

# Math 525: Lecture 8

January 30, 2018

## 1 Moment inequalities

There are a few useful inequalities concerning moments of random variables we should cover. We start with Markov's inequality.

### 1.1 Markov's inequality

The following inequality is a special case of a more general measure theoretic result. In the measure theoretic setting, it is called Chebyshev's inequality.

**Proposition 1.1** (Markov's inequality). *Let  $p > 0$ ,  $\lambda > 0$ , and  $X$  be a random variable with  $X^p$  integrable. Then,*

$$\mathbb{P}(\{|X| \geq \lambda\}) \leq \frac{1}{\lambda^p} \mathbb{E}[|X|^p].$$

*Proof.* First, note that

$$\mathbb{P}(\{|X| \geq \lambda\}) = \mathbb{P}(\{|X|^p \geq \lambda^p\}) = \mathbb{E}[I_{\{|X|^p \geq \lambda^p\}}].$$

But if  $|X(\omega)|^p \geq \lambda^p$ , then  $1 \leq \lambda^p/|X(\omega)|^p$ . Therefore,

$$\mathbb{E}[I_{\{|X|^p \geq \lambda^p\}}] \leq \mathbb{E}\left[\frac{|X|^p}{\lambda^p} I_{\{|X|^p \geq \lambda^p\}}\right] \leq \frac{1}{\lambda^p} \mathbb{E}[|X|^p I_{\{|X|^p \geq \lambda^p\}}] \leq \frac{1}{\lambda^p} \mathbb{E}[|X|^p]. \quad \square$$

**Corollary 1.2.** *Let  $\lambda > 0$  and  $Y$  be a square integrable (i.e.,  $Y^2$  is integrable) random variable. Then,*

$$\mathbb{P}(\{|Y - \mathbb{E}Y| \geq \lambda\}) \leq \frac{1}{\lambda^2} \text{Var}(Y).$$

*Proof.* Take  $p = 2$  and  $X = Y - \mathbb{E}Y$  in Markov's inequality.  $\square$

### 1.2 Cauchy-Schwarz(-Buniakovski) inequality

**Proposition 1.3** (Cauchy-Schwarz(-Buniakovski) inequality). *Let  $X$  and  $Y$  be square integrable random variables. Then,*

$$\mathbb{E}[XY] \leq \sqrt{\mathbb{E}[X^2] \mathbb{E}[Y^2]}.$$

*Proof.* If either  $X$  or  $Y$  is zero a.s., then the inequality is trivial. Therefore, suppose that neither is zero a.s. Let  $\lambda \geq 0$ . Then,

$$0 \leq \mathbb{E}[(X - \lambda Y)^2] = \mathbb{E}[X^2] - 2\lambda \mathbb{E}[XY] + \lambda^2 \mathbb{E}[Y^2]$$

and hence

$$\mathbb{E}[XY] \leq \frac{1}{2} \left( \frac{1}{\lambda} \mathbb{E}[X^2] + \lambda \mathbb{E}[Y^2] \right).$$

Letting  $\lambda = \sqrt{\mathbb{E}[X^2]}/\sqrt{\mathbb{E}[Y^2]}$  yields

$$\begin{aligned} \mathbb{E}[XY] &\leq \frac{1}{2} \left( \frac{\sqrt{\mathbb{E}[Y^2]}}{\sqrt{\mathbb{E}[X^2]}} \mathbb{E}[X^2] + \frac{\sqrt{\mathbb{E}[X^2]}}{\sqrt{\mathbb{E}[Y^2]}} \mathbb{E}[Y^2] \right) \\ &= \frac{\mathbb{E}[Y^2] \mathbb{E}[X^2]}{\sqrt{\mathbb{E}[X^2] \mathbb{E}[Y^2]}} \\ &= \sqrt{\mathbb{E}[X^2] \mathbb{E}[Y^2]}. \end{aligned} \quad \square$$

**Example 1.4.** Let  $X \sim \text{Poisson}(\lambda)$  and  $Y \sim \text{Bernoulli}(p)$  be random variables. Then, by the Cauchy-Schwarz inequality,

$$\mathbb{E}[XY] \leq \sqrt{\mathbb{E}[X^2] \mathbb{E}[Y^2]} = \sqrt{\lambda(\lambda + 1)p}.$$

