



Welcome to VR Yoga Studio

Immerse yourself in the peace and serenity of virtual yoga classes

Search for classes or instructors

Meet Our Instructors

Join a Class

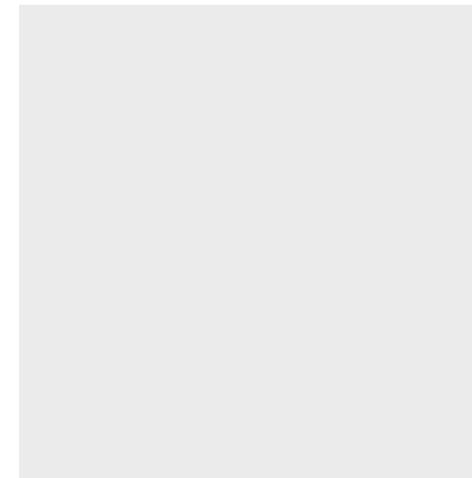


NamasteYogi

Certified Instructor

Sharing the joy of yoga through virtual reality

Learn More



Featured Classes

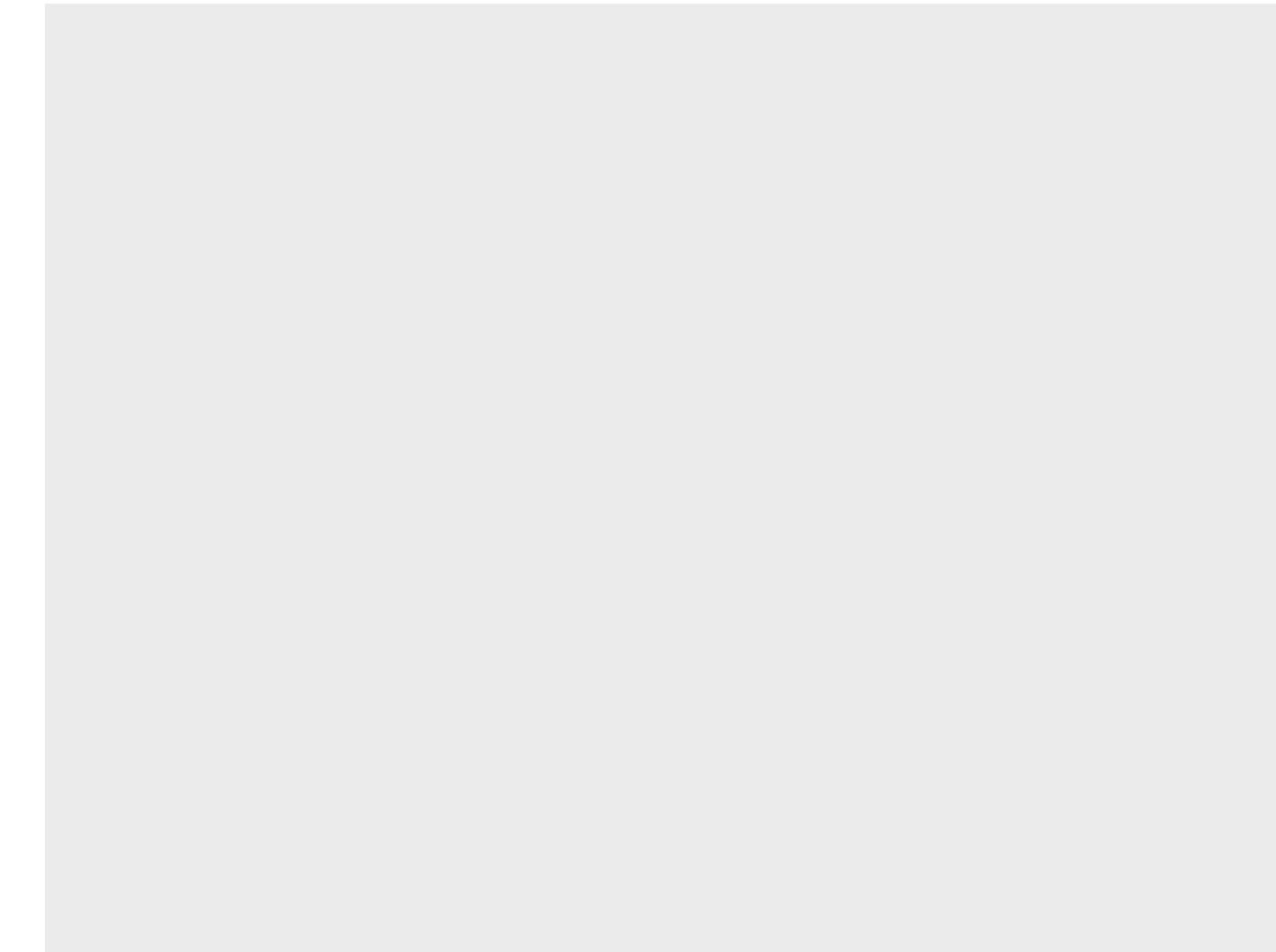
Explore popular virtual yoga classes

View All Classes



Discover the Joy of Yoga in Virtual Reality

Immerse yourself in a virtual environment with expert instructors.

