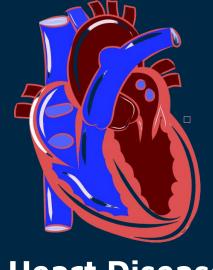
SC1015 MINI PROJECT

HEART DISEASE RISK PREDICTOR

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Heart disease is **the leading cause of death**for men, women, and
people of most racial
and ethnic groups in the
United States.

One person dies every
36 seconds in the
United States from
cardiovascular disease.



Heart Disease

For heart disease, if caught early enough, lifestyle changes may be enough to prevent the disease from ever fully developing and requiring treatment.

Our Motivation -

Data Set used:

Behavioral Risk Factor Surveillance System (BRFSS) 2011-2015

(Link: https://www.kaggle.com/datasets/cdc/behavioral-risk-factor-surveillance-system/)

Problem Definition:

Identifying key health indicators that significantly affect heart diseases so that we can detect and prevent the factors having the greatest impact.

- What risk factors are most predictive of heart disease risk?
- Can survey questions from the BRFSS provide accurate predictions of whether an individual has heart disease?
- Can we use a subset of the risk factors to accurately build a webapp that can predict whether an individual has heart disease?

Importing 1st Dataset: BRFSS (Behavioral Risk Factor Surveillance System) 2015

brfss2015_full = pd.read_csv('full_BRFSS_2015.csv', header = [0])
brfss2015_full.head()

_STATE	FMONTH	IDATE	IMONTH	IDAY	IYEAR	DISPCODE	SEQNO	_PSU	CTELENUM	_PAREC1	_PASTAE1	_LMTACT1	_LMTWRK1	_LMTSCL1	_RFSEAT2	_RFSEAT3	_FLSHOT6	_PNEUMO2
0 1.0	1.0	b'01292015'	b'01'	b'29'	b'2015'	1200.0	2.015000e+09	2.015000e+09	1.0	4.0	2.0	1.0	1.0	1.0	1.0	1.0	NaN	NaN
1 1.0	1.0	b'01202015'	b'01'	b'20'	b'2015'	1100.0	2.015000e+09	2.015000e+09	1.0	2.0	2.0	3.0	3.0	4.0	2.0	2.0	NaN	NaN
2 1.0	1.0	b'02012015'	b'02'	b'01'	b'2015'	1200.0	2.015000e+09	2.015000e+09	1.0	9.0	9.0	9.0	9.0	9.0	9.0	9.0	9.0	9.0
3 1.0	1.0	b'01142015'	b'01'	b'14'	b'2015'	1100.0	2.015000e+09	2.015000e+09	1.0	4.0	2.0	1.0	1.0	1.0	1.0	1.0	NaN	NaN
4 1.0	1.0	b'01142015'	b'01'	b'14'	b'2015'	1100.0	2.015000e+09	2.015000e+09	1.0	4.0	2.0	1.0	1.0	1.0	1.0	1.0	NaN	NaN

Python

5 rows × 330 columns

```
print("Data type : ", type(brfss2015_full))
print("Data dims : ", brfss2015_full.shape)
```

... Data type : <class 'pandas.core.frame.DataFrame'>
Data dims : (441456, 330)

Cleaning Full BRFSS 2015 Data

We want to find columns that are more targetted towards heart disease

print(brfss2015_full.columns.values)

