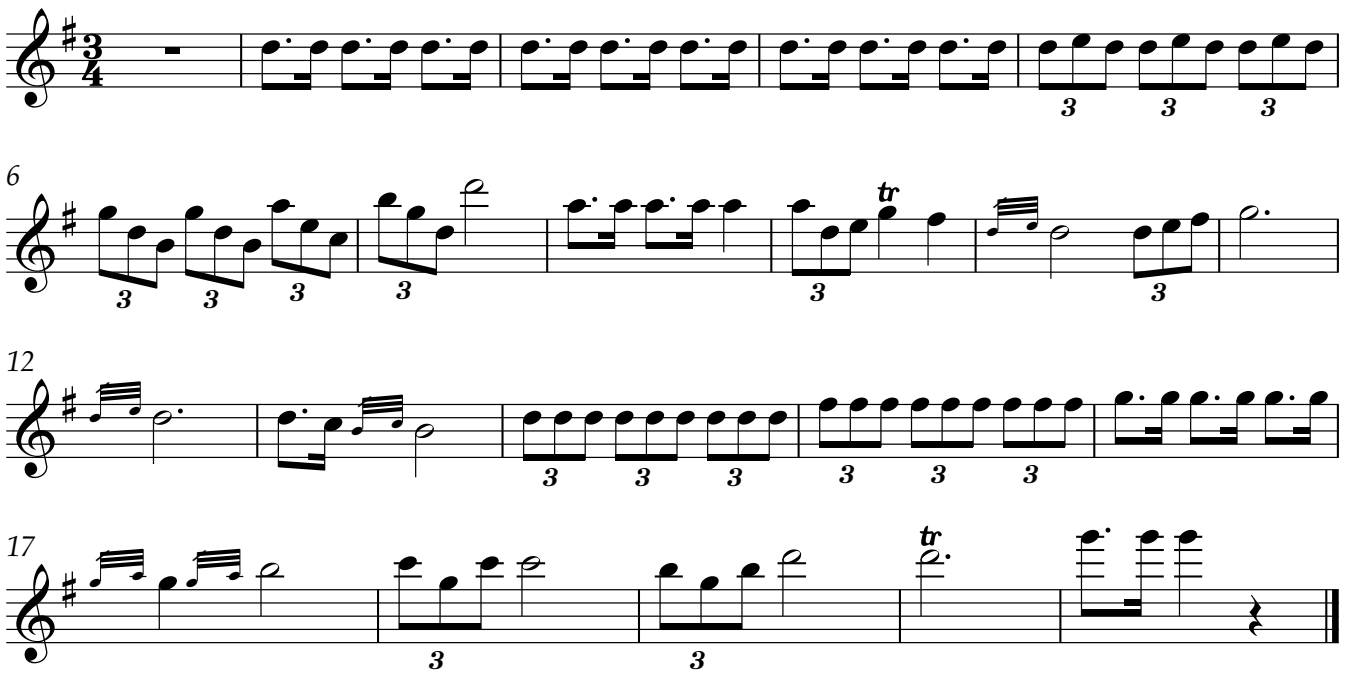Na terra abençoada estou