

This certificate is computer generated and can be verified by scanning the QR code given below.

Roll No: NPTEL22HS46S43470610

To  
JONNY KUMAR  
BIRHI KALAN, CH. DADRI, HARYANA 127026  
J C BOSE UST YMCA FARIDABAD  
CHARKHI DADRI  
HARYANA - 127026  
PH. NO :8307103775



Score	Type of Certificate
>=90	Elite+Gold
75-89	Elite+Silver
>=60	Elite
40-59	Successfully Completed
<40	No Certificate

No. of credits recommended by NPTEL:3

An additional 1 credit may be awarded if the University deems it fit, based on the actual student effort involved.



# NPTEL Online Certification

(Funded by the MoE, Govt. of India)



This certificate is awarded to

**JONNY KUMAR**

for successfully completing the course

## Psychology of Stress, Health and Well-being

with a consolidated score of **57** %

Online Assignments	19.5/25	Proctored Exam	37.5/75
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Total number of candidates certified in this course: **2011**

Jan-Apr 2022  
(12 week course)

**Prof. Hemant B Kaushik**  
Head, Center for Educational Technology  
NPTEL Coordinator, IIT Guwahati



Indian Institute of Technology Guwahati



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To validate and check scores: <https://nptel.ac.in/noc>