Output exceeds the size limit. Open the full output data in a text ed [' STATE' 'FMONTH' 'IDATE' 'IMONTH' 'IDAY' 'IYEAR' 'DISPCODE' 'SEONO ' PSU' 'CTELENUM' 'PVTRESD1' 'COLGHOUS' 'STATERES' 'CELLFON3' 'LADU 'NUMADULT' 'NUMMEN' 'NUMWOMEN' 'CTELNUM1' 'CELLFON2' 'CADULT' 'PVTRE 'CCLGHOUS' 'CSTATE' 'LANDLINE' 'HHADULT' 'GENHLTH' 'PHYSHLTH' 'MENT 'POORHLTH' 'HLTHPLN1' 'PERSDOC2' 'MEDCOST' 'CHECKLIP1 'BLOODCHO' 'CHOLCHK' 'TOLDHI2' 'CVDINFR4' 'CVDCRHD4' 'CVDSTRK3' 'AS 'ASTHNOW' 'CHCSCNCR' 'CHCOCNCR' 'NUMPHON2' 'CPDEMO1' 'VETERAN3' 'EMPLOY1' 'INTERNET' 'WEIGHT2' 'HEIGHT3' 'PREGNANT' 'OLACTLM2' 'USEEOUIP' 'BL 'DECIDE' 'DIFFWALK' 'DIFFDRES MOKE100' 'SMOKDAY2' 'STOPSMK2' 'LASTSMK2' 'USENOW 'ALCDAY5' "FDRNK2" 'DRNK3GE5' 'VEGETA GREEN' 'FVOR 'MAXDRNKS' 'FRUITJU1' 'FRUIT1 'EXRACT11' 'EXEROFT1' 'EXERHMM1' 'EXRACT21' 'EXEROFT2' 'QLMENTL2' 'QLSTRES2' 'QLHLTH2' 'CAREGIV1' 'CRGVREL1' 'CRGVHRS1' 'CRGVPRB1' 'CRGVPERS' 'CRGVHOUS' 'CRGVMST2' 'VIDECLT2' 'VIREDIE3' 'VIPREVS2' 'VINOCRE2' 'VIEYEXM2' 'VICTRCT4' 'VIGLUMA2' 'VIMACDG2' 'CIMEMLOS' 'CDHOUSE' 'CDHELP' 'CDSOCIAL' 'CDDISCUS' 'WTCHSALT' 'LONGWTCH' 'ASACTLIM' 'ASYMPTOM' 'ASNOSLEP' 'ASTHMED3' 'ASINHALR' 'HAREHAB1 'PAMISS1_' 'PAMIN11_' 'PAMIN21_' 'PA1MIN_' 'PAVIG11_' 'PAVIG21_' 'PA1VIGM_' '_PACAT1' '_PAINDX1' '_PA150R2' '_PA300R2' '_PA30021' ' PASTRNG' ' PAREC1' ' PASTAE1' ' LMTACT1' ' LMTWRK1' ' LMTSCL1' ' RFSEAT2' ' RFSEAT3' ' FLSHOT6' ' PNEUMO2' ' AIDTST3']

BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM CODEBOOK REPORT, 2015 Land-Line and Cell-Phone data

Use of Smokeless Tobacco Products

Section: 8.5 Tobacco Use Type: Num

Column: 199 SAS Variable Name: USENOW3

Prologue:

Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all? (Snus (Swedish for snuff)

is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.)(Snus

(rhymes with 'goose')]

Value	Value Label	Frequency	Percentage	Percentage Percentage
1	Every day	7,522	1.76	1.88
2	Some days	6,055	1.42	1.72
3	Not at all	411,021	96.36	94.87
7	Don't know/Not Sure	143	0.03	0.06
9	Refused	1,825	0.43	1.47
BLANK	. hasked or Missing	14,890		

Days in past 30 had alcoholic beverage

Alcohol Consumption Section: 9.1

Column: 200-202 SAS Variable Name: ALCDAY5

Type: Num

Prologue:

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic Description:

beverage such as beer, wine, a malt beverage or liquor?