If the two random variables are independent, then

$$\mathbb{E}[XY] = \mathbb{E}X \mathbb{E}Y = \lambda p.$$

Indeed, you can check that for all  $0 \leq p \leq 1$  and  $\lambda \geq 0$ ,

$$\lambda p \leq \sqrt{\lambda(\lambda + 1)p}.$$

## 2 Jensen's inequality

Next, we will cover Jensen's inequality, probably one of the most useful inequalities in probability theory! To discuss Jensen's inequality, we need to recall the notion of a convex function:

**Definition 2.1.** Let  $X$  be a subset of  $\mathbb{R}^n$ . We say  $X$  is *convex* if for all points  $x, y \in X$  and  $\theta \in [0, 1]$ , we have  $\theta x + (1 - \theta)y \in X$ .

**Definition 2.2.** Let  $X$  be convex and  $f: X \rightarrow \mathbb{R}$ . We call the set

$$\text{epi}(f) = \{(x, \mu) \in X \times \mathbb{R} : f(x) \leq \mu\}$$

the *epigraph* of  $f$ . We say  $f$  is a *convex function* if its epigraph is convex. We say  $f$  is *concave* if  $-f$  is convex.

Intuitively, a convex function is one whose epigraph makes a “bowl”:

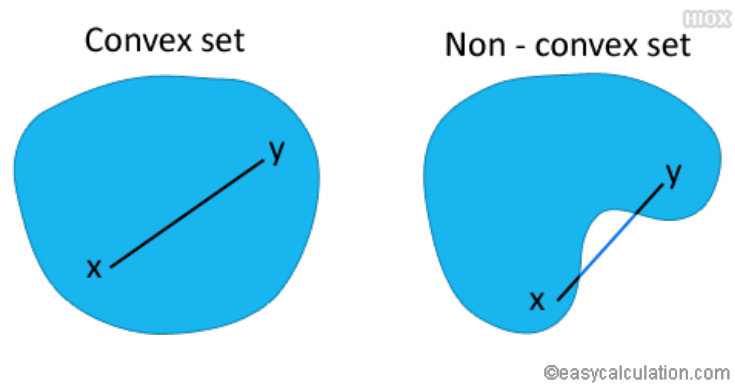


Figure 1: Examples of convex and non-convex sets

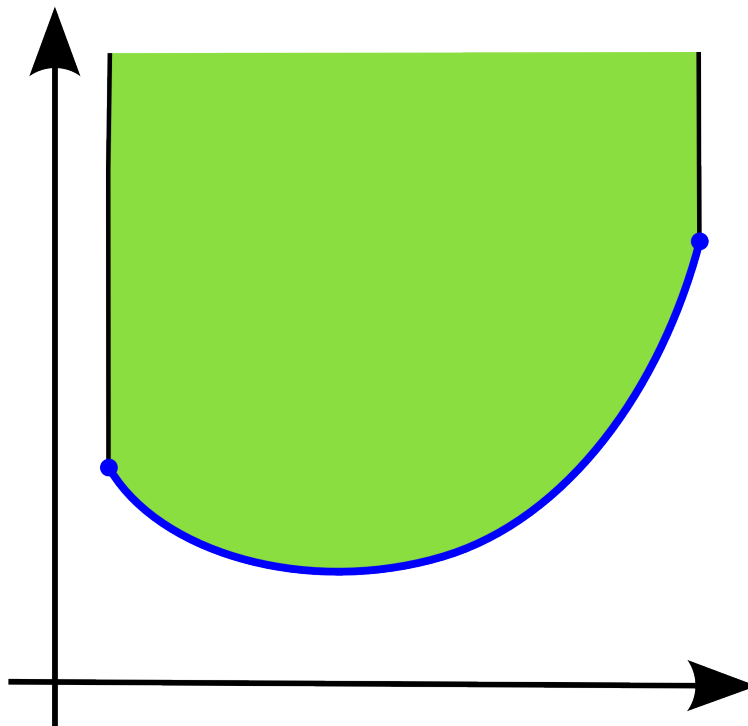


Figure 2: Epigraph (green) of a function  $f$  (blue curve)

**Example 2.3.**  $x$ ,  $|x|$ ,  $x^2$ ,  $e^{-x}$  are convex on  $\mathbb{R}$ . The function  $f$  defined by

$$f(x) = \begin{cases} 1/x & \text{if } x \neq 0 \\ 0 & \text{if } x = 0 \end{cases}$$

is not convex on  $\mathbb{R}$ , but it is convex on  $(-\infty, 0)$  and  $(0, \infty)$ .