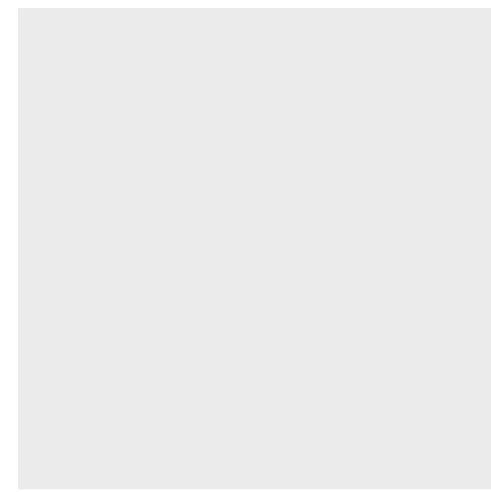
[Learn More](#)[Join a Class](#)

Student Reviews

See what our students are saying about their virtual yoga journey.

 Emma 
I love how immersive the ex...

 Sam 
The instructors are knowledgeable and create a calming environment for pr...



Featured Classes

Beginner

Yoga Pose

Morning Flow

60 mins

Intermediate

Yoga Pose

Power Yoga

45 mins

All Levels

Yoga Pose

Relaxation Session

30 mins

Student Reviews

See what our students have to say



Sarah



I feel rejuvenated after each session.



Michael



Great way to start the day with positive energy.



Emily



Love the variety of classes available.

