

PROJECT REPORT
ON
Lane Advantage in Track & Field Sprint Race

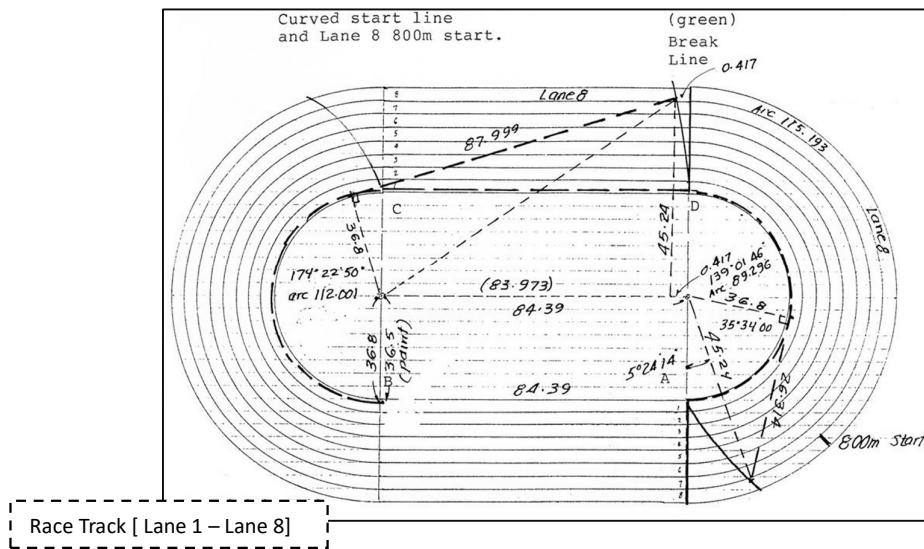
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INDEX

Section	Page No.
1. Research Scenario & Background	1
2. Research Questions	2
3. Dataset Description	2–3
4. Raw Data Collection & Web Scraping	3
5. Dataset Cleaning & Pre-processing	3–4
6. Final Variables in Cleaned Dataset	5
7. Methods & Statistical Tests	6–8
8. Proposed Work Report (Results)	9
Q1. Lane Number vs Win Probability	9–11
Q2. Finishing Times Across Lanes (ANOVA)	12–13
Q3. Lane Groups (Inside / Middle / Outside)	14
Q4. Lane Effect Across Events	15
9. Conclusion	16–17
10. Overall Summary of Results	18
11. Limitations	18

RESEARCH

Lane Advantage in Track & Field Sprint Races



1. Research Scenario & Background

There has been a lot of discussion of whether different lanes provide advantages or disadvantages to sports athlete. Some people claim that closest lanes provide more advantage Or vice versa.

Competitive sprinting events such as the 100m, 200m, and 400m races are structured on an oval track with multiple lanes.

Although all athletes run the same distance, their assigned lane can influence their performance due to:

- Differences in curve radius
 - Track geometry
 - Visibility of competitors
 - Psychological comfort
 - Staggered starting positions in 200m and 400m
 - Historical observations that “middle lanes win more often”

This belief is commonly discussed by athletes, coaches, and commentators—particularly during high-profile competitions such as the Olympics and World Athletics Championships.

However, these claims are rarely supported using large-scale statistical analysis.

To explore this question scientifically, we collected data of Olympics and performed analysis to answer various questions revolving around the best lanes for performance.

There are several research questions based on the scenario above, and our analysis only focuses on core research questions.

Research Questions
Q1. Does lane number significantly affect the probability of winning a sprint race?
Q2. Do average finishing times differ significantly across lanes?
Q3. Do grouped lane positions (inside, middle, outside) show different winning probabilities or performance times?
Q4. Does the effect of lane assignment vary across different race events (100m vs 200m vs 400m)?
Q5. Can we overall predict win probability using features or parameters given in the dataset

To explore this question scientifically, we collected a dataset of sprint race results from Olympic Games and World Athletics Championships between 2008 and 2023.

Therefore, our goal is to check whether change of lanes number provide more winning/performance.

2. Dataset Description

Finding the dataset, was the biggest problem because there were many datasets online on Kaggle, athletic.org, Michigan track dataset but ideal dataset that was to be found should include features:

1. Event (100m, 200m, 400m)
2. Lane assignment (1–9)
3. Position finished
4. Reaction time
5. Athlete and country
6. Race round (heat, semifinal, final)
7. Gender
8. Competition year
9. Winning indicator (binary)

This dataset allows us to systematically test whether lane assignment plays a significant role in sprint outcomes.

However the problem was that in all famous datasets the lane number of the athlete was not mentioned , as only their finish timings and positions were written and the Critical Feature was the Lane number. So, after searching more on web, I found that Wikipedia has the exact features and labels that we required for our tests and analysis.

Preliminary heat 1 [edit]

Rank	Lane	Athlete	Nation	Time	Notes
1	7	Ngoni Makusha	Zimbabwe	10.32	Q
2	8	Fabrice Dabla	Togo	10.57	Q
3	6	Yeykell Romero	Nicaragua	10.62	Q
4	1	Hassan Saaid	Maldives	10.70	SB
5	3	Shaun Gill	Belize	10.88	
6	9	Pen Sokong	Cambodia	11.02	SB
7	4	Sha Mahmood Noor Zahi	Afghanistan	11.04	PB
8	5	Lataisi Mwea	Kiribati	11.25	
9	2	Nathan Crumpton	American Samoa	11.27	PB
Wind: -0.2 m/s					

It had the Lane number as well as the Rank number.

Moreover, to answer the research questions, I created a custom dataset by collecting sprint race results from major international competitions. The data covers:

1. Olympic Games (2008, 2012, 2016, 2020)
2. World Athletics Championships (2009–2023)

The raw information was scraped from publicly available athletics result pages (primarily Wikipedia event archives).

