokenized_data = hf_dataset.map(tokenize_function,
                                batched=True)
```

Lastly, we trained GPT-2 using the tokens from earlier:

```
# fine-tune GPT-2 model
```

```

from datasets import Dataset, DatasetDict
from transformers import GPT2LMHeadModel, Trainer,
TrainingArguments

# split data set into train and test
split_datasets = tokenized_data.train_test_split(test_size=0.1)
dataset_dict = DatasetDict({
    'train': split_datasets['train'],
    'test': split_datasets['test']
})

def add_labels(examples):
    examples['labels'] = examples['input_ids'].copy()
    return examples

# Apply the function to add labels
dataset_dict = dataset_dict.map(add_labels)

# Resize model embeddings to accommodate new tokens
model.resize_token_embeddings(len(tokenizer))

# Set up training arguments
training_args = TrainingArguments(
    output_dir='./results',
    num_train_epochs=3,
    per_device_train_batch_size=1,
    gradient_accumulation_steps=4,
    per_device_eval_batch_size=2,
    save_steps=500,
    save_total_limit=2,
    warmup_steps=500,
    weight_decay=0.01,
    logging_dir='./logs',
    logging_steps=10,
    dataloader_num_workers=4
)

# Initialize Trainer
trainer = Trainer(
    model=model,
    args=training_args,
    train_dataset=dataset_dict['train'],
    eval_dataset=dataset_dict['test']
)

# Start training
trainer.train()

```

To demonstrate the capabilities of our trained GPT-2 model, let's consider a scenario where the user inputs ingredients such as "chicken," "beef," and "basil," and sets a time constraint of 60 minutes. The trained GPT-2 model, having been finely tuned with a diverse recipe dataset, generates a coherent and structured recipe as follows on our web app:

**Dotdash Meredith Food Studios, Preheat the oven to 350 degrees F (175 degrees C)', 'Grease a 9x13-inch baking dish or line with parchment paper', "Combine chicken broth, water, and salt in a saucepan over medium heat; bring to a boil", 'Reduce heat to medium-low and simmer, stirring occasionally, until chicken is no longer pink in the center and the juices run clear, 20 to 25 minutes.'] [RECIPE\_END]**

#### Sample AI-Generated Recipes

Although the model still has room for improvement, this output demonstrates a noticeable advancement over the base GPT-2 model. The recipe not only adheres to the given ingredients and time constraints but also forms a more logical set of directions. This improvement underscores the value of our specialized training, which enables the model to produce recipes that are both imaginative and practical, enhancing the user's cooking experience by offering personalized culinary solutions. This example illustrates how our AI-driven approach can streamline meal planning and introduce creativity into everyday cooking practices.

## Web Development with **Dash**

Essentially, the "No-Plan Pantry" web application was built using Dash, focusing on a visually appealing and interactive layout. The purpose of this layout is to create a user-friendly interface which allows users to input ingredients, specify additional information, such as calorie range, and view recipe suggestions. The design elements ensure an intuitive user experience, using CSS-like dictionaries to maintain visual consistency across sections.

There are several key components to this app layout:

1. **Title + Description:** The title ("No-Plan Pantry") and a descriptive paragraph are styled to captivate and inform users about the web application's goals, which are to reduce food waste and inspire creativity in the kitchen.
2. **Ingredient Selection:** The application categorizes ingredients into sections (e.g., Vegetables, Proteins, Grains) with clickable buttons. Each button is styled to be user-friendly and visually engaging, using `button_style` to

apply properties like padding, colors, and fonts.

3. **Additional Inputs:** Users can specify calorie ranges via input fields and cooking/prep time using a slider. These components ensure that recipe recommendations align with personal dietary needs and time constraints.
4. **Results Section:** A dedicated area displays two separate sections after processing the user's input: One for the AI generated recipe suggestions and one for the recipes from allrecipes.com.

### Example Code Snippet:

Here is an excerpt which displays the ingredient selection section, where clickable buttons allow users to select items.

