



Nutrition Facts	
Serving Size 172 g	
Amount Per Serving	
Calories 200	Calories from Fat 8
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	1%
Trans Fat	
Cholesterol 0mg	0%
Sodium 7mg	0%
Total Carbohydrate 35g	12%
Dietary Fiber 11g	45%
Sugars 6g	
Protein 13g	
Vitamin A	1% • Vitamin C
Calcium	4% • Iron
*Percent Daily Values are based on a diet of other people's secrets.	
NutritionData.com	



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