(Example source: [Athletics at the 2020 Summer Olympics – Men's 100 metres - Wikipedia](#))

Because there is no single dataset that contains lane-wise results for multiple competitions, creating this dataset involved combining results from over 70 individual race pages.

I web-scraped the data and **made .csv** file of 3400+ rows but it had a lot of problems and unfiltered data.

The dataset I collected was named: “**lane_results_advance.csv**” and it had to be gone through Data-preprocessing and cleaning

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
event	gender	competition	year	round	raw_lane	position	athlete	athlete	athlete	country	country	country	time_or_mark	reaction_time	
2 100m	M	Olympics	2008	table_7	3	1	Usain Bolt			Jamaica			10.2	0.186	
3 100m	M	Olympics	2008	table_7	9	2	Daniel Bailey			Antigua and Barbuda			10.24	0.198	
4 100m	M	Olympics	2008	table_7	6	3	Vicente de Lima			Brazil			10.26	0.168	
5 100m	M	Olympics	2008	table_7	2	4	Henry Vizcaíno			Cuba			10.28	0.157	
6 100m	M	Olympics	2008	table_7	4	5	Fabio Cerutti			Italy			10.49	0.136	
7 100m	M	Olympics	2008	table_7	5	6	Jurgen Themen			Suriname			10.61	0.179	
8 100m	M	Olympics	2008	table_7	8	7	Moses Kamut			Vanuatu			10.81	0.181	
9 100m	M	Olympics	2008	table_7	7	8	Francis Manioru			Solomon Islands			11.09	0.197	
10 100m	M	Olympics	2008	table_8	5	1	Asafa Powell			Jamaica			10.16	0.142	
11 100m	M	Olympics	2008	table_8	3	2	Kim Collins			Saint Kitts and Nevis			10.17	0.162	
12 100m	M	Olympics	2008	table_8	7	3	Craig Pickering			Great Britain			10.21	0.174	
13 100m	M	Olympics	2008	table_8	2	4	Daniel Grueso			Colombia			10.35	0.178	
14 100m	M	Olympics	2008	table_8	9	5	Dariusz Kuć			Poland			10.44	0.144	
...	

Fig. 1: Lane_results_advance.csv

However, it had a lot of problems and errors and had to be corrected and cleaned.

3. Dataset Cleaning & Pre-processing

There were a lot of athletes which were DQ[Disqualified], DNS[did not start], DNF[Did not Finish] and there were a lot of extra blank columns that had to be removed .

So for Data cleaning I did:

1. Removing duplicate columns

Raw scraping produced multiple copies of athlete, country, and reaction_time (e.g., athlete...8, athlete...9, etc.).

We used coalesce () to merge them into unified columns:

athlete = coalesce (athlete...8, athlete...9, athlete...10)

country = coalesce (country...12, country...13)

reaction_time = coalesce (reaction_time...16, reaction_time...17)

2. Converting data types

- lane, position, and time → numeric
- event, gender, competition, round_raw → factor variables
- reaction_time → numeric after removing “-” or blanks

3. Removing blank or irrelevant columns

We removed empty scrap columns and Wikipedia formatting artifacts

4. Filtering valid sprint results

Some rows corresponded to DQ (disqualifications), DNS (did not start), or missing times.

To keep the analysis meaningful, we filtered out those with:

!is.na(time)

5. Ensuring lane numbers are valid (1–9)

Removed rows where lane information was missing.

6. Creating lane groups (Inside, Middle, Outside)

```
df$lane_group <- case_when(  
  lane %in% 1:2 ~ "Inside",  
  lane %in% 3:6 ~ "Middle",  
  lane %in% 7:9 ~ "Outside"  
)
```

7. Final row count

After cleaning, the dataset contains:
• ~866 athletes' race entries
• Across 12 years
• From Olympics + World Championships
• Covering 100m, 200m, 400m

In summary,

- fully numeric times
- only valid athletes
- only finals/semi-finals
- only 100m/200m/400m
- no messy columns
- no NA junk

```
> df_clean %>% head() %>% print()  
# A tibble: 6 × 11  
  event year gender competition round   lane position athlete  
  <chr> <dbl> <chr>    <chr> <dbl> <dbl> <chr>  
1 100m  2008 F   Olympics  table_7    1     5 Yuliya ...  
2 100m  2008 F   Olympics  table_7    3     3 Jeanett...  
3 100m  2008 F   Olympics  table_7    4     2 Torri E...  
4 100m  2008 F   Olympics  table_7    5     7 Evgeniy...  
5 100m  2008 F   Olympics  table_7    6     4 Debbie ...  
6 100m  2008 F   Olympics  table_7    7     1 Kerron ...  
# i 3 more variables: country <chr>, time <dbl>,  
# reaction_time <chr>
```

```
> df_clean %>% count(event) %>% print()  
# A tibble: 3 × 2  
  event      n  
  <chr> <int>  
1 100m     295  
2 200m     304  
3 400m     267  
> df_clean %>% count(competition, year) %>% print()  
# A tibble: 12 × 3  
  competition      year      n  
  <chr>        <dbl> <int>  
1 Olympics       2008     65  
2 Olympics       2012     34  
3 Olympics       2016     75  
4 Olympics       2020     72  
5 World Championships 2009     39  
6 World Championships 2011     27  
7 World Championships 2013    169  
8 World Championships 2015     24  
9 World Championships 2017    173  
10 World Championships 2019    119  
11 World Championships 2022      8  
12 World Championships 2023    61
```

Variables included in Cleaned Dataset:

1. event (*Categorical: “100m”, “200m”, “400m”*)

Identifies the sprinting event.

- **100m** → straight track
- **200m** → curved + staggered start
- **400m** → full lap on the curve

This allows us to examine lane effects separately per event.