```
html.Div([
    html.H2("Ingredients:", style=header_style),
    html.Div([
        # Vegetables column
        html.Div([
            html.H3("Vegetables:", style=ingredients_section),
            html.Div([
                html.Button("Onion", id="onion-btn", style=button_style),
                html.Button("Tomatoes", id="tomatoes-btn", style=button_style),
                html.Button("Potatoes", id="potatoes-btn", style=button_style),
            ], style={'display': 'flex', 'flexDirection': 'column', 'gap': '10px'}),
        ], style={'flex': '1'}),
        # Additional columns for Proteins, Grains, etc.
    ], style={'display': 'flex', 'justifyContent': 'space-around'}),
], style={'backgroundColor': '#FAEDCA', 'padding': '20px'})
```

### Visualization:

Here is how the web-application turned out:

# No-Plan Pantry

Discover a new way to minimize food waste and unlock your inner chef. This application is designed to help you create delicious, easy-to-make recipes using leftover ingredients from your fridge. Simply input the items you have on hand, and let our app suggest creative meal ideas that are both tasty and resourceful. Whether you're looking to save time, reduce waste, or explore new recipes, this tool is here to inspire your cooking adventures. Give it a try and turn your leftovers into something delicious!

## Ingredients:

Vegetables:	Proteins:	Fruits:
Onion	Egg	Apple
Corn	Chicken	Lime
Tomatoes	Beef	Orange
Potato	Pork	Coconut
Bell Pepper	Bacon	Strawberries
Carrots	Sausage	Cherries
Pea	Shrimp	Avocado
Mushroom	Turkey	Cranberries
Bean		Banana
Basil	Grains:	
Cilantro	Flour	Dairy:
Red Pepper	Bread	Milk
Spinach	Rice	Cheese
Jalapeno	Oat	Yogurt
Cabbage	Tortilla	Cream
Zucchini	Wheat	
Cucumber		
Broccoli		
Lettuce		

Web App Layout 1

As we can see, there is a description and ingredients section. These were crafted using many html

## Callback Function:

For the web application, a single callback function is implemented to efficiently manage all the core functionalities of the No-Plan Pantry. When an ingredient button is clicked, the corresponding ingredient is added to a dynamically updated list displayed in the app. Upon pressing the “Submit” button, the selected ingredients, along with user-defined parameters such as time limit and calorie

range, are used to query a recipe database. If matching recipes are found, up to three recipes are displayed, each with its name, main ingredients, and directions. In addition, an AI recipe is generated using the fine-tuned GPT-2 based model that incorporates the selected ingredients and constraints. After a successful query or AI generation, the dynamic memory of selected ingredients is cleared, and the display is reset. This callback combines the functionality of ingredient buttons and the submission button into a single function because Dash does not allow duplicate output variables, such as the section displaying selected ingredients.

```
@app.callback(
    [Output('name_1', 'children'),
     Output('ingredients_1', 'children'),
     Output('directions_1', 'children'),
     Output('name_2', 'children'),
     Output('ingredients_2', 'children'),
     Output('directions_2', 'children'),
     Output('name_3', 'children'),
     Output('ingredients_3', 'children'),
     Output('directions_3', 'children'),
     Output('ingredients-dialog', 'displayed'),
     Output('ingredients-list', 'children'),
     Output('display-ingredients', 'children'),
     Output('ai_directions', 'children')], # AI-generated recipe
    [Input('submit-btn', 'n_clicks')] +
    [Input(f'{item}-btn', 'n_clicks') for item in [
        "onion", "corn", "tomatoes", "potato", "bell pepper", "c",
        "bean", "basil", "cilantro", "red pepper", "spinach", "t",
        "cucumber", "broccoli", "lettuce", "egg", "chicken", "be",
        "shrimp", "turkey", "flour", "bread", "rice", "oat", "to",
        "orange", "coconut", "strawberries", "cherries", "avocad",
        "cheese", "yogurt", "cream"
    ]],
    [State('time-limit-slider', 'value'),
     State('min-calories-input', 'value'),
     State('max-calories-input', 'value'),
     State('display-ingredients', 'children')],
    prevent_initial_call=True
)

def update_recipes_and_ingredients(*args):
    ctx = dash.callback_context
    triggered_id = ctx.triggered[0]['prop_id'].split('.')[0] if