Value	Value Label	Frequency	Percentage	Weighted Percentage
101 - 199	Days per week Notes: 1 = Days per week	57,496	13.51	13.94
201 - 299	Days in past 30 days	153,850	36.16	37.36

```
# Selecting the target columns
   brfss2015_selected = brfss2015_full[['_MICHD',
                                           _RFHYPE5',
                                           'TOLDHI2', '_CHOLCHK',
                                           ' BMI5',
                                           'SMOKE100',
                                           'CVDSTRK3', 'DIABETE3',
                                           '_TOTINDA',
                                           RFDRHV5',
                                           'HLTHPLN1', 'MEDCOST',
                                           'SEX', '_AGEG5YR', 'EDUCA', 'INCOME2' ]]
   brfss2015_selected.shape
                                                                                                                                                                                                 Python
(441456, 22)
  brfss2015 selected.head()
                                                                                                                                                                                                 Python
    MICHD
            RFHYPE5 TOLDHI2
                                CHOLCHK
                                           BMI5 SMOKE100 CVDSTRK3 DIABETE3 TOTINDA
                                                                                            FRTLT1 ... HLTHPLN1 MEDCOST
                                                                                                                             GENHLTH
                                                                                                                                       MENTHLTH PHYSHLTH
                                                                                                                                                              DIFFWALK SEX AGEG5YR
                                                                                                                                                                                        EDUCA
                                                                                                                                                                                                INCOME
                                      1.0 4018.0
                                                                                                                                              18.0
                                                                                                                                                                                            4.0
                                                                                                                                                                                    9.0
                                      2.0 2509.0
                                                                                                                                              88.0
                                                                                                                                                         0.88
       NaN
                                      1.0 2204.0
                                                       NaN
                                                                                        9.0
                                                                                                9.0 ...
                                                                                                                                             88.0
                                                                                                                                                                   NaN
                                                                                                                                                                                            4.0
                                                                                                                                                                                                     99
                                      1.0 2819.0
                                                                                                                                              30.0
                                      1.0 2437.0
                                                                                                9.0 ...
                                                                                                                                             88.0
                                                                                                                                                         20.0
                                                                                                                                                                                    9.0
```

-97850

```
# Dropping missing values

brfss2015_selected = brfss2015_selected.dropna()
brfss2015_selected.shape

[98]

Python

(343606, 22)
```

Modify and clean the values to be more suitable to ML algorithms

Response Variable/Dependent Variable: _MICHD

• Respondents that have ever reported having coronary heart disease (CHD) or myocardial infarction (MI) Formatting data to become more consistent

Python

• Change 2 to 0 because this means did not have MI or CHD

```
brfss2015_selected['_MICHD'] = brfss2015_selected['_MICHD'].replace({2: 0})
brfss2015_selected._MICHD.unique()
[99]
```

·· array([0., 1.])

Independent Variables:

- 1. _RFHYPE5
- Adults who have been told they have high blood pressure by a doctor, nurse, or other health professional

 Description in the survey
- Change 1 to 0 so it representts No high blood pressure
- Change 2 to 1 so it represents high blood pressure

```
brfss2015_selected['_RFHYPE5'] = brfss2015_selected['_RFHYPE5'].replace({1:0, 2:1})
brfss2015_selected = brfss2015_selected[brfss2015_selected._RFHYPE5 != 9]
brfss2015_selected._RFHYPE5.unique()
ell
Python
```

... array([1., 0.])

5. SMOKF100

- Have you smoked at least 100 cigarettes in your entire life? [Note: 5 packs = 100 cigarettes]
- Change 2 to 0 because it is No
- Remove all 7 (don't know)
- Remove all 9 (refused)

Binary Classification

Changing previously Ordinal variable to Categorical variable (Binary yes-no)

```
brfss2015_selected['SMOKE100'] = brfss2015_selected['SMOKE100'].replace({2:0})
brfss2015_selected = brfss2015_selected[brfss2015_selected.SMOKE100 != 7]
brfss2015_selected = brfss2015_selected[brfss2015_selected.SMOKE100 != 9]
brfss2015_selected.SMOKE100.unique()
```

.. array([1., 0.])

7. DIABETE3

- (Ever told) you have diabetes (If "Yes" and respondent is female, ask "Was this only when you were pregnant?". If Respondent says pre-diabetes or borderline diabetes, use response code 4.)
- 0 is for no diabetes or only during pregnancy
- 1 is for pre-diabetes or borderline diabetes
- 2 is for yes diabetes
- Remove all 7 (dont knows)
- Remove all 9 (refused)

Multiclass Classification

Making ordering of Ordinal variable to

become more precise by removing the unwanted statistical

data

```
brfss2015_selected['DIABETE3'] = brfss2015_selected['DIABETE3'].replace({2:0, 3:0, 1:2, 4:1})
brfss2015_selected = brfss2015_selected[brfss2015_selected.DIABETE3 != 7]
brfss2015_selected = brfss2015_selected[brfss2015_selected.DIABETE3 != 9]
brfss2015_selected.DIABETE3.unique()
```

Python

Python

·· array([0., 2., 1.])