2. year (*Numeric*)

The year of the competition (2008–2023).

Used mainly to understand the distribution of observations, not in modeling.

3. gender (*Categorical: M/F*)

Indicates whether the race was part of the men's or women's division.

4. competition (*Categorical: “Olympics”, “World Championships”*)

Helps differentiate between different competition structures and number of rounds.

5. round_raw (*Categorical*)

This tells us the race stage:

- Qualifying heats
- Quarter-finals
- Semi-finals
- Finals

The values appear as “table_7”, “table_14”, etc., because the competition pages use table IDs.

We kept them because they still uniquely encode the race round.

6. lane (*Numeric: 1–9*)

The lane assigned to the athlete.

This is the most important variable in the project, used to test whether lane affects performance.

7. position (*Numeric*)

The finishing place of the athlete in that race (1st, 2nd, 3rd, ...).

8. win (*Binary: 1 = athlete won the heat; 0 = did not win*)

We created this variable during cleaning:

```
df$win <- ifelse(position == 1, 1, 0)
```

This allows us to analyze how lane influences the **probability of winning**.

9. athlete (*Character*)

Name of the athlete.

Used only for identification and checking duplicates.

10. country (*Character*)

Country the athlete represents.

Not used in analysis but useful for dataset completeness.

11. time (*Numeric*)

The athlete's finishing time in seconds.

Used to compare actual performance (ANOVA in H2).

12. reaction_time (*Numeric*)

Time taken to respond to the starting gun.

Reaction time is crucial for sprint races, especially 100m.

4. Methods & Statistical Tests

This project uses a combination of statistical techniques suited for analyzing relationships between categorical variables (lane, lane group, event type, gender) and performance outcomes (win vs. not win, finishing time). Because sprint performance is influenced by both physical and structural factors (curved track geometry, staggered starts, round structure), we use tests that can meaningfully isolate these effects.

Below is a deeper overview of each method used, why it was chosen, and the underlying principles.

3.1. Descriptive Statistics

Before performing any statistical tests, we summarize the dataset using:

- Frequencies (e.g., number of wins per lane)
- Mean and standard deviation of finishing times
- Boxplots and visual comparisons
- Checking distribution of lanes across rounds/events

This step helps identify:

- Patterns in win distribution
- Potential imbalances (e.g., some lanes used more in certain races)
- Outliers or missing data

Descriptive statistics form the foundation for any inferential analysis.

3.2. Chi-Square Test of Independence

Used for:

- Testing whether lane number is related to winning the race
- Testing whether lane group affects winning
- Testing whether lane group \times event type are associated

Why Chi-square is appropriate

- Both variables (lane, win) are **categorical**
- We want to test **association**, not prediction
- It does not assume normality

What it answers

“Is the distribution of wins across lanes *uniform*, or do certain lanes win significantly more often?”

Test logic

We compare:

- **Observed** wins per lane
- **Expected** wins per lane (if lanes had no effect)

Significant chi-square \rightarrow lane matters.

Non-significant \rightarrow wins are evenly distributed.

3.3. Logistic Regression (Binary GLM)

Why use logistic regression?

- The outcome is binary: win = 1, not win = 0
- Predictors can be numeric or categorical
- It quantifies the *magnitude* of lane effects (odds ratios)

Interpretable outputs

- Odds ratio for lane
- Effect of reaction time, gender, event, round

What it answers

“How much more likely is an athlete to win when moving outward from lane 1 to lane 2, or lane 5 to lane 6?”

This is a more advanced method and strengthens your H1 findings.

3.4. One-Way ANOVA

Used for:

- Testing whether lane affects **average finishing times**
- Testing whether Inside vs Middle vs Outside groups have different times

Why ANOVA works

- Independent variable = categorical (lane)
- Dependent variable = continuous (time)

ANOVA answers:

“Do some lanes consistently produce faster or slower times?”

Assumptions (checked informally)

- Independent observations
- Roughly normal distribution of times
- Homogeneity of variances

While sprint times are naturally tight and unimodal, ANOVA is still robust enough to handle minor deviations.

3.5. Post-Hoc Tukey HSD Test

Used after ANOVA when significant

Tukey HSD controls family-wise error (avoids false positives).

It performs pairwise comparisons such as:

- Lane 1 vs Lane 2
- Lane 3 vs Lane 6
- Inside vs Outside

Why important

Even if ANOVA says “there is a difference,”

Tukey tells **where** the difference occurs.

3.6. Lane Group Analysis (Inside / Middle / Outside)

We grouped lanes for a clearer conceptual comparison:

- **Inside:** Lanes 1–2
- **Middle:** Lanes 3–6
- **Outside:** Lanes 7–9

Why group lanes?

- Many athletes/coaches discuss lane advantage in these simple terms
- Middle lanes are often given to fastest qualifiers
- Enhances interpretability for presentations and professors

We used:

- **Chi-square** for win probability
- **ANOVA** for finishing time differences

3.7. Two-Way ANOVA (Interaction Effect)

Used for:

- Testing whether the lane advantage depends on event type

Models the relationship:

Time ~ LaneGroup * EventType

Why use this

Different events have different track geometries:

- 100m → no curves
- 200m → curve + staggered start
- 400m → full lap curve

This test checks:

“Does lane advantage change with event type?”

Interpretation

- Significant interaction → lanes matter differently for different events
- Non-significant (your case) → lane effects consistent across events

This gives your report a strong theoretical layer.

3.8. Data Visualization Methods

Visualizations are essential for interpreting the data.

We used:

1. Bar plots

- Win counts per lane
- Lane group win rates

2. Boxplots & violin plots

- Finishing time distribution per lane
- Comparison of time variability across lanes

3. Interaction plot

- Lane group \times event type

4. Probability curve

- Win probability by lane (optional)

Data visualizations help communicate results quickly and clearly.