    # If an item button is clicked
    if triggered_id and triggered_id != 'submit-btn': # Item button
        ingredient = triggered_id.split('-')[0]
        success = insert_ingredient(ingredient)
        ingredients = fetch_ingredients()
```

```

list_items = [html.Li(ingredient[0]) for ingredient in ingredients]
display_ingredients = [ingredient[0] for ingredient in ingredients]
return [None] * 9 + [False, list_items, display_ingredients]

# If the submit button is clicked
if triggered_id == 'submit-btn' and args[0] > 0: # args[0] is the number of ingredients
    time_limit = args[-4] or 180 # Default to 180 if not set
    min_calories = args[-3] or 0 # Default to 0 if not set
    max_calories = args[-2] or 2000 # Default to 2000 if not set
    display_ingredients = args[-1]

    # Check if no ingredients are selected
    if not isinstance(display_ingredients, list) or len(display_ingredients) == 0:
        return [None] * 9 + [True, [], [], ""] # Show dialog

    # Retrieve recipes using the query function
    try:
        df = query_recipes(
            "recipes_db.sqlite",
            ingredients=display_ingredients,
            time=time_limit,
            min_calories=min_calories,
            max_calories=max_calories
        )
    except Exception as e:
        return [None] * 9 + [False, [], [], ""] # Clear list

    # Generate a fallback AI recipe
    from transformers import GPT2LMHeadModel, GPT2Tokenizer
    model_tuned = GPT2LMHeadModel.from_pretrained("./fine_tuned_model")
    tokenizer = GPT2Tokenizer.from_pretrained("./fine_tuned_tokenizer")

    prompt = f"Generate a recipe with the following ingredients: {display_ingredients}"
    inputs = tokenizer(prompt, return_tensors="pt", truncation=True)
    output_tuned = model_tuned.generate(
        input_ids=inputs["input_ids"],
        attention_mask=inputs["attention_mask"],
        max_length=250,
        num_beams=5,
        no_repeat_ngram_size=2,
        early_stopping=True,
        eos_token_id=tokenizer.eos_token_id)

    generated_recipe = tokenizer.decode(output_tuned[0], skip_special_tokens=True)
    # Remove the prompt from the generated recipe
    if generated_recipe.startswith(prompt):
        generated_recipe = generated_recipe[len(prompt):].strip()

```



```

# If recipes are found
if not df.empty:
    recipe_1 = df.iloc[0] if len(df) > 0 else None
    recipe_2 = df.iloc[1] if len(df) > 1 else None
    recipe_3 = df.iloc[2] if len(df) > 2 else None

    def format_recipe(recipe, index):
        if recipe is None:
            return (
                f"Recipe {index}: No recipe found",
                "Main Ingredients: No ingredients",
                "Directions: No directions"
            )
        name = f"Recipe {index}: {recipe.get('recipe_name', '')}"
        ingredients = recipe.get('main_ingredients', [])
        if isinstance(ingredients, list):
            ingredients = f"Main Ingredients: {'', '.join(ingredients)"
        directions = f"Directions: {recipe.get('directions', '')}"
        return name, ingredients, directions

    name_1, ingredients_1, directions_1 = format_recipe(recipe_1, 1)
    name_2, ingredients_2, directions_2 = format_recipe(recipe_2, 2)
    name_3, ingredients_3, directions_3 = format_recipe(recipe_3, 3)

    # Clear ingredients after successful query
    clear_ingredients()
    return (
        name_1, ingredients_1, directions_1,
        name_2, ingredients_2, directions_2,
        name_3, ingredients_3, directions_3,
        False, [], [], generated_recipe
    )

# If no recipes are found, return only the AI-generated recipe
return (
    "Generated Recipe: AI", "Main Ingredients: AI-generated",
    None, None, None,
    None, None, None,
    False, [], [], generated_recipe
)

