



LIFE'S ON +  
DEPARTMENT OF UROLOGY



### DISCHARGE SUMMARY



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<b>NAME</b>	: MR I SUBBARAJU	<b>HOSPITAL NO</b>	: MH011248265
<b>Age/Sex</b>	: 66 Yrs / Male	<b>IP NO</b>	: I00000703988
<b>Admission Date</b>	: 24/04/2025 08:09PM	<b>Medical Discharge Date</b>	: 28/04/2025 04:03PM
<b>Admitted under</b>	: DR. DEEPAK DUBEY	<b>Department</b>	: UROLOGY
<b>PayorName</b>	: Reliance General Insurance Co. Ltd	<b>Ward/Bed</b>	: 10 A MHB/1001U

### TREATING CLINICIANS

DR. DEEPAK DUBEY

### DIAGNOSIS

BPH (HPE AWAITED)

### CHIEF COMPLAINTS

Patient came to Urology Services with complaints of Voiding LUTS.  
On evaluation was found to have BPH.  
Admitted for further management.

### PAST HISTORY

K/C/O Hypertension

### PHYSICAL EXAMINATION

Afebrile  
Conscious and oriented  
Pulse- 76/min  
BP - 140/80 mmHg.  
No Pallor, Cyanosis, Clubbing, Icterus, Lymphadenopathy  
CVS-S1 S2 Heard Normal (+), No murmur  
RS - Clear, Normal vesicular Breath sounds +, No added sounds, B/L air entry equal  
P/A - Soft, Non tender, No organomegaly, Bowel Sounds present  
CNS: No Focal Neurological Deficit.

### LABORATORY INVESTIGATIONS

#### HIV I & II Antibody (Rapid Test)

**Result Date & Time:** 25/04/2025 09:20

<u>Parameters</u>	<u>Value</u>	<u>Units</u>	<u>Reference Range</u>
TEST RESULT	Negative		

#### HBsAG (Rapid Test)

**Result Date & Time:** 25/04/2025 09:20

<u>Parameters</u>	<u>Value</u>	<u>Units</u>	<u>Reference Range</u>
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Manipal Hospital Old Airport Road  
#98, Old Airport Road, Kodihalli, Bengaluru 560 017, Karnataka  
P 1800 102 3222

Manipal Health Enterprises Pvt. Ltd.  
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28-04-2025

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**TEST RESULT** Negative

## Prothrombin Time -PT (Automated/ Clotting Assay )

Result Date & Time: 25/04/2025 01:54

<u>Parameters</u>	<u>Value</u>	<u>Units</u>	<u>Reference Range</u>
INR	0.91		.
Prothrombin Time Test	11.9	sec	11.4 - 15.2
PT CONTROL	13	sec	
ISI Value	1.08	sec	

## APTT ( Automated / Clotting Assay )

**Result Date & Time:** 25/04/2025 01:54

<u>Parameters</u>	<u>Value</u>	<u>Units</u>	<u>Reference Range</u>
APTT	24.0	sec	22.9 - 30.9
APPT CONTROL	26.86	sec	

### Hepatitis C virus Antibody (HCV- Serology)

**Result Date & Time:** 25/04/2025 09:40

<u>Parameters</u>	<u>Value</u>	<u>Units</u>	<u>Range</u>
Test Value	0.07		<0.9
Method HCV	Enhanced Chemiluminescence Immuno assay		
Test Result:	Non-Reactive, negative for Anti-HCV		

- Complete Blood Counts (Automated)

Result Date & Time: 24/04/2025 23:39

<u>Parameters</u>	<u>Value</u>	<u>Units</u>	<u>Reference Range</u>
WBC Count (TC)	4260	/cu.mm	4400 - 11000
RBC Count	4.13	million/cu.mm	4.50 - 5.50
Haemoglobin	12.7	g/dl	13.0 - 17.0
Haematocrit [PCV]	35.6	%	40.0 - 50.0
MCV	86.2	fL	83.0 - 101.0
MCH	30.8	pg	27.0 - 32.0
MCHC	35.7	g/dL	31.5 - 34.5
Platelet Count	177000	/ cu.mm	150000 - 400000