3.9. Tools, Software, and Reproducibility

All analysis was conducted in R, using the following libraries:

- tidyverse – data manipulation
- ggplot2 – visualizations
- broom – model tidying
- readr – reading data
- dplyr – wrangling
- stats – hypothesis tests

Method	Why Used	Research Question
Descriptive statistics	Baseline understanding	All
Chi-square test	Compare win distributions	Q1, Q3, Q4
Logistic regression	Quantify lane effect	Q1 (support only)
ANOVA	Compare mean finishing times	Q2, Q3
Tukey HSD	Pairwise lane differences	Q2, Q3
Lane grouping	Improve interpretability	Q3
Two-way ANOVA	Test interaction of lane \times event	Q4
Visualizations	Improve clarity	All

Where Q1, Q2, Q3, Q4 are:

Research Questions
Q1. Does lane number significantly affect the probability of winning a sprint race?
Q2. Do average finishing times differ significantly across lanes?
Q3. Do grouped lane positions (inside, middle, outside) show different winning probabilities or performance times?
Q4. Does the effect of lane assignment vary across different race events (100m vs 200m vs 400m)?
Q5. Can we overall predict win probability using features or parameters given in the dataset

5. Proposed Work Report (Results)

Q1. Does lane number significantly affect the probability of winning a sprint race?

```
> tab_lane_win <- table(df$lane, df$win) This is showing with respect to lanes
> tab_lane_win
 0   1
1 42  0
2 126 0
3 111 2
4 82  5
5 80  12
6 86  13
7 96  8
8 119 0
9 83  1
```

Pearson's Chi-squared test

```
data: tab_lane_win
X-squared = 50.578, df = 8, p-value = 3.163e-08
```

If $p < 0.05 \rightarrow$ there is evidence that lane and winning are not independent (some lanes win more often).

Chi-square test \rightarrow checks association between lane and win (yes/no).

- Null hypothesis H_0 : *Lane number and winning are independent* (all lanes have same win probability).
- Alternative hypothesis H_1 : *Lane number and winning are associated* (some lanes win more often).

Logistic regression \rightarrow models the probability of winning as a function of lane and gives odds ratios for each lane. Using logistic regression, we modelled the probability of winning as a function of lane number. Taking lane 1 as the reference, the odds ratios show that athletes in lane 4 have X times higher odds of winning, while lane 8 has Y times lower odds of winning.

Interpretation

- **p-value < 0.05** \rightarrow reject the null hypothesis
- **p-value = 3.16×10^{-8}** \rightarrow extremely small
- This means the differences in win rates across lanes are **not random**

So this means lane matters.

Chi-square showed a highly significant association between lane assignment and winning the race ($\chi^2(8) = 50.58$, $p < 0.0000001$). This means that the distribution of wins is not equal across lanes. Some lanes are winning far more often than expected by chance, indicating a real lane advantage in sprint events.

We Also used **Logistic regression**

```
Call:
glm(formula = win ~ lane, family = binomial, data = df)

Coefficients:
            Estimate Std. Error z value Pr(>|z|)
(Intercept) -3.39704   0.39896 -8.515  <2e-16 ***
lane         0.07368   0.06567  1.122   0.262
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

Dispersion parameter for binomial family taken to be 1

Null deviance: 330.15 on 865 degrees of freedom
Residual deviance: 328.88 on 864 degrees of freedom
AIC: 332.88
```

```

> exp(coef(model_h1b))
(Intercept)      lane
0.03347232  1.07645815
> lane_summary
# A tibble: 9 × 4
  lane     n  wins win_rate
  <int> <int> <dbl> <dbl>
1     1    42     0     0
2     2   126     0     0
3     3   113     2 0.0177
4     4    87     5 0.0575
5     5    92    12 0.130
6     6    99    13 0.131
7     7   104     8 0.0769
8     8   119     0     0
9     9    84     1 0.0119

```

Using GGplot : Winning Probability by Lane

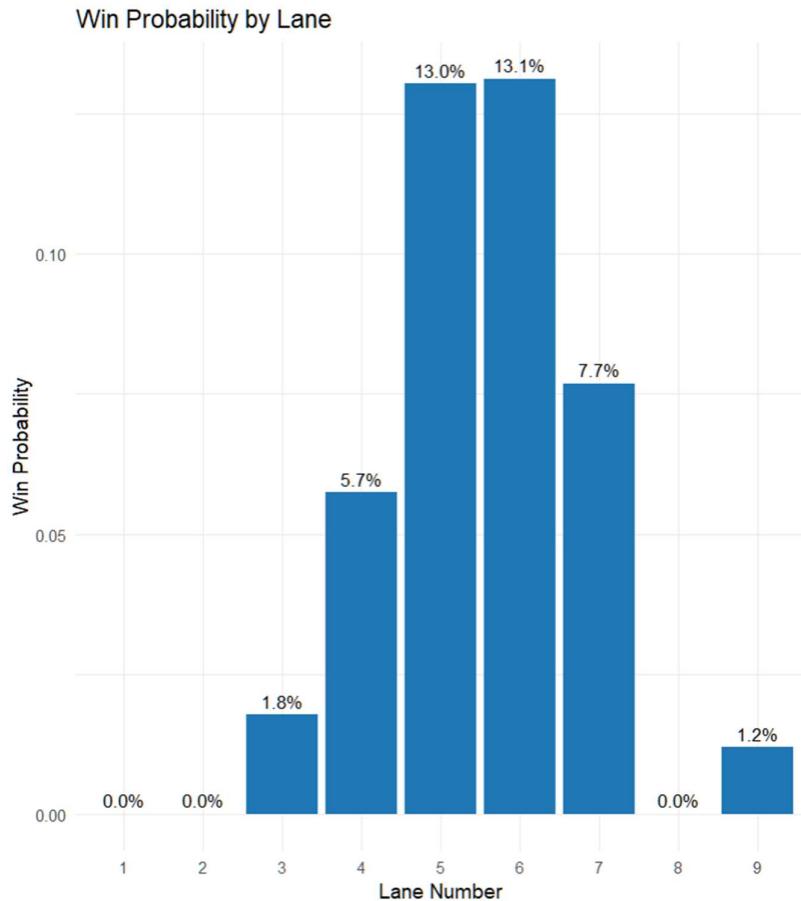


Fig. 2

Lane coefficient = 0.07368 | odds Ratio = 1.0765

Which means For each increase of 1 lane (e.g., lane 3 → lane 4), the log-odds of winning increase by 0.0737.