Join Our Community

Sign up for exclusive offers and updates

Email

Enter your email

We respect your privacy

Name

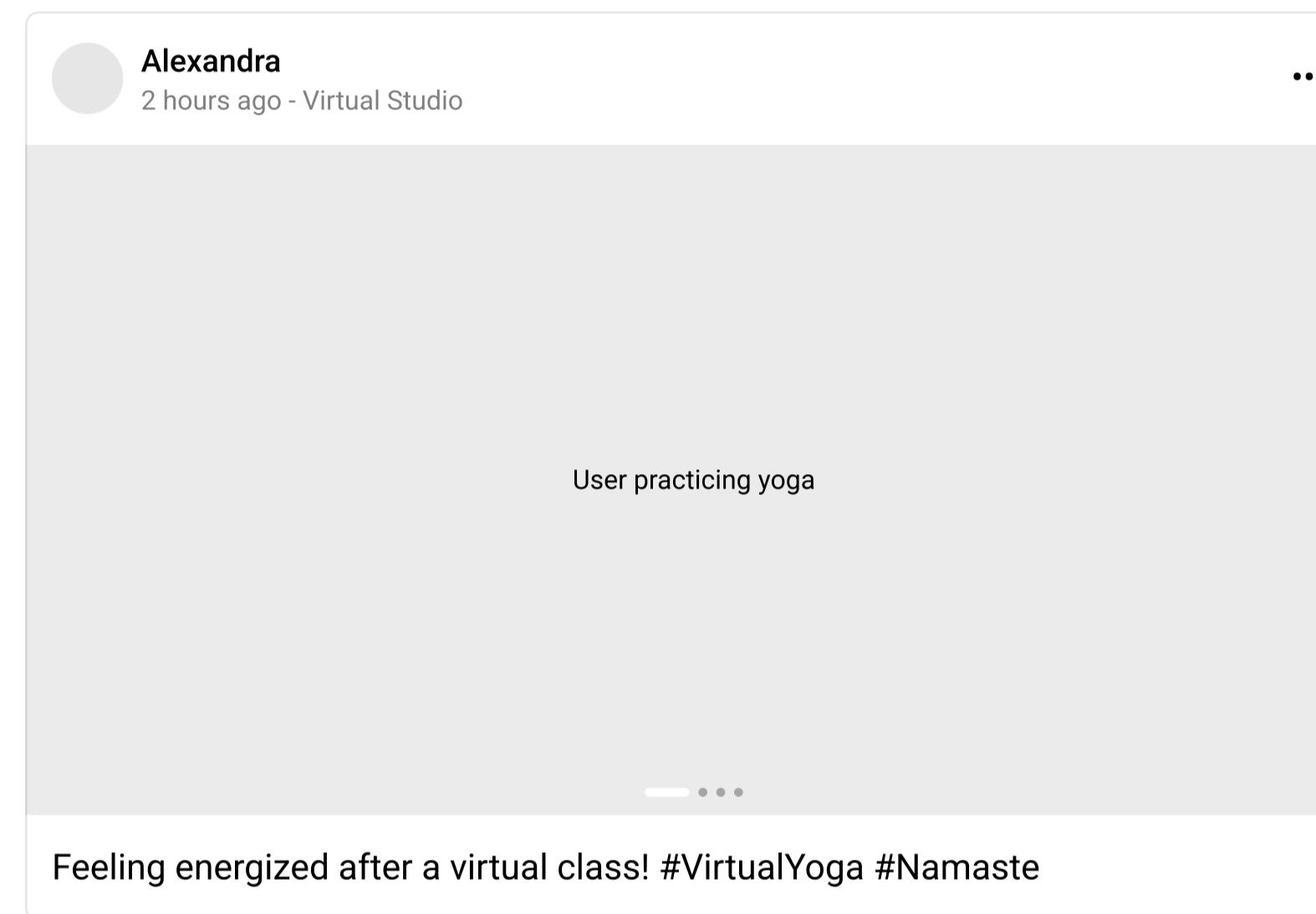
Enter your name

Cancel

Sign Up

Join the Community

Stay connected with fellow yogis and share your virtual practice stories.



Locate Our Virtual Yoga Studio Near You

Performance Insights

Track your progress and monitor your growth

[View Analytics](#)

Classes Attended

25

+5 from last week

Calories Burned

3500

-200 from last week

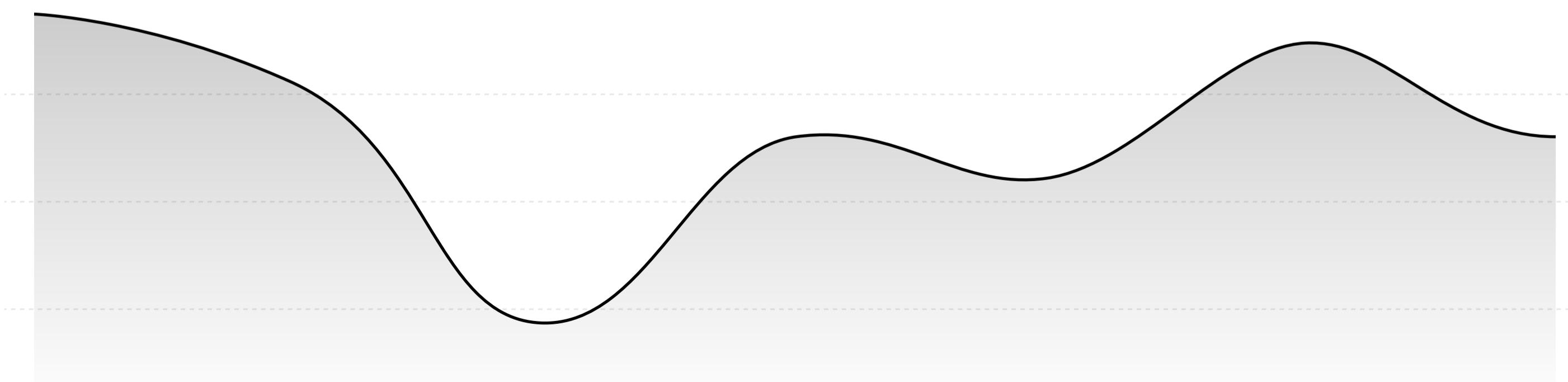
Meditation Hours

10

+2 from last week

Progress Over Time

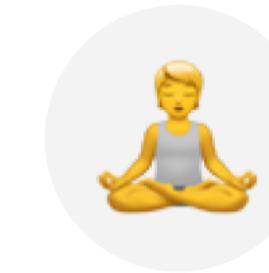
Values



Weeks

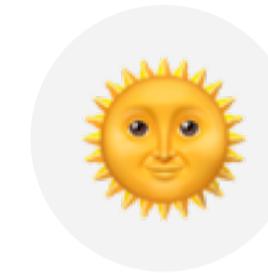
Upcoming Classes

Plan your yoga journey ahead

[Add to Calendar](#)

Morning Flow

With Instructor Mia



Sunset Yoga

With Instructor Leo

Tomorrow, 9:00
AM

Next Friday, 6:00
PM

Experience the future of yoga with Virtual Reality technology

...



Book a Class

Reserve your spot and prepare for an immersive yoga experience.

