April 2025 Issue

The Unfolding

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Bonjour, my Friend!

This zine was created in the middle of it--not after things settled, but while I was still waiting, wrestling, unfolding.

If you're reading this with a heavy mind, a tired body, or a heart full of questions, please know:
you're not behind. You're not broken beyond repair. You're not alone in your delay.

This is a space to be honest without apology, to create without judgment, and to reflect without pressure. Some days, we're grounded. Some days, we're just holding on. But even in the holding, Jehovah sees us.

So flip through slowly. Let the words speak back to you. Pause if you need to. And when you're ready, return to the layers--you're still being made whole.

xo,
Alannah

Held Together Anyway

This piece began during a season of mean reds and was born in the heat of frustration--when my medication became inaccessible and I feared slipping into hypomania again. I layered the word “suffering” across a splintered body to show how instability severs connection to self. But when her foot hits the ground--touching the earth, grounding her again--she reconnects with her reason why: the ransom of Jesus. This work is a reminder that my disabilities are not shameful. My salvation was bought in full. I can slow down. I can be held. I can be broken and **still loved fiercely**.

suffering
suffering
suffering
suffering
suffering
"A son has been given to us
—Isaiah 9:6
who REVEALS GOD'S GUIDANCE
Will suffering ever end?
suffering?
"A son has been given to us
—Isaiah 9:6
who REVEALS GOD'S GUIDANCE

Journaling Prompt

"When I feel severed or slowed down by my condition, what truths help me feel whole again?

What evidence do I see that Jehovah hasn't forgotten me--even when I'm running low?"

(Try answering with drawings, collage, or just freewriting with no censoring.)

Affirmations

"I am not the delay. I am not the disorder. I am the one being held through it."

"Jehovah does not need me to be perfectly functioning--just faithfully returning."

"Even if I break, I'm not beyond repair. He paid too much to let me go."

Closing Note

If this month feels slow or scattered, you are not behind.

You are unfolding--in layers only Jehovah sees in full.

Created in 2025.
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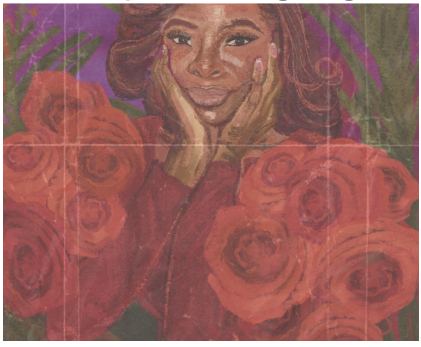
Come See My Work in Person!

Jaded Canary

Detroit's Palmer Park Art Fair--May 31-Jun 1, 2025

I'm thrilled to announce that I've been selected to show my work at the **Palmer Park Art Fair** as part of the **Emerging Artists Tent**!

If you've ever connected with my zines, prints, or reflections--come say hi.



Your support means everything.
Let's keep unfolding, together.

I'll have new pieces, framed artwork, and a whole lot of love to share.