

J | D

JAIME DECLUTTERS

4 ITEMS CREATING STRESS IN YOUR HOME AND HOW TO LET GO





1

Knickknacks

Do you have a bunch of small decor items displayed around your home? While your intention is to display meaningful items or add cozy decor, it may be causing you stress.

Knickknacks can create visual clutter. Displaying one or two items you love is going to bring you joy without the stress. Here's an example: If you have a collection of small wooden creations, keep your favorite and let the rest go.



2

Furniture

Is your home filled with various pieces of furniture? While your goal is to create an inviting and functional space, your furniture might be adding chaos.

Furniture takes up a lot of space and attracts clutter. Minimizing furniture while maximizing function is going to create a more peaceful home.

For example: If you have multiple tables in your living room, keep the coffee table or an end table between two chairs and let go of the rest.

Having someone walk through different ideas and solutions can make this an easy and fun experience!



3

Wall Decor

Wall decor can bring you enormous amounts of joy, but your wall galleries might be draining your energy. It takes a lot of brain power to take in a wall gallery of assorted sizes and shapes.



Keep the joy and restore your energy by displaying a single large photo you love.

Or get creative by making a U.S. shaped collage from your adventures. Your brain sees a single colorful image, but up close you can enjoy multiple memories.



4

Kids Toys

You fill your home with toys to keep your kids happy and entertained; but you end up with a messy house, fighting over toys, and kids claiming boredom! And this creates stress.

You can keep your home tidy and stress-free by having a single toy per space.

For example: The bin of Legos is the only toy in your child's bedroom. He/she will play happily with this during quiet time, it will be easy to clean up, and you won't step on any Legos on your way to make a cup of coffee.



Simplify your home
and gain the time
and money you
need to reach your
dream lifestyle.

Schedule A Free Consultation



"I was overwhelmed with my closet and didn't know where to start. Jaime gave me guidance and recommendations, but let me make my own decisions. Then she helped me get organized. My closet is bright and easy to navigate now!" - Sarah



Online Sessions Available In All 50 States!

Email: hello@jaimedecutters.com

Website: www.jaimedecutters.com