Renaming the columns to make it more readable

brfss2015_cleaned.head()

HeartDiseaseorAttack	HighBP	HighChol	CholCheck	вмі	Smoker	Stroke	Diabetes	PhysActivity	Fruits	AnyHealthcare	NoDocbcCost	GenHith	MentHith	PhysHith	DiffWalk	Sex	Age	Education	Income
0.0	1.0	1.0	1.0	40.0	1.0	0.0	0.0	0.0	0.0	1.0	0.0	5.0	18.0	15.0	1.0	0.0	9.0	4.0	3.0
0.0	0.0	0.0	0.0	25.0	1.0	0.0	0.0	1.0	0.0	0.0	1.0	3.0	0.0	0.0	0.0	0.0	7.0	6.0	1.0
0.0	1.0	1.0	1.0	28.0	0.0	0.0	0.0	0.0	1.0	1.0	1.0	5.0	30.0	30.0	1.0	0.0	9.0	4.0	8.0
0.0	1.0	0.0	1.0	27.0	0.0	0.0	0.0	1.0	1.0	1.0	0.0	2.0	0.0	0.0	0.0	0.0	11.0	3.0	6.0
0.0	1.0	1.0	1.0	24.0	0.0	0.0	0.0	1.0	1.0	1.0	0.0	2.0	3.0	0.0	0.0	0.0	11.0	5.0	4.0

Python

5 rows × 22 columns

Setting the Stage: What are the Variables?

	Number of unique values	in	each	column	
	HeartDiseaseorAttack	2			
	HighBP	2			
	HighChol	2			
	CholCheck	2			
	BMI	84			
	Smoker	2			
	Stroke	2			
	Diabetes	3			
	PhysActivity	2			
	Fruits	2			
	Veggies	2			
	HvyAlcoholConsump	2			
	AnyHealthcare	2			
	NoDocbcCost	2			
	GenHlth	5			
	MentHlth	31			
	PhysHlth	31			
	DiffWalk	2			
	Sex	2			
	Age	13			
	Education	6			
	Income	8			
7	dtype: int64				

Independent Variable (1):

Heart disease/attack?

Dependent Variables (21):

Blood pressure, cholesterol, how recent is cholesterol check, BMI, smoke activity, stroke, diabetes, physical activity frequency, eat fruits, eat veggies, amount of alcohol consumption, registered healthcare insurance, financial problems for medical visits, general health, mental health, physical health, difficulty walking/climbing stairs, sex, age, education level, income level

Exploratory Data Analysis: Descriptive Statistics

In [36]: brfss2015_cleaned.describe()

Out[36]:

	HeartDiseaseorAttack	HighBP	HighChol	CholCheck	ВМІ	Smoker	Stroke	Diabetes	PhysActivity	
count	253680.000000	253680.000000	253680.000000	253680.000000	253680.000000	253680.000000	253680.000000	253680.000000	253680.000000	253680
mean	0.094186	0.429001	0.424121	0.962670	28.382364	0.443169	0.040571	0.296921	0.756544	0
std	0.292087	0.494934	0.494210	0.189571	6.608694	0.496761	0.197294	0.698160	0.429169	О
min	0.000000	0.000000	0.000000	0.000000	12.000000	0.000000	0.000000	0.000000	0.000000	0
25%	0.000000	0.000000	0.000000	1.000000	24.000000	0.000000	0.000000	0.000000	1.000000	0
50%	0.000000	0.000000	0.000000	1.000000	27.000000	0.000000	0.000000	0.000000	1.000000	1
75%	0.000000	1.000000	1.000000	1.000000	31.000000	1.000000	0.000000	0.000000	1.000000	1
max	1.000000	1.000000	1.000000	1.000000	98.000000	1.000000	1.000000	2.000000	1.000000	1

