#### STATS 217: Introduction to Stochastic Processes I

Lecture 19

### Convergence theorem

Today, we will prove the convergence theorem for irreducible, aperiodic, finite-state Markov chains.

Let  $(X_n)_{n\geq 0}$  be a DTMC on S with transition matrix P. Suppose that P is irreducible and aperiodic with unique stationary distribution  $\pi$ . There exists some  $\epsilon>0$  (depending on P) such that

$$\max_{x \in S} \mathsf{TV}(X_n \mid X_0 = x, \pi) \le (1 - \epsilon)^n.$$

## Key quantities

• For any  $x \in S$ , let

$$\Delta_{\mathsf{x}}(n) = \mathsf{TV}(X_n \mid X_0 = \mathsf{x}, \pi).$$

Let

$$\Delta(n) = \max_{x \in S} \Delta_x(n).$$

• Therefore, our goal is to show that there exists some  $\epsilon > 0$  such that

$$\Delta(n) \leq (1 - \epsilon)^n$$
.

- On the homework, you will show that  $\Delta(n+1) \leq \Delta(n)$  for all integers  $n \geq 0$ .
- Therefore, it suffices to show that there is some integer  $r_0 \geq 1$  and some  $\epsilon > 0$  such that

$$\Delta(r_0 n) \leq (1 - \epsilon)^n.$$

### Key quantities

• It will be a bit more convenient to work with the following quantities: for any  $x, y \in S$ , let

$$D_{x,y}(n) = TV(X_n \mid X_0 = x, X_n \mid X_0 = y).$$

Let

$$D(n) = \max_{x,y \in S} D_{x,y}(n).$$

- $\Delta(n) \leq D(n)$  for all integers n. Why?
- It suffices to show that for any  $x \in S$  and any  $A \subseteq \Omega$ ,

$$\mathbb{P}[X_n \in A \mid X_0 = x] - \pi(A) \leq D(n).$$

### Key quantities

We have

$$\mathbb{P}[X_n \in A \mid X_0 = x] - \pi(A) = P^n(x, A) - \sum_{y \in S} \pi(y) P^n(y, A)$$

$$= \sum_{y \in S} \pi(y) P^n(x, A) - \sum_{y \in S} \pi(y) P^n(y, A)$$

$$= \sum_{y \in S} \pi(y) [P^n(x, A) - P^n(y, A)]$$

$$\leq \max_{y \in S} |P^n(x, A) - P^n(y, A)|$$

$$\leq \max_{y \in S} D_{x,y}(n)$$

$$\leq D(n).$$

#### Overview

ullet We want to show that there is some integer  $r_0 \geq 1$  and some  $\epsilon > 0$  such that

$$\Delta(r_0n)\leq (1-\epsilon)^n.$$

• Since  $\Delta(n) \leq D(n)$  for all integers  $n \geq 0$ , it suffices to show that there is some integer  $r_0 \geq 1$  and some  $\epsilon > 0$  such that

$$D(r_0n) \leq (1-\epsilon)^n.$$

• For this, we will first show that D is sub-multiplicative i.e., for any integers  $s, t \ge 0$ ,

$$D(s+t) \leq D(s)D(t)$$
.

- This implies that for any integer  $r \ge 1$ ,  $D(nr) \le D(r)^n$ .
- Finally, using the irreducibility and aperiodicity of P, we will show that there exists an integer  $r_0 \ge 1$  such that  $D(r_0) < 1$ .

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### Sub-multiplicativity of D

Let us prove the key sub-multiplicativity property

$$D(t+s) \leq D(t)D(s)$$
.

The left hand side is

$$\max_{x,y \in S} \mathsf{TV}(X_{t+s} \mid X_0 = x, X_{t+s} \mid X_0 = y).$$

- For now, fix  $x, y \in S$ . Later, we will take the maximum.
- We will bound the left hand side by constructing a coupling  $(\widehat{X}_{t+s}, \widehat{Y}_{t+s})$  of  $X_{t+s} \mid X_0 = x \text{ and } X_{t+s} \mid X_0 = y.$

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### Constructing a coupling

Here is our coupling:

• First, use the coupling lemma to find a coupling  $(\widehat{X}_t, \widehat{Y}_t)$  of the distributions  $X_t \mid X_0 = x$  and  $X_t \mid X_0 = y$  such that

$$\mathbb{P}[\widehat{X}_t \neq \widehat{Y}_t] = \mathsf{TV}(X_t \mid X_0 = x, X_t \mid X_0 = y) = D_{x,y}(t).$$

- If  $\widehat{X}_t = \widehat{Y}_t$ , then set  $\widehat{X}_{t+s} = \widehat{Y}_{t+s}$ .
- Else, if  $x' = \widehat{X}_t \neq \widehat{Y}_t = y'$ , use the coupling lemma to find a coupling  $(\widehat{U}_s, \widehat{W}_s)$  of the distributions  $X_{t+s} \mid X_t = x'$  and  $X_{t+s} \mid X_t = y'$  such that

$$\mathbb{P}[\widehat{U}_s \neq \widehat{W}_s] = \mathsf{TV}(X_{t+s} \mid X_t = x', X_{t+s} \mid X_t = y') = D_{x',y'}(s) \leq D(s).$$

Here, the second equality uses the Markov property. Then, set

$$(\widehat{X}_{t+s}, \widehat{Y}_{t+s}) = (\widehat{U}_s, \widehat{W}_s).$$

## Analysis of the coupling

- By construction, it is clear that  $\widehat{X}_{t+s} \sim X_{t+s} \mid X_0 = x$  and  $\widehat{Y}_{t+s} \sim X_{t+s} \mid X_0 = y$ .
- Therefore, by the coupling lemma,

$$\begin{split} D_{x,y}(t+s) &\leq \mathbb{P}[\widehat{X}_{t+s} \neq \widehat{Y}_{t+s}] \\ &= \mathbb{P}[\widehat{X}_t \neq \widehat{Y}_t, \widehat{U}_s \neq \widehat{W}_s] \\ &= \mathbb{P}[\widehat{U}_s \neq \widehat{W}_s \mid \widehat{X}_t \neq \widehat{Y}_t] \mathbb{P}[\widehat{X}_t \neq \widehat{Y}_t] \\ &\leq D(s) D_{x,y}(t). \end{split}$$

• Taking the maximum over all  $x, y \in S$ , we get that

$$D(t+s) \leq D(s)D(t)$$
.

# Bounding D(r)

- We claim that  $D(r_0) < 1$ .
- On the homework, you will show that if P is irreducible and aperiodic, then there exists some  $r_0$  such that  $P_{x,y}^{r_0} > 0$  for all  $x, y \in S$ .
- In particular, for any  $x \in S$  and for any  $A \subseteq S$ ,  $A \neq \emptyset$ , we have  $P^{r_0}(x,A) > 0$ .
- For such an  $r_0$ , for any  $x, y \in S$  and for any  $A \subseteq S$ ,  $A \neq \emptyset$ , we have

$$|P^{r_0}(x,A)-P^{r_0}(y,A)|\leq |1-\min\{P^{r_0}(x,A),P^{r_0}(y,A)\}|<1.$$

• Taking the maximum over all  $A \neq \emptyset$  shows that

$$D_{x,y}(r_0) = \mathsf{TV}(X_{r_0} \mid X_0 = x, X_{r_0} \mid X_0 = y) < 1.$$

• Finally, taking the maximum over all  $x, y \in S$ , we have  $D(r_0) < 1$ .

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