



Patient Discharge Summary

Admission Information

- **Patient:** John Doe
- **Date of Birth:** May 21, 1974
- **Medical Record Number:** 23020-01
- **Admission Date:** March 01, 2024
- **Discharge Date:** March 03, 2024
- **Signing Physician:** Carlo Archer
- **Dictated By:** Paulette Coffey
- **Service Location:** You received care at the Obstetrics and Gynecology department.
- **Primary Care Provider:** Dr. Erika Casey

Your Next Steps

Hospital Discharge Instructions

You received care at our medical facility for your symptoms. Based on this care, here are instructions you should follow after your discharge:

1. Monitor your vital signs, such as temperature, blood pressure, and heart rate, regularly and report any changes to your healthcare provider.
2. Take your medications as prescribed by your healthcare provider and do not stop or adjust your medication regimen without consulting them first.
3. Follow a healthy diet and exercise routine as recommended by your healthcare provider to help manage your symptoms and improve your overall health.
4. Attend all follow-up appointments and appointments with specialists as scheduled by your healthcare provider.
5. Notify your healthcare provider immediately if you experience any concerning symptoms such as chest pain, shortness of breath, or severe headache, as these could be signs of a complication.
6. Avoid any strenuous activities or heavy lifting for several days after discharge to avoid exacerbating your symptoms.
7. Follow any additional instructions provided by your healthcare provider specific to your condition and treatment plan. By following these instructions, you can help ensure a smooth and successful recovery after your discharge from our medical facility. If you have any questions or concerns, please do not hesitate to reach out to your healthcare provider.

Medication Instructions

At the time of your admission, you were on the following medications:

1. Docusate sodium 100 mg Capsule - You were instructed to take one (1) capsule by mouth once a day as needed for constipation.
2. Acetaminophen 325 mg Tablet - You were instructed to take two (2) tablets by mouth every six (6) hours as needed for pain.
3. Prenatal Vitamin - You were instructed to take one (1) tablet by mouth once a day as prescribed. During your medical encounter, we recommended changing your medication regimen as follows:
 - You were advised to increase the dose of acetaminophen from two (2) tablets every six (6) hours to one (1) tablet every four (4) hours to better manage your pain. In summary, at the time of your admission, you were on three (3) medications: docusate sodium, acetaminophen, and prenatal vitamin. During your medical encounter, we recommended changing your acetaminophen dosage to better manage your pain.

Here is a list of your prescribed medications at the time of discharge:

1. Docusate sodium 100 mg Capsule: This medication is used to treat constipation. Take one capsule by mouth once a day as needed for constipation.
2. Acetaminophen 325 mg Tablet: This medication is used to treat pain. Take two tablets by mouth every six hours as needed for pain.
3. Prenatal Vitamin: This medication is used to support fetal growth and development during pregnancy. Take one tablet by mouth once a day as directed by your healthcare provider. Please note that these medications are prescribed for your specific condition and should only be taken as directed by your healthcare provider or as stated on the label. It is important to follow their instructions carefully and not stop taking any medication without consulting your healthcare provider first.

Follow-up Appointments

Based on your medical history and current condition, there are several follow-up appointments recommended for your care. Specifically, we recommend scheduling a prenatal visit 2-4 weeks after your discharge to monitor your pregnancy and address any concerns or questions you may have. Additionally, we recommend scheduling a postpartum visit within 4-6 weeks after delivery to ensure a smooth recovery and address any postpartum concerns or questions you may have. There are no follow-up appointments recommended at this time.

Follow-up Procedures or Tests

Based on your medical history and current condition, there are no follow-up laboratory tests, imaging tests, or procedures recommended for you at this time. Your recent labs and imaging studies were otherwise reassuring, and we will continue to monitor your condition closely during your prenatal visits and postpartum care. It is important for you to follow up with your healthcare provider as recommended to ensure a healthy pregnancy and proper postpartum care.

How to Contact Us

If you have any questions or concerns regarding these discharge instructions or your follow-up care, please do not hesitate to contact us at the phone number provided below. Our team is here to support you and ensure your continued health and well-being.

About Your Admission

Hospital Admission History

You were admitted to the hospital because of concerns about your pregnancy. You were seen in our clinic a few days ago for a routine check-up, and your healthcare provider noticed some changes in your body that raised some concerns. Specifically, your blood pressure was higher than normal, and your baby's heart rate was slower than expected. These changes suggested that your baby might be experiencing some distress, and your healthcare provider wanted to monitor you and your baby more closely. As a result, you were referred to our hospital for further evaluation and treatment. Here, we have been able to monitor your baby's heart rate and your blood pressure more closely and provide any necessary treatment to ensure the best possible outcome for you and your baby.

Diagnoses Made During Hospital Admission

You were discharged with a diagnosis of intrauterine growth restriction (IUGR). This means that your baby did not grow as much as expected inside your womb during your pregnancy. This can be due to various reasons such as placenta problems or other underlying medical conditions. As a patient, it is important to understand that IUGR can lead to complications during delivery and may require special medical attention to ensure a healthy delivery and recovery for both you and your baby.

Discharge Location

You were discharged home.

Relevant Exams and Test Results

Physical Exam Summary

1. Heart rate: 90 beats per minute
2. Blood pressure: 120/80 mmHg
3. Temperature: 98.6 degrees Fahrenheit (37 degrees Celsius)
4. Respiratory rate: 18 breaths per minute
5. Oxygen saturation: 95% on room air
6. Abdomen: Soft and non-tender, with no palpable masses or tenderness
7. Lungs: Clear to auscultation with no adventitious sounds
8. Neurological exam: Within normal limits
9. Musculoskeletal exam: Within normal limits
10. Skin exam: Within normal limits

Please note that this list only includes findings from the physical exam portion of the discharge documentation and does not include any additional information such as laboratory results or discharge instructions.

Imaging Tests

You had a WBC count of 5.3, RBC count of 3.59, HGB count of 12.2, HCT count of 33.1%, MCV count of 92#, MCH count of 33.9#, and MCHC count of 36.8% during your admission.

Test Results

Date	Test Name	Result	Normal Range
01:51 PM	WBC	5.3	4.5 - 11.0
01:51 PM	RBC	3.59	3.4 - 5.4
01:51 PM	HGB	12.2	10.5 - 15.5
01:51 PM	HCT	33.1	28 - 42
01:51 PM	MCV	92	78 - 102
01:51 PM	MCH	33.9	29 - 44
01:51 PM	MCHC	36.8	32 - 38
01:52 PM	PLT COUNT	199	150 - 450
01:52 PM	URINE	bnzodzpn negative, barbitrt negative, tricyclic negative, cocaine negative, amphetamine negative, methadone negative	Negative
01:51 PM	TSH	1.2	0.9 - 4.0

Note: The normal ranges provided are based on the reference ranges for a healthy adult population and may vary depending on the laboratory and individual patient factors.

Thank you for entrusting us with your care. We have reviewed your medications, vital signs, and test results for this encounter. It has been a pleasure providing care for you today.

Signed, your care team.

Note: This patient discharge summary was generated from your healthcare record utilizing AI technology and has been reviewed by your care team prior to final approval.