8 rows × 22 columns

Exploratory Data Analysis

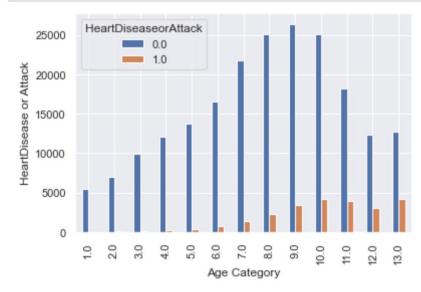
```
In [61]: sns.countplot(x=brfss2015 cleaned['HeartDiseaseorAttack'], data=brfss2015 cleaned, palette='hls')
         plt.show()
            200000
            175000
            150000
            125000
            100000
             75000
             50000
             25000
                0
                           0.0
                                                1.0
                               HeartDiseaseorAttack
         count no = len(brfss2015 cleaned[brfss2015 cleaned['HeartDiseaseorAttack']==0])
In [63]:
         count yes = len(brfss2015 cleaned[brfss2015 cleaned['HeartDiseaseorAttack']==1])
         pct of no = (count no/(count no+count yes))*100
         print("percentage of no heart disease or attack is", pct of no)
         pct of yes = (count yes/(count no+count yes))*100
         print("percentage of heart disease or attack is", pct of yes)
                                                                                            No : Yes
         percentage of no heart disease or attack is 89.6784329426715
         percentage of heart disease or attack is 10.3215670573285
```

Exploratory Data Analysis

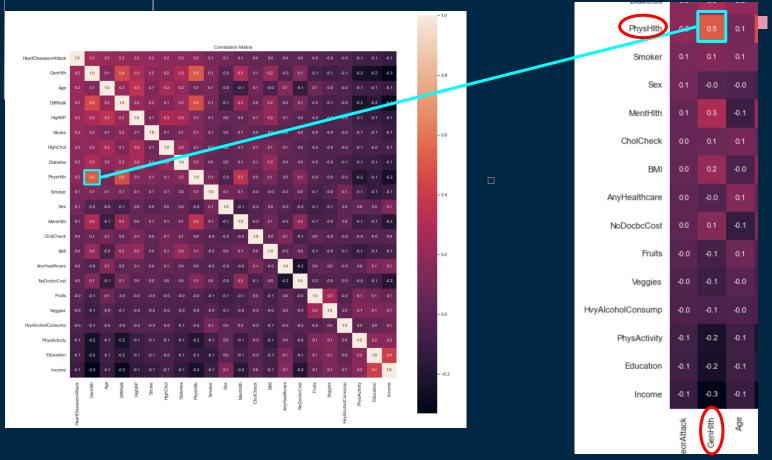
In [66]:	[66]: brfss2015_cleaned.groupby('Diabetes').mean()													
Out[66]:	HeartDiseaseorAttack		HighBP	HighChol	CholCheck	вмі	Smoker	Stroke	PhysActivity	Fruits	Veggies		AnyHealthcare	NoDocbcCc
· ·	Diabetes													
	0.0	0.079961	0.395175	0.395349	0.952672	28.030528	0.455110	0.035521	0.754055	0.618526	0.802815		0.943622	0.0893
	1.0	0.143444	0.629078	0.620868	0.986606	30.726075	0.492763	0.057248	0.678332	0.602506	0.768849		0.945129	0.1294
	2.0	0.223837	0.752344	0.669459	0.993133	31.964242	0.519218	0.093113	0.628515	0.584238	0.754908		0.959484	0.1066
	3 rows × 21 columns													
In [67]:	brfss2015_cleaned.groupby('HighChol').mean()													
Out[67]:	UsantDiss	Attock	U:«bDD	ChalChaala	DMI	Cmakar	Ctualra	Diabatas	Dhua A ativitu	- Funcion	Vonnica		Amulloolthoone	NaDaahaC.
		aseorAttack	HighBP	CholCheck	ВМІ	Smoker	Stroke	Diabetes	PhysActivity	Fruits	Veggies		AnyHealthcare	NoDococc
	HighChol													
	0.0	0.055507	0.328565	0.942926	28.144668	0.432546	0.028338	0.194562	0.758242	0.624286	0.804604		0.935544	0.0920
	1.0	0.163504	0.613508	0.980524	29.369321	0.507507	0.065502	0.491252	0.701905	0.598662	0.782441		0.959383	0.0937
	2 rows × 21 columns													

Data Exploration: Bar chart

```
In [73]: %matplotlib inline
    pd.crosstab(brfss2015_cleaned.Age,brfss2015_cleaned.HeartDiseaseorAttack).plot(kind='bar')
    plt.xlabel('Age Category')
    plt.ylabel('HeartDisease or Attack')
    plt.show()
```