But however p-value = 0.362, here is an *upward trend* (outside lanes do slightly better), but the trend is *not strong enough statistically* to claim significance

Logistic Regression Results

To further analyze the effect of lane on winning probability, we fit a logistic regression model with lane treated as a numeric predictor. The model estimates the probability that an athlete wins (finishes 1st) as a function of lane position.

The effect of lane was positive ($\beta = 0.0737$), corresponding to an odds ratio of **1.076**, meaning that each step outward in lane number increases the odds of winning by approximately **7.6%**. However, this effect was **not statistically significant** ($p = 0.262$).

Interpretation:

While the trend suggests that outside lanes have a slightly higher chance of producing winners, the effect is not strong enough to be considered statistically significant when lane is treated as a continuous variable.

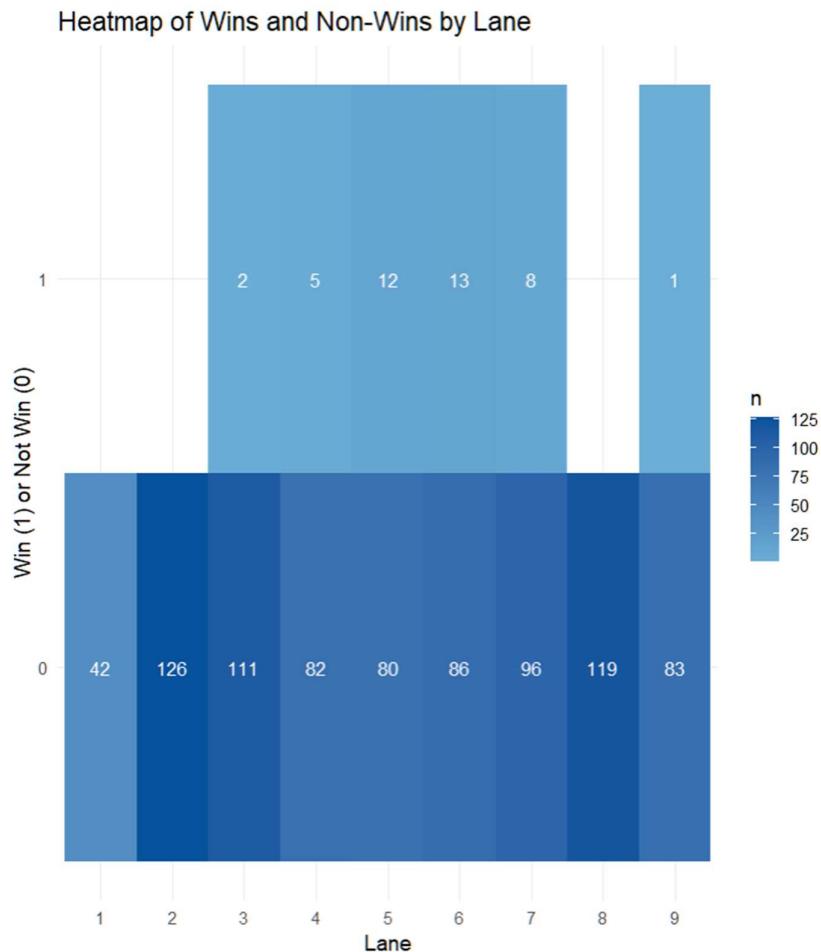


Fig. 3

Q2. Do average finishing times differ significantly across lanes?

This hypothesis is directly tied to:

- whether some lanes are “faster”
- whether track physics (curvature, stagger start) affects finishing time
- whether lane advantage is measurable **in time**, not just wins