**Proposition 2.4.** *Let  $X$  be convex and  $f: X \rightarrow \mathbb{R}$ .  $f$  is a convex function if and only if for all  $x, y \in X$  and  $\theta \in [0, 1]$ ,*

$$f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y).$$

*Proof.* Suppose  $f$  is a convex function. Let  $x, y \in X$  and  $\theta \in [0, 1]$ . Note that  $(x, f(x))$  and  $(y, f(y))$  are both points in  $\text{epi}(f)$ . By convexity,

$$\theta(x, f(x)) + (1 - \theta)(y, f(y)) = (\theta x + (1 - \theta)y, \theta f(x) + (1 - \theta)f(y)) \in \text{epi}(f)$$

and hence

$$f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y),$$

as desired.

Suppose  $f$  satisfies the convexity inequality. Let  $(x, \mu_x)$  and  $(y, \mu_y)$  be points in  $\text{epi}(f)$  and  $\theta \in [0, 1]$ . By the convexity inequality,

$$f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y) \leq \theta \mu_x + (1 - \theta)\mu_y$$

and hence

$$\theta(x, \mu_x) + (1 - \theta)(y, \mu_y) = (\theta x + (1 - \theta)y, \theta \mu_x + (1 - \theta)\mu_y) \in \text{epi}(f),$$

as desired. □

**Proposition 2.5.** *A convex set in  $\mathbb{R}$  is an interval.*

*Proof.* Suppose  $X \subset \mathbb{R}$  is convex and not an interval. Let  $x, z \in X$  and  $y$  be such that  $x < y < z$ . Pick

$$\theta = \frac{z - y}{z - x}.$$

Then,

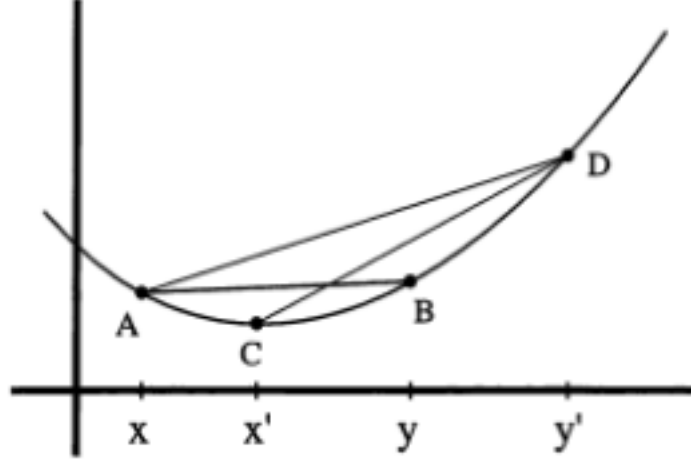
$$\theta x + (1 - \theta)y = \frac{z - y}{z - x}x + \frac{y - x}{z - x}z = \frac{xz - xy}{z - x} + \frac{yz - xz}{z - x} = \frac{yz - xy}{z - x} = y.$$

□

**Proposition 2.6.** *Let  $I$  be an interval and  $f: I \rightarrow \mathbb{R}$ . Then,  $f$  is convex if and only if for all points  $x, y, x', y' \in I$  such that  $x \leq x' < y' < y$  and  $x < y \leq y'$ ,*

$$\frac{f(y) - f(x)}{y - x} \leq \frac{f(y') - f(x')}{y' - x'}.$$

*Proof.* Suppose  $f$  is convex and let  $A = (x, f(x))$ ,  $B = (y, f(y))$ ,  $C = (x', f(x'))$ , and  $D = (y', f(y'))$ . Then... (proof by picture)



For the converse, let  $x_1, x_2 \in I$  and  $\theta \in [0, 1]$ . Take  $x = x_1$ ,  $y' = x_2$ , and  $y = x' = \theta x_1 + (1 - \theta)x_2$  to get

$$\frac{f(\theta x_1 + (1 - \theta)x_2) - f(x_1)}{\theta x_1 + (1 - \theta)x_2 - x_1} \leq \frac{f(x_2) - f(\theta x_1 + (1 - \theta)x_2)}{x_2 - \theta x_1 - (1 - \theta)x_2}$$

and hence

$$\theta (f(\theta x_1 + (1 - \theta)x_2) - f(x_1)) (x_2 - x_1) \leq (1 - \theta) (f(x_2) - f(\theta x_1 + (1 - \theta)x_2)) (x_2 - x_1).$$