# Default return
return [None] * 9 + [False, [], [], ""]

```

Results

Traditional Recipe

Recipe 1: Perfect Pressure Cooker Pot Roast

Main Ingredients: beef, onion

Directions: Heat oil in the pressure cooker over medium-high heat with the lid open. Brown the roast on all sides in the hot oil. In a small cup or bowl, mix together the Italian salad dressing mix, Ranch dressing mix, and gravy mix. Sprinkle them evenly over the roast. Pour in the beef broth and add the chopped onion. Seal and lock pressure cooker, and cook over high heat to build pressure until the indicator sounds (mine whistles). Turn heat down to medium, and cook for 45 minutes. Remove from heat and let stand for 5 minutes. Run under cold water to help release the pressure before unscrewing the lid. You can use the juices as an au jus, or thicken with flour or cornstarch to make a yummy gravy.

Recipe 2: My Favorite Sloppy Joes

Main Ingredients: beef, onion

Directions: Cook and stir ground beef in a large skillet over medium heat until browned and crumbly, about 10 minutes; drain excess grease. Mix ketchup, dried onion, brown sugar, mustard, Worcestershire sauce, liquid smoke, and garlic into beef, stirring until brown sugar has dissolved. Stir in broth and bring to a boil. Reduce the heat to low and simmer until thick, about 30 minutes. Season with salt and black pepper. Serve on buns.

Recipe 3: Easy Baked BBQ Pork Chops

Main Ingredients: onion, pork

Directions: Gather the ingredients. Preheat the oven to 425 degrees F (220 degrees C). Whisk onion, ketchup, vinegar, honey, brown sugar, Worcestershire sauce, mustard, and cayenne pepper together in a bowl until barbecue sauce is smooth. Place pork chops on a baking sheet and season with salt and pepper. Top each pork chop with 2 tablespoons of barbecue sauce. Bake in the preheated oven until pork chops are cooked through, about 30 minutes. An instant-read thermometer inserted into the center should read at least 145 degrees F (63 degrees C).

AI Generated Recipe

Datdash Meredith Food Studios. Preheat the oven to 350 degrees F (175 degrees C). 'Grease a 9x13-inch baking dish with cooking spray and line with parchment paper, leaving a 1/2 inch overhang on all sides.' Bake in the preheated oven until pork is tender, about 20 minutes; drain and discard any excess grease'. 'Set an oven rack about 6 inches from the heat source and preheat an outdoor grill for medium-high heat and lightly oil the grate'. Remove pork to a cutting board and cut into bite-sized pieces using a serrated knife or the back of a wooden spoon; set aside to rest for 5 minutes before slicing and serving.' [RECIPE\_END]

Web Application Results

# Conclusion

## Remarks

The overall project is logically structured by integrating an advanced machine learning model, industry-standard frameworks, data analytics insights, neural network applications, and aesthetic design principles. Throughout the process, we encountered numerous challenges and discovered additional innovative ideas, many of which were successfully incorporated into the system. The AI-generated model, in particular, exceeded our initial expectations, providing enhanced functionality and value.

However, there remains significant room for expansion and improvement. For instance, our web scraping efforts could be scaled to acquire a much larger and more diverse dataset, further enriching the system’s capabilities. Additionally, the configuration of the AI-generated model can be optimized for greater speed and efficiency, ensuring a smoother and faster user experience. These enhancements will not only strengthen the project’s current foundation but also open the door for further innovation and scalability in the future.

## Ethical Ramifications

This project does raise important ethical considerations. For instance, web scraping recipes from allrecipes.com without explicit consent may violate terms of service. Proper care must be taken to respect copyright and intellectual property. Further, user privacy raises concern, since inputted data such as ingredients must be protected under laws like GDPR. AI-generated recipes may also produce unsafe or inaccurate instructions, requiring transparency in regards

to their limitations. Bias in the dataset could favor certain cuisines, which reduces inclusivity. Finally, although this project aims to reduce food waste, it may lead to users purchasing more ingredients, potentially causing waste accumulation. To conclude, addressing these ethical issues is essential to ensuring the project's benefits outweigh its risks.