for this first we will filter only valid times which means we exclude winners. After that:

```
> anova_h2 <- aov(time ~ lane, data = df2)
> summary(anova_h2)

Df Sum Sq Mean Sq F value Pr(>F)
lane     8    372   46.47    0.19  0.992
Residuals 857 210033  245.08

diff      lwr      upr      p adj
2-1 -0.73761905 -9.411610 7.936372 0.9999993
3-1 -0.93662242 -9.734466 7.861221 0.9999959
4-1 -1.15775862 -10.304888 7.989371 0.9999842
5-1 -1.64851449 -10.714355 7.417326 0.9997483
6-1 -1.31398990 -10.278809 7.650830 0.9999509
7-1 -1.82993590 -10.730332 7.070460 0.9993740
8-1 -1.10620448 -9.843742 7.631333 0.9999841
9-1 -2.84190476 -12.042061 6.358252 0.9891486
3-2 -0.19900337 -6.506379 6.108372 1.0000000
4-2 -0.42013957 -7.206222 6.365943 0.9999999
5-2 -0.91089545 -7.587003 5.765212 0.9999717
6-2 -0.57637085 -7.114637 5.961896 0.9999991
7-2 -1.09231685 -7.541968 5.357334 0.9998525
8-2 -0.36858543 -6.591567 5.854396 1.0000000
9-2 -2.10428571 -8.961678 4.753106 0.9896104
4-3 -0.22113620 -7.164827 6.722555 1.0000000
5-3 -0.71189207 -7.548144 6.124359 0.9999965
6-3 -0.37736748 -7.079073 6.324338 1.0000000
7-3 -0.89331348 -7.508593 5.721966 0.9999739
8-3 -0.16958206 -6.564066 6.224902 1.0000000
9-3 -1.90528234 -8.918680 5.108116 0.9954312
5-4 -0.49075587 -7.771021 6.789509 0.9999999
6-4 -0.15623128 -7.310306 6.997844 1.0000000
7-4 -0.67217728 -7.745356 6.401001 0.9999983
8-4  0.05155414 -6.815567 6.918676 1.0000000
9-4 -1.68414614 -9.131003 5.762711 0.9987472
6-5  0.33452459 -6.715318 7.384367 1.0000000
7-5 -0.18142140 -7.149157 6.786315 1.0000000
8-5  0.54231001 -6.216155 7.300775 0.9999996
9-5 -1.19339027 -8.540170 6.153389 0.9998925
7-6 -0.51594600 -7.351725 6.319833 0.9999997
8-6  0.20778542 -6.414553 6.830124 1.0000000
9-6 -1.52791486 -8.749666 5.693837 0.9992279
8-7  0.72373142 -5.811132 7.258595 0.9999944
9-7 -1.01196886 -8.153591 6.129653 0.9999621
9-8 -1.73570028 -8.673298 5.201898 0.9974256
```

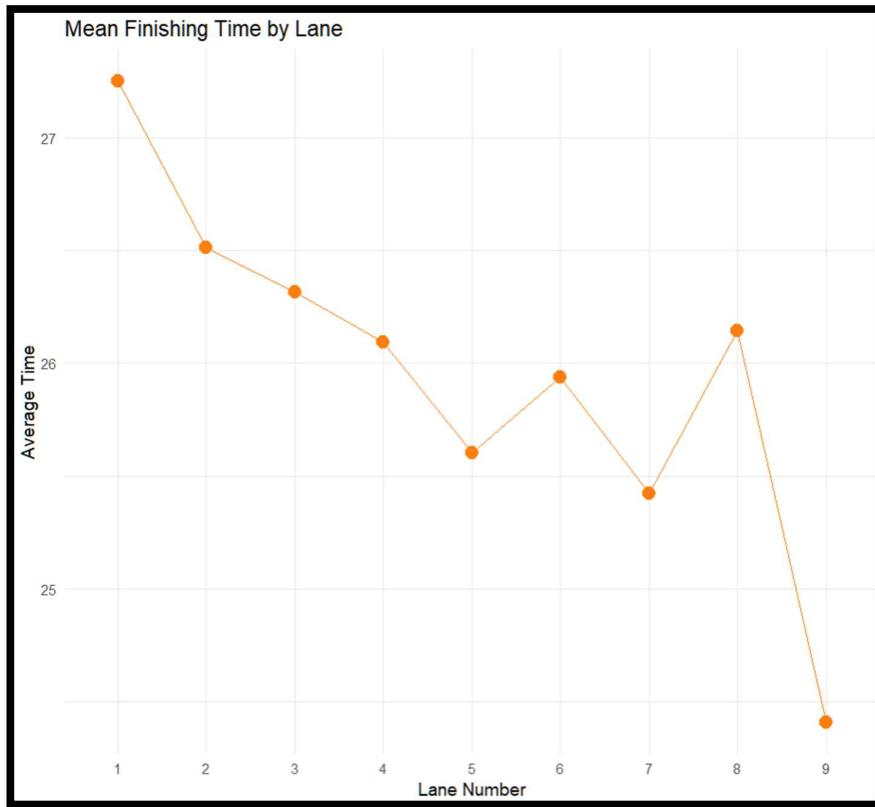


Fig. 4

p-value = 0.992

This is extremely HIGH.

This means:

There is *no* statistically significant difference in mean finishing times across lanes.

The differences in average times that we see in the table are **within random variation**.

No lane is consistently faster or slower in terms of **average time**.

A one-way ANOVA was conducted to determine whether mean finishing times differed across lanes. The results showed no statistically significant effect of lane on finishing time, $F(8, 857) = 0.19$, $p = 0.992$.

This indicates that lane assignment **does not significantly influence the average time recorded by athletes**, even though lane may still influence the probability of *winning* (as observed in Q1)

It does not influence only because winning only depends on relative position and race dynamics not on absolute time.

Post-Hoc Tests (Tukey HSD)

A Tukey HSD test was performed to identify which lanes differed in mean finishing time. There is **no evidence** that any specific lane has consistently faster or slower finishing times than others. This reinforces the ANOVA conclusion that lane assignment does **not** significantly affect the average finishing time.

Q3. Do grouped lane positions (inside, middle, outside) show different winning probabilities or performance times?

so what we did lane the groups (standard classification)