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Neutrophils	53.5	%	40.0 - 75.0
Lymphocytes	32.9	%	20.0 - 45.0
Eosinophils	6.3	%	0.0 - 7.0
Basophils	0.7	%	0.0 - 1.0
Monocytes	6.6	%	2.0 - 10.0
RDW	12.7	%	11.6 - 14.0
MPV	9.10	%	0.70 - 9.10
Neutrophil Absolute	2279.1	/cu mm	2000.0 - 7000.0
Lymphocyte Absolute	1401.5	/cu mm	1000.0 - 3000.0
Monocyte Absolute	281.2	/cu mm	200.0 - 1000.0
Eosinophil Absolute	268.4	/cu mm	40.0 - 440.0
Basophil Absolute	29.8	/cu mm	20.0 - 100.0

Renal Panel - I - Random

Result Date &amp; Time: 25/04/2025 07:52

Parameters

Parameter	Value	Units	Reference Range
SERUM BICARBONATE(Enzymatic)	21.0	mmol/L	22.0 - 29.0
SERUM SODIUM (Indirect ISE)	139.0	mmol/l	135.0 - 145.0
SERUM POTASSIUM (Indirect ISE)	3.30	mmol/l	3.50 - 5.10
SERUM CHLORIDE (ISE / IMT)	100.4	mmol/L	98.0 - 107.0
Blood Urea Nitrogen (Urease/GLDH)	15.00	mg/dl	6.00 - 20.00
SERUM CREATININE (mod.Jaffe)	1.11	mg/dl	0.80 - 1.60
GLUCOSE- Random (Hexokinase)	142	mg/dl	70 - 140
eGFR	68.8	ml/min/1.73sq.m >60.0	

Complete Blood Counts (Automated)

Result Date &amp; Time: 26/04/2025 06:05

Parameters

Parameter	Value	Units	Reference Range
WBC Count (TC)	8800	/cu.mm	4400 - 11000
RBC Count	3.90	million/cu.mm	4.50 - 5.50
Haemoglobin	11.9	g/dl	13.0 - 17.0
Haematocrit [PCV]	34.2	%	40.0 - 50.0
MCV	87.7	fL	83.0 - 101.0
MCH	30.5	pg	27.0 - 32.0
MCHC	34.8	g/dl	31.5 - 34.5
Platelet Count	158000	/ cu.mm	150000 - 400000
Neutrophils	88.1	%	40.0 - 75.0
Lymphocytes	8.0	%	20.0 - 45.0
Eosinophils	0.2	%	0.0 - 7.0

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Basophils	0.2	%	0.0 - 1.0
Monocytes	3.5	%	2.0 - 10.0
RDW	12.7	%	11.6 - 14.0
IPF	8.80	%	0.70 - 9.10
Neutrophil Absolute	7752.8	/cu mm	2000.0 - 7000.0
Lymphocyte Absolute	704.0	/cu mm	1000.0 - 3000.0
Monocyte Absolute	308.0	/cu mm	200.0 - 1000.0
Eosinophil Absolute	17.6	/cu mm	40.0 - 440.0
Basophil Absolute	17.6	/cu mm	20.0 - 100.0

Renal Panel - I - Fasting

Result Date &amp; Time: 26/04/2025 07:53

Parameters
SERUM BICARBONATE(Enzymatic)
SERUM SODIUM (Indirect ISE)
SERUM POTASSIUM (Indirect ISE)
SERUM CHLORIDE (ISE / IMT)
Blood Urea Nitrogen (Urease/GLDH)
SERUM CREATININE (mod.Jaffe)
GLUCOSE - Fasting (Hexokinase)
eGFR