Simplifying,

$$f(\theta x_1 + (1 - \theta)x_2) \leq \theta f(x_1) + (1 - \theta) f(x_2). \quad \square$$

**Corollary 2.7.** Let  $I = (a, b)$  be an open interval and  $f: I \rightarrow \mathbb{R}$  be a convex function. Then,  $f$  is continuous and the left and right derivatives

$$D_-f(x) = \lim_{h \downarrow 0} \frac{f(x) - f(x - h)}{h} \quad \text{and} \quad D_+f(x) = \lim_{h \downarrow 0} \frac{f(x + h) - f(x)}{h}$$

exist at each point  $x \in I$ . Moreover,  $D_-f$  and  $D_+f$  are nondecreasing with  $D_-f \leq D_+f$ .

*Proof.* Let  $x$  be a point in  $I$ . By Proposition 2.6, for all  $h > 0$  such that  $x - h$  and  $x + h$  are points in  $I$ ,

$$\frac{f(x) - f(x - h)}{h} \leq \frac{f(x + h) - f(x)}{h}. \quad (1)$$

We would like to take limits and conclude

$$D_-f(x) = \lim_{h \downarrow 0} \frac{f(x) - f(x - h)}{h} \leq \lim_{h \downarrow 0} \frac{f(x + h) - f(x)}{h} = D_+f(x).$$

But first, we have to show these limits exist: note that Proposition 2.6 implies that the left hand side of (1) increases while the right hand side of (1) decreases as  $h$  is made smaller. That is, for a decreasing sequence of  $(h_n)_n$  with  $h_n \downarrow 0$ ,

$$\frac{f(x) - f(x - h_1)}{h} \leq \frac{f(x) - f(x - h_2)}{h} \leq \dots \leq \frac{f(x + h_2) - f(x)}{h} \leq \frac{f(x + h_1) - f(x)}{h}.$$

Then, the limits exist by the monotone convergence theorem (recall that the monotone convergence theorem for sequences says that if a sequence is nondecreasing and bounded above, it must have a limit).  $\square$

**Proposition 2.8.** *Let  $I = (a, b)$  be an open interval and  $f: I \rightarrow \mathbb{R}$  be a convex function. Then, for each  $x_0 \in I$ , there exists  $m$  such that for all  $x \in I$ ,*

$$f(x) \geq f(x_0) + m(x - x_0).$$

*That is, at each point  $x_0$ , there exists a **supporting line**.*

This fact generalizes to higher dimensions, in which case the supporting line becomes a **supporting hyperplane**.

*Proof.* Choose  $m$  such that

$$D_-f(x_0) \leq m \leq D_+f(x_0).$$

Now, if  $x > x_0$ ,

$$m \leq D_+f(x_0) = \lim_{h \downarrow 0} \frac{f(x_0 + h) - f(x_0)}{h} \leq \frac{f(x) - f(x_0)}{x - x_0}$$

and hence

$$f(x_0) + m(x - x_0) \leq f(x).$$

The case of  $x < x_0$  is identical (use  $D_-f(x_0)$  in the argument).  $\square$

**Proposition 2.9** (Jensen's inequality). *Let  $I = (a, b)$  be an open interval and  $f: I \rightarrow \mathbb{R}$  be a convex function. Let  $X$  be a random variable which takes values in  $(a, b)$  a.s. If  $X$  and  $f \circ X$  are both integrable,*

$$\mathbb{E}[f(X)] \geq f(\mathbb{E}X).$$

*Proof.* Let  $x_0 = \mathbb{E}X$ . Now, we can find some supporting line parameterized by  $m$ :

$$f(x) \geq f(x_0) + m(x - x_0).$$

Substitute  $x = X$  to get

$$f(X) \geq f(x_0) + m(X - x_0)$$

(this inequality holds only a.s.). Take expectations of both sides to get

$$\mathbb{E}[f(X)] \geq \mathbb{E}[f(x_0) + m(X - x_0)] = \mathbb{E}[f(x_0)] = f(x_0) = f(\mathbb{E}X). \quad \square$$