Exploratory Data Analysis: Correlation Matrix



Machine Learning: Logistic Regression

- Logistic Regression is a Machine Learning classification algorithm that is used to predict the probability of a categorical dependent variable
- The dependent variable is a binary variable that contains data coded as 1 (yes) or 0 (no)
- Dataset Split
 Train Set 75%
 Test Set 25%

```
# Check the sample sizes
print("Train Set :", x_train.shape, y_train.shape)
print("Test Set :", x_test.shape, y_test.shape)

Train Set : (172335, 21) (172335, 1)
Test Set : (57446, 21) (57446, 1)
```

Model Performance

■ Score: Accuracy of model on given test data

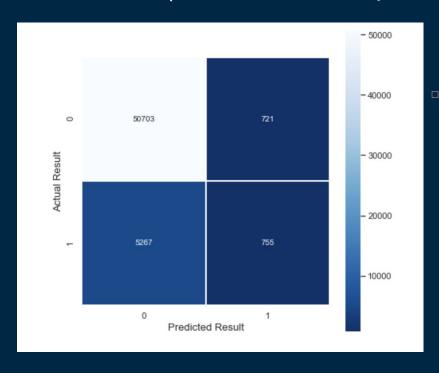
```
In [83]: score = logReg.score(x_test, y_test)
    print(score)

0.8957629774048672
```

The score 0.8957629774048672 ≈ 0.9

Model Performance

 Confusion Matrix: Tabular summary of the number of correct and incorrect predictions made by a classifier

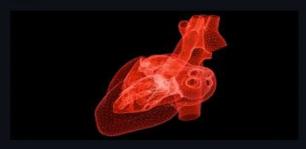


- Misclassification Rate 0.104
- False Positive Rate0.014

Final Outcome

Heart Disease Risk Prediction App

Welcome to our Heart Disease Risk Prediction App. Our aim is to use this platform to save lives by alerting people of potential risks by analysing their lifestyle practices. We have collected/cleaned BRFSS 2015 data which had inputs from over 400,000 people in the United States who were asked more than 330 questions. We build a machine learning model to predict heart disease risk, and saved/exported the model for use in a Streamlit web app. Our model uses over 22 columns and more than 200,000 value rows after being cleaned.



Answer the following 21 Questions:

- High Blood Pressure: Have you
 EVER been told by a doctor, nurse or
 other health professional that you
 have high Blood Pressure?
- 2. High Cholesterol: Have you EVER been told by a doctor, nurse or other health professional that your Blood Cholesterol is high?
- 3. About how long has it been since you last had your blood cholesterol checked? Put yes if less than 5 years, No if more than 5 years

- No
- No

No

4. Enter your BMI :

- 5. Have you smoked atleast 100 cigarettes in your life?
- 6. Have you ever had stroke in your life?

What we learned (Something new)

- Use of Streamlit for deploying webapp and incorporating a beautiful interface for our ML model pickled using joblib
- Use of methods such as predict and predict_proba in logistic regression
- Exploring Sklearn modules such as Pipeline , Standard scaler for scaling and further exploration of seaborn as a tool for visualization

Usability (Application in real life)

Using our ML Function through our Streamlit interface, users can:

- Check for risk of heart diseases based on lifestyle practices
- Look for recommendations to improve their overall health
- Understand the major factors affecting their health and consult their doctors before it is too late.



Our Data Driven Insights

- Increase risk of Heart Diseases if:
 - High Cholesterol levels
 - High Blood Pressure
 - Smoked more than 100 cigarettes in your life
 - Older age
 - Worsening Physical Health and Mental Health
 - No Physical Exercise







Our Data Driven Insights

- Decreases risk of Heart Diseases if:
 - More money and education
 - If you are a female

Factors such as number of fruits and vegetables eaten in a day, health insurance, and medical cost did not significantly affect the risk of heart diseases as compared to independent variables mentioned above.







Future Vision For Our Project

- Using Datasets from all around the world and not only the United States to access heart disease risk worldwide
- Include more relevant factors that affect heart health
- Use different machine learning models to check for better accuracy
- Deploy the Streamlit application online
- Expand the scope of project by also predicting other health problems such as diabetes, cancer