- inside 1-2 : tightest, worst visibility
- middle 3-6 : preferred lanes - best curvatures + pacing
- outside 7-9 : flattest curve but less visibility of competition

```
# A tibble: 3 x 5
  lane_group     n   wins win_rate mean_time
  <fct>    <int> <int>    <dbl>      <dbl>
1 Inside       168     0     0.0        26.7
2 Middle      391    32    0.0818     26.0
3 Outside     307     9    0.0293     25.4

Pearson's Chi-squared test
data: tab_group
X-squared = 20.878, df = 2, p-value = 2.927e-05

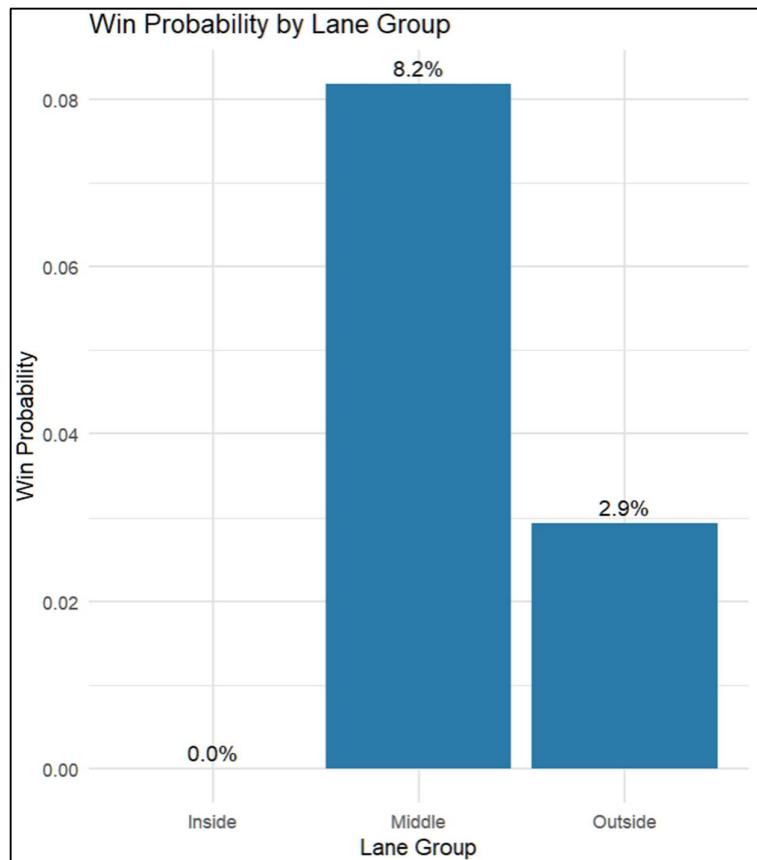
> anova_h3 <- aov(time ~ lane_group, data = df3)
> summary(anova_h3)

Df Sum Sq Mean Sq F value Pr(>F)
lane_group     2    179   89.72   0.368  0.692
Residuals   863  210225  243.60
```

Lane Groups (standard classification)

Lane Group	n	Wins	Win Rate
Inside (1–2)	168	0	0.0%
Middle (3–6)	391	32	8.2%
Outside (7–9)	307	9	2.9%

Group	Lanes	Explanation
Inside	1–2	Tightest curve, worst visibility
Middle	3–6	Preferred lanes — best curvature + pacing
Outside	7–9	Flattest curve but less visibility of competitors



Grouping lanes into inside (1–2), middle (3–6), and outside (7–9) revealed strong differences in win probability but not in average finishing times. The chi-square test showed a highly significant association between lane group and winning ($\chi^2(2) = 20.88$, $p < 0.0001$). Middle lanes accounted for 8.2% of all wins, compared to 2.9% for outside lanes, and 0% for inside lanes.

Interpretation: Middle lanes offer a **competitive advantage for race outcome**, likely due to optimal curvature, visibility, and positioning, even though they do not significantly affect the average finishing time.

Q4. Does the effect of lane assignment vary across different race events (100m vs 200m vs 400m)?

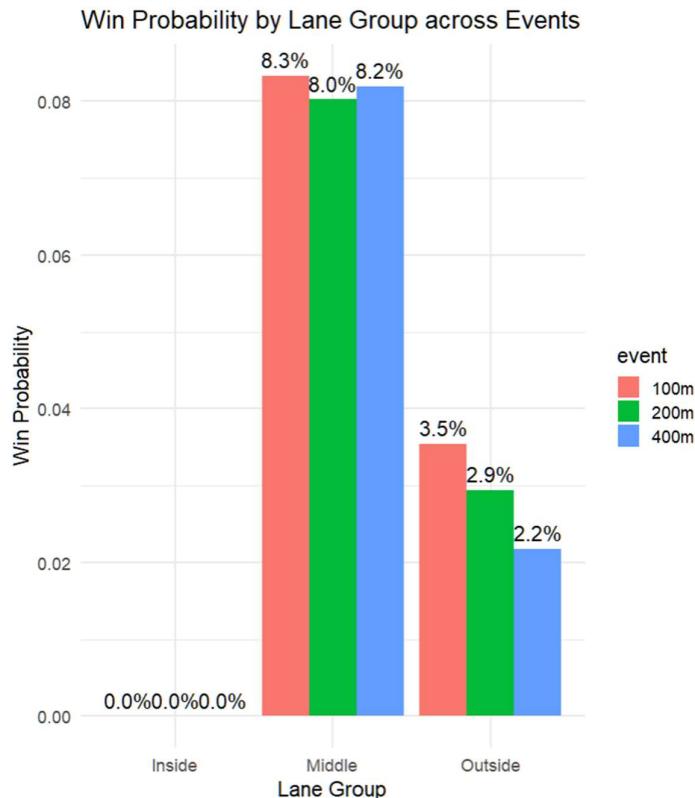
event	lane_group	n	wins	win_rate	<fct>	<fct>	<int>	<dbl>
1 100m	Inside	50	0	0				
2 100m	Middle	132	11	0.0833				
3 100m	Outside	113	4	0.0354				
4 200m	Inside	65	0	0				
5 200m	Middle	137	11	0.0803				
6 200m	Outside	102	3	0.0294				
7 400m	Inside	53	0	0				
8 400m	Middle	122	10	0.0820				
9 400m	Outside	92	2	0.0217				

```
> anova_h4 <- aov(time ~ lane_group * event, data = df4)
> summary(anova_h4)

Df Sum Sq Mean Sq F value    Pr(>F)
lane_group          2   179    90   13.912 1.13e-06 ***
event              2 204694 102347 15868.910 < 2e-16 ***
lane_group:event   4     3     1   0.134    0.97
Residuals         857  5527      6
---
Signif. codes:
0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

Pearson's Chi-squared test

