HAHM: Home Assistant Health Monitor

Progress Update

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Problem

Tracking mood and symptoms is a critical part of managing anxiety, stress, depression, and mental health issues

Home assistants provide a
 hands-free way for users to
 record moods and symptoms in a
 ubiquitous way



Status

I have built the Amazon Lambda infrastructure for dialog and saving mood results to a DynamoDB instance

I have deployed a version for test purposes using Serverless deploy



Problems

 Specific Dialogue interaction here is where I need some help

What questions do lask? What responses can lexpect to receive?



Next Steps

Connect DynamoDB to Web app and Mobile app front ends

Display user results in a dashboard-style application



Recap

Mood tracking Alexa V1 complete

Need to enhance with better dialogue interaction

Meantime: build web and mobile user front ends

