

MANALI

Manali is not for explanations, it should be experienced. With us, Manali becomes a Himalayan experience, to be remembered and cherished for a lifetime. The gurgling River Beas, the mighty, snow clad mountains and symphony of the birds on the pine trees... the campsite itself is an amphitheatre. The campers would enjoy staying in the tents at heights of 6000 feet at base camp at Manali and 8000 feet at top camp.

Activities: Activities at the base camp will be rock-climbing, rappelling, campfire, trekking to Jogini falls, Manu temple, Hadimba temple and Manali village. Activities at the top camp will be snow crafting, trek to Solang Valley and an attempt to Bhrighu lake at 14,500 feet half of the height of Mt. Everest.

Eligibility: 11 to 22 years.

Camp Accommodation: Six participants will share one alpine tents, separate for girls and boys. Western Toilets & Bathrooms would be of make-shift kind.

Please Carry: Four pairs of casual clothes, heavy woolens, raincoat, bath towel, sports shoes, socks, slippers/floater, woolen cap, leather gloves, sunglasses, water bag with strap, torch, day pack, sanitary requisites, note-pad & pen. **Sleeping bag will be provided at the campsite. Please carry sleeping material for non-ac train journey.**

All The Items: mentioned should preferably be packed in a rucksack that is easier to carry. Please do not bring plastic/polythene bags or any disposable items, ornaments and other valuables. Binoculars and camera are optional.

Cell Phones: are allowed during travelling and only inside the tent at the Campsite and charging facility is not available. **Mobile Photography is strictly prohibited.**

Registration: Please fill up the registration form and pay an advance of Rs. 3500/- for Non Ac Train journey and Rs. 6000/- for 3 Ac train journey to confirm your booking. The balance payment should reach our office at least 15 days before the commencement of the journey. Reservation is done on first come first served basis. Railway reservation will depend on the availability of tickets.

Cheques or DD should be in favour of **NEEDS**, payable at VADODARA only.

Certificate: A specially designed certificate will be issued to students who participate in all the activities & abide by all the Camp rules.

Food: Wholesome and hygienic vegetarian food would be served. Jain food will be available on prior request. Two packed drinking water bottles per day will be provided during the train journey.

Essential Medical Facilities in the form of First aid would be available throughout the programme. All emergencies would be treated by the nearest available doctor/medical facility.

Please Submit: A Photocopy of the Photo ID proof at the time of registration and the same original Photo ID proof, seven days before departure. The participants may have to pay fine, wherever applicable in the absence of original Photo ID.

Please Note: Road journey in all the programmes would be in Non Ac vehicles.

Disclaimer: While all care will be taken for the safety of the participants, **NEEDS**, or any individual connected to it would not be held responsible for any accident or any unforeseen incident. Participants will have to look after their luggage throughout the journey as well as during the camp/tour. Doctor's certificate would be required if the participant is undergoing any medical treatment, is over-weight or above 60 years.

NEEDS reserves the unconditional right to refuse a booking/terminate a participant during the camp/eco-tour in event of unreasonable behaviour in such cases no refund will be given.

Dates:

1	20/04/17	THU	30/04/17	SUN
2	23/04/17	SUN	03/05/17	WED
3	26/04/17	WED	06/05/17	SAT
4	29/04/17	SAT	09/05/17	TUE
5	02/05/17	TUE	12/05/17	FRI
6	05/05/17	FRI	15/05/17	MON
7	08/05/17	MON	18/05/17	THU
8	11/05/17	THU	21/05/17	SUN
9	14/05/17	SUN	24/05/17	WED
10	17/05/17	WED	27/05/17	SAT
11	20/05/17	SAT	30/05/17	TUE
12	23/05/17	TUE	02/06/17	FRI
13	26/05/17	FRI	05/06/17	MON
14	29/05/17	MON	08/06/17	THU

Dates: indicated are inclusive of travelling. Participants would leave Vadodara on the first day and reach back on the last day.

Please mention your travel mode in the Remarks Column of the registration form.

Eligibility: 11 to 22 years.

Charges:**Non Ac Train Journey**

Rs. 14,100/- Regular Coach (Limited Seats)

3 Ac Train Journey

Rs. 16,500/- Regular Coach (Limited Seats)

Rs. 18,200/- Special Coach

Rs. 17,800/- Special Coach (For Batch 01,02,13 & 14 One way Special Coach)

Our Fee: is inclusive of accommodation, travelling from Ahmedabad (by different modes), food, service charges and service tax. **All the charges are per person.**

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Cheques or DD should be in favour of **NEEDS**, payable at Ahmedabad only.

Cancellation Charges*:

Minimum	10%
Between 30 & 15 days	25%
Between 14 & 08 days	50%
Last 07 days	No Refund

*Cancellation charges will be applicable on total Programme cost. Please note that the booking is not transferable. Please bring original receipt for claiming the refund.

HIMALAYAN CAMP 1 - MANALI

TENTATIVE SCHEDULE

DAY 01: Depart from Ahmedabad for Pathankot in the morning by train.

DAY 02: Arrive Pathankot at 15:40. Transfer to a hotel (there will be a common hall with a partition in between for girls & boys) for freshen up and depart for Manali after dinner by 3x2 Non Ac luxury bus.

DAY 03: Arrive at the base camp in the morning. Allotment of tents & Orientation meeting: This first gathering is very important as it would help the campers to understand the objectives & activities of the camp. Trek to Nehru kund in the evening.

DAY 04: Half day trek to Jogini falls. A beautiful, magnificent waterfall from the height of roughly 700 ft.. The group will be back at the campsite for lunch. Introduction to rock-climbing and Rappelling in the afternoon (in two groups doing the activities vice versa).

DAY 05: Trek to Manu temple, Old Manali village and Hadimba temple, visit to the town for actual/window shopping. Back to the campsite in the evening. (Lunch can be taken at the town, on your own).

DAY 06: After Breakfast, shift to top camp at Kulang at the height of about 8,000 ft. Orientation to the top camp and River crossing & Flying Fox after lunch.

DAY 07: Half day trek to Solang Valley, one of the most beautiful valleys of the Western Himalaya. Campers will be back in Campsite for lunch. Group games and Bhriagu Trek meeting in the evening.

DAY 08: Your appointment with the snow. The campers will be introduced to different aspects of snow walking, snow climbing, sliding etc. or According to weather and snow condition campers will attempt to Bhriagu Lake (14500 ft.) with pack lunch.

DAY 09: After breakfast the group will leave towards the base camp for feed-back session, packing up etc. Depart for Pathankot, after Lunch.

DAY 10: Arrive Pathankot early in the morning. Transfer to hotel for freshen up and depart for Ahmedabad at 10:55 by train.

DAY 11: Arrive Ahmedabad at 15:00.

*** Please note that Batch No. 01 & 02 will go via Delhi and return via Pathankot.**

*** Please note that Batch No. 13 & 14 will go via Pathankot and return via Delhi.**

*** Final travel schedule will be ready 2 days before the departure.**

General schedule:

06.00 am: wake up call

07.00 am: warming up

08.00 am: break fast

08.30 am: day's activity

01.00 pm: lunch

04.00 pm: tea/coffee (if the group is at the campsite)

06.30 pm: firewood collection

07.30 pm: dinner

08.30 pm: camp fire

10.00 pm: lights off