

EHR Report

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Clinical Report: Documented Assessment

Patient: Michael Rodriguez (MRN: 00291837, DOB: 1975-04-22, Male)

Encounter Date: 2025-05-01 (Outpatient)

Clinician: Dr. Aisha Patel

1. Documented Assessment from EHR:

The clinician's assessment in the Electronic Health Record explicitly states: **Chronic mechanical low back pain.**

2. Supporting EHR Data for Assessment:

- * **Chief Complaint:** Chronic lower back pain.
- * **History of Present Illness:**
 - * Pain present for 3 months (consistent with 'chronic').
 - * Pain is worse when sitting (suggestive of mechanical etiology).
 - * No history of trauma.
 - * Absence of numbness/tingling (suggesting absence of significant radiculopathy at this time).
- * **Physical Exam (Musculoskeletal):**
 - * Tenderness over L4-L5 (localised pain, consistent with a mechanical source).
 - * Limited forward flexion (functional limitation related to back pain).

3. Relevant Past Medical History & Medications:

* **Past Medical History:** Hypertension, Hyperlipidemia.

* **Medications:** Amlodipine 5mg daily, Atorvastatin 20mg daily.

* **Vitals:** BP 132/84, HR 78, Temp 36.7C, SpO2 98%. (Blood pressure is borderline elevated but stable, and other vitals are within normal limits; these are not directly related to the back pain assessment but provide general patient context).

* **Allergies:** None.

4. Documented Plan:

The clinician's plan includes physiotherapy referral, core strengthening exercises, NSAIDs PRN, and follow-up in 4 weeks. These interventions align with the management of chronic mechanical low back pain.

Disclaimer: This report summarizes information from the provided EHR data. As a clinical support tool, this model does not generate new diagnoses but rather presents and interprets the information documented by the treating clinician.