Full Name

Email

Select Class

[Morning Bliss Flow](#)[Sunset Relaxation](#)[Power Vinyasa](#)[Book Now](#)

Student Reviews

See what our students are saying about their virtual yoga journey.



Emma



I love how immersive the ex...



Sam



The instructors are knowledgeable and create a calming environment for pr...



Studio Performance Metrics

Track our studio's performance

Active Users

245

+12%

Completed Classes

150

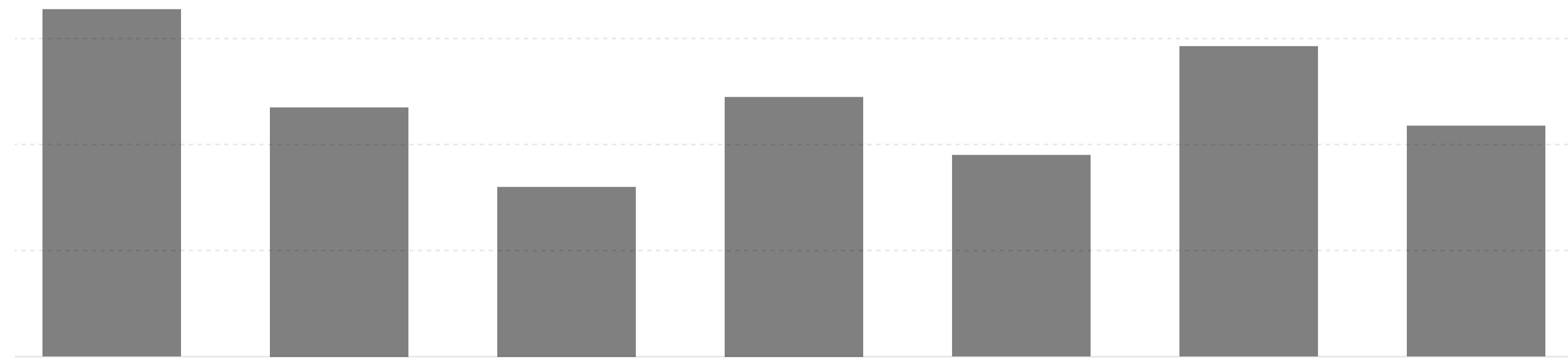
-5%

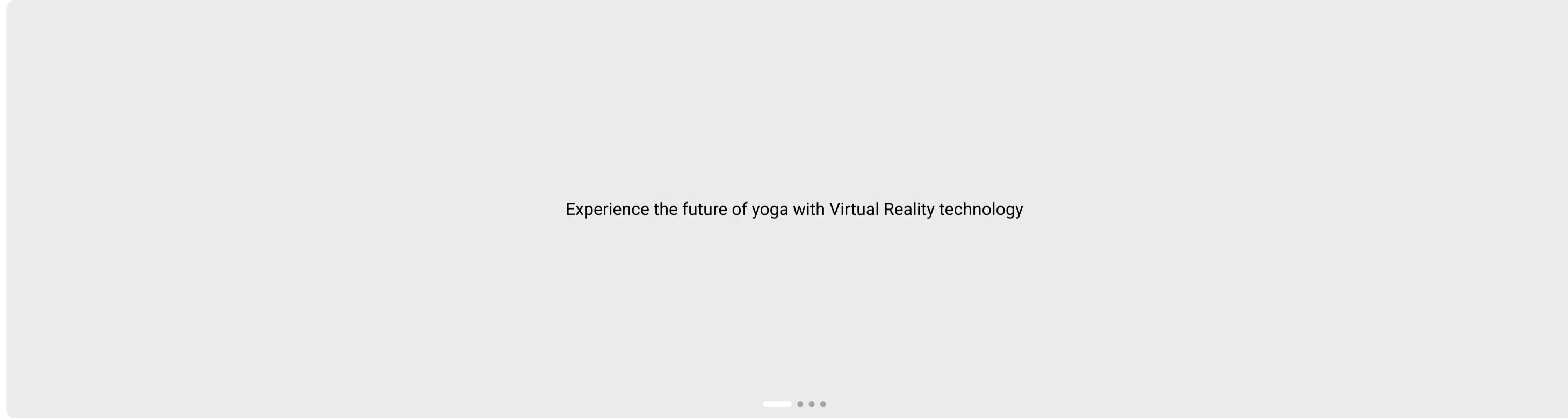
Overall Rating

4.8

Class Attendance

Number of Participants





Experience the future of yoga with Virtual Reality technology

— • • —

Virtual Reality Yoga Studio

Contact Us: info@virtualyoga.com

Follow Us: [@virtualyoga](#)