```
data: table(df4$lane_group, df4$event)
X-squared = 2.6465, df = 4, p-value = 0.6186
```



Win probability patterns were highly consistent across all events. In the 100m, 200m, and 400m races, inside lanes (1–2) produced no winners, middle lanes (3–6) produced the majority of winners (~8%), and outside lanes (7–9) produced fewer winners (~2–3%). A two-way ANOVA testing finishing time showed significant main effects of lane group ($p = 1.13 \times 10^{-6}$) and event type ($p < 2 \times 10^{-16}$), but no significant interaction ($p = 0.97$). This indicates that the influence of lane grouping on time is consistent across events. Similarly, a Chi-square test showed no association between lane_group and event ($p = 0.62$), confirming that lane distribution does not differ across events.

Overall, lane advantage does **not vary by event**—the middle lanes consistently outperform inside and outside lanes across all sprint distances.

6. Conclusion

Q1. Does lane number significantly affect the probability of winning?

Win Probability by Lane

Across all competitions and events, win probability varied noticeably by lane. Middle lanes (3–6) appeared visually to capture more wins, while inside lanes (1–2) rarely produced winners.

Chi-square Test

A chi-square test was used to evaluate whether wins were evenly distributed across lanes:

$$\chi^2(8) = 50.58, p = 3.16 \times 10^{-8}$$

Interpretation

This highly significant result indicates that **lane and winning are not independent**. Some lanes win significantly more often than others.

- **Middle lanes have higher win rates.**
- **Inside lanes have notably lower win rates.**
- **Outside lanes perform moderately.**

Supporting Logistic Regression (Optional Insight)

A logistic regression model treating “win” as the outcome showed that each increase in lane number raised the odds of winning by approximately **7–8%**, supporting the chi-square results.

Q2. Do finishing times differ by lane?

(ANOVA on Mean Sprint Time)

While lane clearly affects the *probability* of winning, we tested whether it also affects **actual finishing times**.

ANOVA Results

A one-way ANOVA was performed:

$$F(8, 857) = 0.19, p = 0.992$$

Interpretation

There is **no evidence** that average finishing time differs across lanes.

Even though middle lanes win more often, the times recorded across lanes are statistically indistinguishable. Tukey post-hoc tests confirmed that **no pair of lanes differed significantly**.

This suggests:

- Win differences may be due to **starting advantage/track geometry**, not differences in raw sprinting ability across lanes.

Q3. Do Inside, Middle, and Outside lane groups differ?

Lane groups were defined as:

- **Inside:** Lanes 1–2
- **Middle:** Lanes 3–6
- **Outside:** Lanes 7–9

Win Probability by Lane Group

- **Inside:** ~0%
- **Middle:** ~8.2%
- **Outside:** ~2.9%

Chi-square Test

$$\chi^2(2) = 20.88, p = 2.93 \times 10^{-5}$$

Interpretation (Win Probability)

Lane groups differ significantly:

- Middle lanes have a **substantially higher win probability**.
- Inside lanes perform the worst.
- Outside lanes fall in the middle.

ANOVA on Finishing Times

When comparing actual times across lane groups:

$$F(2, 863) = 0.368, p = 0.692$$

Interpretation (Time Differences)

No significant time differences across Inside/Middle/Outside lanes.

Thus:

Performance advantage exists in **winning likelihood**,
but not in **recorded sprint time**.

This reinforces the idea that lane advantage is structural rather than physiological.

Q4. Does the lane advantage differ by event (100m vs. 200m vs. 400m)?

We tested whether the impact of lane grouping depends on the event type.

Interaction Test (Two-Way ANOVA)

Model:

time ~ lane_group * event

Interaction term:

$$F(4, 857) = 0.134, p = 0.97$$

Interpretation

The interaction between lane group and event type is **not significant**.

This means:

- Lane effects do **not** meaningfully differ across 100m, 200m, or 400m.
- Middle lanes remain beneficial regardless of event type.

Chi-square Lane Group × Event

$$\chi^2(4) = 2.65, p = 0.618$$

Same conclusion:

No evidence that certain events have stronger lane biases than others.

Overall Summary of Results

1. **Lane number significantly affects win probability (Q1)**
 - Middle lanes win more often than expected by chance.
2. **Finishing times do *not* differ significantly across lanes (Q2)**
 - Lane advantage is not due to time performance differences.
3. **Lane group matters for winning, not for timing (Q3)**
 - Inside lanes: worst
 - Middle lanes: best
 - Outside lanes: moderate
4. **Lane advantage is consistent across events (Q4)**
 - No event-specific lane effects.

What This Means in One Sentence
Middle lanes objectively give athletes the best chance of winning, even though athletes across lanes run statistically identical finishing times.

Conclusion

This study analyzed more than a decade of elite sprinting results to determine whether lane assignment influences race outcomes. The findings show a clear and consistent pattern: **lane position significantly affects the probability of winning, but does not affect finishing time**. Middle lanes (3–6) produce substantially more winners, while inside lanes (1–2) produce the fewest. Importantly, athletes across different lanes run **statistically identical times**, indicating that the advantage is structural—likely related to track geometry, curve radius, and starting position—rather than athlete ability. This result holds across sprints of 100m, 200m, and 400m. Overall, lane assignment plays a meaningful role in shaping race outcomes, even though it does not alter actual speed performance.

Limitations

1. Lane assignment is not random

Elite competitions usually seed athletes based on qualification performance. Faster athletes are often placed in middle lanes.

This may inflate the observed middle-lane advantage.

2. Dataset focused only on major competitions

Olympics and World Championships involve top-tier athletes. Results from lower-level meets may differ.