

Cane Handle Guide

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CanesCanada.Com Canes Handle Guide

Buying a cane can be fun and easy.

There are loads of shapes, styles, colors and designs to choose from at Canes Canada. There are a multitude of cane handles that are meant for weight bearing, while others are strictly for balance, fun or collecting.

For this reason we have compiled the following information. Remember, you can always give us a call if you would rather talk to customer service in person by calling our toll free line 1-866-217-8091 or you can email us info@canescanada.com

Problem is, sometimes there is too much selection, which can leave you wondering what to purchase for your mobility needs and your personal style. We can help with this.

Here is a brief description of handle styles to help you out. The product shown is just an example, so just make note of the shape and function for your personal choice and then go to the shop by handle style page.

CROOK & HOOK HANDLE This is the old "traditional" standard. One of the first canes ever made. Many people love this cane handle because it is very convenient to hook onto arms, chair backs, door knobs etc. For others, the crook walking cane enables them to use it as a way to walk with an even gait. The rounded handle allows for a natural swing which helps the user to walk with a rhythmic pace. A crook handle is also one of the stronger canes as it is usually made from one piece of wood with a natural hook or a steamed hook shape. While they are often rustic, they are also now available in more modern designs and materials.



DERBY HANDLE This is also a time tested design from days gone past. The user's weight is placed a little more over the shaft, resulting in better stability and since the handle is often made separate from the shaft, it can be done with different materials and designs and then joined to a variety of cane shafts.

FRITZ HANDLE This cane handle design is rumored to have been originally designed for sensitive arthritic hands by a German prince in the 1600's. A comfortable handle that does ease the pressure on the hand for the user somewhat, these handles are often used for slightly more formal cane designs as they can be thinner handles since the full weight of the user is directly over the shaft. Fritz, Shovel and T- handle canes are all very similar in that they all have flatter handles.



PALM GRIP HANDLE (also known as the Fisher handle) Designed for those with hand pain or arthritic hand conditions, the palm grip more widely distributes the users weight resulting in less pressure on the hand. Users also find this handle to offer increased stability when walking as the grip is fashioned to match your palm. This handle is hand specific so you will want to get the help of your health care professional to decide what hand to use your cane with when walking.



ANATOMICAL HANDLE True to its name, this handle mimics your grip, so it must be hand specific due to its design. Holding the anatomical grip handle feels a lot like shaking someone's hand. Comfortable and secure, this handle keeps the weight of the user directly over the shaft and the shape allows for terrific stability and comfort for the cane user. Also the shape makes for a fluid, art like shape suited well to scorched woods.



Contour Grip Handle This is another ergonomic handle meant to mold to the users grip like the Palm handle, but in this case all the weight is over the shaft directly. Good stability can be found with this handle, as the grip is less likely to fall away from your hand. They are made from molded plastic.



Offset Handle Once this was a very common design for hospital and medical supply stores. Noisy and creaky, they conjured up the worst in a cane image. These days they are manufactured in amazing offset designs. Still made from aluminum with the offset design putting all the



users weight directly over the shaft. Now though, there are a full range of colors, bright designs and floral patterns available. Modern manufacturing has also minimized the rattle from the adjustable mechanisms on the cane. Canes Canada sell a full range of aluminum offset handle designs, including Extra Tall & Extra Weight models, as well as full selection of wonderful floral designs.

Travel Folding Canes These come in various handle styles, but are worth mentioning in a selection guide, as they fill a need for a temporary or occasional cane, plus are wonderful when you want to travel, keep on for occasional use in a cupboard or in the trunk of your car. Keep an emergency folding cane or straight adjustable cane at the cottage, office or home in case you lose your cane or it is damaged.



Thank you for your interest. Browse our product categories, find the handle style best suited to your mobility needs, then select a model that will match your personal style or fashion sense. Gone are the days of the creaky, rattling medical device to help you walk.

Now you can Walk with a Smile & Walk in Style with a Cane, walking stick or hiking stick from Canes Canada.