

Build-you-own schedule

	Completed
<b>Morning routine – complete before noon</b>	
Choice 1	
Choice 2	
Choice 3	
Option to add another if desired	
<b>Daily action step – complete any time during the day</b>	
<b>Choice 1</b>	
Option to add another if desired	
<b>Evening routine – complete before midnight</b>	
Choice 1	
Choice 2	
Choice 3	
Option to add another if desired	