Value	Units	Reference Range
22.1	mmol/L	22.0 - 29.0
137.0	mmol/l	135.0 - 145.0
3.68	mmol/l	3.50 - 5.10
100.1	mmol/L	98.0 - 107.0
10.80	mg/dl	6.00 - 20.00
0.98	mg/dl	0.80 - 1.60
122	mg/dl	70 - 100
80.0	ml/min/1.73sq.m >60.0	

**RADIOLOGY INVESTIGATIONS**

OUTSIDE USG- 23/04/25  
 PROSTATE -37.2 CC  
 PV- 337 CC  
 PVR-54.9 CC

**SURGICAL/THERAPEUTIC PROCEDURES**

After anesthetic clearance under SA TURP done on 25/4/25

Surgeon : DR. DEEPAK DUBEY

Assistant : DR VARSHA

Anaesthetist : DR. VAISHALI R KUMBHAR Anaesthesia : Spinal

Procedure :

Cystoscopy done  
 Flimsy stricture noted at bulbar urethra  
 However, urethra normal  
 SPC placed

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OTIS Urethrotomy done.

Prostate: Grade II Bilobar enlargement of the prostate.

TURP was performed upto capsule.

Resected chips were sent for HPE.

2 fr 3-way foley's placed

Irrigation started.

RESECTION TIME- 45 MINS

RESECTED PROSTATE WEIGHT 25 GRAMS

#### COURSE OF TREATMENT IN HOSPITAL

Mr. Subbaraju was admitted to the hospital with complaints of obstructive LUTS +. On evaluation found to have BPH and underwent TURP under spinal anesthesia on 25.04.2025. After removal of catheter patient is voiding well and completely emptying the bladder and is being discharged with the following advice.

#### Condition At Discharge

Stable

#### DISCHARGE ADVICE

NORMAL DIET

TAB. ZANOCIN OD 400MG 1-0-0 X 7 DAYS - *antibiotic (infection)*  
TAB. ULTRACET 1 SOS IF PAIN - *if req (pain killer)*  
CAP. PANTODAC DSR 1-0-0 X 7 DAYS - *Before food (Acidity)*  
PEGMOVE POWDER 2 TSP IN 1 GLASS WATER 1-0-1 X 2 WEEK ( 2 teaspoons )  
TAB. SILODAL 8MG 0-0-1 X 1 WEEK - *To pass urine*  
SYP. ALEX 10ML 1-1-1 X 3 DAYS - *cough*

TO REVIEW IN UROLOGY OPD WITH DR. DEEPAK DUBEY AFTER 1 WEEK ON 05/05/2025 AT 10.30AM  
WITH HPE REPORT.

VERIFIED BY DR.DIVYA

FOR ANY ASSISTANCE, PLEASE CONTACT: 080-25023200

**DR. DEEPAK DUBEY**  
MBBS,MS (Gen Surg), FRCS, MCh (Urology), DNB (Genito Urinary Surgery), FRCS (Uro)  
Department of UROLOGY, Reg No:96878

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This document is digitally signed and hence no manual signature required.

Seek medical help if:

- The initial symptoms get aggravated
- Any new symptoms (like breathlessness, bleeding etc) is causing concern
- Above medications have the Potential to cause allergic reactions(Rashes, Itching, Wheezing, Swelling of Lips, Tongue or Face) in some individuals.

If you experience these symptoms, Discontinue the drug and visit the doctor/ Emergency Department

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For booking an appointment, call on 1800 102 5555. For any other enquiries, call on 080 2502 3344

For any Medical Emergency in Bangalore Dial 080 2222 1111. MARS 24 X 7 Manipal Ambulance Response Service

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We offer HomeCare services to provide care at your home.  
For further details please contact the HomeCare TollFree Number: 1800 102 6070

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I have been explained the content of the discharge summary in the language that I understand

Patient / Relative Name & Signature

Explained by Name & Signature