1、SEND AI LANGUAGE INSTRUCTIONS

1,2,3: 语音状态 0:无意义,1:开始(询问),2:结束,3:可传输 / Voice status 0: Meaningless, 1: Start

(Question), 2: End, 3: Transmissible

SEND AI VOICE-TO-TEXT TEXT

text: 发送 app 的文本 /Send app text

SEND AI ANSWER TEXT

text: app 回复的文本 / The text replied by the app

1,2,3	
	SEND AI LANGUAGE INSTRUCTIONS
text	
	SEND AI VOICE-TO-TEXT TEXT
text	
	SEND AI ANSWER TEXT

2、SEND AI TO DISPLAY HEART RATE,BLOOD OXYGEN, ACTIVITY AND OTHER DATA UI: 视图模板 /View template

title:标题 /for example: Average Heart Rate

value: 值 / for example: 100 unit : 单位 /for example: bpm footer: 下标 /for example: Yesterday

action_time : 时间戳 (年月日时分秒) /Timestamp (year, month, day, hour, minute, second)

title	
valu	ue
unit	t
foo	ter
200	00-01-01 00:00:00
	SEND AI TO DISPLAY HEART RATE, BLOOD OXYGEN, ACTIVITY AND OTHER DATA UI



Al.mp4

3、SEND AI HISTORY TO DRAW CHARTS: 历史模板/Historical template

title:标题 / for example: Heart Rate History

period : 时期 / for example: Last 7 Days

value_title : 右边值显示(7 天平均睡眠,平均心率等) / The right column shows (7-day average

sleep, average heart rate, etc.)

y_max: Y 坐标最大值,例如: 120 / The maximum value of the Y coordinate, for example: 120

max_value : 最大值 min_value: 最小值 avg_value: 平均值

unit : 单位

time_date : 日期(年月日, dd-mm-yyy) chart_value: 绘表值 / Tabulation value

category : 类别 / (Normal, Elevated, High...)

参考表格/Reference table:

Metric Category	title	period	value 值	footer
指标类别	标题	期间	18	页脚
Heart Rate	Heart Rate	Last 7 Days	"85"	day
心率	心率	最近7天		日期
SpO ₂	SpO ₂	Last 7 Days	"85"	day
血氧	血氧	最近7天		日期
stress	stress	Last 7 Days	"85"	day
压力	压力	最近7天		日期
distance	distance	Last 7 Days	"85"	day
距离	距离	最近7天		日期
Calories	Calories	Last 7 Days	"85"	day
卡路里	卡路里	最近7天		日期
Steps	Steps	Last 7 Days	"85"	day
步数	步数	最近7天		日期
Active Hours	Active Hours	Last 7 Days	"85"	day
活动时间	活动时间	最近7天		日期
sleep stages	sleep	Last 7 Days	"85"	day
睡眠阶段	睡眠	最近7天		日期



Historical template.mp4

title

period

valueTitle

yMax

maxValue

minValue

avgValue

unit

2000-01-01

chartValue

category

SEND AI HISTORY TO DRAW CHARTS

4、SEND AI ACTION BEHAVIOR: 动作模板/Action Template

directive 0: 设置低心率警报; Set_Low_HR_Alert

- 1: 设置高心率警报; Set_High_HR_Alert
- 2: 设置低血氧饱和度警报; Set_Low_SpO2_Alert
- 3: 设置高压力警报; High_Stress_Alert
- 4: 设定睡眠目标; Set_Sleep_Goal
- 5: 设置步数目标; Set_Steps_Goal
- 6: 设定距离目标; Set_Distance_Goal
- 7: 设定活动小时目标; Set_Active_Hours_Goal
- 8: 设定卡路里目标; Set_Calories_Goal
- 9: 设定站立目标; Set_Standing_Goal
- 10: 上一经期开始日期; Log_Last_Period_Date
- 11: 经期长度; Log_Period_Length
- 12: 周期长度; Log_Cycle_Length

threshold_value: 详细的值,包括目标值/Detailed values, including target values time_date: 日期(年月日)暂时只有记录上一经期开始日期需要/The date (year, month, day) is currently only required when the start date of the record is specified.

unit: 单位/unit

action_time: 时间戳 (年月日时分秒) /Timestamp (year, month, day, hour, minute, second) 参考表格/Reference table:

Scenario 场景	type 类型	target_metric 目标指标	condition 条件	threshold_value 阈值	unit 单位	页面
Set Low HR Alert 设置低 HR 警报	"alert" "警报"	"heart_rate" "心室"	"Lower Limit" "下限值"	"50"	"ВРМ"	High HR alert
Set High HR Alert 设置高HR警报	"alert" "警报"	"heart_rate" "心率"	"Upper Limit" "上限"	"120"	"ВРМ"	Low HR alert
Set Low SpO2 Alert 设置低 SpO2 警报	"alert" "警报"	"spo2" "血氧饱和度"	"Lower Limit" "下限值"	"90"	"%"	Low SpO ₂ alerts
Set High Stress Alert 设置高压力警报	"alert" "警报"	"stress" "压力"	"Upper Limit" "上限"	"80"	"%"	Relax reminder
Set Sleep Goal 设置睡眠目标	"goal" "目标"	"sleep" 睡眠	"Target" "目标"	"8"	"hours"	睡眠
Set Steps Goal 设置步数目标	"goal"	"steps" 步数	"Target" "目标"	"10000"	"steps" 步数	活动
Set Distance Goal 设定距离目标	"goal" "目标"	"distance" "距离"	"Target" "目标"	"5"	"km" 公里	
Set Calories Goal 设置卡路里目标	"goal" "目标"	"calories" "卡路里"	"Target" "目标"	"500"	"kcal" "千卡"	
Set Standing Goal 设定站立目标	"goal" "目标"	"standing_hours" "站立小时数"	"Target" "目标"	"12"	"hours" (A)	
Log Last Period Date 上次记录日期	"log" "日志"	"menstrual_cycle" "月经周期"	"Last Period Start" "上一周期开始时间"	"2025-06-10"	"date" "日期"	经期对应时间设置界面
Log Period Length 日志周期长度	"log" "日志"	"menstrual_cycle" "月经周期"	"Period Length" "周期长度"	"5"	"days" 天	
Log Cycle Length 日志周期长度	"log" "日志"	"menstrual_cycle" "月经周期"	"Cycle Length" "周期长度"	"28"	"days" 天	



Action Template.mp4

scenario	
thresholdValue	
2000-01-01	
unit	
2000-01-01 00:00:00	
SEND AI ACTION BEHAVIOR	

5、SEND AI SWITCH: 切换模板/Change template scenario 0: 切换自动心率; Toggle Auto HR

- 1: 切换自动血氧饱和度; Toggle Auto SpO2
- 2: 切换压力监测器; Toggle Stress Monitor
- 3: 切换睡眠模式; Toggle Sleep Mode
- 4: 切换常亮显示; Toggle Always-On Display
- 5: 切换免打扰; Toggle Do Not Disturb
- 6: 切换抬起唤醒功能; Toggle Raise to Wake
- 7: 切换久坐提醒; Toggle Sedentary Alert
- 8: 切换补水提醒; Toggle Hydration Alert

Switch: "ON""OFF"



Change template.mp4

scenario
2000-01-01 00:00:00
switch
SEND AI SWITCH

- 6、SEND AI TO OPEN DEVICE RELATED SETTINGS: 打开功能模板/Activate the function template
- Scenario 0: 心率测量; HR Measurement
 - 1: 血氧测量; SpO2 Measurement
 - 2: 压力测量; Stress Measurement
 - 3: 打开生理周期跟踪; Open Cycle Tracking
 - 4: 打开活动圆环; Open Activity Rings
 - 5: 打开训练历史; Open Workout History
 - 6: 开始锻炼; Start Workout
 - 7: 停止锻炼; Stop Workout
 - 8: 设置闹钟; Set an Alarm
 - 9: 启动秒表; Start Stopwatch
 - 10: 启动计时器; Start Timer
 - 11: 呼叫号码; Call Number
 - 12: 开放天气; Open Weather
 - 13: 控制音乐; Control Music
 - 14: 打开日历; Open Calendar
 - 15: 触发相机; Trigger Camera
 - 16: 打开手电筒; Turn on Flashlight
 - 17: 更改亮度; Change Brightness

18: 查找我的手机; Find My Phone

contacts_number: 输入联系人号码/Enter the contact person's phone number

workout_type: 输入运动类型/Input movement type

Duration:输入计时器秒数,单位秒/Enter the timer duration in seconds, with the unit being

seconds.

music_command: 音乐控制 (0:播放,1:暂停,2:下一首,3:上一首)/Music Control (0: Play, 1: Pause,

2: Next, 3: Prev)



Activate the function template

scenario

2000-01-01 00:00:00

contactsNumber

workoutType

duration

musicCommand

SEND AI TO OPEN DEVICE RELATED SETTINGS