#### Corrections on our websites:

- Decrease the size of photos by 60% we don't need big pictures of Om ji/ Myself/Aruna ji- photo on one side – writeup on side and some below Decrease the space between lines / paragraphs.
- 2. Our deities decrease size by 60 % write up on the side-
- 3. Celebrate your events-rearrange pictures- decrease size by 25% No 1 picture should be the last one last one should be no 2
- 4. Helping hand had a picture of "Holding Hands"







Put either of the pictures- no 2 or 3 or 4

5. "Volunteerism is the voice of the people put into action. These actions shape and mold the present into a future of which we can all be proud." – Helen Dyer "Volunteerism is the voice of the people put into action. These actions shape and mold the present into a future of which we can all be proud." – Helen Dyer

Our volunteers at "Volunteerism is the voice of the people put into "Volunteerism is the voice of the people put into action. These actions shape and mold the present into a future of which we can all be proud." – Helen Dyer - redundant

See the spacing difference in these 2 paragraph

e the unsung heroes who graciously contribute their time, skills, and energy to the needs of our temple communities, and the world positively. Their altruistic and philanthropic approach with high level of energy, and skills benefits our devotees and community, this is very commendable. - not sure about this paragraph

6. **Children's program:** decrease the spacing as above- decrease the size of pictures by 40%

### Youth program - - recommended

## **Benefits of Youth Volunteering**

- Encourages young people to become active citizens
- Helps develop skills like leadership, organization
- Helps build relationships and improve communication skills
- Helps young people to meet diverse community, and learn new talents

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Yoga – meditation – photo size appropriate

Senior program; writing should be like this

Emotional planning can be an important part of making our retirement age the most fulfilling period of our lives. The research has shown staying physically and mentally engaged helps maintain good health in retirement age.

Also, social activities may lower the risk of developing some health problems, including dementia, heart disease, stroke, and some types of cancer.

Durga Temple offers our Seniors program every Thursday 12-3 pm led by Chander Ahuja ji and Neena Sharma ji. Seniors chant mantras, sing Bhajans do Yoga and other exercises.

With the help of **AAPI** grant, we ran a support circle led by Dr. Khanna to express and explore their feelings and concerns on insomnia, dealing with chronic pain, anxiety, and taking care of spouse or parents with health issues.

Dr. Singla presented a discussion/PowePoint presentation on fall presentation.

# Other than that, we often invite outside speakers to address other issues related to seniors.

- Medicare personnel to help seniors navigate and understand different options they can have related to health care.
- Computer expert to help senior to walk through the basic use of computers
- Fraud Prevention expert to make seniors aware of all kinds of fraud out there.
  How to detect those and protect themselves from fraud. Monthly birthdays are celebrated.

Every senior meeting is concluded with Antakshari and Laughter yoga.

Event Photos: 2025- should be like this

- 1. Lori
- 2. Holi
- 3. Mata ki Chowki
- 4. Karwa Chowth Mehandi

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### **Community Corner:**

- Our legends- fine- just don't put big pictures decrease size by 50%
- Community stars- remove the picture of Mittul
- Community News;
  - 1. Diwali Function at Town of Ardsley pictures not too big
  - 2. Joint Diwali function with many Westchester Hindu organizations Order of Pictures- No 15 first, no 11- 2<sup>nd</sup>, rest is ok
- Remove community news move the info about Hindu organization
  To Community news

#### Article:

- 1. India That is Bharat
- 2. Sanatan Dharam & Religion (remove Vs)
- 3. Our scriptures
- 4. Namaste
- 5. Ohm
- 6. Swastika
- 7. Tilak
- 8. Shiva in the form of Linga
- 9. Bel Patra
- 10. Rudraksh
- 11. Lord Ganesha
- 12. A) Significance of 108
  - B) One rupee coin in Shagun Enevelop

- 13. Healing Properties of Ganga
- 14. Vishnu Avatars & Darwin Theory of evolution
- 15. Sanatan Dharam & Science
- 16. Teaching Hinduism in USA

**This article index** should be visible when someone is reading the article By clicking the article, one should be able to open the article

Music - Dance Classes section fine

Online classes-fine

Culture Committee – write up is there, Trips- Pictures size small

Suggestion – community should be able to share ideas with us